



*WOMEN'S COMMITTEE*

# WOMEN'S POWERLIFTING UPDATE 2018

The following statistics have been developed on basis of European's competitions data published on the EPF website.

The period considered is from 2000 till December 2018, with special focus of last ten years.

The list of the data is the following:

A. Women lifters who took part in an European competition distinguished into several kind of competition, with separated totals between powerlifting and bench press championships.

Totals are depurated of lifters that took part in more than one competition during the year.

B. Distribution for age class of women lifters considering all competition.

C. Trend of the average age.

D. Detail for 2018:

- Average age.
- Distribution for age class of women lifters in all competitions;
- Distribution for age class of women lifters for each competition;

A) NUMBERS OF WOMEN LIFTERS IN THE PERIOD 2018 – 2000

With special focus of last ten years

		2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
POWERLIFTING	EQUIPPED SUB JUN, JUN & OPEN <sup>(1)</sup>	110	95	41	50	46	55	47	37	31	40
				55	47	44	58	46	58	55	40
	MASTER	43	34	37	36	43	42	37	32	28	29
	DANUBE CUP <sup>(2)</sup>	0	9	0	11	0	8	0	2	0	8
	WEC <sup>(3)</sup>	59	49	40	22	23	16	15	25	20	16
	CLASSIC OPEN, SUB J & JUN	200	140	143	120						
	CLASSIC MASTER	72									
<b>TOTAL (*)</b>	<b>441</b>	<b>300</b>	<b>293</b>	<b>256</b>	<b>146</b>	<b>164</b>	<b>136</b>	<b>136</b>	<b>140</b>	<b>125</b>	<b>124</b>
BENCH PRESS	EQUIPPED OPEN, JUN & MASTER <sup>(4)</sup>	91	60	24	43	42	39	42	48	62	42
				51	56	46	37	49	51	44	46
	CLASSIC OPEN, SUB J, JUN & MASTER	127	89								
	<b>TOTAL (*)</b>	<b>202</b>	<b>141</b>	<b>75</b>	<b>96</b>	<b>84</b>	<b>72</b>	<b>88</b>	<b>94</b>	<b>101</b>	<b>88</b>
<b>TOTAL (*)</b>	<b>597</b>	<b>409</b>	<b>354</b>	<b>333</b>	<b>217</b>	<b>221</b>	<b>206</b>	<b>206</b>	<b>218</b>	<b>211</b>	<b>197</b>

(\*) Obtained not considering lifters who took part in more than one competition during the year.

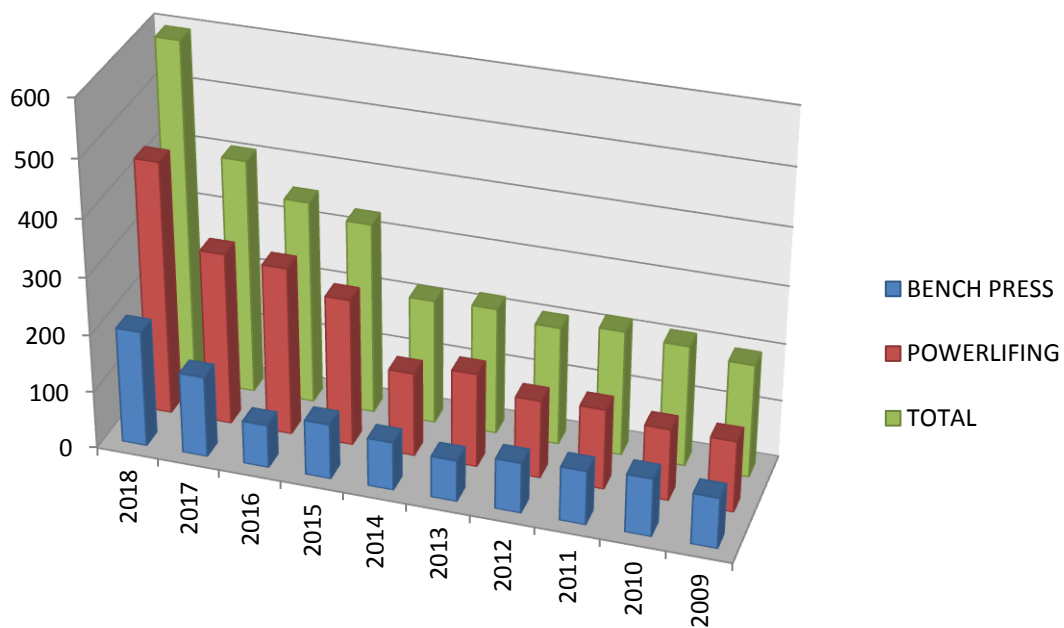
(1) Until 2016 divided into Junior and Open

