



European Powerlifting Federation

Minutes of the EPF General Assembly 2014.

“Updated 2014.05.06.”

Date: Tuesday 6th May

Place: Sofia, Bulgaria

Start: 18.00

Delegates

Full members

Belgium, Bulgaria, Czech Republic, Denmark, Finland, France, Germany, Great Britain, Hungary, Iceland, Italy, Lithuania, Luxembourg, Netherlands, Norway, Poland, Russia, Slovakia, Spain, Sweden (part time), Ukraine

Total 21

EC members

Arnulf Wahlstroem, Alain Hammang, Sandro Rossi, Ralph Farquharson, Jari Rantapelkonen, Myriam Busselot

Total: 5 (Ralph Farquharson representing Spain)

Chairmen (without vote)

Myriam Busselot, Maria Pia Moscianese, Sandro Rossi, Ralph Farquharson, Jari Rantapelkonen

Non-executive members (without vote)

Jiri Hofirek

*****Total 26 votes (Sweden arrived late)***

AGENDA.

- | | |
|---|------------------------------|
| 1. Welcome by the President and the Meet director | Arnulf Wahlstrøm |
| 2. Roll call of Nations and Delegates..... | Ralph Farquharson |
| 3. Presidents address..... | Arnulf Wahlstrøm |
| 4. Minutes of the last General Assembly. | |
| 5. The Account with the balance sheet. | |
| Treasurers report..... | Alain Hammang |
| Auditors report..... | Pavol Müller and Marina Kail |

Approval of budget for 2014.....	Alain Hammang
6. Secretary General report.....	Ralph Farquharson
7. Vice President report.....	Sandro Rossi
8. Committee Reports:	
- Technical	Myriam Busselot
- Law and Legislation	Jari Rantapelkonen
- Disciplinary	Pavol Müller
- Finance....(see Auditors report).....	Pavol Müller and Marina Kail
- Appeal	Morten Novum
- Women's	Maria Pia Moscianese
- Championship Secretary	Jiri Hofirek
- Media	Ralph Farquharson
9. Elections	
- no election	
10. Proposals	
11. New member Applicants	
12. Action on Delinquent Nations	
13. Hall of Fame	
14. Bids and confirmation on Future Championships	
15. Any other Business	
16. Adjournment	

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 - Technical meeting with team nominations and technical details after the General Assembly.

3) President's report.

Welcome.

On behalf of the EPF I wish delegates and guests welcome to the 2014 European General Assembly. I want to thank the organiser, by the meet director and Bulgaria PF's president Stanislav Stoichkov for inviting us to Sofia. I am looking forward to a pleasant stay and a well organised championship.

European Championships 2013.

A lot of hard work and good planning created European championships of good technical and social standard in 2013. Statistics show that all together 910 (*805) lifters took part in European championships in year 2013 which is a large increase compared to the year before. It is a high standard on European lifters and *Anna Ryzhkova from Russia and Kjell Egil Bakkelund from Norway* were awarded European lifters 2013.

European championships 2013 were organised in:

• Pilsen, Czech Rep..	(Open)	90 (*74)	Men and	58 (*46)	Women
• Prague, Czech Rep.	(Juniors)	131(*95)	Men and	55 (*47)	Women
• Hamm, Luxemburg	(Masters)	139 (*144)	Men and	45(*39)	Women
• Senec, Slovakia.	(Benchpress Open)	82 (*72)	Men and	39 (*41)	Women
• Sofia, Bulgaria	(Benchpress Masters)	124 (*138)	Men and	49 (*54)	Women
• Blanquefort, France	(WEC)	45 (*40)	Men and	16 (*15)	Women
• Rackeve, Hungary	(Danube Cup)	18	Men and	19	Women

* = numbers in 2012.

Antidoping.

In year 2013, EPF made 69 (63 in 2012) doping tests at European championships. This means that about 7,5% of all lifters were tested. 1 lifter tested positive and are suspended for 2 years.

WADA as well as IOC require IPF to make more OC (out of competition) testing compared to IC testing. IPF require that about 5% of the participants in Regional and World championships are tested in competition and the remaining antidoping money finances the OCT program.

