



WOMEN'S COMMITTEE

WOMEN'S POWERLIFTING UPDATE 2022

The following statistics have been developed on basis of European's competitions data published on the EPF website.

The period considered is from 2000 till December 2022, with special focus of last ten years.

The list of the data is the following:

A. Women lifters who took part in a European competition distinguished into several kind of competition, with separated totals between powerlifting and bench press championships.

Totals are depurated of lifters that took part in more than one competition during the year.

B. Distribution for age class of women lifters considering all competition.

C. Trend of the average age.

D. Detail for 2022:

- Average age.
- Distribution for age class of women lifters in all competitions.
- Distribution for age class of women lifters for each competition.

A) NUMBERS OF WOMEN LIFTERS IN THE PERIOD 2022 – 2000

With special focus of last ten years

		2022	2021	2020	2019	2018	2017	2016	2015	2014	2013
POWERLIFTING	EQUIPPED SUB JUN, JUN & OPEN ⁽¹⁾	100	76	0	112	110	95	41	50	46	55
								55	47	44	58
	MASTER	46	13	0	43	43	34	37	36	43	42
	DANUBE CUP ⁽²⁾	10	0	0	0	0	9	0	11	0	8
	WEC ⁽³⁾	59	11	0	72	59	49	40	22	23	16
	CLASSIC OPEN, SUB J & JUN	251	190	0	204	200	140	143	120		
	CLASSIC MASTER	94	30	97	99	72					
TOTAL (*)	512	319	97	494	441	300	293	256	146	164	
BENCH PRESS	EQUIPPED OPEN, JUN & MASTER ⁽⁴⁾	87	32	0	91	91	60	24	43	42	39
								51	56	46	37
	CLASSIC OPEN, SUB J, JUN & MASTER	177	25	0	149	127	89				
TOTAL (*)	232	51	0	219	202	141	75	96	84	72	
TOTAL (*)	679	368	97	664	597	409	354	333	217	221	

(*) Obtained not considering lifters who took part in more than one competition during the year.

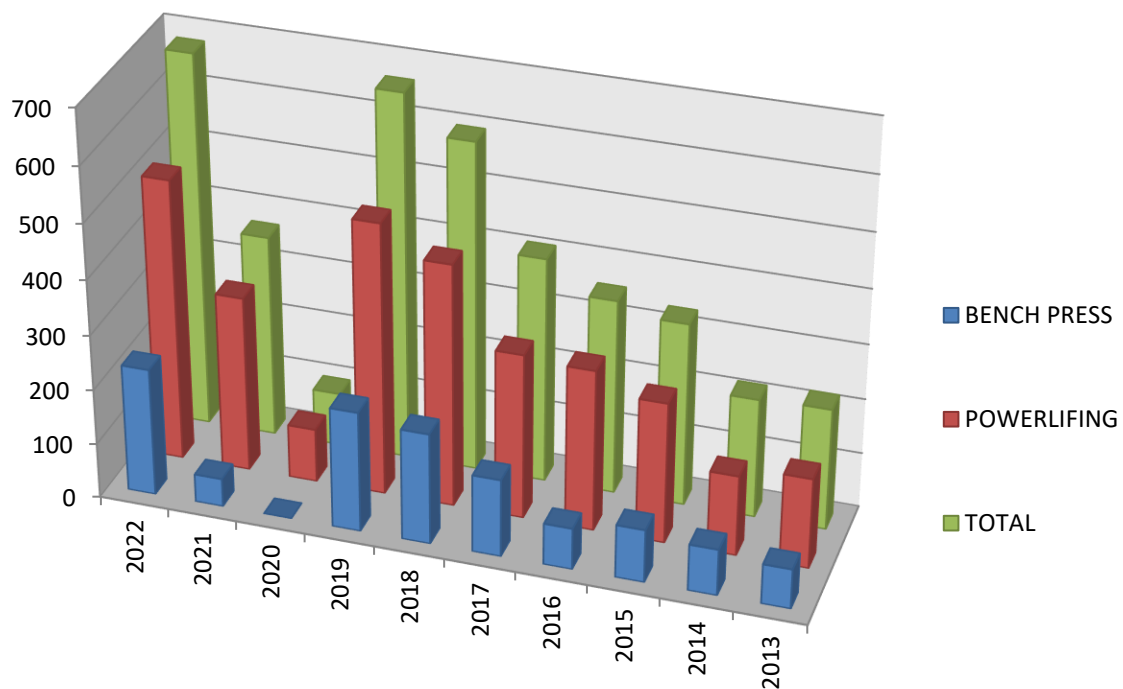
(1) Until 2016 divided into Junior and Open