(2) From 2017 Classic and Equipped

(3) From 2016 Classic and Equipped

(4) Until 2016 divided into Open and Master

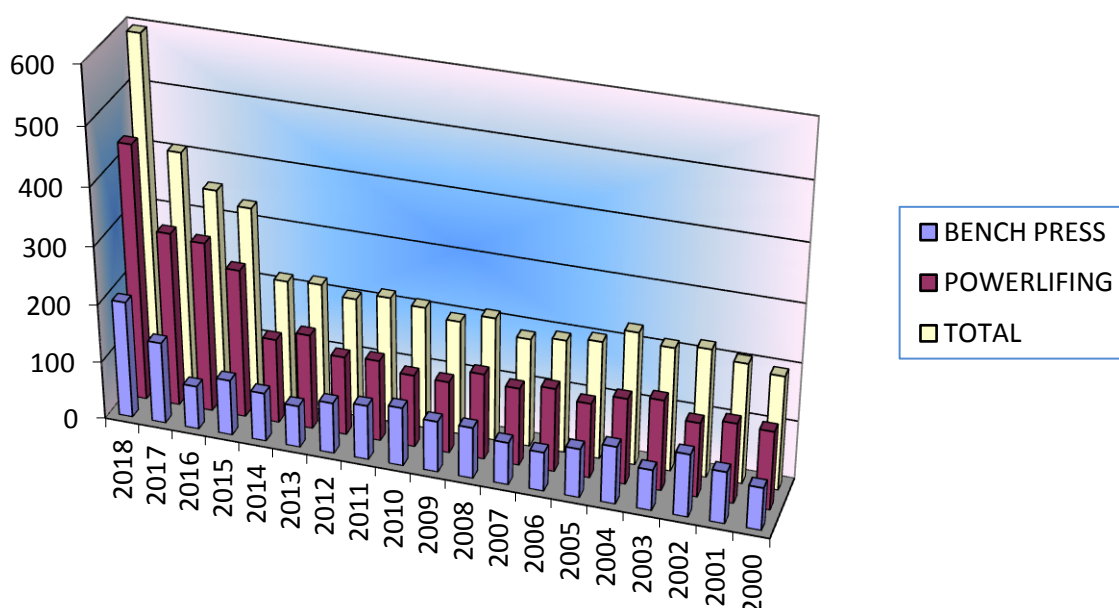
### Numbers of women lifters period 2018-2009



		2008	2007	2006	2005	2004	2003	2002	2001	2000
POWERLIFTING	JUNIOR	40	35	48	31	42	42	47	37	43
	OPEN	62	59	56	66	83	69	59	52	72
	MASTER	36	26	30	23	25	41	16	28	25
	DANUBE CUP	0	12	0	12	7	19	0	17	0
	WEC	25	24	22	21	18	17	28	22	23
	CLASSIC									
	CLASSIC MASTER									
	<b>TOTAL (*)</b>	<b>148</b>	<b>134</b>	<b>144</b>	<b>129</b>	<b>148</b>	<b>156</b>	<b>128</b>	<b>138</b>	<b>135</b>
BENCH PRESS	OPEN	52	49	38	54	55	51	72	55	51
	MASTER	38	29	31	33	46	19	40	35	23
	<b>TOTAL (*)</b>	<b>88</b>	<b>73</b>	<b>67</b>	<b>84</b>	<b>99</b>	<b>70</b>	<b>108</b>	<b>89</b>	<b>73</b>
<b>TOTAL (*)</b>		<b>213</b>	<b>187</b>	<b>195</b>	<b>203</b>	<b>229</b>	<b>213</b>	<b>221</b>	<b>207</b>	<b>196</b>

(\*) Obtained not considering lifters who took part in more than one competition during the year.

