

**INTERNATIONAL POWERLIFTING FEDERATION**  
**7th World Women's University Powerlifting Cup, Istanbul (Turkiye), 30.10-04.11.2022**  
**DETAILED SCORESHEET**

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
<b>-47kg</b>																					
1.	Rozmus Julia	1998	WMU	44,90	0,2905	1	<del>100,0</del>	100,0	<del>105,0</del>	1	47,5	50,0	52,5	1	115,0	<del>120,0</del>	120,0	1	272,5	79,16	12
2.	Minimathi M.	2004	PU	42,00	0,3128	3	80,0	<del>85,0</del>	85,0	3	45,0	<del>50,0</del>	50,0	2	110,0	112,5	<del>115,0</del>	3	247,5	77,43	9
3.	Mitchinson Isla	2000	QMU	46,60	0,2796	2	90,0	95,0	97,5	2	40,0	42,5	45,0	3	95,0	100,0	102,5	4	245,0	68,50	8
4.	Cheong Naomi	1999	Brunel	46,80	0,2784	4	65,0	70,0	75,0	4	32,5	35,0	37,5	4	110,0	115,0	117,5	2	230,0	64,03	7
<b>-52kg</b>																					
1.	Clark Molly	2000	GLSU	50,90	0,2573	6	110,0	115,0	120,0	1	80,0	85,0	87,5	1	120,0	127,5	135,0	3	342,5	88,11	12
2.	Parris Bridget	2002	BIRM	50,30	0,2600	8	110,0	115,0	117,5	2	50,0	52,5	55,0	4	125,0	132,5	135,0	2	307,5	79,95	9
3.	Genest Lucie	2003	UP	51,55	0,2544	7	110,0	<del>115,0</del>	115,0	3	62,5	<del>67,5</del>	67,5	2	112,5	120,0	125,0	4	307,5	78,23	8
4.	Mustafa Selin	2000	PEU	51,35	0,2553	5	85,0	92,5	<del>97,5</del>	4	50,0	<del>55,0</del>	55,0	5	105,0	115,0	<del>130,0</del>	5	257,5	65,73	7
—	Giraud Coline	2003	UDG	51,75	0,2536	9	<del>110,0</del>	<del>110,0</del>	<del>110,0</del>	—	60,0	<del>62,5</del>	62,5	3	127,5	135,0	137,5	1	DSQ	—	—
<b>-57kg</b>																					
1.	Matson Hannah	2000	NOTTS	56,40	0,2364	14	122,5	127,5	<del>132,5</del>	2	72,5	<del>77,5</del>	77,5	3	157,5	162,5	165,0	1	365,0	86,30	12
2.	Ribere Julie	2000	UDG	55,70	0,2387	10	130,0	<del>135,0</del>	135,0	1	<del>82,5</del>	82,5	85,0	1	130,0	137,5	142,5	4	362,5	86,54	9
3.	Clayton Hannah	2000	Solent	56,40	0,2364	16	120,0	125,0	127,5	3	75,0	<del>80,0</del>	80,0	2	140,0	147,5	152,5	3	355,0	83,94	8
4.	Vehar Lara	2000	UNI-LJ	56,50	0,2361	12	120,0	125,0	<del>130,0</del>	5	67,5	70,0	72,5	4	130,0	135,0	<del>140,0</del>	5	332,5	78,51	7
5.	Jose L Jwala	2000	UE	55,50	0,2394	15	115,0	<del>125,0</del>	125,0	4	60,0	<del>67,5</del>	67,5	6	130,0	<del>137,5</del>	<del>137,5</del>	6	315,0	75,41	6
—	Varela Vallejos Laura Nathalia	1998	IUEND	54,00	0,2447	13	<del>130,0</del>	<del>130,0</del>	<del>130,0</del>	—	60,0	62,5	65,0	5	140,0	147,5	152,5	2	DSQ	—	—
<b>-63kg</b>																					
1.	Pataille Mathilde	1999	UPIC	62,20	0,2206	17	147,5	150,0	X	2	80,0	85,0	85,0	2	165,0	170,0	<del>175,0</del>	1	400,0	88,24	12
2.	Morita Nana	2000	KUAS	61,55	0,2221	20	155,0	<del>165,0</del>	<del>165,0</del>	1	70,0	<del>72,5</del>	72,5	4	165,0	<del>170,0</del>	<del>170,0</del>	2	390,0	86,64	9
3.	Fishwick Beatrice	2000	CAM	62,20	0,2206	23	127,5	137,5	<del>142,5</del>	4	80,0	85,0	87,5	1	145,0	155,0	162,5	3	385,0	84,93	8
4.	Janez Ida	2002	UNI-LJ	62,85	0,2191	18	<del>135,0</del>	<del>140,0</del>	140,0	3	75,0	80,0	82,5	3	147,5	155,0	162,5	5	382,5	83,81	7
5.	Breymand Ludivine	2000	UL	62,35	0,2203	19	122,5	<del>132,5</del>	132,5	5	70,0	<del>75,0</del>	75,0	5	145,0	155,0	<del>162,5</del>	6	357,5	78,74	6
