

EUROPEAN POWERLIFTING FEDERATION
European Women's Master Equipped Powerlifting Championships, Eskilstuna (Sweden), 06-10.07.2022
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press				All Deadlift			Total	IPF GL	Pts		
Masters 1																					
-47kg																					
1.	Ronkainen Katja	1973	FIN	46,70	0,2202	1	85,0	95,0	100,0	1	45,0	50,0	50,0	1	80,0	95,0	102,5	1	225,0	49,54	12
-52kg																					
1.	Edwards Louise	1978	GBR	51,70	0,2045	3	127,5	127,5	135,0	2	62,5	67,5	67,5	2	140,0	147,5	155,0	1	345,0	70,54	12
2.	Neitzel Ira	1981	GER	51,50	0,2050	2	135,0	135,0	135,0	1	70,0	75,0	82,5	1	115,0	125,0	125,0	2	330,0	67,66	9
-57kg																					
1.	Cachia Raffaella	1977	ITA	56,70	0,1923	4	155,0	165,0	165,0	1	80,0	80,0	X	1	180,0	193,0	193,0	1	415,0	79,81	12
2.	Murphy Nicola	1981	GBR	55,15	0,1958	5	125,0	130,0	132,5	2	65,0	67,5	70,0	2	120,0	130,0	140,0	2	327,5	64,12	9
-63kg																					
1.	Berge Hege	1982	NOR	60,80	0,1843	8	165,0	172,5	180,0	1	95,0	100,0	110,0	1	165,0	180,0	187,5	1	460,0	84,77	12
2.	Solberg Heidi Ottesen	1974	NOR	61,55	0,1830	6	152,5	160,0	165,0	2	90,0	95,0	95,0	2	147,5	152,5	157,5	3	412,5	75,47	9
3.	Rodina Alessia	1975	ITA	61,66	0,1828	9	150,0	160,0	160,0	3	80,0	85,0	90,0	3	150,0	160,0	170,0	2	405,0	74,02	8
4.	Lieb Nina	1981	DEN	62,80	0,1809	7	135,0	145,0	150,0	4	77,5	82,5	82,5	4	130,0	140,0	145,0	4	367,5	66,47	7
-69kg																					
1.	Bak Kathrine	1981	DEN	66,10	0,1758	18	172,5	180,0	185,0	1	105,0	107,5	107,5	2	215,0	225,0	233,5-w	1	523,5 -c1	92,04	12
2.	Gubernati Michela	1981	ITA	67,05	0,1745	16	175,0	185,0	195,5	2	95,0	100,0	100,0	3	175,0	185,0	192,5	2	472,5	82,44	9
3.	Pischel-Bakker Manuela	1977	NOR	66,75	0,1749	17	167,5	175,0	182,5	3	107,5	110,0	112,5	1	165,0	175,0	182,5	3	470,0	82,20	8
4.	Rehagel Verena	1980	GER	68,20	0,1729	19	150,0	160,0	165,0	5	85,0	90,0	92,5	4	142,5	152,5	162,5	5	407,5	70,47	7
—	Jordan Faye	1982	GBR	67,80	0,1735	20	150,0	160,0	165,0	4	115,0	115,0	115,0	—	150,0	160,0	165,0	4	DSQ	—	—
-76kg																					
1.	Ruus Katarina	1977	SWE	71,80	0,1685	22	150,0	157,5	157,5	1	100,0	105,0	107,5	2	142,5	152,5	162,5	3	427,5	72,04	12
2.	Joutsela Sanna	1973	FIN	69,05	0,1718	23	140,0	150,0	155,0	3	100,0	105,0	110,0	1	155,0	165,0	177,5	2	415,0	71,31	9
