

EUROPEAN POWERLIFTING FEDERATION
Western European Women's Classic Championships, Aulnat (France), 09-11.09.2022
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
-47kg																					
1.	Legard Stephanie	1981	FRA 2	46,60	0,2796	3	115,0	120,0-c1	123,0-w1	1	67,5	72,5	78,0	2	145,0-c1	150,0-c1	155,5-w1	1	351,0 -w1	98,13	12
2.	Motta Annalisa	1995	ITA	44,72	0,2917	1	117,5	122,5	126,0	2	70,0	72,5	75,0	1	130,0	137,5	142,5	3	335,0	97,73	9
3.	Hamawandi Sakar	1990	NOR	46,99	0,2773	2	95,0	100,0	102,5	3	72,5	77,5	77,5	3	125,0	135,0	140,0	2	315,0	87,34	8
-52kg																					
1.	Huet Alison	1996	FRA	51,43	0,2549	8	125,0	130,0	132,5	3	95,0	100,0	101,0	1	157,5	165,0	165,0	2	391,0	99,68	12
2.	Julien Laurie	1991	FRA	51,36	0,2552	10	130,0	137,5	140,5	1	80,0	87,5	90,0	3	150,0	160,0	167,5	1	385,0	98,26	9
3.	Steady Dawn	1988	IRL	51,81	0,2533	6	107,5	115,0	120,0	7	75,0	80,0	82,5	4	145,0	155,0	157,5	3	360,0	91,19	8
4.	Balbiani Lorraine	1995	FRA 2	51,57	0,2543	9	115,0	122,5	125,0	5	87,5	90,0	92,5	2	135,0	142,5	147,5	6	357,5	90,92	7
5.	Greve Anouk	1996	NED	51,64	0,2540	7	115,0	120,0	122,5	6	75,0	77,5	77,5	5	145,0	152,5	152,5	5	340,0	86,37	6
6.	Verhulst Stefanie	1990	BEL	51,09	0,2564	4	117,5	122,5	125,0	4	65,0	67,5	70,0	6	130,0	140,0	147,5	4	337,5	86,54	5
—	Haemers Dasha	1998	BEL	51,92	0,2528	5	135,5	140,5	140,5	2	77,5	77,5	77,5	—	X	X	X	—	DSQ	—	—
-57kg																					
1.	Regis Oceane	1996	FRA	57,00	0,2346	11	162,5	165,0	165,5	1	92,5	97,5	97,5	3	170,0	180,0	182,5	2	437,5	102,62	12
2.	Pal Sovannphaktra	1991	FRA	56,88	0,2349	17	157,5	162,5	165,5	2	77,5	82,5	82,5	4	172,5	180,0	185,0	1	425,0	99,85	9
3.	Alves Agnes	1996	FRA 2	56,67	0,2356	14	145,0	145,0	152,5	4	95,0	100,0	102,5	1	155,0	165,0	170,0	3	410,0	96,59	8
4.	Squillante Benedetta	1995	ITA	56,84	0,2351	15	135,0	140,0	142,5	6	95,0	97,5	100,0	2	145,0	155,0	162,5	5	392,5	92,26	7
5.	Aguila Padilla Ana Maria	1999	ESP	56,24	0,2370	12	135,0	140,0	145,0	3	62,5	65,0	67,5	7	142,5	152,5	160,0	6	362,5	85,90	6
6.	Coppinger Kathleen	1993	IRL	56,47	0,2362	19	135,0	142,5	147,5	5	60,0	65,0	67,5	8	145,0	155,0	165,0	4	362,5	85,63	5
7.	Saritkriang Kesinirat Noe	1997	BEL	55,83	0,2383	16	117,5	122,5	127,5	7	70,0	72,5	75,0	6	137,5	145,0	150,0	7	350,0	83,41	4
8.	Coinne Zoe	1998	BEL	56,04	0,2376	13	115,0	122,5	127,5	8	75,0	80,0	82,5	5	130,0	140,0	145,0	8	347,5	82,57	3
—	Castro Emma	1999	LUX	54,89	0,2415	18	87,5	92,5	92,5	9	45,0	45,0	45,0	—	112,5	117,5	X	9	DSQ	—	—
-63kg																					
1.	Lalime Sahyuri	1984	BEL	62,66	0,2196	28	150,0	157,5	162,5	1	77,5	80,0	85,0	6	177,5	190,0	195,0	1	437,5	96,05	12
2.	Raja Sunita	1989	IRL	62,47	0,2200	26	142,5	150,0	155,0	3	102,5	105,0	107,5	1	162,5	175,0	180,0	2	435,0	95,69	9
3.	van der Ploeg Sanne	1998	NED	62,74	0,2194	20	140,0	145,0	150,0	4	80,0	85,0	87,5	3	155,0	162,5	172,5	3	410,0	89,94	8
4.	Cicchine' Barbara	1987	ITA	62,52	0,2199	27	152,5	160,0	165,5	2	80,0	82,5	85,0	5	155,0	165,0	170,0	6	407,5	89,60	7
5.	Nordskog Sunniva	1986	NOR	61,94	0,2212	21	132,5	132,5	140,0	6	95,0	100,0	102,5	2	152,5	160,0	167,5	5	400,0	88,49	6
