

EUROPEAN POWERLIFTING FEDERATION
Western European Women's Equipped Championships, Aulnat (France), 09-11.09.2022
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press				All Deadlift			Total	IPF GL	Pts		
-47kg																					
1.	Motta Valentina	1989	ITA	46,14	0,2222	1	127,5	127,5	137,5	1	55,0	60,0	60,0	1	142,5	157,5	157,5	1	355,0	78,89	12
-63kg																					
1.	Elder Lauren	1989	GBR	62,88	0,1807	3	180,0	187,5	192,5	1	85,0	85,0	90,0	3	175,0	185,0	193,5	1	476,0	86,03	12
2.	Daineffe Anne	1982	BEL	62,23	0,1818	4	170,0	182,5	187,5	2	95,0	100,0	107,5	2	150,0	162,5	170,0	2	445,0	80,90	9
3.	Spina Celine	1998	BEL	61,95	0,1823	5	130,0	140,0	150,0	3	90,0	95,0	100,0	1	147,5	157,5	167,5	3	397,5	72,46	8
-69kg																					
1.	Semeraro Giulia	1995	ITA	67,09	0,1744	11	192,5	192,5	202,5	1	110,0	120,0	125,0	1	170,0	180,0	190,0	1	497,5	86,78	12
—	Compagnie Kathleen	1980	BEL	65,71	0,1764	10	155,0	155,0	155,0	—	X	X	X	—	X	X	X	—	DSQ	—	—
-76kg																					
1.	Gordon Catherine	1973	GBR	73,56	0,1666	12	157,5	165,0	170,0	1	95,0	102,5	107,5	1	162,5	170,0	175,0	1	447,5	74,54	12
-84kg																					
1.	Kensenhuis Iris	1983	NED	83,45	0,1577	6	205,0	212,5	215,0	1	100,0	105,0	107,5	2	225,0	235,0	240,0	1	552,5	87,12	12
2.	Marostica Silvia	1995	ITA	76,46	0,1636	7	190,0	200,0	200,0	2	110,0	120,0	130,0	1	160,0	160,0	175,0	2	485,0	79,36	9
84+kg																					
1.	Sweetman Katrina	1985	GBR	128,54	0,1394	8	225,0	225,0	225,0	1	185,0	195,0	202,5	1	160,0	172,5	180,0	1	600,0	83,67	12

Team(IPF GL Points)

1.	Italy	245.03	[86,78+79,36+78,89]
2.	Great Britain	244.24	[86,03+83,67+74,54]
3.	Belgium	153.36	[80,90+72,46]
4.	Netherlands	87.12	[87,12]

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Kensenhuis Iris	Netherlands	83.45	552,5	87,1160	1
2.	Semeraro Giulia	Italy	67.09	497,5	86,7759	1
3.	Elder Lauren	Great Britain	62.88	476,0	86,0275	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

BEL = Belgium
 GBR = Great Britain

ITA = Italy
 NED = Netherlands