6.	Nedd Whitney	1999	HVE	62,25	0,2205	21	115,0	120,0	125,0	7	62,5	65,0	<del>67,5</del>	6	152,5	162,5	<del>165,0</del>	4	352,5	77,72	5
7.	P V Anagha	1999	UC	62,95	0,2189	22	120,0	130,0	<del>137,5</del>	6	55,0	60,0	<del>65,0</del>	7	125,0	130,0	135,0	7	325,0	71,14	4
<b>-69kg</b>																					
1.	Vainauskyte Ramune	2000	KAUT	67,60	0,2096	39	175,0	<del>185,0</del>	185,0-wj	1	90,0	100,0	107,5	1	190,0	202,5	<del>212,5</del>	1	495,0-wj	103,75	12
2.	Daglioglu Asude	2000	AYBU	68,00	0,2089	33	155,0	165,0	172,5	2	75,0	<del>80,0</del>	80,0	4	185,0	200,0	<del>205,0</del>	2	452,5	94,52	9
3.	Hedon Bertille	2000	UPIC	65,80	0,2129	36	140,0	150,0	157,5	3	70,0	75,0	80,0	3	155,0	165,0	170,0	5	407,5	86,77	8
4.	Smith Sophie	1999	OXFU	68,55	0,2079	32	127,5	135,0	137,5	5	87,5	92,5	95,0	2	170,0	<del>185,0</del>	<del>185,0</del>	6	402,5	83,69	7
5.	Sandford Sharon	1998	BIRM	65,85	0,2128	38	135,0	145,0	<del>150,0</del>	4	77,5	<del>82,5</del>	82,5	5	160,0	167,5	177,5	3	400,0	85,14	6
6.	Humar Ula	2002	AMEU-ECM	64,40	0,2158	34	127,5	135,0	<del>140,0</del>	6	65,0	70,0	72,5	7	160,0	167,5	175,0	4	382,5	82,53	5
7.	Willemsen Manon	2000	RDBU	67,55	0,2097	35	125,0	132,5	<del>137,5</del>	7	67,5	70,0	<del>72,5</del>	8	150,0	162,5	<del>170,0</del>	4	365,0	76,53	4
8.	Balen Nusa	1999	UNI-LJ	68,70	0,2077	37	102,5	110,0	<del>115,0</del>	8	70,0	75,0	77,5	6	155,0	162,5	167,5	7	355,0	73,73	3
<b>-76kg</b>																					
1.	Trabue Mary	1999	OSU	71,65	0,2030	43	145,0	155,0	160,0	1	92,5	97,5	<del>102,5</del>	1	167,5	177,5	<del>182,5</del>	2	435,0	88,31	12
2.	Arends Bo	1999	UT	69,60	0,2062	41	140,0	147,5	<del>150,0</del>	4	72,5	77,5	<del>80,0</del>	5	170,0	182,5	190,0	1	415,0	85,57	9
3.	Mabbutt Millie	2001	EXE	74,75	0,1987	44	142,5	152,5	157,5	2	77,5	82,5	87,5	2	160,0	167,5	170,0	3	415,0	82,47	8
4.	R Nandana	2001	MGU	75,75	0,1975	40	152,5	<del>160,0</del>	<del>162,5</del>	3	75,0	80,0	85,0	3	147,5	157,5	<del>162,5</del>	5	395,0	78,00	7
5.	Wright Loryn	2001	OSU	69,45	0,2064	42	135,0	145,0	<del>152,5</del>	5	82,5	85,0	85,0	4	152,5	160,0	<del>172,5</del>	4	387,5	79,99	6
<b>-84kg</b>																					
1.	Widay Catherine	2000	OSU	77,55	0,1953	25	145,0	155,0	162,5	1	85,0	90,0	95,0	1	177,5	190,0	200,5	1	458,0	89,46	12
2.	Domfe Lauren	2003	CAM	78,95	0,1938	24	137,5	145,0	<del>152,5</del>	2	50,0	57,5	62,5	3	150,0	162,5	170,0	2	377,5	73,15	9
3.	Pooler Teagan	2000	EXE	83,40	0,1894	26	112,5	120,0	122,5	3	72,5	77,5	80,0	2	140,0	147,5	152,5	3	355,0	67,23	8
<b>84+kg</b>																					
1.	Conley Brooke	1997	OSU	99,80	0,1784	28	167,5	177,5	182,5	1	85,0	85,0	90,0	2	167,5	177,5	182,5	1	455,0	81,19	12
2.	Bird Melissa	1998	AECC	104,05	0,1765	29	155,0	165,0	172,5	3	82,5	87,5	90,0	3	162,5	172,5	177,5	2	440,0	77,67	9
3.	Stoneley Milly	1997	NOTTS	99,25	0,1787	27	150,0	157,5	165,0	4	87,5	92,5	<del>97,5</del>	1	157,5	167,5	172,5	3	430,0	76,85	8
4.	Rich Morgan	2001	OSU	90,35	0,1839	31	<del>175,0</del>	<del>175,0</del>	175,0	2	75,0	<del>82,5</del>	85,0	4	155,0	167,5	<del>172,5</del>	4	427,5	78,62	7
5.	Sosic Martina	2003	UNI-LJ	99,70	0,1785	30	<del>155,0</del>	155,0	165,0	5	62,5	67,5	<del>72,5</del>	5	150,0	160,0	167,5	5	400,0	71,40	6