6.	Austigard Petersen Frida	1997	NOR	62,44	0,2201	23	140,0	140,0	140,0	5	77,5	80,0	82,5	4	160,0	170,0	180,0	4	392,5	86,37	5
7.	Haitzma Astrid	1999	NED	61,37	0,2226	22	125,0	130,0	135,0	7	67,5	70,0	70,0	8	147,5	147,5	155,0	7	355,0	79,02	4
8.	Jurado Alba	1993	LUX	60,95	0,2236	24	112,5	112,5	117,5	9	65,0	70,0	75,0	7	145,0	152,5	162,5	8	345,0	77,15	3
9.	Khamis Mira	1999	AUT	59,72	0,2268	25	110,0	120,0	127,5	8	60,0	65,0	65,0	9	145,0	155,0	160,0	9	330,0	74,84	2
-69kg																					
1.	Le Bras Pauline	1992	FRA	68,26	0,2084	14	175,5	183,0	188,0	1	90,0	95,0	97,5	2	180,0	185,0	190,0	2	475,5	99,11	12
2.	Bouchoux Andorina	2002	FRA 2	68,93	0,2073	11	170,0	175,0	180,0	2	98,0	103,0	106,5	1	170,0	180,0	187,5	3	474,0	98,26	9
3.	Savage Niamh	1978	IRL	67,81	0,2092	12	157,5	165,0-c1	172,5-c1	3	75,0	77,5	80,0	5	197,5	212,5-c1	215,5	1	462,5 -c1	96,76	8
4.	Gunnarsdottir Arna Osp	1995	ISL	67,19	0,2103	15	137,5	142,5	147,5	4	80,0	85,0	90,0	4	167,5	177,5	177,5	5	395,0	83,08	7
5.	Skjenken Anna	1998	NOR	63,47	0,2177	13	127,5	132,5	140,0	5	90,0	92,5	95,0	3	147,5	157,5	165,0	6	390,0	84,92	6
6.	Brunnhofner Kornelia	2000	AUT	68,18	0,2086	10	117,5	127,5	135,0	6	60,0	65,0	70,0	6	165,0	177,5	192,5	4	382,5	79,78	5
-76kg																					
1.	Marx Andrea	1993	SUI	75,06	0,1983	20	147,5	157,5	165,0	3	90,0	95,0	97,5	3	170,0	182,5	190,0	2	452,5	89,74	12
2.	Palestra Gioia Gemma	1995	ITA	73,37	0,2006	18	155,0	165,0	165,0	2	85,0	90,0	90,0	5	177,5	190,5	195,5	1	445,5	89,35	9
3.	Bratland Anita Camilla	1989	NOR	75,49	0,1978	22	140,0	150,0	157,5	4	102,5	105,5	110,5	1	160,0	167,5	177,5	4	445,5	88,11	8
4.	Gomez Ahumada Estela	1993	ESP	74,27	0,1994	19	165,0	165,0	167,5	1	85,0	90,0	92,5	4	165,0	175,0	190,0	5	432,5	86,22	7
5.	Hatlem Camilla	1998	NOR	74,80	0,1987	17	142,5	150,0	152,5	5	95,0	100,0	102,5	2	162,5	170,0	175,0	6	430,0	85,42	6
6.	Rodrigues Ana	1992	POR	70,88	0,2042	21	150,0	150,0	150,0	6	67,5	72,5	75,0	6	160,0	170,0	180,0	3	402,5	82,18	5
-84kg																					
1.	O'Reilly Alison	1992	IRL	83,33	0,1894	3	177,5	185,0	190,0	1	110,0	115,0	117,5	1	187,5	197,5	202,5	1	510,0	96,62	12
2.	Palma Giada	1998	ITA	80,26	0,1924	4	157,5	165,0	170,0	2	105,0	110,5	115,5	2	170,0	170,0	180,0	3	445,5	85,71	9
3.	Wieringa Marcha	2002	NED	83,17	0,1896	1	145,0	150,0	155,0	3	80,0	82,5	85,0	3	175,0	180,0	192,5	2	417,5	79,15	8
4.	Weber Elyna	1997	LUX	79,15	0,1936	2	120,0	127,5	127,5	4	72,5	77,5	80,0	4	140,0	147,5	152,5	4	350,0	67,74	7
84+ kg																					
1.	Muluh Sonita Kyen	1996	BEL	109,00	0,1746	8	227,5	242,5	253,0-c	1	115,0	122,5	127,5	1	235,0	250,5-c	258,0	1	631,0	110,20	12
2.	Gardiner Sarah	1997	IRL	111,56	0,1738	9	185,0	195,0	200,0	2	107,5	112,5	117,5	2	190,0	202,5	210,0	3	520,0	90,36	9
3.	van Geffen Leontine	1986	NED	135,67	0,1685	7	160,0	170,0	175,0	4	95,0	100,0	102,5	4	185,0	192,5	205,0	2	482,5	81,28	8
4.	Harshagen Larissa	1996	NED	88,81	0,1850	5	157,5	167,5	170,0	5	102,5	107,5	110,0	3	175,0	185,0	192,5	4	462,5	85,56	7
5.	Matthiasdottir Thorbjorg	1990	ISL	126,66	0,1700	6	165,0	175,0	185,0	3	85,0	90,0	95,0	5	160,0	170,0	170,0	5	440,0	74,79	6