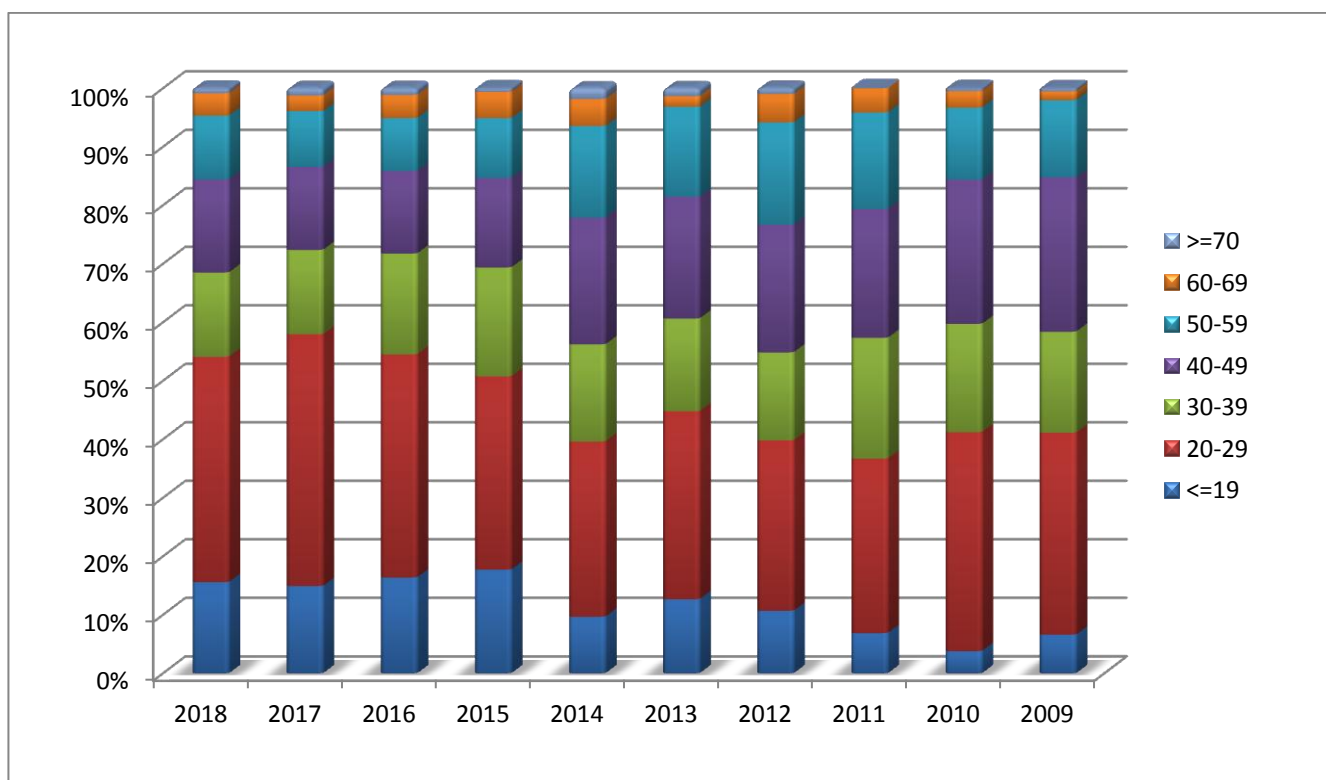
Numbers of women lifters period 2018-2000



