

EUROPEAN POWERLIFTING FEDERATION
European Women's Master Equipped Powerlifting Championships, Hamm (Luxembourg), 01-04.05.2024

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF	GL	Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts	
Masters 1																					
-47kg																					
1.	Tovgaard Mia	1979	DEN	45,98	0,2228	2	145,0	150,0	150,0	1	60,0	62,5	65,0	1	130,0	140,0	140,0	1	347,5	77,43	12
-52kg																					
1.	Neitzel Ira	1981	GER	51,54	0,2049	6	130,0	137,5	142,5	1	65,0	70,0	77,5	1	117,5	127,5	135,0	1	355,0	72,74	12
-57kg																					
1.	Salter Gemma	1983	GBR	56,67	0,1924	12	125,0	135,0	140,0	1	72,5	77,5	77,5	1	147,5	155,0	167,5	1	372,5	71,66	12
2.	Hinchelwood Amber	1978	GBR	55,78	0,1943	11	110,0	120,0	130,0	2	52,5	57,5	57,5	2	107,5	117,5	122,5	2	295,0	57,33	9
-63kg																					
1.	Berge Hege	1982	NOR	62,23	0,1818	18	177,5	185,0	192,5	1	105,0	110,0	110,0	1	172,5	172,5	175,0	2	475,0	86,36	12
2.	Lieb Nina	1981	DEN	62,76	0,1809	19	145,0	155,0	160,0	3	90,0	95,0	95,0	2	152,5	160,0	167,5	3	422,5	76,44	9
—	Daineffe Anne	1982	BEL	62,33	0,1816	20	175,0	182,5	190,0	2	100,0	100,0	100,0	—	155,0	165,0	175,0	1	DSQ	—	—
-69kg																					
1.	Gubernati Michela	1981	ITA	68,18	0,1730	36	180,0	190,0	197,5	1	85,0	90,0	95,0	2	185,0	195,0	210,0	1	480,0	83,02	12
2.	Compagnie Kathleen	1980	BEL	68,20	0,1729	33	172,5	177,5	180,0	2	117,5	120,0	122,5	1	157,5	167,5	170,0	3	470,0	81,28	9
3.	Andersen Lena Kruuse Skov	1981	DEN	68,56	0,1725	35	160,0	170,0	175,0	3	90,0	90,0	95,0	3	165,0	175,0	180,0	2	445,0	76,75	8
4.	Makinen Nina	1983	FIN	64,70	0,1779	32	112,5	125,0	137,5	4	62,5	70,0	75,0	4	120,0	135,0	147,5	4	355,0	63,14	7
-76kg																					
1.	Jensen Nora Bjerregaard	1982	DEN	75,60	0,1645	44	180,0	187,5	192,5	1	85,0	87,5	90,0	3	150,0	160,0	177,5	2	440,0	72,37	12
2.	Rehagel Verena	1980	GER	74,58	0,1655	46	155,0	162,5	167,5	3	97,5	97,5	102,5	2	150,0	157,5	165,0	3	422,5	69,93	9
3.	Polster Rosina	1984	GER	71,71	0,1686	43	142,5	152,5	162,5	4	100,0	105,0	105,0	1	125,0	135,0	155,0	4	402,5	67,87	8
—	Kairaityte Ilona	1984	LTU	71,47	0,1689	45	150,0	165,0	180,0	2	75,0	75,0	75,0	—	165,0	175,0	180,0	1	DSQ	—	—
-84kg																					
1.	Burroughs Catherine	1976	GBR	83,09	0,1579	24	100,0	110,0	120,0	1	80,0	90,0	95,0	1	75,0	95,0	105,0	1	305,0	48,17	12
Team (points)																					
1.	Denmark				41	[12+12+9+8]			302,99	IPF GL											
2.	Great Britain				33	[12+12+9]			177,17	IPF GL											
3.	Germany				29	[12+9+8]			210,54	IPF GL											
4.	Norway				12	[12]			86,36	IPF GL											
5.	Italy				12	[12]			83,02	IPF GL											
6.	Belgium				9	[9]			81,28	IPF GL											
7.	Finland				7	[7]			63,14	IPF GL											
—	Lithuania				—	—															
Best Lifters of Masters 1 by IPF GL Formula																					
Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk															
1.	Berge Hege	Norway	62.23	475,0	86,3583	1															
2.	Gubernati Michela	Italy	68.18	480,0	83,0203	1															
3.	Compagnie Kathleen	Belgium	68.20	470,0	81,2785	2															
Masters 2																					
-47kg																					
1.	Borgatti Elena	1969	ITA	46,30	0,2216	1	135,0	140,0	140,0	1	77,5	82,5	82,5	1	150,0	161,0	162,5	1	367,5	81,45	12
-52kg																					
1.	Stucchi Manuela	1966	ITA	50,68	0,2073	5	120,0	130,0	135,0	1	65,0	70,0	75,0	2	150,0	160,0	168,0	1	355,0	73,61	12
2.	Verlaine Geraldine	1970	FRA	51,47	0,2051	4	95,0	97,5	100,0	2	75,0	77,5	80,0	1	115,0	122,5	127,5	2	307,5	63,07	9
-57kg																					
1.	Honka Nina	1972	FIN	55,98	0,1939	10	142,5	150,0	155,0	2	85,0	85,0	87,5	1	152,5	157,5	162,5	1	397,5	77,07	12
2.	Mlejnkova Petra	1967	CZE	54,51	0,1973	8	137,5	145,0	150,0	1	77,5	82,5	90,0	2	145,0	155,0	160,0	2	387,5	76,45	9
3.	Rodney Allison	1966	GBR	56,55	0,1926	9	100,0	110,0	110,0	3	67,5	67,5	67,5	3	100,0	110,0	120,0	3	297,5	57,31	8
-63kg																					
1.	Izindre Annelie	1972	SWE	60,02	0,1857	17	140,0	147,5	147,5	1	97,5	102,5	102,5	1	130,0	140,0	155,0	3	390,0	72,42	12
2.	Kowalik Katarzyna	1971	POL	60,93	0,1841	16	135,0	140,0	145,0	2	75,0	80,0	80,0	4	150,0	155,0	X	1	370,0	68,10	9
3.	Descours Veronique	1971	FRA	57,86	0,1899	14	127,5	135,0	140,0	4	77,5	82,5	87,5	3	135,0	142,5	147,5	2	357,5	67,89	8
4.	Shergold Rita	1965	GBR	61,88	0,1824	15	127,5	130,0	132,5	3	87,5	87,5	87,5	2	130,0	137,5	142,5	4	357,5	65,21	7

