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1. Greetings from the President.



Arnulf Wahlstrom

New this year was the organization of the European classic PL for Masters. This is the first time the EPF organize Europeans for this category, but the championship turned out to be a big success with a high number of lifters competing.

The Swedish PF organized a great championship in Helsingborg's biggest venue, but lack of sponsorship or Government support caused the federation a big economic loss.

The streaming was organized by a Swedish company with high quality.

Next year the Swedish PF will organize the World Classic championships in the same area and a huge number of lifters and officials will take part. The organizer expect good support from the city government to bring the organization in economic balance.

At the General Assembly in Pilsen, a new EPF treasurer was elected. Xavier de Puytorac from France replaced Linda Hoeiland from Norway.

Puytorac is a cat.1 referee and chairman for the powerlifting section in the France federation. He has long experience from international and national powerlifting and should be a strong support to the EPF administration.

Linda Hoeiland did an extraordinary good job throughout 3 years in the EPF board with both treasurer and strategic work.

A big thank you to Linda!

2. EPF General Assembly 2018.

22 nations took part at the General Assembly in Pilsen.

Reports, election of new Treasurer and some rules changes were on the agenda.

3 candidates offered their services as treasurer and at the end **Xavier de Puytorac** from France received the majority votes by 1 to **Björn Astad** from Norway. **Tero Hyttinen** from Finland was the third candidate.

The Bylaws was amended to state that a federation must send 2 referees if they take part with 15 lifters or more in an European championships.

New is a rules change that all lifters and officials are bound to stay in the competition hotel during their championship participation.

3. EPF Hall of Fame.

At the General Assembly, **Heidi Hille Arnesen** from Norway and **Phillip Richard** from Great Britain was honoured EPF Hall of Fame awards.

This award is given to persons based on their good performances during many years and being good ambassadors or role models for the powerlifting sport. Congratulation to both!



Xavier de Puytorac.
New EPF treasurer.

4. Doping tested lifters at the European Classic Cup in Malaga 2017.

| Last name | First name | Weight-class | Nat. | Remarks |
|-------------|--------------|--------------|---------|---------|
| Dziamyanau | Aleksandr | 105 | Belarus | Random |
| Weissenberg | Isabella von | 72 | Sweden | WRO sq. |



Heidi Hille Arnesen from Norway.
Awarded EPF Hall of Fame.

| | | | | |
|----------|-----------|----|--------|----------|
| Eriksson | Alexander | 74 | Sweden | WRJ tot. |
| Hedlund | Gustav | 93 | Sweden | ERJ tot |

All tests are reported negative!

5. Doping tested lifters at the European Masters Classic Powerlifting Championships 6-10 March in Sweden.

| First name | Last name | Nation | Weight-class | Remarks |
|------------|-------------|--------|--------------|-----------------|
| Abi | Graham | GBR | 63 M1 | ERM1 TOT |
| Monica | Rasmussen | NOR | 63M1 | ERM1 SQ |
| Eno | Majomi | GBR | 72M1 | ERM1 SQ |
| Tracy | O'Callaghan | GBR | 84+M1 | ERM1 SQ |
| Slawomir | Sledz | POL | 59M1 | ERM1 SQ BP |
| Mickael | Bernard | FRA | 66M1 | ER BP |
| Miklos | Fekete | HUN | 93M1 | 1. PL |
| Christian | Klotz | AUT | 93M1 | ER BP |
| Janne | Salmela | SWE | 105M1 | ER DL |
| Marek | Vahi | EST | 120M1 | ER TOT |
| Pavol | Demcak | CZA | 120M1 | ER BP |
| Jaroslav | Soukal | CZA | 120+M1 | ER SQ BP TOT |
| Oleg | Kalibkin | RUS | 120+M1 | ER SQ |
| David | Gray | GBR | 66M2 | ER DL |



Richard Phillip from Great Britain.
Awarded EPF Hall of Fame.

6. Doping tested lifters at the European Classic Cup in Belarus 23-25 March.

| Last name | First name | Weight-class | Nat. | Remarks |
|---------------|------------|--------------|------|-------------------------------|
| Asatryan | Arthur | -105 | ARM | Random BP |
| Ramanauskaite | Dolora | -63 | LIT | ER D/L |
| Varabyou | Aliaksandr | -74 | BLR | 1st Place |
| Valciukas | Egidijus | -59 | LIT | World/European J SQ Record |
| Paulauskas | Amandas | -120 | LIT | World/European BP Record |

7. Doping tested lifters at the European Open/J/SJ Powerlifting Championships 6-12 May 2018

| First name | Last name | Nation | Weight-class | Remarks |
|------------|-------------|--------|--------------|-----------------|
| Soley | Jonsdottir | ISD | 84+SJ | ER SQ |
| Nojus | Cypas | LIT | 66 SJ | ER DL |
| Viktor | Holinei | UKR | 120+SJ | ER, SQ, TOT |
| Vladislav | Chorny | UKR | 74 J | ER SQ |
| Matilda | Vilmar | SWE | 63 J | ER SQ |
| Danylo | Kovalov | UKR | 105 J | ER BP |
| Dariusz | Wszola | POL | 59 | ER M1 |
| Hassan | El Belghiti | FRA | 66 | ER M1 SQ, DL |
| Daniela | Kolesnik | RUS | 52 | ER |



Eva Meyer from Hungary passed the Cat. I referee examination during the European Classic Masters in Helsingborg

| | | | | |
|------------|-----------|-----|-----|----------|
| Antonina | Marchenko | UKR | 72 | ER |
| Anastasiia | Putilina | RUS | 72 | ER J |
| Yevheniia | Tishakova | UKR | 84 | ER SQ |
| Daria | Efimtseva | RUS | 84+ | ER SQ SJ |
| Viktor | Leskovets | UKR | 105 | WR BP |

8. Balkan cup.

Invitation for the Balkan cup is now issued at the EPF web. The date is 12-14 October.

This is a new competition for lifters from Bulgaria, Croatia, Greece, Romania, Slovenia, Serbia and Turkey.

The Serbian PF has worked hard to prepare this competition and has achieved Government support.

EPF and sponsors have donated IPF material to secure that only IPF approved material will be used at the podium and in the warming up.

This is the first international powerlifting competition organized in Serbia and if successful, the Balkan cup will be organized yearly.



Jury table at the European Classic Masters: *Alex Mathiesen* (GB), *Ola Arvidsson* (SWE), *Jean-Paul Belmas* (FRA).
Far right: *Myriam Busselot* (EPF technical chair.)



Dietmar Wolf (left) has coached Norwegian lifters to great success in about 20 years. But from 2018, he has switched to be the head coach of Germany. Here he is coaching the German lifter Max Lochsmidt during the European equipped in Pilsen.



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