

EUROPEAN POWERLIFTING FEDERATION
European Women's Master Equipped Powerlifting Championships, Pilsen (Czechia), 05-09.07.2023

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
Masters 1																					
-52kg																					
1.	Neitzel Ira	1981	GER	51,60	0,2047	1	132,5	137,5	140,0	1	77,5	80,0	82,5	1	120,0	127,5	130,0	2	352,5	72,17	12
2.	Edwards Louise	1978	GBR	51,44	0,2052	2	117,5	122,5	122,5	2	60,0	60,0	65,0	2	130,0	140,0	150,0	1	322,5	66,17	9
-57kg																					
1.	Hughes Amanda	1979	GBR	54,49	0,1973	5	125,0	132,5	132,5	2	77,5	82,5	85,0	1	110,0	122,5	130,0	3	347,5	68,57	12
2.	Dabrowska-Posala Agnieszka	1979	POL	53,36	0,2001	3	90,0	105,0	115,0	3	50,0	52,5	55,0	2	100,0	120,0	132,5	2	300,0	60,03	9
—	Murphy Nicola	1981	GBR	55,53	0,1949	4	130,0	135,0	137,5	1	70,0	70,0	70,0	—	125,0	130,0	137,5	1	DSQ	—	—
-63kg																					
1.	Bak Kathrine	1981	DEN	61,70	0,1827	6	167,5	175,0	175,0	1	100,0	105,0	110,0	1	212,5	226,0	226,0-w1	1	506,0	92,45	12
2.	Daineffe Anne	1982	BEL	62,24	0,1818	7	170,0	185,0	185,0	2	92,5	95,0	97,5	2	125,0	127,5	X	2	392,5	71,35	9
-69kg																					
1.	Berge Hege	1982	NOR	63,70	0,1794	13	180,0	192,5	192,5	1	102,5	107,5	110,0	2	170,0	180,0	190,0	1	470,0	84,32	12
2.	Compagnie Kathleen	1980	BEL	67,15	0,1743	16	170,0	172,5	177,5	2	115,0	120,0	120,0	1	155,0	167,5	177,5	2	460,0	80,20	9
3.	Jordan Faye	1982	GBR	68,11	0,1731	12	145,0	150,0	162,5	3	105,0	110,0	112,5	3	157,5	165,0	167,5	3	440,0	76,14	8
4.	Andersen Lena Kruuse Skovby	1981	DEN	68,31	0,1728	17	150,0	157,5	157,5	5	90,0	95,0	97,5	4	150,0	150,0	162,5	4	410,0	70,84	7
5.	Rehagel Verena	1980	GER	68,72	0,1723	15	145,0	152,5	157,5	4	90,0	95,0	97,5	5	145,0	155,0	165,0	5	410,0	70,63	6
6.	Makinen Nina	1983	FIN	65,09	0,1773	14	120,0	130,0	135,0	6	65,0	70,0	72,5	6	130,0	137,5	147,5	6	355,0	62,94	5
-76kg																					
1.	Pischel-Bakker Manuela	1977	NOR	70,20	0,1704	22	172,5	180,0	185,0	1	110,0	110,0	115,0	1	172,5	187,5	192,5	1	492,5	83,92	12
2.	Chatlinska Izabela	1978	POL	72,87	0,1673	20	170,0	180,0	180,0	2	85,0	85,0	95,0	3	150,0	160,0	165,0	4	435,0	72,79	9
3.	Michiels Wendy	1974	BEL	73,14	0,1670	21	157,5	167,5	172,5	4	100,0	105,0	107,5	2	147,5	162,5	167,5	2	435,0	72,66	8
4.	Jensen Nora Bjerregaard	1982	DEN	74,90	0,1652	19	165,0	175,0	180,0	3	75,0	80,0	82,5	4	155,0	165,0	170,0	3	422,5	69,79	7
—	Stine Boysen	1983	DEN	72,45	0,1678	18	130,0	137,5	142,5	5	95,0	95,0	95,0	—	137,5	145,0	150,0	5	DSQ	—	—
-84kg																					
1.	Frederiksen Lise	1982	DEN	83,45	0,1577	8	207,5	217,5	217,5	1	70,0	117,5	125,0	1	165,0	180,0	190,0	1	515,0	81,20	12
2.	Nevalainen Virve	1976	FIN	77,94	0,1622	9	145,0	155,0	162,5	2	72,5	77,5	77,5	2	140,0	152,5	X	2	380,0	61,65	9
84+kg																					
1.	Thoren Lene	1980	NOR	126,47	0,1399	11	240,0	240,0	247,5	1	150,0	160,0	160,0	1	180,0	190,0	200,0	1	580,0	81,12	12
2.	Rehnberg Helena	1979	FIN	133,61	0,1385	10	125,0	130,0	X	2	115,0	120,0	125,0	2	125,0	140,0	150,0	2	400,0	55,41	9

Team (points)