-69kg

1. Joutsela Sanna	1973	FIN	66,94	0,1746	28	142,5	152,5	155,0	2	100,0	105,0	110,0	1	162,5	167,5	177,5	1	442,5	77,27	12
2. Michiels Wendy	1974	BEL	67,66	0,1737	31	155,0	165,0	165,0	1	85,0	92,5	100,0	3	150,0	165,0	170,0	2	430,0	74,67	9
3. Leccese Florence	1969	FRA	66,76	0,1749	29	140,0	145,0	150,0	3	92,5	97,5	100,0	2	120,0	127,5	132,5	4	377,5	66,02	8
4. Veedfald Linda	1973	DEN	67,92	0,1733	30	125,0	132,5	142,5	4	57,5	62,5	67,5	4	130,0	140,0	145,0	3	345,0	59,79	7

-76kg

1. Johansson Ulrika	1972	SWE	75,16	0,1649	39	175,0	185,0	190,0	1	110,0	115,0	115,0	2	165,0	175,0	180,0	2	475,0	78,33	12
2. Gordon Catherine	1973	GBR	74,41	0,1657	41	160,0	170,0	175,0	2	102,5	107,5	112,5	1	165,0	172,5	177,5	1	460,0	76,21	9
3. Hampel Sybille	1967	GER	74,82	0,1653	40	132,5	140,0	145,0	3	77,5	80,0	80,0	3	132,5	140,0	147,5	3	367,5	60,73	8
4. Fiserova Vera	1973	CZE	73,68	0,1664	38	125,0	130,0	135,0	4	62,5	65,0	67,5	5	135,0	140,0	145,0	4	345,0	57,42	7
— Wall Melissa	1966	GBR	74,35	0,1657	42	117,5	122,5	122,5	5	75,0	77,5	77,5	4	137,5	137,5	137,5	—	DSQ	—	—