3.	Hauss Manuela	1980	GER	73,20	0,1670	21	150,0	157,5	157,5	2	55,0	80,0	85,0	3	150,0	165,0	170,0	1	405,0	67,62	8
-84kg																					
1.	Aaberg Jane	1981	DEN	83,95	0,1573	10	200,0	210,0	210,0	2	100,0	105,0	107,5	2	220,5-c1	228,0-w1	232,5-w1	1	550,0	86,52	12
2.	Frederiksen Lise	1982	DEN	83,50	0,1576	11	220,0	227,5	230,0	1	115,0	122,5	125,0	1	170,0	182,5	192,5	2	527,5	83,15	9
84+kg																					
1.	Nokua Katariina	1973	FIN	120,05	0,1413	15	170,0	190,0	190,0	1	95,0	140,0	140,0	1	170,0	180,0	X	2	480,0	67,83	12
2.	Rehnberg Helena	1979	FIN	131,00	0,1390	14	155,0	165,0	170,0	2	110,0	117,5	122,5	2	165,0	180,0	195,0	1	467,5	64,97	9
3.	Brand Michelle	1973	GBR	95,35	0,1503	13	130,0	140,0	150,0	3	60,0	92,5	95,0	3	125,0	135,0	142,5	3	387,5	58,23	8
Team (points)																					
1.	Finland					42	[12+12+9+9]		253,66	IPF GL											
2.	Denmark					40	[12+12+9+7]		328,17	IPF GL											
3.	Norway					29	[12+9+8]		242,44	IPF GL											
4.	Italy					29	[12+9+8]		236,28	IPF GL											
5.	Great Britain					29	[12+9+8]		192,89	IPF GL											
6.	Germany					24	[9+8+7]		205,75	IPF GL											
7.	Sweden					12	[12]		72,04	IPF GL											
Best Lifters of Masters 1 by IPF GL Formula																					
Rnk	Lifter	Team		Bwt	Total	IPF GL Points	C.Rnk														
1.	Bak Kathrine	Denmark		66.10	523,5	92,0365	1														
2.	Aaberg Jane	Denmark		83.95	550,0	86,5166	1														
3.	Berge Hege	Norway		60.80	460,0	84,7702	1														
Masters 2																					
-47kg																					
1.	Borgatti Elena	1969	ITA	46,30	0,2216	1	130,0	137,5	137,5	1	70,0	75,0	80,0	1	147,5	157,5	168,0	1	362,5	80,34	12
-52kg																					
1.	Stenghel Anna	1968	ITA	50,95	0,2066	2	135,0	145,0	152,5	1	80,0	85,0	87,5	1	135,0	145,0	150,0	2	377,5	77,98	12
2.	Stucchi Manuela	1966	ITA	49,95	0,2095	3	130,0	135,0	140,0	2	70,0	75,0	77,5	2	150,0	160,0	166,0	1	362,5	75,94	9
-57kg																					
1.	Honka Nina	1972	FIN	56,25	0,1933	4	137,5	145,0	152,5	1	75,0	80,0	80,0	2	145,0	155,0	162,5	1	375,0	72,49	12
2.	Olsen Ann Kristin	1967	NOR	55,95	0,1940	5	100,0	115,0	115,0	2	90,0	95,0	100,0	1	100,0	115,0	130,0	2	340,0	65,95	9