(2) From 2017 Classic and Equipped

(3) From 2016 Classic and Equipped

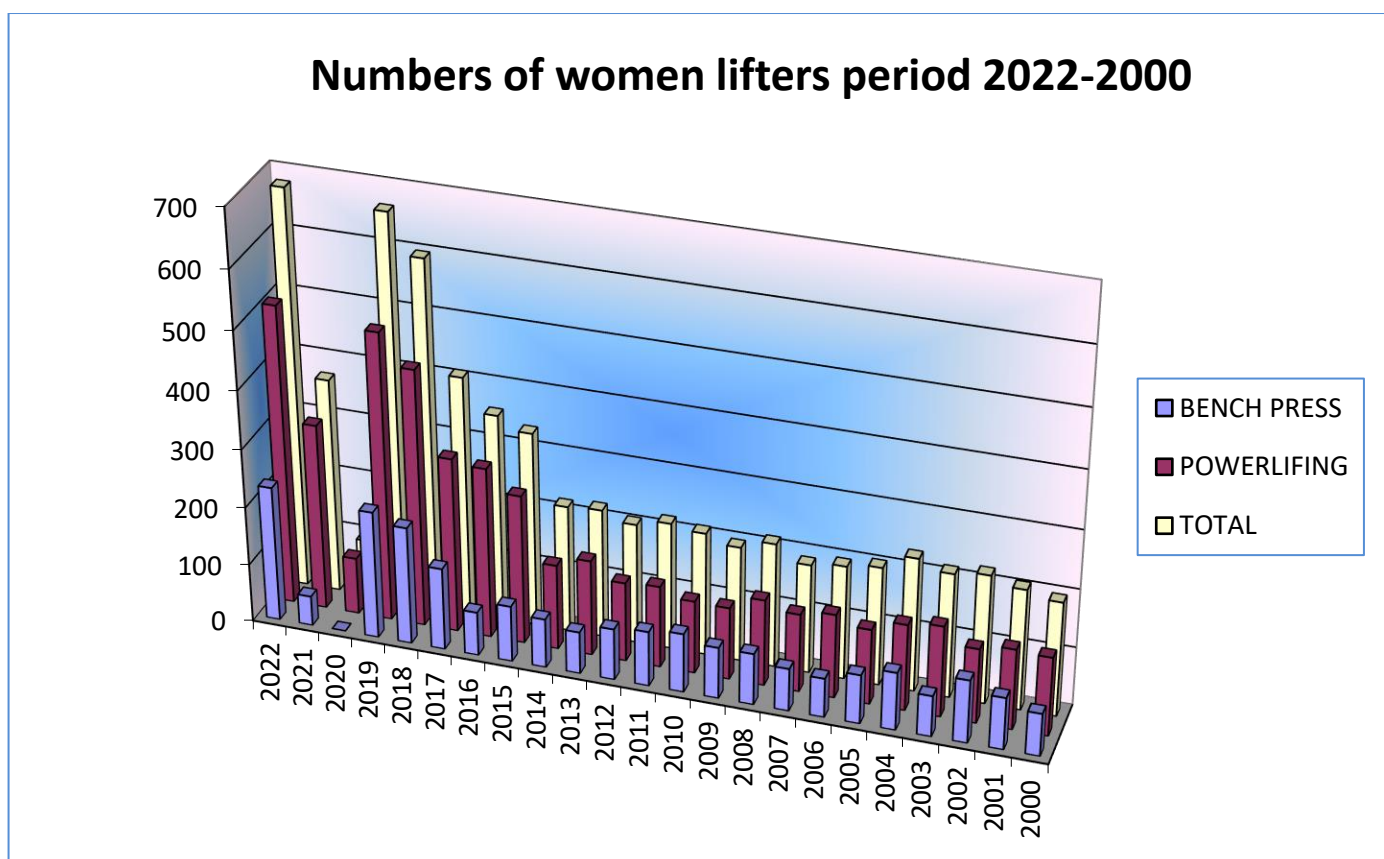
(4) Until 2016 divided into Open and Master