Team(IPF GL Points)

1. France	401.26	[102,62+99,85+99,68+99,11]
2. France 2	383.90	[98,26+98,13+96,59+90,92]
3. Ireland	380.26	[96,76+96,62+95,69+91,19]
4. Belgium	376.19	[110,20+96,05+86,54+83,40]
5. Italy	368.94	[97,73+92,26+89,60+89,35]
6. Norway	350.31	[88,49+88,11+87,34+86,37]
7. Netherlands	343.15	[89,94+86,37+85,56+81,28]
8. Spain	172.12	[86,22+85,90]
9. Iceland	157.87	[83,08+74,79]
10. Austria	154.61	[79,78+74,84]
11. Luxembourg	144.89	[77,15+67,74]
12. Switzerland	89.74	[89,74]
13. Portugal	82.18	[82,18]

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Muluh Sonita Kyen	Belgium	109.00	631,0	110,1966	1
2.	Regis Oceane	France	57.00	437,5	102,6226	1
3.	Pal Sovannphaktra	France	56.88	425,0	99,8482	2

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUT = Austria
 BEL = Belgium
 ESP = Spain
 FRA = France
 FRA = France 2

IRL = Ireland
 ISL = Iceland
 ITA = Italy
 LUX = Luxembourg
 NED = Netherlands

NOR = Norway
 POR = Portugal
 SUI = Switzerland