-63kg

1. Izindre Annelie	1972	SWE	60,40	0,1850	6	140,0	150,0	150,0	1	97,5	102,5	102,5	2	130,0	140,0	152,5	1	400,0	74,00	12
2. Gordon Maureen	1964	GBR	61,65	0,1828	8	115,0	122,5	125,0	2	92,5	97,5	100,0	1	127,5	135,0	140,0	2	365,0	66,72	9
3. Palmisano Teresa	1967	ITA	61,40	0,1832	7	110,0	115,0	115,0	4	50,0	52,5	55,0	4	125,0	132,5	137,5	3	302,5	55,43	8
4. Treharne Yvonne	1966	GBR	61,85	0,1825	9	107,5	112,5	117,5	3	60,0	65,0	70,0	3	97,5	107,5	107,5	4	290,0	52,91	7

-69kg

1. Stavik Anita	1965	NOR	64,00	0,1789	13	155,0	160,5	160,5-c2	1	67,5	70,0	72,5	4	147,5	155,5-c2	156,5	3	386,0	69,07	12
2. Kirkland Wendie	1972	GBR	68,10	0,1731	16	130,0	130,0	130,0	4	100,0	107,5	110,0	1	125,0	132,5	137,5	4	377,5	65,33	9
3. Leccese Florence	1969	FRA	64,45	0,1782	14	130,0	140,0	147,5	3	85,0	90,0	95,0	2	115,0	125,0	135,0	5	372,5	66,40	8
4. Stavheim Gro-Berit	1964	NOR	68,55	0,1725	17	145,0	150,0	155,0	2	60,0	65,0	67,5	5	145,0	150,0	156,0-c2	2	371,0	63,99	7
5. Ristolainen Minna	1972	FIN	66,95	0,1746	15	115,0	125,0	125,0	5	70,0	75,0	80,0	3	135,0	145,0	157,5-c2	1	362,5	63,30	6

-76kg

1. Johansson Ulrika	1972	SWE	73,95	0,1662	19	160,0	180,0	187,5	1	105,0	112,5	X	1	150,0	167,5	177,5	1	460,0	76,43	12
2. Einarsen Lene	1963	NOR	74,95	0,1651	20	137,5	137,5	137,5	3	95,0	95,0	97,5	2	110,0	117,5	122,5	4	355,0	58,62	9
3. Skogman Seija	1965	FIN	70,20	0,1704	18	112,5	117,5	125,0	4	92,5	92,5	92,5	3	110,0	115,0	117,5	5	335,0	57,09	8
4. Wall Melissa	1966	GBR	75,40	0,1647	22	102,5	105,0	107,5	5	72,5	75,0	77,5	4	130,0	135,0	140,0	3	320,0	52,70	7
— Frost Joanne	1971	GBR	75,00	0,1651	21	145,0	150,0	155,0	2	95,0	97,5	97,5	—	140,0	145,0	152,5	2	DSQ	—	—

-84kg

1. Ristolainen Paivi	1970	FIN	80,05	0,1604	10	120,0	137,5	147,5	2	75,0	80,0	85,0	1	140,0	155,0	167,5	2	387,5	62,15	12
2. Vidziuniene Giedre	1966	LTU	76,25	0,1638	11	137,5	145,0	155,0	1	70,0	75,0	80,0	2	147,5	155,0	165,0	1	385,0	63,08	9

Team (points)

1. Italy	41	[12+12+9+8]	289,69	IPF GL
2. Finland	38	[12+12+8+6]	255,02	IPF GL
3. Norway	37	[12+9+9+7]	257,63	IPF GL
4. Great Britain	32	[9+9+7+7]	237,66	IPF GL
5. Sweden	24	[12+12]	150,44	IPF GL
6. Lithuania	9	[9]	63,08	IPF GL
7. France	8	[8]	66,40	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Borgatti Elena	Italy	46.30	362,5	80,3445	1
2.	Stenghel Anna	Italy	50.95	377,5	77,9806	1
3.	Johansson Ulrika	Sweden	73.95	460,0	76,4341	1

Masters 3**-63kg**

1. Kring Pia	1957	GER	62,00	0,1822	2	90,0	95,0	100,0	1	80,0	85,0	85,0	1	115,0	120,0	125,0	1	310,0	56,48	12
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-69kg

1. Olah Lucica	1955	ROU	67,55	0,1738	3	110,0	120,0	X	1	50,0	55,0	57,5	1	115,0	125,0	130,0	1	295,0	51,27	12
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Team (points)

1. Germany	12	[12]	56,48	IPF GL
2. Romania	12	[12]	51,27	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Kring Pia	Germany	62.00	310,0	56,4804	1
2.	Olah Lucica	Romania	67.55	295,0	51,2704	1

Masters 4**-57kg**

1. Fernstrom Britten	1949	SWE	55,80	0,1943	1	92,5	95,5	95,5	1	62,5-c4	66,0-w4	67,5-w4	1	112,5-c4	117,5-c4	120,0-c4	1	283,0 -c4	54,99	12
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Team (points)

1. Sweden	12	[12]	54,99	IPF GL
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Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Fernstrom Britten	Sweden	55.80	283,0	54,9858	1