



EPF Newsletter no. 1. 2020

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1. Greetings from the President.



Arnulf Wahlström

Year 2020 started good with two successful Europeans organized in France.

For the first time the *European University cup* was organized. 67 lifters from 24 Universities took part and that is a good start for this cup.

The cup was high quality streamed and several hundred thousand of load downs and live watching were noted.

The second championship was the European Masters classic powerlifting with a large number of lifters in spite of the beginning covid-19 pandemic. After a successful championships, the lifters and officials were able to catch the last international flights to return home before the lock down.

Then the covid -19 situation forced EC to cancel all remaining Europeans except the European BP championships in Ekaterinburg in Russia. We still hope it will be possible to organize this championship but it depends on the corona situation and international communication.

Arnold Classic Europe is scheduled to 11-13 December in Sevilla.

Economically, the corona situation has strongly hit the powerlifting

sport as well as all suppliers and sponsors of our sport. It is extremely important to our sport that the suppliers and sponsors survive this corona crises. Their business has more or less stopped and employed people have lost their jobs.

Though EPF has small sponsors, they are all very important for running our championships by providing free equipment and supporting EPF economically.

To show our sponsors that EPF really care about their business and that we will help them to survive, the EC has granted them 50% reduction in the money paid to EPF in 2020 plus less free equipment to be provided.

This is small money for our sponsors, but even small supports may be useful.

I cross my fingers that the corona restrictions will be lifted in all member federations soon and that our lifters are able to keep up their training schedules.

We must believe that the whole sport is back in "full business" at the end of the year and that all Europeans in 2021 will follow the schedule.

The EC wish you all a good Summer season!

2. The EPF General Assembly 2020.

Due to the corona virus, the EPF General Assembly in Denmark had to be cancelled.

All reports, balance sheet, budget, proposals etc were prepared in the EPF GA Agenda and distributed to all member nations 27 April by e-mail.

The member nations were ask to vote "yes" or "no" to accept the agenda or not.

By 28 May, 23 nations voted in favour and nobody against.

Then the EC has a budget to work from but the situation with the corona virus has been paralyzing as more and more European championships in 2020 have been cancelled. This will strongly change the economic incomes and expenditures for 2020.

All proposals included in the GA Agenda is postponed to 2021.

The most important one, to change Bylaws 103.2 to pay participation and ant-doping fee from the final nomination (and not the preliminary nomination) are practiced from 1 January 2020.

From 2023, the organization of the European classic PL is split in two separate championships. One for the Open category (5 days of competition) and one for Junior and Sub-Junior (6 days of competition). By doing this, we hope it will be easier to find organizers.

EPF is looking for organizers of the following championships/cups:
In 2021; The European University cup (24-28 March) and the Danube cup (25-26 September).
In 2022; The European Masters classic PL (8-13 March) and the European Masters equipped PL (6-10 July).
In 2023: All championships are open for bids.

Please evaluate if your federation will take on any of these organizations and send your bid to the SG Ralph Farquharson. The application form can be loaded down from the EPF web or just contact the EC to get guidelines.

3. EPF Hall of Fame.

Prior the European championships in Denmark (which had to be cancelled), the following lifters and official were by the EC awarded the honorary title EPF Hall of Fame:

Inna Orobets, Ukraine (lifter)

Antti Savolainen, Finland (lifter)

Klaus Broström, Denmark (official)

The winners will receive a plaque and a Hall of Fame pin.

Congratulation to all!

4. The European powerlifters of 2019.

The lifters awarded as the best European powerlifters in year 2019 are:

Classic: **Priscilla Bavoil**, France and **Anatolii Novopismennyi** from Ukraine.

Equipped: **Ankie Timmers** from Netherlands and **Kjell Egil Bakkelund** from Norway.

The nomination is based on the highest score in average at the European Open and the World Open in 2019. Each lifter will receive a plaque handed over at one Europeans.

Congratulation!



Inna Orobets from Ukraine is awarded EPF Hall of Fame for her high standard of lifting in more than 15 years at European and World powerlifting championships..



Klaus Broström from Denmark is awarded EPF Hall of Fame for his long service to national, European, and international powerlifting.

5. Suspended lifters.

It is reported that **Marija Rakic** from Serbia tested positive at the Danube cup 2019.

She is suspended for 2 months, she loses her placing in the cup and the Serbian PF must pay a fine of 2.000€ to IPF. She tested positive on Hydrochlorothiazide which is listed as a diuretic and masking agent in the WADA list.

Amandas Paulaskas from Lithuania tested positive at the European Classic BP in Luxembourg 2019.

His case was not finished by the IPF DHP until the European Classic PL in Kaunas. In this championship he placed no. 3 in 120 kg.

Amandas Paulaskas loses his placings in both the European Classic BP and the European Classic PL and is suspended for 8 years. The Lithuanian PF must pay a fine of 2.000€ to IPF.



Prescilla Bavoil, France.
Best Female European Powerlifter of the year 2019 in Classic lifting.

6. New European referees 2020

Merignac and Albi

Pierre Laplagne	M	FRA	Cat. II	Passed
Edith Guennec	F	FRA	Cat I	«
Bernard Nohales	M	FRA	Cat I Reg	«
Michael Bernard	M	FRA	Cat II	«

All referees were examined by Myriam Busselot.

7. Doping tested lifters at the European University cup in Merignac 27-29 February 2020.

Last name	First name	W.c.	Nat.	Remarks
Szymanel	Paulina	52	POL	No. 1
Zubova	Alena	57	RUS	No. 1
Veelma	Helena	72	EST	No. 1
Costarigot	Anthony	74	FRA	No.1
Urban	Martin	93	CZE	Random
Kosak	Cenk	120+	TUR	No.1

All tests were negative.



Anatolii Novopismennyi, Ukraine.
Best Male European Powerlifter of the year 2020 in Classic lifting

8. Doping tested lifters at the European Masters Classic Championships in Albi, France 9-14 March.

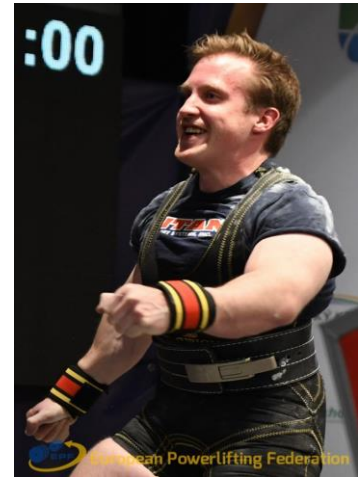
WM1	Heath Rebecca	ER	GBR	47 kg
WM1	Rebello Christine	ER	NED	57 «
WM1	Graham Abi	ER	GBR	63 «
WM1	Lombosi Melinda	WR	HUN	84+ »
WM2	Whiteley Jo	ERM1	GBR	84+ »
MM1	Murray Greig	Random	GBR	66 «
MM1	Haapamaki Jani	Random	FIN	74 «
MM1	Klotz Christian	Random	AUT	105 «
MM1	Berry Adam	ER	GBR	120 «
MM1	De Vos David	Random	BEL	120+ »
MM2	Cvetkovic Sasa	Random	SRB	120 «
MM3	Mamedov Iaman	Random	HUN	120 «



Ankie Timmers, Netherland.
Best Female European Powerlifter of year 2019 in Equipped lifting.



Antti Savolainen from Finland is awarded EPF Hall of Fame for his long powerlifting career at European and World championships in 20 years. (Photo: Janne Ylimys).



Kjell Bakkelund, Norway Best Male European Powerlifter of year 2019 in Equipped lifting.