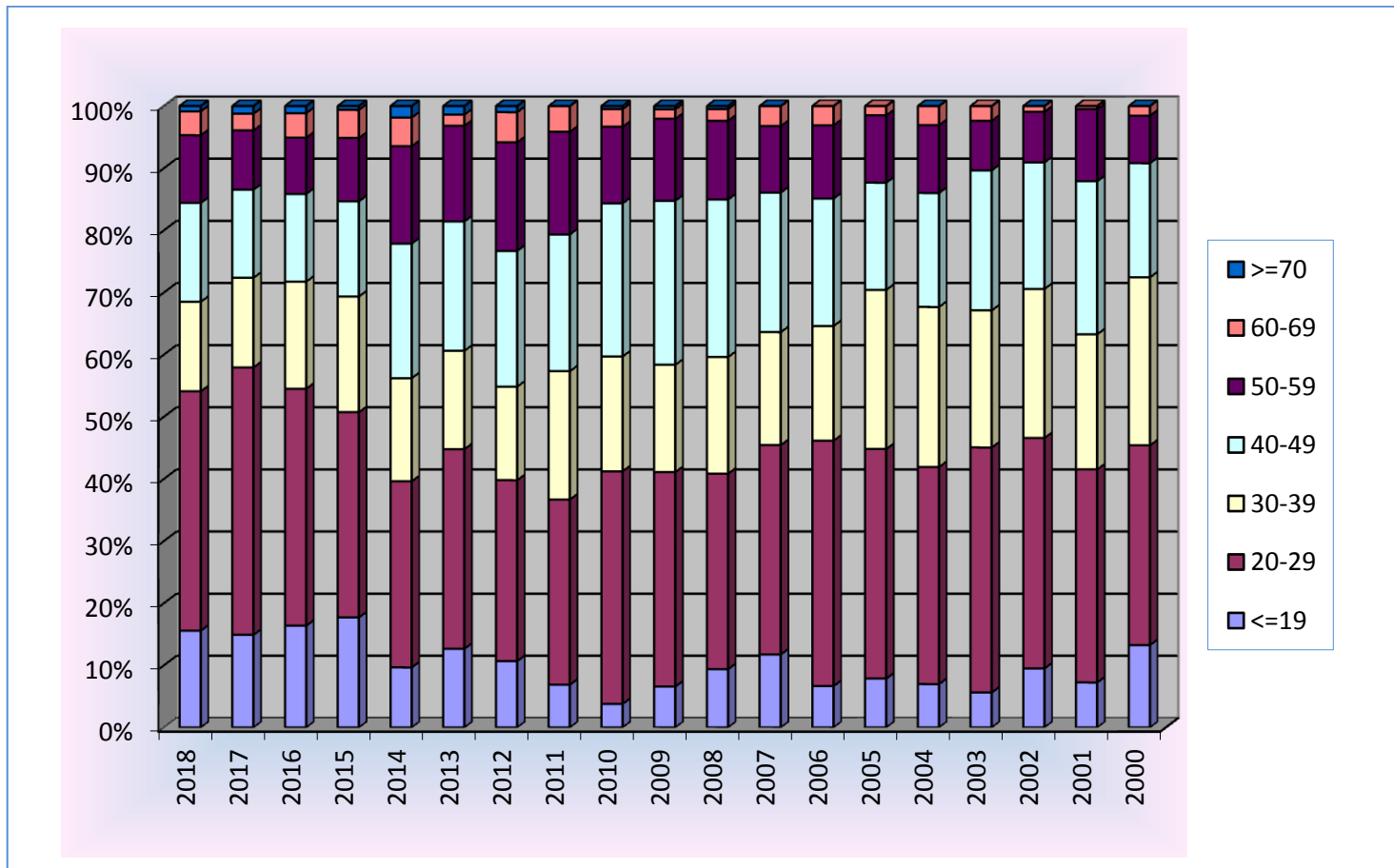
B) DISTRIBUTION FOR AGE CLASS OF WOMEN LIFTERS

