

European Open Women's Equipped Records

Last update: 13 Feb 2020, 21:13 UTC

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-47kg	Strufa Anastasya	Russia	1986	46.86	180.0	04.11.2014	Aurora / U.S.America	
-52kg	Salnikova Natalia	Russia	1986	50.96	210.0	09.11.2015	Hamm / Luxembourg	
-57kg	Filimonova Inna	Russia	1976	56.54	222.5	05.11.2014	Aurora / U.S.America	
-63kg	Soloviova Larysa	Ukraine	1978	62.50	241.5	20.11.2019	Dubai / United Arab Emirates	
-72kg	Elverum Marte	Norway	1990	72.00	252.5	16.11.2017	Pilsen / Czechia	
-84kg	Kozlova Olena	Ukraine	1990	78.62	268.0	07.11.2014	Aurora / U.S.America	
84+kg	Gemaletdinova Olga	Russia	1986	120.62	310.0	05.05.2011	Pilsen / Czechia	
BENCH PRESS								
-47kg	Sitdikova Aigul	Russia	1989	46.85	135.0	05.11.2018	Halmstad / Sweden	
-52kg	Sitdikova Aigul	Russia	1989	51.22	160.5	18.11.2019	Dubai / United Arab Emirates	
-57kg	Kolesnik Daniela	Russia	1999	56.97	152.5	09.05.2018	Pilsen / Czechia	
-63kg	Soloviova Larysa	Ukraine	1978	62.50	181.5	20.11.2019	Dubai / United Arab Emirates	
-72kg	Marchenko Antonina	Ukraine	1989	71.83	180.0	10.05.2018	Pilsen / Czechia	
-84kg	Strik Ielja	Netherlands	1973	83.70	187.5	01.10.2015	Aurora / U.S.America	
84+kg	Hugdalen Hildeborg	Norway	1983	128.94	227.0	07.11.2014	Aurora / U.S.America	
DEADLIFT								
-47kg	Europe Standard				175.0	01.01.2011		
-52kg	Derevyanko Anastasiya	Ukraine	1987	50.80	192.5	06.05.2015	Chemnitz / Germany	
-57kg	Europe Standard				205.0	01.01.2011		
-63kg	Soloviova Larysa	Ukraine	1978	62.67	245.0	09.11.2011	Pilsen / Czechia	
-72kg	Elverum Marte	Norway	1990	71.79	249.5	21.11.2019	Dubai / United Arab Emirates	
-84kg	Kensenhuis Iris	Netherlands	1983	83.59	251.0	22.11.2019	Dubai / United Arab Emirates	
84+kg	Gemaletdinova Olga	Russia	1986	120.95	270.5	08.11.2013	Stavanger / Norway	
TOTAL								
-47kg	Strufa Anastasya	Russia	1986	46.86	457.5	04.11.2014	Aurora / U.S.America	
-52kg	Salnikova Natalia	Russia	1986	51.36	530.0	04.11.2014	Aurora / U.S.America	
-57kg	Ryzhkova Anna	Russia	1986	56.92	552.5	24.07.2017	Wroclaw / Poland	
-63kg	Soloviova Larysa	Ukraine	1978	62.50	645.5	20.11.2019	Dubai / United Arab Emirates	
-72kg	Elverum Marte	Norway	1990	72.00	642.5	16.11.2017	Pilsen / Czechia	
-84kg	Kozlova Olena	Ukraine	1990	78.62	670.5	07.11.2014	Aurora / U.S.America	
84+kg	Gemaletdinova Olga	Russia	1986	120.95	753.0	08.11.2013	Stavanger / Norway	
BENCH PRESS (SINGLE LIFT)								
-47kg	Sitdikova Aigul	Russia	1989	46.85	135.0	05.11.2018	Halmstad / Sweden	
-52kg	Sitdikova Aigul	Russia	1989	51.22	160.5	18.11.2019	Dubai / United Arab Emirates	
-57kg	Kotkova Larisa	Russia	1974	56.40	165.5	27.04.2018	Potchefstroom / South Africa	
-63kg	Birzhevaia Anna	Russia	1992	62.32	185.0	24.05.2019	Tokyo / Japan	
-72kg	Melnyk Tetyana	Ukraine	1985	71.92	190.5	24.05.2019	Tokyo / Japan	
-84kg	Protchenko Liudmila	Russia	1986	83.90	201.5	25.05.2019	Tokyo / Japan	
84+kg	Lonn Sandra	Sweden	1974	109.72	235.0	22.05.2015	Sundsvall / Sweden	

Abbreviation: * – Pending Approval