

Western European Championships Classic Records (updated 15.09.2024)

WOMEN

Squat

Cat.	Result	Name	Nat	Place/Year
47	144,0	Scolaro Ambra	ITA	St Paul's Bay / MLT 2024
52	145,0	Barbieri Ilaria	ITA	Reykjanesbaer / ISL 2023
57	165,0	Regis Oceane	FRA	Aulnat / FRA 2022
63	186,0	Scandiffio Maria	ITA	St Paul's Bay / MLT 2024
69	188,0	Le Bras Pauline	FRA	Aulnat / FRA 2022
76	195,5	Porteous-Simpson Ayana	GBR	St Paul's Bay / MLT 2024
84	200,5	Kollenhag Sofia	SWE	St Paul's Bay / MLT 2024
84+	253,0	Muluh Sonita Kven	BEL	Aulnat / FRA 2022

Bench Press

Cat.	Result	Name	Nat	Place/Year
47	78,5	Nucci Susanna	ITA	Reykjanesbaer / ISL 2023
52	101,0	Huet Alison	FRA	Aulnat / FRA 2022
57	105,5	Starck Julia	SWE	St Paul's Bay / MLT 2024
63	133,0	Garra Carola	ITA	Hamm / LUX 2017
69	106,5	Bouchoux Andorina	FRA	Aulnat / FRA 2022
76	110,5	Bratland Anita Camilla	NOR	Aulnat / FRA 2022
84	118,0	Palma Giada	ITA	Reykjanesbaer / ISL 2023
84+	135,5	Patterson Clare	IRL	Reykjanesbaer / ISL 2023

Deadlift

Cat.	Result	Name	Nat	Place/Year
47	155,5	Legard Stephanie	FRA	Aulnat / FRA 2022
52	180,0	Goodwin Emma	GBR	San Zenone al Lambro / ITA 2019
57	190,0	Smith Catherine	GBR	San Zenone al Lambro / ITA 2019
63	210,5	Raggi Sara	ITA	Reykjanesbaer / ISL 2023
69	212,5	Savage Niamh	IRL	Aulnat / FRA 2022
76	215,0	Porteous-Simpson Ayana	GBR	St Paul's Bay / MLT 2024
84	218,5	Palma Giada	ITA	Reykjanesbaer / ISL 2023
84+	250,5	Muluh Sonita Kyen	BEL	Aulnat / FRA 2022

Total

Cat.	Result	Name	Nat	Place/Year
47	351,5	Scolaro Ambra	ITA	St Paul's Bay / MLT 2024
52	391,0	Huet Alison	FRA	Aulnat / FRA 2022
57	437,5	Regis Oceane	FRA	Aulnat / FRA 2022
63	463,0	Garra Carola	ITA	Hamm / LUX 2017
69	495,0	Proserpio Emma Maria	ITA	St Paul's Bay / MLT 2024
76	503,0	Porteous-Simpson Ayana	GBR	St Paul's Bay / MLT 2024
84	511,5	Palma Giada	ITA	Reykjanesbaer / ISL 2023
84+	631,0	Muluh Sonita Kyen	BEL	Aulnat / FRA 2022

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MEN

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Cat.	Result	Name	Nat	Place/Year
59	191,0	Gutierrez Julien	FRA	Aulnat / FRA 2022
66	208,0	Castello Andrea	ITA	San Zenone al Lambro / ITA 2019
74	260,0	Morri Matteo	ITA	St Paul's Bay / MLT 2024
83	305,5	Omisakin Ade	GBR	St Paul's Bay / MLT 2024
93	300,0	Hennequin Benjamin	FRA	Hamm / LUX 2017
105	316,0	Johannesen Amengual Toni	NOR	St Paul's Bay / MLT 2024
120	336,0	Sekenofsky Baruch	GBR	St Paul's Bay / MLT 2024
120+	370,5	Tempelaars Sebastiaan	NED	Hamm / LUX 2021

Bench Press

Cat.	Result	Name	Nat	Place/Year
59	121,0	Redini Moris	ITA	Hamm / LUX 2017
66	153,0	Ventimiglia Emanuele	ITA	St Paul's Bay / MLT 2024
74	198,0	Poyet Bastien	FRA	San Zenone al Lambro / ITA 2019
83	208,0	Johnson Myrvold Simen	NOR	St Paul's Bay / MLT 2024
93	210,0	Stendebach Sascha	GER	Hamm / LUX 2021
105	224,0	Mbassi Vladimir	SUI	St Paul's Bay / MLT 2024
120	220,0	Schrems Michael	AUT	Hamm / LUX 2017
120+	251,0	Tempelaars Sebastiaan	NED	Hamm / LUX 2021

Deadlift

Cat.	Result	Name	Nat	Place/Year
59	233,0	Raposo Anton Victor Andres	ESP	St Paul's Bay / MLT 2024
66	257,5	Haarlo Lorenzo	NED	San Zenone al Lambro / ITA 2019
74	295,0	Morri Matteo	ITA	St Paul's Bay / MLT 2024
83	363,0	Omisakin Ade	GBR	St Paul's Bay / MLT 2024
93	373,0	Stendebach Sascha	GER	Hamm / LUX 2021
105	373,0	Dillon Sanchez	GBR	Reykjanesbaer / ISL 2023
120	340,5	Sommerseth Carl Petter	NOR	Hamar / NOR 2018
120+	350,0	Odin Stanley	FRA	Aulnat / FRA 2022

Total

Cat.	Result	Name	Nat	Place/Year
59	531,5	Gutierrez Julien	FRA	Aulnat / FRA 2022
66	592,5	Mercier Julien	FRA	Aulnat / FRA 2022
74	702,5	Morri Matteo	ITA	St Paul's Bay / MLT 2024
83	861,0	Omisakin Ade	GBR	St Paul's Bay / MLT 2024
93	863,0	Stendebach Sascha	GER	Hamm / LUX 2021
105	881,0	Johannesen Amengual Toni	NOR	St Paul's Bay / MLT 2024
120	868,5	Sekenofsky Baruch	GBR	St Paul's Bay / MLT 2024
120+	931,5	Tempelaars Sebastiaan	NED	Hamm / LUX 2021