With special focus of last ten years

DISTRIBUTION FOR AGE CLASS OF WOMEN LIFTERS IN ALL EUROPEAN COMPETITION										
	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
<=19	93	61	58	59	21	28	22	15	8	13
20-29	230	176	135	110	65	71	60	65	79	68
30-39	86	59	61	62	36	35	31	45	39	34
40-49	95	58	50	51	47	46	45	48	52	52
50-59	65	39	32	34	34	34	36	36	26	26
60-69	23	11	14	15	10	4	10	9	6	3
>=70	5	5	4	2	4	3	2	0	1	1
<b>TOTAL</b>	<b>597</b>	<b>409</b>	<b>354</b>	<b>333</b>	<b>217</b>	<b>221</b>	<b>206</b>	<b>218</b>	<b>211</b>	<b>197</b>

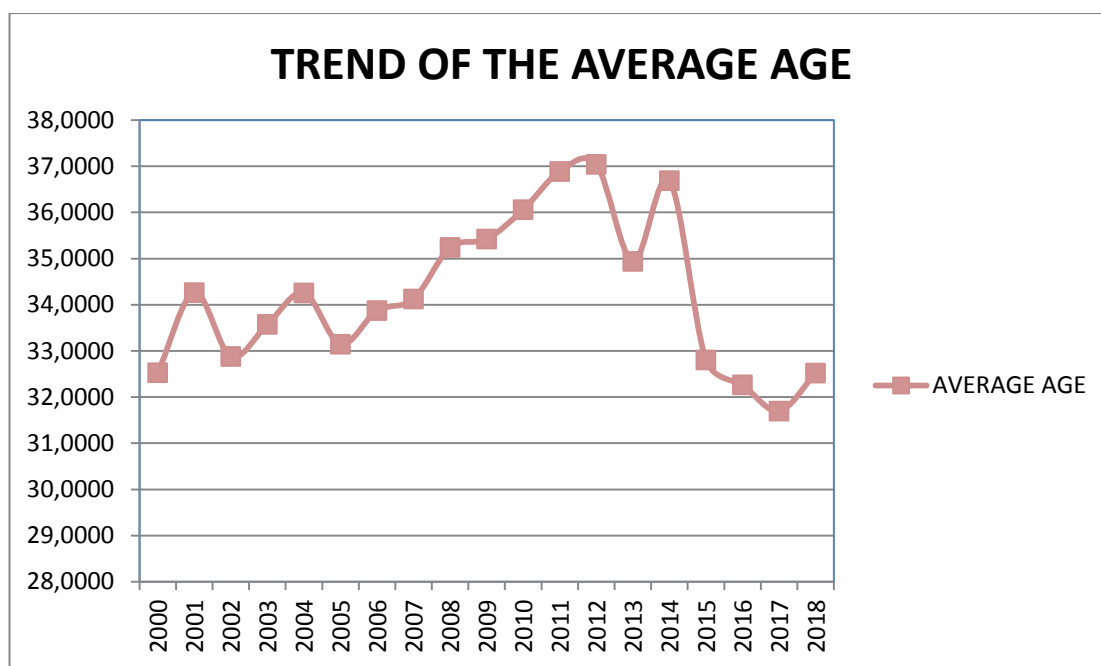


DISTRIBUTION FOR AGE CLASS OF WOMEN LIFTERS IN ALL EUROPEAN COMPETITION									
	2008	2007	2006	2005	2004	2003	2002	2001	2000
<=19	20	22	13	16	16	12	21	15	26
20-29	67	63	77	75	80	84	82	71	63
30-39	40	34	36	52	59	47	53	45	53
40-49	54	42	40	35	42	48	45	51	36
50-59	27	20	23	22	25	17	18	24	15
60-69	4	6	6	3	7	5	2	1	3
>=70	1	0	0	0	0	0	0	0	0
<b>TOTAL</b>	<b>213</b>	<b>187</b>	<b>195</b>	<b>203</b>	<b>229</b>	<b>213</b>	<b>221</b>	<b>207</b>	<b>196</b>