1.	Denmark	38	[12+12+7+7]	314,28	IPF GL
2.	Norway	36	[12+12+12]	249,37	IPF GL
3.	Great Britain	29	[12+9+8]	210,89	IPF GL
4.	Belgium	26	[9+9+8]	224,21	IPF GL
5.	Finland	23	[9+9+5]	179,99	IPF GL
6.	Germany	18	[12+6]	142,80	IPF GL
7.	Poland	18	[9+9]	132,82	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Bak Kathrine	Denmark	61.70	506,0	92,4497	1
2.	Berge Hege	Norway	63.70	470,0	84,3246	1
3.	Pischel-Bakker Manuela	Norway	70.20	492,5	83,9250	1

Masters 2

-47kg																					
1.	Borgatti Elena	1969	ITA	46,07	0,2225	2	132,5	132,5	140,0	1	75,0	80,0	85,0	1	150,0	160,0-c2	170,5	1	385,0	85,66	12
2.	Ronkainen Katja	1973	FIN	46,80	0,2198	1	85,0	90,0	100,0	2	45,0	52,5	57,5	2	85,0	100,0	110,0	2	247,5	54,41	9
-52kg																					
1.	Stenghel Anna	1968	ITA	51,44	0,2052	4	135,0	142,5	150,0	2	80,0	85,0	87,5	1	135,0	142,5	147,5	3	385,0	79,00	12
2.	Buxbom Eva	1969	DEN	51,77	0,2043	3	150,0	157,5	163,0	1	55,0	75,0	75,0	3	155,0	162,5	173,0	1	375,0	76,61	9
3.	Stucchi Manuela	1966	ITA	49,65	0,2104	5	130,0	135,0	135,0	3	75,0	80,0	80,0	2	150,0	160,0	160,0	2	370,0	77,85	8

-57kg

1. Honka Nina	1972	FIN	55,82	0,1943	7	145,0	150,0	150,0	1	82,5	85,0	90,0	1	150,0	150,0	162,5	1	397,5	77,22	12
2. Mlejnkova Petra	1967	CZE	53,61	0,1995	6	127,5	135,0	140,0	2	70,0	75,0	82,5	3	137,5	145,0	150,0	2	365,0	72,81	9
3. Rodney Allison	1966	GBR	56,90	0,1919	8	90,0	95,0	110,0	3	72,5	77,5	85,0	2	100,0	110,0	120,0	3	292,5	56,13	8

-63kg

1. Izindre Annelie	1972	SWE	61,27	0,1835	10	150,0	160,0	170,0	1	95,0	100,0	102,5	1	130,0	140,0	150,0	1	412,5	75,67	12
2. Shergold Rita	1965	GBR	62,39	0,1815	11	120,0	120,0	127,5	3	87,5	92,5	92,5	2	117,5	127,5	132,5	3	352,5	63,99	9
3. Kosenko Nellia	1968	UKR	62,30	0,1817	9	125,0	125,0	135,0	2	65,0	65,0	70,0	3	125,0	135,0	152,5	2	335,0	60,87	8

-69kg

1. Joutsela Sanna	1973	FIN	66,89	0,1747	23	140,0	150,0	157,5	2	100,0	107,5	110,0	1	155,0	165,0-c2	173,0-w2	1	440,5	76,95	12
2. Stavik Anita	1965	NOR	63,02	0,1805	21	157,5	165,0-c2	170,0-c2	1	67,5	70,0	72,5	6	150,0	158,0-c2	160,0	2	402,5	72,65	9
3. Gordon Maureen	1964	GBR	67,61	0,1737	19	125,0	130,0	132,5	5	100,0	105,0	110,0	2	145,0	152,5	157,5	3	400,0	69,49	8
4. Stavheim Gro-Berit	1964	NOR	68,69	0,1723	22	150,0	150,0	157,5	3	67,5	70,0	72,5	7	145,0	152,5	155,0	4	375,0	64,61	7
5. Kirkland Wendie	1972	GBR	68,48	0,1726	18	130,0	135,0	135,0	6	95,0	100,0	100,0	3	130,0	135,0	142,5	6	372,5	64,28	6
6. Ristolainen Minna	1972	FIN	67,52	0,1738	24	117,5	127,5	135,0	7	72,5	82,5	87,5	5	137,5	150,0	157,5	5	365,0	63,45	5
7. Leccese Florence	1969	FRA	65,68	0,1764	20	142,5	147,5	152,5	4	87,5	92,5	95,0	4	110,0	120,0	127,5	7	360,0	63,51	4