Numbers of women lifters period 2022-2013



		2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000
POWERLIFTING	JUNIOR	47	37	31	40	40	35	48	31	42	42	47	37	43
	OPEN	46	58	55	40	62	59	56	66	83	69	59	52	72
	MASTER	37	32	28	29	36	26	30	23	25	41	16	28	25
	DANUBE CUP	0	2	0	8	0	12	0	12	7	19	0	17	0
	WEC	15	25	20	16	25	24	22	21	18	17	28	22	23
	CLASSIC													
	CLASSIC MASTER													
	TOTAL (*)	136	140	125	124	148	134	144	129	148	156	128	138	135
BENCH PRESS	OPEN	42	48	62	42	52	49	38	54	55	51	72	55	51
	MASTER	49	51	44	46	38	29	31	33	46	19	40	35	23
	TOTAL (*)	88	94	101	88	88	73	67	84	99	70	108	89	73
TOTAL (*)		206	218	211	197	213	187	195	203	229	213	221	207	196

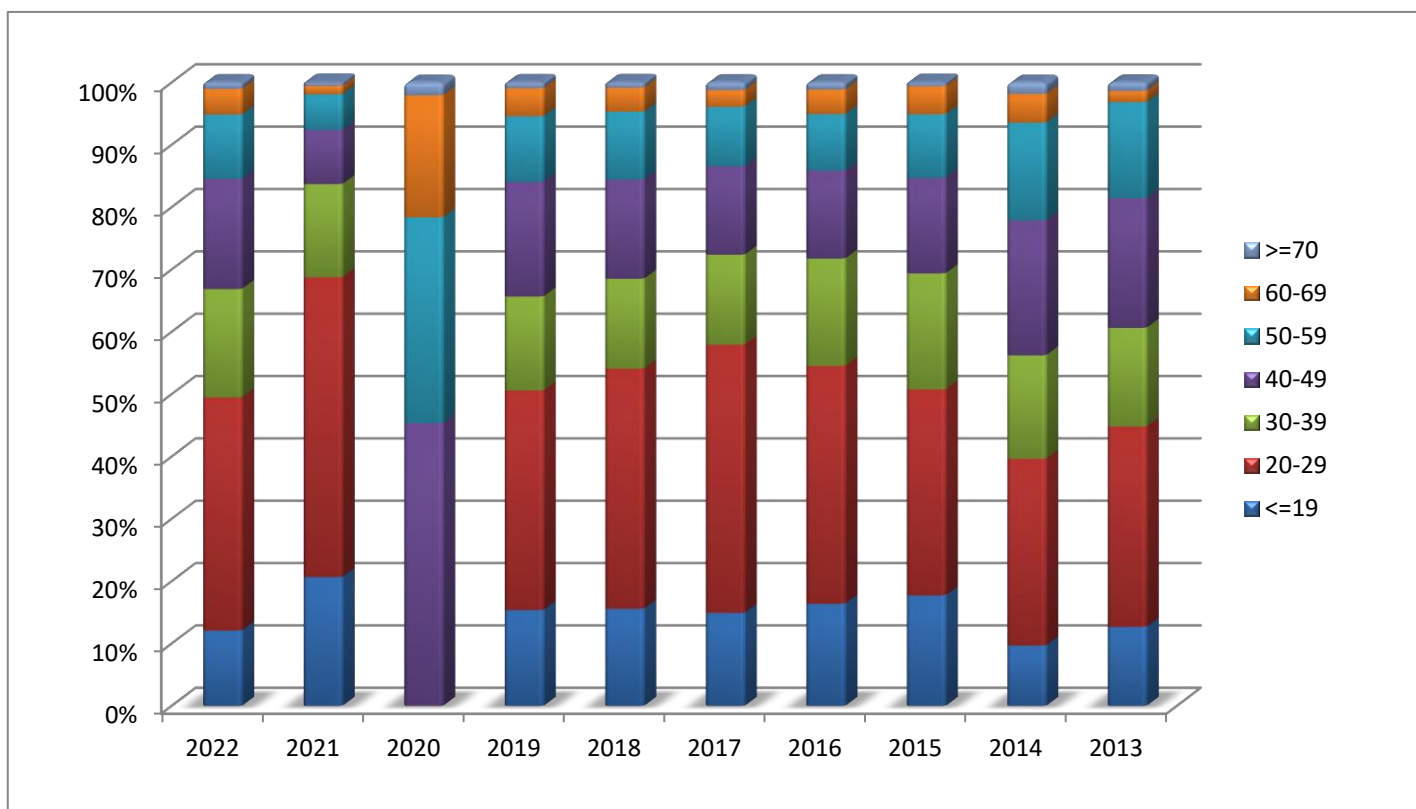
(*) Obtained not considering lifters who took part in more than one competition during the year.



