

Western European Championships Classic Records (updated 15.09.2025)

WOMEN

Squat

Cat.	Result	Name	Nat	Place/Year
47	144.0	Scolaro Ambra	ITA	St Paul's Bay / MLT 2024
52	145.0	Barbieri Ilaria	ITA	Reykjanesbaer / ISL 2023
57	165.0	Regis Oceane	FRA	Aulnat / FRA 2022
63	195.0	Scandiffio Maria	ITA	Pornainen / FIN 2025
69	188.0	Le Bras Pauline	FRA	Aulnat / FRA 2022
76	196.0	Hillestad Skaalbones Marte Lovis	NOR	Pornainen / FIN 2025
84	200.5	Kollenhag Sofia	SWE	St Paul's Bay / MLT 2024
84+	253.0	Muluh Sonita Kyen	BEL	Aulnat / FRA 2022

Bench Press

Cat.	Result	Name	Nat	Place/Year
47	78.5	Nucci Susanna	ITA	Reykjanesbaer / ISL 2023
52	101.0	Huet Alison	FRA	Aulnat / FRA 2022
57	108.0	Brauckman Janneke	NED	Pornainen / FIN 2025
63	133.0	Garra Carola	ITA	Hamm / LUX 2017
69	106.5	Bouchoux Andorina	FRA	Aulnat / FRA 2022
76	110.5	Bratland Anita Camilla	NOR	Aulnat / FRA 2022
84	123.0	Lagerqvist Emma	SWE	Pornainen / FIN 2025
84+	135.5	Patterson Clare	IRL	Reykjanesbaer / ISL 2023

Deadlift

Cat.	Result	Name	Nat	Place/Year
47	160.5	Lee Jessie	GBR	Pornainen / FIN 2025
52	180.0	Goodwin Emma	GBR	San Zenone al Lambro / ITA 2019
57	190.0	Smith Catherine	GBR	San Zenone al Lambro / ITA 2019
63	210.5	Raggi Sara	ITA	Reykjanesbaer / ISL 2023
69	212.5	Savage Niamh	IRL	Aulnat / FRA 2022
76	220.0	Ploeg Femke	NED	Pornainen / FIN 2025
84	218.5	Palma Giada	ITA	Reykjanesbaer / ISL 2023
84+	261.0	Omotoso Toyosi	GBR	Pornainen / FIN 2025

Total

Cat.	Result	Name	Nat	Place/Year
47	360.5	Lee Jessie	GBR	Pornainen / FIN 2025
52	391.0	Huet Alison	FRA	Aulnat / FRA 2022
57	437.5	Regis Oceane	FRA	Aulnat / FRA 2022
63	477.5	Scandiffio Maria	ITA	Pornainen / FIN 2025
69	495.0	Proserpio Emma Maria	ITA	St Paul's Bay / MLT 2024
76	515.0	Ploeg Femke	NED	Pornainen / FIN 2025
84	511.5	Palma Giada	ITA	Reykjanesbaer / ISL 2023
84+	638.5	Omotoso Toyosi	GBR	Pornainen / FIN 2025

Western European Championships Classic Records (updated 15.09.2025)

MEN

Squat

Cat.	Result	Name	Nat	Place/Year
59	191.0	Gutierrez Julien	FRA	Aulnat / FRA 2022
66	227.5	Liatsis Marios	GRE	Pornainen / FIN 2025
74	263.0	Pond Matthew	GBR	Pornainen / FIN 2025
83	305.5	Omisakin Ade	GBR	St Paul's Bay / MLT 2024
93	300.0	Hennequin Benjamin	FRA	Hamm / LUX 2017
105	325.0	Thorsen Geir Oyvind	NOR	Pornainen / FIN 2025
120	336.0	Sekenofsky Baruch	GBR	St Paul's Bay / MLT 2024
120+	390.0	Mansukoski Nuutti	FIN	Pornainen / FIN 2025

Bench Press

Cat.	Result	Name	Nat	Place/Year
59	121.0	Redini Moris	ITA	Hamm / LUX 2017
66	153.5	Talvensaari Tenho	FIN	Pornainen / FIN 2025
74	198.0	Poyet Bastien	FRA	San Zenone al Lambro / ITA 2019
83	208.0	Johnson Myrvold Simen	NOR	St Paul's Bay / MLT 2024
93	210.0	Stendebach Sascha	GER	Hamm / LUX 2021
105	224.0	Mbassi Vladimir	SUI	St Paul's Bay / MLT 2024
120	221.0	Pola Daniele	SUI	Pornainen / FIN 2025
120+	251.0	Tempelaars Sebastiaan	NED	Hamm / LUX 2021

Deadlift

Cat.	Result	Name	Nat	Place/Year
59	233.0	Raposo Anton Victor Andres	ESP	St Paul's Bay / MLT 2024
66	264.5	Liatsis Marios	GRE	Pornainen / FIN 2025
74	295.0	Morri Matteo	ITA	St Paul's Bay / MLT 2024
83	363.0	Omisakin Ade	GBR	St Paul's Bay / MLT 2024
93	373.0	Stendebach Sascha	GER	Hamm / LUX 2021
105	373.0	Dillon Sanchez	GBR	Reykjanesbaer / ISL 2023
120	340.5	Sommerseth Carl Petter	NOR	Hamar / NOR 2018
120+	360.0	Mansukoski Nuutti	FIN	Pornainen / FIN 2025

Total

Cat.	Result	Name	Nat	Place/Year
59	531.5	Gutierrez Julien	FRA	Aulnat / FRA 2022
66	622.0	Liatsis Marios	GRE	Pornainen / FIN 2025
74	705.5	Pond Matthew	GBR	Pornainen / FIN 2025
83	861.0	Omisakin Ade	GBR	St Paul's Bay / MLT 2024
93	863.0	Stendebach Sascha	GER	Hamm / LUX 2021
105	881.0	Johannesen Amengual Toni	NOR	St Paul's Bay / MLT 2024
120	868.5	Sekenofsky Baruch	GBR	St Paul's Bay / MLT 2024
120+	967.5	Mansukoski Nuutti	FIN	Pornainen / FIN 2025