

Western European Equipped Championships Records (updated 15.09.2024)

WOMEN

Squat

Cat.	Result	Name	Nat	Place / Year
47	165,0	Schreiner Anja	GER	Hamm / LUX 2021
52	158.0	Fornaciari Munira	ITA	Hamm / LUX 2017
57	208.0	Hesthammer Karen	NOR	Hammar / NOR 2018
63	205.0	Silberzahn Cathrin	GER	Borgaro Torinese / ITA 2016
69	220.5	Coro' Lucrezia	ITA	St Paul's Bay / MLT 2024
76	200,0	Broxtermann Katja	GER	Hamm / LUX 2021
84	247,5	Ielja Strik	NED	Cuijk / NED 2011
84+	280,0	Hugdall Hildeborg	NOR	BorganoTorinese / ITA 2014

Bench Press

Cat.	Result	Name	Nat	Place / Year
47	112,5	Schreiner Anja	GER	Hamm / LUX 2021
52	110,0	<i>Standard</i>		
57	141,0	Steel Ellie	GBR	Hammar / NOR 2018
63	140,0	Hanssen Tutta Kristine	NOR	La Manga / ESP 2015
69	125,5	Paulsen Emilie	NOR	St Paul's Bay / MLT 2024
76	150,0	Steedman Rachel	GBR	St Paul's Bay / MLT 2024
84	178,0	Timmers Ankie	NED	San Zenone al Lambro / ITA 2019
84+	225,0	Hugdall Hildeborg	NOR	Borgaro Torinese / ITA 2016

Deadlift

Cat.	Result	Name	Nat	Place / Year
47	157,5	Motta Valentina	ITA	Aulnat / FRA 2022
52	163,0	Glionna Giulia	ITA	Reykjanesbaer / ISL 2023
57	192,5	Goodwin Emma	GBR	Reykjanesbaer / ISL 2023
63	195,5	Elder Lauren	GBR	St Paul's Bay / MLT 2024
69	185,5	Coro' Lucrezia	ITA	St Paul's Bay / MLT 2024
76	177,5	Broxtermann Katja	GER	Hamm / LUX 2021
84	245,0	Kensenhuis Iris	NED	San Zenone al Lambro / ITA 2019
84+	220,0	<i>Standard</i>		

Total

Cat.	Result	Name	Nat	Place / Year
47	412,5	Schreiner Anja	GER	Hamm / LUX 2021
52	407,5	Maepea Gerlyn	EST	Hamm / LUX 2021
57	523,5	Steel Ellie	GBR	Hammar / NOR 2018
63	530,0	Hanssen Tutta Kristine	NOR	La Manga / ESP 2015
69	516,5	Coro' Lucrezia	ITA	St Paul's Bay / MLT 2024
76	520,0	Broxtermann Katja	GER	Hamm / LUX 2021
84	632,5	Ielja Strik	NED	Cuijk / NED 2011
84+	705,0	Hugdall Hildeborg	NOR	BorganoTorinese / ITA 2014

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Cat.	Result	Name	Nat	Place / Year
59	240,0	El Boujaoudi Mouhcine	ITA	Hamm / LUX 2017
66	252,5	Gliebe Nikolas	AUT	San Zenone al Lambro / ITA 2019
74	310,0	Richard Philip	GBR	Hamm / LUX 2012
83	320,0	Bakkelund Kjell Egil	NOR	Hamm / LUX 2012
93	347,5	Orrason Alex Cambray	ISL	Aulnat / FRA 2022
105	395,0	Anibal Coimbra	LUX	Hamm / LUX 2012
120	415,0	Bilican Orhan	BEL	Borgaro Torinese / ITA 2016
120+	420,0	Baardtvvet Hans Magne	NOR	Blanquefort / FRA 2013

Bench Press

Cat.	Result	Name	Nat	Place / Year
59	180,0	<i>Standard</i>		
66	200,0	Signani Nicola	ITA	La Manga / ESP 2015
74	237,5	Roelvaag Kim-Raino	NOR	La Manga / ESP 2015
83	247,5	Roelvaag Kim-Raino	NOR	Borgaro Torinese / ITA 2016
93	260,0	Pjotr van der Hoek	NED	Cuijk / NED 2011
105	300,0	Eikeland Kristoffer	NOR	Hammar / NOR 2018
120	333,5	Bilican Orhan	BEL	La Manga / ESP 2015
120+	361,0	Svensson Fredrik	SWE	Blanquefort / FRA 2013

Deadlift

Cat.	Result	Name	Nat	Place / Year
59	235,0	<i>Standard</i>		
66	261,0	Zaino Andrea	ITA	Hamm/LUX 2017
74	280,0	Kailey Pardeep	NED	Borgaro Torinese / ITA 2016
83	305,0	Bakkelund Kjell Egil	NOR	Hamm / LUX 2012
93	329,5	Lindseth Joachim	NOR	Hamm / LUX 2017
105	360,0	Anibal Coimbra	LUX	Hamm / LUX 2012
120	352,5	<i>Standard</i>		
120+	360,0	Baardtvvet Hans Magne	NOR	Blanquefort/FRA 2013

Total

Cat.	Result	Name	Nat	Place / Year
59	615,0	<i>Standard</i>		
66	687,5	<i>Standard</i>		
74	812,5	Roelvaag Kim-Raino	NOR	La Manga / ESP 2015
83	870,0	Bakkelund Kjell Egil	NOR	Hamm / LUX 2012
93	900,0	Lindseth Joachim	NOR	Hamm / LUX 2017
105	1010,0	Anibal Coimbra	LUX	Hamm / LUX 2012
120	1040,0	Bilican Orhan	BEL	Borgaro Torinese / ITA 2016
120+	1100,0	Baardtvvet Hans Magne	NOR	Blanquefort / FRA 2013