C) TREND OF THE AVERAGE AGE

TREND OF THE AVERAGE AGE	
YEAR	AVERAGE AGE
2000	32,5255
2001	34,2609
2002	32,8778
2003	33,5728
2004	34,2533
2005	33,1429
2006	33,8718
2007	34,1230
2008	35,2394
2009	35,4213
2010	36,0574
2011	36,8848
2012	37,0388
2013	34,9367
2014	36,6866
2015	32,8018
2016	32,2627
2017	31,6944
2018	32,5176

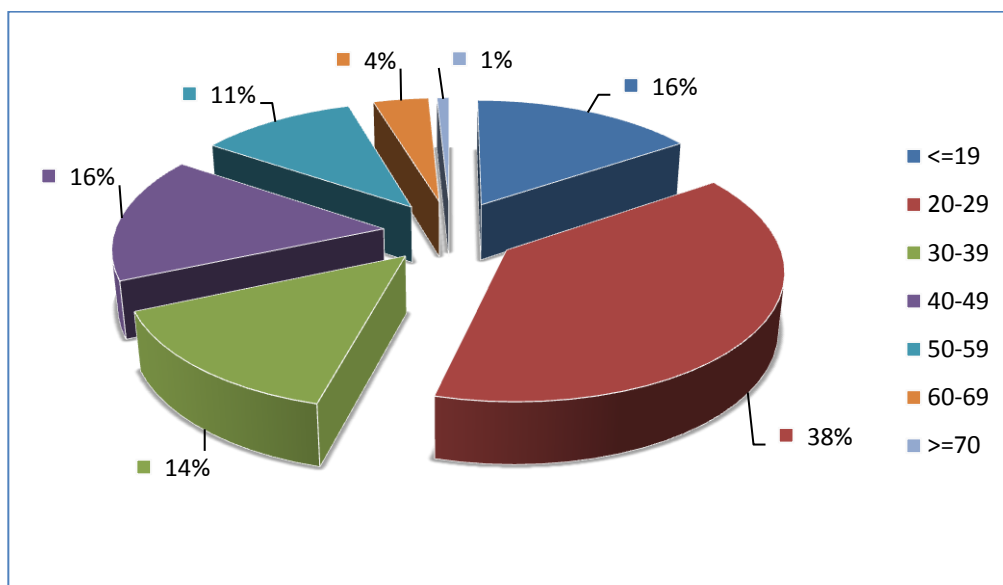




D) DETAIL FOR 2018

AVERAGE AGE: 32,5176

DISTRIBUTION FOR AGE CLASS IN ALL COMPETITIONS	
AGE CLASS	WOMEN LIFTERS
<=19	93
20-29	230
30-39	86
40-49	95
50-59	65
60-69	23
>=70	5
<b>TOTAL</b>	<b>597</b>



AGE CLASS	POWERLIFTING							BENCH PRESS		
	MASTER CLASSIC Helsingborg SWE	OPEN, SUB J & JUNIOR Pilsen CZE	MASTER Pilsen CZE	DANUBE CUP	DANUBE CUP CLASSIC	WEC Hamar NOR	WEC CLASSIC Hamar NOR	OPEN, SUB J & J CLASSIC Kaunas LTU	OPEN, JUNIOR & MASTER Hamm LUX	OPEN, SUB J, J & M CLASSIC Merignac FRA
<=19		28		0	0	0	1	54	6	17
20-29		57		0	0	13	19	107	26	35
30-39		20		0	0	9	10	33	14	22
40-49	30	5	24	0	0	1	5	5	22	23
50-59	30	0	13	0	0	1	0	1	16	20
60-69	10	0	6	0	0	0	0	0	5	8
>=70	2	0	0	0	0	0	0	0	2	2
<b>TOTAL</b>	<b>72</b>	<b>110</b>	<b>43</b>	<b>0</b>	<b>0</b>	<b>24</b>	<b>35</b>	<b>200</b>	<b>91</b>	<b>127</b>