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# EUROPEAN POWERLIFTING FEDERATION



## EPF Info no. 1

January/ February  
2010

By Arnulf Wahlstrom

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#### 1. Invitation to the EPF General Assembly 2010.

Sweden is host for the Open European Championships in 2010. All EPF member nations are invited to take part in the EPF General Assembly and the Championship.

The General Assembly will take place in Köping on Monday 3 May at 18:00.

The invitation has been distributed to all members by e-mail and posted at the EPF web.

After the General Assembly, a Technical meeting will follow including a Referee clinics.

At this General Assembly, election of a new Appeal Committee Chairman shall take place. Please send the name of your candidate latest 22 March.

The detailed agenda will be distributed to all member nations and posted at the EPF web 1 month prior to the General Assembly.

#### 2. Bids for organizing European championships in 2013.

Organizers of European championships 2013 will be decided by the Executive prior to the Congress in Sweden.

Please send your applications to the EPF Secretary Dietmar Wolf as soon as possible.

#### 3. Journalist wanted.

EPF wants to make more publications of European championships and other powerlifting events on the EPF web and to other Medias. We are looking for a person with journalistic knowledge and great interest for powerlifting.

The right person will receive some economical compensation for the work.

Interested? Please contact [arnwah@online.no](mailto:arnwah@online.no) .

#### 4. National Antidoping reports.

All EPF member nations must report their number of doping controls in 2009 to EPF.

Please send latest end of March your report about:

- 1) Total number of tests, 2) Number of Men and Women tested, 3) The number of tests ICT and OCT, 4) The name of the analyzing laboratory 5) The number of positives and the reason.

EPF collects all the reports from Europe and if a federation does not send the report in time, a fine of 500 Euro will be imposed by IPF.

## 5. Internet streaming at European championships.

The EC will encourage the organizers of European championships to provide for internet streaming. The EC have decided to support the organizers economically if they make proper streaming of the competition.

## 6. New president in the Finnish PF.

Ilkka Seppälä is elected new president in the Finnish PF. He follows Kalevi Sorsa which has been the FPF president for 18 years. E-mail to the new president: [ile.seppala@elisane.fi](mailto:ile.seppala@elisane.fi). EPF wish him good luck with his important work.

## 7. European lifters 2009.

Based on the results from the Open Europeans, the World Games and the Open Worlds, following lifters are elected "European Powerlifter 2009":

**Antonietta Orsini** from Italy and **Jaroslav Olech** from Poland. Congratulation to both. This is first time Antonietta is elected to this prestigious title and for Jaroslav this is number 8.



Antonietta Orsini is appointed as European lifter of year 2009. (Photo: A. Wahlstrom).



Jaroslav Olech in a heavy Bench Press. (Photo: B. Rimarzig)

## 8. Suspension of Rudy Agus from Italy.

The lifter Rudy Agus from Italy failed the doping test at the Italian Nationals in April 2009. The analyzing result was not published until after his participation in the Open Europeans in Finland in 82,5 kg category.

The EPF Disciplinary committee has decided that Rudy Agus loses his bronze medal in deadlift in the Open Europeans 2009 and he is suspended for 2 years from the date of the test.

## 9. Suspension of Tomas Pupelis from Lithuania.

Pupelis competed in the 90 kg category at the European Junior Championships 2009. Analyzing of his doping sample relived use of testosterone. He is suspended for 2 years and loses his 4<sup>th</sup> place in the 90 kg category and his federation has to pay a fine to the IPF.

## 10. Greetings from the President.

This year Sweden is the host for the General Assembly (the EPF Congress) and the European Open Championships. Some new proposals for our Constitution and By laws will be discussed at the General Assembly and an election of a new Appeal committee chairman will take place. Also economy and reports will be on the agenda and I hope as many as possible of our national members will be represented.

One of the proposals from the EC is to include a sub junior division in the European Junior Championships. By such a division the youngest lifters will be stimulated to take part in the European Junior Championships and the proposal is to start from 2011. Also a new European record list has to be installed if the General Assembly is in favor of a sub junior group.

From 2010 all organizers of European championships will receive 50% economical compensation from EPF for the big medals. This secures a high standard on the medals at all European championships and gives the organizer less expenses.

Few National federations have applied for organizing European championships in 2013. I will encourage the federations to make bids.

Hosting such an European championship will stimulate the interest for powerlifting in their own federation and the work to make such an organization is a real "team building" project.

/ Arnulf Wahlstrom