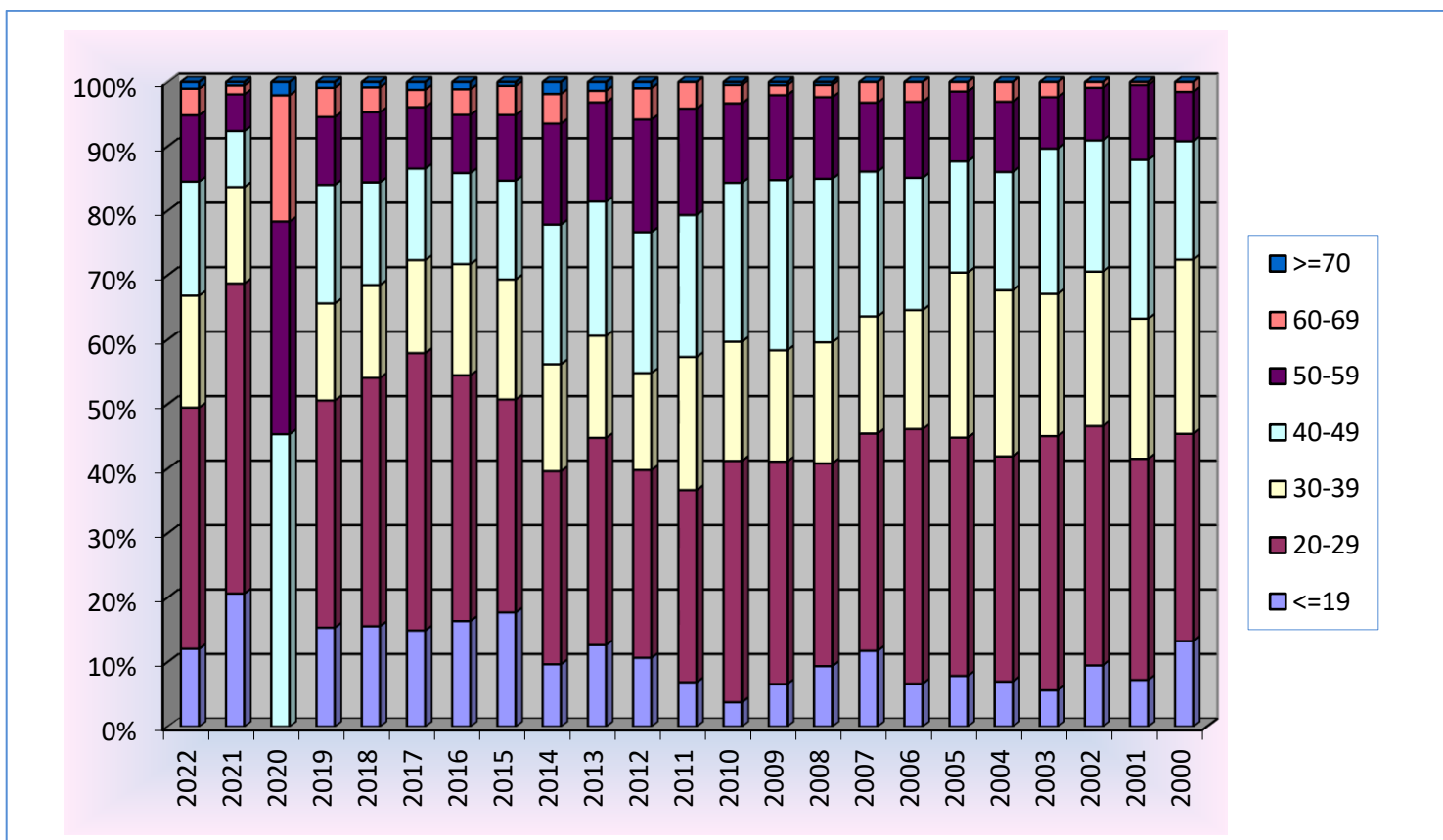
B) DISTRIBUTION FOR AGE CLASS OF WOMEN LIFTERS

