

INTERNATIONAL POWERLIFTING FEDERATION
Arnold Classic UK - Womens Equipped Bench Press, Birmingham (Great Britain), 23-25.09.2022

SCORESHEET

| Rnk | Lifters | d.o.b. | Team | BWT | IPF GL Cf. | Lot | 1 Att. | 2 Att. | 3 Att. | Result | IPF GL | Pts |
|-----------------|------------------------|--------|------|--------|------------|-----|------------------|------------------|------------------|--------|--------|-----|
| Absolute | | | | | | | | | | | | |
| 1. | Sitko Agata | 2002 | POL | 80,34 | 0,5316 | 11 | 200,0 | 210,0 | 220,0-c,cj | 220,0 | 116,96 | 12 |
| 2. | Hugdal Hildeborg | 1983 | NOR | 120,50 | 0,4729 | 15 | 215,0 | 225,0 | 235,5 | 215,0 | 101,68 | 9 |
| 3. | Rames Maj | 1989 | DEN | 64,04 | 0,5974 | 6 | 145,0 | 152,5 | 155,0 | 155,0 | 92,60 | 8 |
| 4. | Steel Ellie | 1991 | GBR | 57,95 | 0,6380 | 17 | 142,5 | 145,0 | 150,0 | 145,0 | 92,51 | 7 |
| 5. | Kula Zuzanna | 1999 | POL | 52,95 | 0,6829 | 1 | 127,5 | 132,5 | 135,0 | 135,0 | 92,19 | 6 |
| 6. | Pretzmann Annemia | 1992 | DEN | 76,98 | 0,5417 | 13 | 157,5 | 157,5 | 160,0 | 160,0 | 86,67 | 5 |
| 7. | Kolata Karolina | 1999 | POL | 103,40 | 0,4885 | 14 | 165,0 | 170,0 | 175,0 | 175,0 | 85,49 | 4 |
| 8. | Cowell Kimberley | 1988 | GBR | 77,01 | 0,5416 | 10 | 135,0 | 140,0 | 145,0 | 145,0 | 78,53 | 3 |
| 9. | Marillier Charlie | 1983 | GBR | 86,77 | 0,5157 | 2 | 140,0 | 145,0 | 152,5 | 145,0 | 74,78 | 2 |
| 10. | Whiteley Joanne | 1970 | GBR | 124,77 | 0,4702 | 12 | 150,0 | 152,5 | 155,0 | 155,0 | 72,88 | 1 |
| 11. | Steedman Rachel | 1995 | GBR | 69,59 | 0,5695 | 5 | 120,0 | 125,0 | 125,0 | 125,0 | 71,19 | 1 |
| 12. | Gordon Maureen | 1964 | GBR | 62,24 | 0,6081 | 8 | 100,0 | 105,0 | 110,0 | 105,0 | 63,85 | 1 |
| 13. | Jordan Faye | 1982 | GBR | 64,41 | 0,5953 | 4 | 97,5 | 102,5 | 110,0 | 102,5 | 61,02 | 1 |
| — | Krueger Sonja Stefanie | 1999 | GER | 71,88 | 0,5599 | 9 | 190,0 | 190,0 | 190,0 | DSQ | — | — |
| — | Sweatman Katrina | 1985 | GBR | 127,16 | 0,4688 | 16 | 195,0 | 195,0 | 205,0 | DSQ | — | — |

Best Lifters of Open by IPF GL Formula

| Rnk | Lifter | Team | Bwt | Result | IPF GL Points | C.Rnk |
|-----|------------------|---------|--------|--------|---------------|-------|
| 1. | Sitko Agata | Poland | 80.34 | 220,0 | 116,9593 | 1 |
| 2. | Hugdal Hildeborg | Norway | 120.50 | 215,0 | 101,6765 | 2 |
| 3. | Rames Maj | Denmark | 64.04 | 155,0 | 92,5962 | 3 |

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

DEN = Denmark
 GBR = Great Britain

GER = Germany
 NOR = Norway

POL = Poland