



The Romanian Powerlifting Federation through its member Sports Club Activ has accepted the challenge of hosting the 2019 European Masters Championship. We would be delighted to have you as our guests in Sibiu, Romania.





Sibiu is a beautiful city in the middle of Transylvania, Romania, that has been chosen by travelers as **one of the best European destinations on TripAdvisor**. Sibiu is an important cultural centre of Romania and was designated the **European Capital of Culture** for the year 2007. In 2008, Forbes ranked it as the 8th most idyllic place to live in in Europe.

Sibiu has **direct flights** to/from Munich, Wien, London, Stuttgart, Frankfurt, Dortmund, Nurnberg, Bruxelles and Madrid. The international airport of Sibiu announced even more air connections for next years.

The airport is situated at approximately 4km from the city center. Sibiu has a very good, **fast and reliable taxi network**. A taxi ride from the airport would cost around 5-8 Euros.





Being a good destination for gourmets, you can find here a very **broad variety of restaurants** that offer both traditional Romanian and international cuisine. This year 2019 Sibiu is considered European gastronomical capital of the region.

Sibiu is an internationally appreciated location, hosting many cultural and sporting events, enjoying the support of local authorities.



The venue for the event (Transylvania sport center) is very close to downtown (1km) and is surrounded within walking distance (100-200m) by internationally ranked 3-4**** hotels. It **can host up to 1850 guests** and it is fully equipped to host sports events (locker rooms, showers, etc).



The Romanian Powerlifting Federation and Sports Club Activ successfully have organized at least two major National Championships every year since 2009. As a tradition for the last couple of years, the National bench press championship is hosted in Sibiu many years in a row. The local Sports Club Activ has a strong powerlifting section and is constantly involved in the powerlifting development at a national level.

We have experienced loaders and spotters, a good IT system for ranking and keeping track of the competition results. The Romanian PL Federation can also provide standard **Eleiko equipment**, as it was an objective for the last couple of years to provide Eleiko full competition sets for all nationally ranked PL meets.

The 2019 European Masters Powerlifting Championships gathers more than 200 lifters and official members, representing 20 European nations. The event will take place between 3 and 7-th of July.

Timetable is as follows:

MASTERS WOMEN, MEN

Day	Age Categories	Class	Lifters number	Start
Wednesday 03.07.2019	Women M2, M3	-47 to +84 kg	25	11:00
	Opening ceremony			16:00
	Men M4	-59 to +120 kg	11	16:30
Thursday 04.07.2019	Women M1	-47 to +84 kg	19	11:00
	Men M3	-59 to +120 kg	20	16:00
Friday 05.07.2019	Men M2	-59 - 83 kg	16	11:00
	Men M2	-93 - 120+ kg	24	15:00
Saturday 06.07.2019	Men M1	-59 to -83 kg	12	11:00
	Men M1	-93 & -105 kg	16	15:00
Sunday 07.07.2019	Men M1	-120 & 120+ kg	16	11:00
	Closing banquet			19:00

Livestream Links:

1. <https://www.romaniapowerlifting.ro/stream>
2. <https://www.romaniapowerlifting.ro/live>

Notes to editors

Media accreditations will be provided, and Wi-Fi connection is available in the venue.

Venue Address

Sala Sporturilor „Transilvania“, address: O. Goga-street 1, Sibiu, Romania

Enjoy the Championships, may the best competitors win!

Meet Director

Marius Raica

