

EUROPEAN POWERLIFTING FEDERATION
European Women's Equipped Bench Press Championships, Ekaterinburg (Russia), 21-25.11.2021
SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-52kg												
1.	Simoniants Karina	1977	RUS	48,42	0,7369	8	95,0	102,5	102,5	95,0	70,00	12
-57kg												
1.	Lorenz Anastasia	1985	RUS	56,28	0,6516	12	100,0	120,0	135,0	135,0	87,97	12
-63kg												
1.	Kolesnik Daniela	1999	RUS	57,10	0,6448	19	130,0	140,0	150,0	150,0	96,72	12
2.	Peri Liisa	1995	EST	58,88	0,6310	18	87,5	95,0	100,0	100,0	63,10	9
-69kg												
1.	Gulidova Maria	1989	RUS	68,70	0,5735	31	147,5	155,0	160,0	155,0	88,90	12
2.	Naam Amaliia	1995	RUS	69,00	0,5722	30	105,0	120,0	140,0	120,0	68,66	9
-76kg												
1.	Pretzmann Annemia	1992	DEN	75,15	0,5478	34	137,5	142,5	152,5	152,5	83,54	12
2.	Erokhina Mariia	1995	RUS	75,95	0,5451	33	142,5	142,5	152,5	152,5	83,12	9
-84kg												
1.	Baranova Ekaterina	1992	RUS	83,90	0,5223	24	172,5	172,5	180,0	180,0	94,02	12
2.	Lawniczak Daria	1995	POL	76,55	0,5431	25	120,0	127,5	132,5	127,5	69,24	9
84+kg												
1.	Elokhova Svetlana	1971	RUS	143,00	0,4620	28	170,0	177,5	177,5	177,5	82,00	12

Team (points)

1.	Russia	60	[12+12+12+12+12]	449,61	IPF GL
2.	Denmark	12	[12]	83,54	IPF GL
3.	Poland	9	[9]	69,24	IPF GL
4.	Estonia	9	[9]	63,10	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Kolesnik Daniela	Russia	57,10	150,0	96,7194	1
2.	Baranova Ekaterina	Russia	83,90	180,0	94,0205	1
3.	Gulidova Maria	Russia	68,70	155,0	88,8989	1

Sub-Juniors

-43kg												
1.	Suvorina Viktoriia	2003	RUS	42,42	0,8395	2	55,0	60,0	60,0	55,0	46,17	12
-47kg												
1.	Katkova Alina	2005	RUS	45,76	0,7769	4	65,0	72,5	77,5	77,5	60,21	12
-52kg												
1.	Dudareva Polina	2003	RUS	51,28	0,7010	7	70,0	77,5	85,0	85,0	59,59	12
-57kg												
1.	Demidova Arina	2003	RUS	57,00	0,6456	11	130,0	140,0	150,0-ws	150,0	96,84	12
-63kg												
1.	Filatova Olga	2003	RUS	62,40	0,6071	16	100,0	105,0	110,0	110,0	66,79	12
2.	Krylova Alina	2003	RUS	63,00	0,6035	17	70,0	75,0	85,0	85,0	51,30	9
-76kg												
1.	Nikolaenko Karina	2003	RUS	75,25	0,5475	32	95,0	102,5	107,5	102,5	56,11	12
-84kg												
1.	Golikova Apollinariia	2004	RUS	76,25	0,5441	23	80,0	80,0	90,0	80,0	43,53	12

Team (points)

1.	Russia	60	[12+12+12+12+12]	339,54	IPF GL
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Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Demidova Arina	Russia	57,00	150,0	96,8419	1
2.	Filatova Olga	Russia	62,40	110,0	66,7851	1
3.	Katkova Alina	Russia	45,76	77,5	60,2116	1

Juniors

-43kg												
1.	Golovenkova Viktoria	1999	RUS	42,34	0,8412	1	50,0	55,0	60,0	60,0	50,47	12
-52kg												
1.	Kula Zuzanna	1999	POL	50,84	0,7061	5	112,5	115,0	117,5	117,5	82,97	12
2.	Golubkova Viktoriia	1999	RUS	51,62	0,6972	6	105,0	115,0	120,0	115,0	80,18	9
-57kg												
1.	Chashchukhina Veronika	2000	RUS	56,54	0,6494	10	110,0	120,0	130,0	130,0	84,43	12
-63kg												
1.	Obolskaia Iuliia	2000	RUS	61,50	0,6128	15	110,0	117,5	125,0	117,5	72,01	12
-84kg												
1.	Vozmilova Anna	2001	RUS	77,35	0,5405	21	117,5	127,5	142,5	142,5	77,03	12
2.	Zykova Kristina	2002	RUS	76,85	0,5421	22	100,0	110,0	120,0	110,0	59,63	9

84+kg

1. Novokrestova Alexandra	2002	RUS	125,80	0,4696	26	140,0	155,0	155,0	155,0	72,79	12
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Team (points)

1. Russia	60	[12+12+12+12+12]	356,72	IPF GL
2. Poland	12	[12]	82,97	IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Chashchukhina Veronika	Russia	56,54	130,0	84,4259	1
2.	Kula Zuzanna	Poland	50,84	117,5	82,9697	1
3.	Golubkova Viktoriia	Russia	51,62	115,0	80,1760	2

Masters 1**-63kg**

1. Shuliaeva Nadezhda	1980	RUS	61,90	0,6103	14	90,0	95,0	100,0	100,0	61,03	12
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-84kg

1. Kudriavtceva Ellina	1975	RUS	80,10	0,5323	20	105,0	110,0	115,0	115,0	61,22	12
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Team (points)

1. Russia	24	[12+12]	122,24	IPF GL
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Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Kudriavtceva Ellina	Russia	80,10	115,0	61,2154	1
2.	Shuliaeva Nadezhda	Russia	61,90	100,0	61,0267	1

Masters 2**-47kg**

1. Ibragimova Oksana	1963	RUS	46,92	0,7585	3	60,0	65,0	72,5	65,0	49,31	12
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-63kg

1. Polichuk Elena	1962	RUS	59,26	0,6282	13	75,0	75,0	80,0	75,0	47,11	12
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-69kg

1. Neliubova Valentina	1966	RUS	67,85	0,5775	29	115,0	122,5	130,0	130,0	75,08	12
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Team (points)

1. Russia	36	[12+12+12]	171,50	IPF GL
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Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Neliubova Valentina	Russia	67,85	130,0	75,0769	1
2.	Ibragimova Oksana	Russia	46,92	65,0	49,3054	1
3.	Polichuk Elena	Russia	59,26	75,0	47,1136	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

DEN = Denmark

POL = Poland

EST = Estonia

RUS = Russia