-76kg

1. Johansson Ulrika	1972	SWE	74,33	0,1658	25	175,0	177,5	182,5	1	110,0	115,0	120,0	1	160,0	172,5	182,5	2	470,0	77,91	12
2. Gordon Catherine	1973	GBR	74,16	0,1659	29	160,0	170,0	175,0	3	102,5	102,5	105,0	2	165,0	175,0	180,0	1	450,0	74,67	9
3. Sherwood Jenni	1973	GBR	75,56	0,1645	28	165,0	175,0	180,0	2	90,0	95,0	97,5	3	150,0	160,0	160,0	3	425,0	69,92	8
4. Fiserova Vera	1973	CZE	71,82	0,1685	27	115,0	120,0	125,0	4	60,0	62,5	65,0	6	125,0	135,0	140,0	4	327,5	55,18	7
5. Veedfald Linda	1973	DEN	73,93	0,1662	30	112,5	117,5	122,5	5	65,0	70,0	75,0	5	127,5	135,0	140,0	5	327,5	54,42	6
6. Skogman Seija	1965	FIN	69,89	0,1708	26	100,0	110,0	115,0	6	90,0	92,5	92,5	4	90,0	100,0	X	6	307,5	52,52	5

-84kg

1. Vidziuniene Giedre	1966	LTU	76,70	0,1634	15	152,5	157,5	162,5	1	75,0	80,0	82,5	4	155,0	162,5	167,5	1	405,0	66,18	12
2. Frost Joanne	1971	GBR	78,57	0,1617	13	145,0	145,0	152,5	3	95,0	100,0	102,5	1	145,0	152,5	165,0	3	400,0	64,67	9
3. Ristolainen Paivi	1970	FIN	80,90	0,1597	14	140,0	150,0	160,0	2	80,0	85,0	87,5	3	140,0	152,5	167,5	4	400,0	63,87	8
4. Brand Michelle	1973	GBR	83,40	0,1577	12	130,0	137,5	137,5	4	90,0	95,0	97,5	2	125,0	132,5	140,0	5	375,0	59,14	7
— Berntsen Hege	1968	NOR	78,66	0,1616	16	150,0	150,0	150,0	—	80,0	80,0	80,0	—	145,0	155,0	162,5	2	DSQ	—	—

84+kg

1. Zangerle Sabine	1971	AUT	84,93	0,1566	17	117,5	125,0	130,0	1	60,0	65,0	70,0	1	110,0	120,0	127,5	1	317,5	49,72	12
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Team (points)

1. Finland	46	[12+12+9+8+5]	335,90	IPF GL
2. Great Britain	43	[9+9+9+8+8]	342,74	IPF GL
3. Italy	32	[12+12+8]	242,51	IPF GL
4. Sweden	24	[12+12]	153,58	IPF GL
5. Norway	16	[9+7]	137,26	IPF GL
6. Czechia	16	[9+7]	127,99	IPF GL
7. Denmark	15	[9+6]	131,03	IPF GL
8. Lithuania	12	[12]	66,18	IPF GL
9. Austria	12	[12]	49,72	IPF GL
10. Ukraine	8	[8]	60,87	IPF GL
11. France	4	[4]	63,51	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Borgatti Elena	Italy	46.07	385,0	85,6594	1
2.	Stenghel Anna	Italy	51.44	385,0	78,9981	1
3.	Johansson Ulrika	Sweden	74.33	470,0	77,9086	1

Masters 3**-69kg**

1. Olah Lucica	1955	ROU	66,01	0,1759	3	110,0	115,0	120,0	1	50,0	55,0	57,5	2	115,0	125,0	127,5	1	302,5	53,22	12
2. Morrell Dawn	1960	GBR	68,29	0,1728	4	105,0	105,0	105,0	2	60,0	62,5	62,5	1	120,0	125,0	125,0	2	287,5	49,68	9

-76kg

— Einarsen Lene	1963	NOR	74,87	0,1652	5	135,0	135,0	135,0	—	90,0	95,0	100,0	1	117,5	122,5	127,5	1	DSQ	—	—
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84+kg

1. Blasbery Jacqueline	1963	GBR	96,90	0,1495	2	100,0	110,0	120,0	1	80,0	90,0	100,0	1	150,0	165,0	175,0	1	395,0	59,05	12
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Team (points)

1. Great Britain	21	[12+9]	108,73	IPF GL
2. Romania	12	[12]	53,22	IPF GL
— Norway	—			

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Blasbery Jacqueline	Great Britain	96.90	395,0	59,0470	1
2.	Olah Lucica	Romania	66.01	302,5	53,2215	1
3.	Morrell Dawn	Great Britain	68.29	287,5	49,6843	2

Masters 4**-57kg**

1. Fernstrom Britten	1949	SWE	55,84	0,1942	1	90,0	96,0-c4	100,5-c4	1	65,0	68,0	68,0-w4	1	115,0	120,5-c4	123,0-c4	1	291,5 -c4	56,61	12
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Team (points)

1. Sweden	12	[12]	56,61	IPF GL
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Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Fernstrom Britten	Sweden	55.84	291,5	56,6113	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUT = Austria
 BEL = Belgium
 CZE = Czechia
 DEN = Denmark
 FIN = Finland
 FRA = France

GBR = Great Britain
 GER = Germany
 ITA = Italy
 LTU = Lithuania
 NOR = Norway
 POL = Poland

ROU = Romania
 SWE = Sweden
 UKR = Ukraine