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1. Report from the World Games.

The World Games in Cali, Colombia was a huge success for powerlifting. The venue was stripped to a minimum but the organization worked well during the competition and some very impressive lifting took place. An enthusiastic audience gave a good atmosphere in most of the weight categories. European lifters were in majority and did very well. For the 4 groups of Men, European lifters won 10 of the 12 medals. In the Women categories, the European lifters won 6 out of 12 possible medals. In addition, the best lifters by Wilks points were Europeans named Larysa Soloviova and Sergey Fedosienko, both from Russia.

Every day the national TV recorded and hours of powerlifting were televised. The internet streaming was of good quality and the newspaper had long reports from powerlifting. So, powerlifting was highlighted during the 3 days of competition. Each competition day an overall World Games champion was appointed from one of all sports competing. The overall World Games champion one day was **Andrey Kononov** from Russia – the winner of the super heavy weight category. A great honour for him.

Although the organization of the powerlifting competitions went well, the overall organization – especially regarding the transport – had some loopholes but gave the many taxi drivers extra work and incomes. The Colombian people were very friendly and helpful and I am sure most participants brought good memories from Cali back home.

2. New referees.

During the European Masters in Luxembourg , the following referees passed the examination:

| Cat | Name | Nation |
|-----|--------------|--------|
| 1 | Owers Rodney | GB |

| | | |
|---|------------------------|-----|
| 2 | Kostyrykov Viatcheslav | RUS |
| 2 | Patru Valentin | ROM |
| 2 | Guenec Edith | FRA |

Congratulation to all!

3. Doping tests at the European Masters in Luxembourg.

| First name | Last name | Nat. | W. class | Remarks |
|------------|------------|------|----------|------------|
| Riitta | Limatainen | SWE | 63 | No. 1, WR |
| Ulrika | Johansson | SWE | 63 | No. 1 |
| Katarina | Nokua | FIN | +84 | No. 1 |
| Sandro | Rossi | ITA | 93 | No. 2 |
| Bjørn | Astad | NOR | 74 | No. 2 |
| Rolf | Hampel | GER | 83 | No. 1 E/WR |
| Richard | Kdor | CZE | 105 | No. 1 |
| David | Decouteur | FRA | 83 | No. 1 |
| Maria | Schnurr | GER | 93 | No. 1 |
| Sarin | Cazacu | ROM | 120 | No. 1 |

Richard Kdor from Czeck Republic tested positive on Stanazolol and Methandienone and is suspended for 2 years.

All other tests were negative.

4. Doping tests at the European Open Bench Press Championships in Senec, Slovakia.

| Last name | First name | W.c. | Nat. | Remarks |
|---------------------|------------|------|------|-----------|
| Lesellier | Christine | -47 | FRA | random |
| Sandvik | Marcela | -52 | FIN | 1st place |
| Sommer von Bachhaus | Gundula | -63 | GER | 1st place |
| Lonn | Sandra | 84+ | SWE | WR |
| Duhem | Leila | 84+ | FRA | ER Ma2 |
| Poinson | Adrien | -74 | FRA | 1st place |
| Andruchshenko | Andriy | -83 | UKR | 1st place |
| Bettiar | Volodymyr | -93 | UKR | 1st place |
| Kuosma | Petri | -105 | FIN | random |
| Karner | Markus | -120 | AUT | 1st place |

The Cologne laboratory informs that all tests were negative.

5. New provisional IPF member.

The International Powerlifting Federation grants the Croatia Powerlifting Federation the status of a provisional member with the date of 1st September 2013.

The Croatia Powerlifting Federation is allowed to take part on all international events organized from the IPF or an IPF member federation.

The Croatia Powerlifting Federation has also the right to take part at the IPF General Assembly (without a voting right).

This provisional member status is given for 2 years.

During this time, the Croatia Powerlifting Federation must show the IPF that they take an active role in powerlifting (participating on international championships; organizing national championships; sending yearly anti doping reports to the IPF;).

EPF is pleased to welcome the Croatian PF as new provisional member.

From 2014, lifters and officials from Croatia PF is welcome to take part in European championship if they fulfil their commitments to EPF.

The official e-mail address is info@hpls-powerlifting.hr and the name of the President is Mr. Danijel Škopec.

6. Results from the doping tests at the European Open in Pizen, Czechia.

All 19 tests are reported negative.

7. Arnold Classic Europe.

Arnold Classic Europe is a new competition generated from the Arnold Classic in USA and organized in Madrid 12 October.

EPF is part of the competition and the best lifters in Europe are invited by EPF. It is foreseen about 20 elite lifters from Europe in the competition. The invitation can be loaded down from the EPF web.

8. SportsTonix Body Power nutrition.

A new range of nutrition supplements are created and distributed worldwide.

The company name is SportsTonix and the supplements consist of a combination of minerals, vitamins and substances well balanced to create the optimal strength and wellbeing for the body.

The EPF EC has signed an agreement with the company based on the fact that all products are thoroughly tested not to content any banned substances according to the WADA rules.

This is a sponsorship generating some small incomes to EPF for turnovers ordered at the EPF web.

In addition, each national federation gain a small turnover if any person from that country make the ordering.

The EC is of the opinion that this range of supplements is part of an Antidoping policy. Now lifters can be sure that nutrition supplements do not content any banned substances.

All products are carefully declared and ordering can be done from the EPF web <http://www.europowerlifting.org/>



8. Greetings from the President.

The IPF General Assembly takes place 3 November in Stavanger in Norway. This year no elections take place but several interesting proposals will be discussed and decided about.

Entourage committee.

Based on IOC recommendations, a new committee named Entourage committee is proposed established.

The committee shall consist of people with different skills to give support to athletes and coaches as well as support to EC to meet the IOC recommendations regarding the IPF's membership application.

Female Executive member.

As a speaker for the athletes, the IOC has recommended IPF to include a new member in the IPF EC and preferably a female.

To go forward with this the EC intend to appoint a representative in co operation with the Athletes committee to act until the General Assembly makes the election.

Salary and compensation for IPF officials.

A proposal to pay a monthly salary/compensation for the daily work of some IPF officials are on the agenda. The President, Vice President, Treasurer and Secretary General will receive in total € 33.600 a year in compensation for their work with running IPF. Included in this is about €10.000 to compensate for phone costs.

Stavanger is preparing for “the best ever” World championship and is strongly supported by the local governments of Stavanger.

I trust that all athletes, coaches, referees and officials will enjoy the staying in Stavanger and that this championship will be the highlight of the year – perhaps next to the World Games.

/ text and photo: Arnulf Wahlström



Good space in the warming up room at the World Games.



Outside of the World Games competition venue for powerlifting named Patinodroma Mundialista.



Set up of the competition area at World Games.



Food queue in the central food tent, open for all participants in the World Games



EPF web: <http://www.europowerlifting.org>

EPF Account:

European Powerlifting Federation

IBAN no: LU30 0019 2055 5957 1000.

Swift or Bic code: BCEELULL

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