With special focus of last ten years

DISTRIBUTION FOR AGE CLASS OF WOMEN LIFTERS IN ALL EUROPEAN COMPETITION										
	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013
<=19	82	76	0	102	93	61	58	59	21	28
20-29	254	177	0	234	230	176	135	110	65	71
30-39	118	55	0	100	86	59	61	62	36	35
40-49	120	32	44	122	95	58	50	51	47	46
50-59	70	21	32	70	65	39	32	34	34	34
60-69	28	5	19	30	23	11	14	15	10	4
>=70	7	2	2	6	5	5	4	2	4	3
TOTAL	679	368	97	664	597	409	354	333	217	221

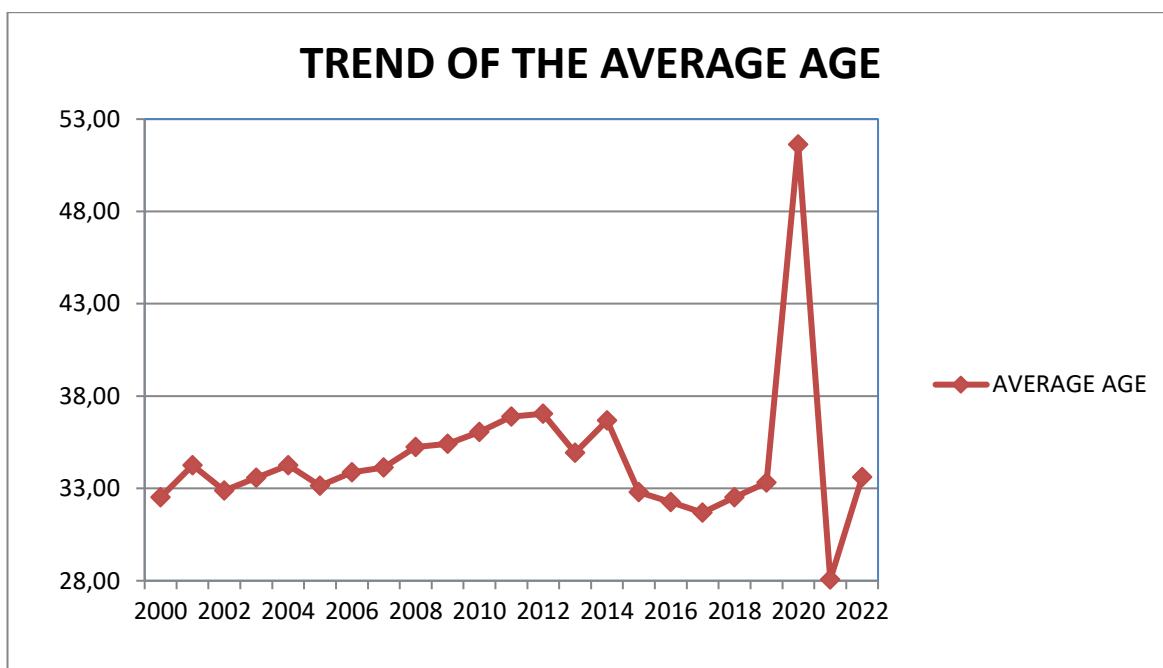


DISTRIBUTION FOR AGE CLASS OF WOMEN LIFTERS IN ALL EUROPEAN COMPETITION													
	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000
<=19	22	15	8	13	20	22	13	16	16	12	21	15	26
20-29	60	65	79	68	67	63	77	75	80	84	82	71	63
30-39	31	45	39	34	40	34	36	52	59	47	53	45	53
40-49	45	48	52	52	54	42	40	35	42	48	45	51	36
50-59	36	36	26	26	27	20	23	22	25	17	18	24	15
60-69	10	9	6	3	4	6	6	3	7	5	2	1	3
>=70	2	0	1	1	1	0	0	0	0	0	0	0	0
TOTAL	206	218	211	197	213	187	195	203	229	213	221	207	196