-84kg

1. Sherwood Jenni	1973	GBR	81,12	0,1595	21	170,0	185,0	190,0	1	70,0	80,0	85,0	1	170,0	195,0	X	2	445,0	70,98	12
2. Vidziuniene Giedre	1966	LTU	76,99	0,1631	23	145,0	152,5	162,5	3	75,0	80,0	80,0	2	150,0	160,0	170,0	1	412,5	67,29	9
— Berntsen Solberg Hege	1968	NOR	80,98	0,1596	22	160,0	170,0	175,0	2	75,0	75,0	75,0	—	150,0	160,0	170,0	3	DSQ	—	—

84+kg

1. Westbrook Denise	1973	GBR	88,74	0,1540	26	122,5	130,0	137,5	1	67,5	67,5	72,5	1	110,0	120,0	127,5	1	330,0	50,83	12
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Team (points)

1. Great Britain	48	[12+12+9+8+7]	320,54	IPF GL
2. France	25	[9+8+8]	196,97	IPF GL
3. Italy	24	[12+12]	155,06	IPF GL
4. Finland	24	[12+12]	154,35	IPF GL
5. Sweden	24	[12+12]	150,76	IPF GL
6. Czechia	16	[9+7]	133,87	IPF GL
7. Belgium	9	[9]	74,67	IPF GL
8. Poland	9	[9]	68,10	IPF GL
9. Lithuania	9	[9]	67,29	IPF GL
10. Germany	8	[8]	60,73	IPF GL
11. Denmark	7	[7]	59,79	IPF GL
— Norway	—	—	—	—

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Borgatti Elena	Italy	46.30	367,5	81,4527	1
2.	Johansson Ulrika	Sweden	75.16	475,0	78,3341	1
3.	Joutsela Sanna	Finland	66.94	442,5	77,2738	1

Masters 3**-57kg**

1. Parfait Martine	1957	FRA	56,70	0,1923	7	102,5	107,5	107,5	1	62,5	67,5	70,0	1	120,0	125,0	130,0	1	300,0	57,70	12
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-63kg

1. Olah Lucica	1955	ROU	62,82	0,1808	13	100,0	102,5	102,5	1	50,0	52,5	52,5	1	100,0	110,0	112,5	1	260,0	47,02	12
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-69kg

1. Stavheim Gro-Berit	1964	NOR	68,57	0,1725	27	138,0	138,0-c3	147,5	1	67,5	70,0	72,5	1	135,5-c3	141,0-c3	146,0-c3	1	354,0 -c3	61,05	12
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-76kg

1. Einarsen Lene	1963	NOR	73,99	0,1661	37	125,0	125,0	127,5	1	97,5	102,5	105,0	1	120,0	127,5	130,0	1	355,0	58,97	12
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84+kg

1. Blasbery Jacqueline	1963	GBR	97,04	0,1494	25	110,0	122,5	132,5	1	95,0	105,0	115,0	1	140,0	155,0	160,0	1	407,5	60,89	12
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Team (points)

1. Norway	24	[12+12]	120,02	IPF GL
2. Great Britain	12	[12]	60,89	IPF GL
3. France	12	[12]	57,70	IPF GL
4. Romania	12	[12]	47,02	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Stavheim Gro-Berit	Norway	68.57	354,0	61,0477	1
2.	Blasbery Jacqueline	Great Britain	97.04	407,5	60,8874	1
3.	Einarsen Lene	Norway	73.99	355,0	58,9722	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

BEL = Belgium
CZE = Czechia
DEN = Denmark
FIN = Finland
FRA = France

GBR = Great Britain
GER = Germany
ITA = Italy
LTU = Lithuania
NOR = Norway

POL = Poland
ROU = Romania
SWE = Sweden