**Team (points)**

1.	The Ohio State University	49	[12+12+12+7+6]	417,57	IPF GL
2.	University of Ljubljana	23	[7+7+6+3]	307,45	IPF GL
3.	Universite de Picardie	20	[12+8]	175,02	IPF GL
4.	University of Nottingham	20	[12+8]	163,15	IPF GL
5.	Cambridge University	17	[9+8]	158,08	IPF GL
6.	University of Exeter	16	[8+8]	149,70	IPF GL
7.	University of Birmingham	15	[9+6]	165,08	IPF GL

8. Kaunas University of Technology	12	[12]	103,75	IPF GL
9. University of Glasgow	12	[12]	88,11	IPF GL
10. Wroclaw Medical University	12	[12]	79,16	IPF GL
11. Ankara Yildirim Beyazit University	9	[9]	94,52	IPF GL
12. Kyoto University of Advanced Science	9	[9]	86,64	IPF GL
13. Universite de Grenoble	9	[9]	86,54	IPF GL
14. University of Twente	9	[9]	85,57	IPF GL
15. AECC University College	9	[9]	77,67	IPF GL
16. Pondicherry University	9	[9]	77,43	IPF GL
17. Solent University Southampton	8	[8]	83,94	IPF GL
18. Universite de Paris	8	[8]	78,23	IPF GL
19. Queen Margaret University Edinburgh	8	[8]	68,50	IPF GL
20. Oxford University	7	[7]	83,69	IPF GL
21. Mahatma Gandhi University	7	[7]	78,00	IPF GL
22. Plovdiv University	7	[7]	65,73	IPF GL
23. Brunel University	7	[7]	64,03	IPF GL
24. Universite de Lyon	6	[6]	78,74	IPF GL
25. University of Kerala	6	[6]	75,41	IPF GL
26. Alma Mater Europaea - ECM	5	[5]	82,53	IPF GL
27. Fontys University of Applied Sciences Eindhoven	5	[5]	77,72	IPF GL
28. Radboud Universiteit Nijmegen	4	[4]	76,53	IPF GL
29. University of Calicut	4	[4]	71,14	IPF GL
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#### Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Vainauskyte Ramune	KAUT	67.60	495,0	103,7471	1
2.	Daglioglu Asude	AYBU	68.00	452,5	94,5196	2
3.	Widay Catherine	OSU	77.55	458,0	89,4584	1

#### Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;  
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.  
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AECC = AECC University College  
 AMEU-ECM = Alma Mater Europaea - ECM  
 AYBU = Ankara Yildirim Beyazit University  
 BIRM = University of Birmingham  
 Brunel = Brunel University  
 CAM = Cambridge University  
 EXE = University of Exeter  
 GLSU = University of Glasgow  
 HVE = Fontys University of Applied Sciences Eindhoven  
 IUEND = institucion universitaria escuela nacional del deporte  
 KAUT = Kaunas University of Technology  
 KUAS = Kyoto University of Advanced Science  
 MGU = Mahatma Gandhi University  
 NOTTS = University of Nottingham  
 OSU = The Ohio State University  
 OXFU = Oxford University

PEU = Plovdiv University  
 PU = Pondicherry University  
 QMU = Queen Margaret University Edinburgh  
 RDBU = Radboud Universiteit Nijmegen  
 Solent = Solent University Southampton  
 UC = University of Calicut  
 UDG = Universite de Grenoble  
 UE = University of Kerala  
 UL = Universite de Lyon  
 UNI-LJ = University of Ljubljana  
 UP = Universite de Paris  
 UPIC = Universite de Picardie  
 UT = University of Twente  
 WMU = Wroclaw Medical University