C) TREND OF THE AVERAGE AGE

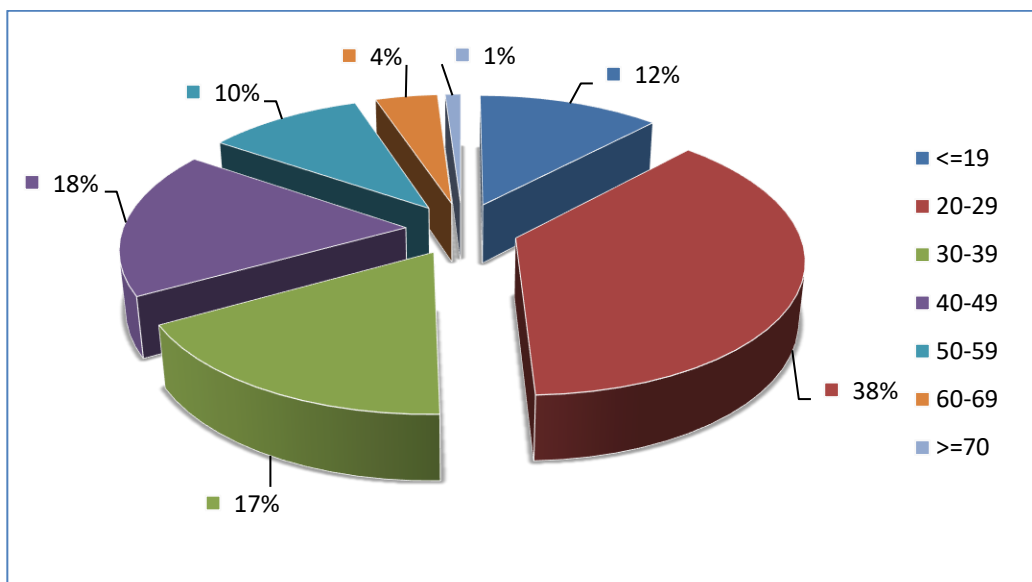
TREND OF THE AVERAGE AGE	
YEAR	AVERAGE AGE
2000	32,5255
2001	34,2609
2002	32,8778
2003	33,5728
2004	34,2533
2005	33,1429
2006	33,8718
2007	34,1230
2008	35,2394
2009	35,4213
2010	36,0574
2011	36,8848
2012	37,0388
2013	34,9367
2014	36,6866
2015	32,8018
2016	32,2627
2017	31,6944
2018	32,5176
2019	33,3102
2020	51,6186
2021	28,0598
2022	33,6053



D) DETAIL FOR 2022

AVERAGE AGE: 33,6053

DISTRIBUTION FOR AGE CLASS IN ALL COMPETITIONS	
AGE CLASS	WOMEN LIFTERS
<=19	82
20-29	254
30-39	118
40-49	120
50-59	70
60-69	28
>=70	7
TOTAL	679



AGE CLASS	POWERLIFTING							BENCH PRESS		
	MASTER CLASSIC Vilnius LTU	OPEN,SUB J & JUNIOR Pilsen CZE	MASTER Eskilstuna SWE	DANUBE CUP Zlatniky SVK	DANUBE CUP CLASSIC Zlatniky SVK	WEC Aulnat FRA	WEC CLASSIC Aulnat FRA	OPEN,SUB J & J CLASSIC Skierniewice POL	OPEN,SUB JUN,JUN & M Budapest HUN	OPEN,SUB J,J & M CLASSIC Budapest HUN
<=19		29		1	1			54	11	23
20-29		40		1	4	3	32	149	24	48
30-39		26		1	1	4	15	44	20	22
40-49	52	3	22		1	3	2	4	12	37
50-59	24	2	21						15	32
60-69	16		2						4	9
>=70	2		1						1	6
TOTAL	94	100	46	3	7	10	49	251	87	177