Due to lower number of IC testing, EPF has transferred 12.500 Euro to IPF for OC testing in 2013 and expect to transfer 15.000 Euro for OC testing in 2014.

In 2013, IPF carried out about 59 OCTs compared with 57 in 2012.

European federations have increased their national Antidoping standard and that reflex the fact that the number of doping suspended lifters in powerlifting (IPF and EPF controls) has lowered. Other Regions have more problems and especially Asia with India, Afghanistan, Iraq and Kazakhstan suspended due to too many positive tests.

To change the mentality in some federations from being tolerant about doping abuse to zero toleration is a national concern. If there are not a strong support by the Government in a country, the officials and coaches must in all their work institute rules that stimulates to fair play in the sport. But they must also institute hard punishments for those who are cheating.

EPF and IPF make doping controls in and out of competitions but the work to really minimize doping abuses must be done by the national federations and in clubs and training studios.

We all know how important the anti-doping work is for the sport of powerlifting to be accepted by IOC and also worldwide as a sport with integrity.

The institution of new classic championships attracts new lifters and it is extremely important that each national federation make the same Antidoping control and information to these lifters as they do for the equipped lifters.

High standard of European lifters.

I like to express my congratulation to all European medallists at World championships.

European lifters won 31 out of 45 medals in total at the Open Worlds and 54 out of 98 medals in total at the Junior Worlds.

In addition, European Master lifters and European Bench pressers in all age categories won a high number of World medals last year.

At the World Games European lifters won 17 out of 24 medals in total.

This great progress is a result of hard work by the athletes but also a big credit to European coaches and training systems as well as the leadership in national clubs and federations. You should all be very proud of this success.

New visions and strategic planning.

The EPF administration has in 2013 worked with several projects to improve our organization. Even small details may turn out to be important because also big buildings are made of small pieces.

La Manga Strength Centre.

La Manga Club (LMC) in Spain is a well-known sport and recreation centre. The centre is up and running and a completely new training room is under construction to get more space to the strength equipment to allow larger group of people to train. Eleiko and IPF will install more platforms, more racks and more bar and plates.

But today, La Manga Club offers a good equipped training studio for powerlifting and strength training suitable for training seminars for powerlifters or just combining training and vacation together with the family.

IPF will host seminars to education IPF coaches in this centre from June this year.

Internet streaming

To improve the internet streaming from our European championships, the EC also work to provide a better web host and better quality of the internet lines at the venues. Today, the streaming is not working well when a large amount of spectators log in.

We will solve this project together with IPF and work is going on with providers of such systems. The goal is that the quality of the internet streaming should be analogous with TV broadcasting. But such a system costs money as well as manpower and EPF/IPF must look for sponsors or other incomes to achieve this.

Certified Coaches.

IPF in cooperation with EPF has worked out a document of rules and recommendations for IPF/EPF Coaches.

All national main coaches must adapt these rules at European championships by signing this document. The benefit by following these rules is great for all parties – both the coaches, lifters and the organizers. A good system in the warm up area benefits greatly the work condition for the coaches and make it more easy for the lifters to concentrate about the preparations.

Thanks to the EPF Officials.

No federation or company is better than the people doing the work and I am proud to state that EPF has dedicated and hard working officials that cooperate perfect in the leading team and also cooperate well with our members.

Thank you very much to Jiri Hofirek, Alain Hammang, Ralph Farquharson, Myriam Busselot, Sandro Rossi, Jari Rantapelkonen as well as all EPF officials in various committees - you do a great work to run and administrate EPF!

Good luck.

I hope we will have useful discussions and make good decisions at this General Assembly and I wish you all a successful Open European Powerlifting Championships 2014.

Best regards,
President

Arnulf Wahlstrøm, EPF

**** Accepted unanimously**

4) Minutes of the last Congress.

The Minutes can be loaded down from the EPF web.

**** No remarks.**

5) EPF Account 2013 (All values are in Euro)

Financial Situation	Year 2013	EPF Savings Account	
		LU430019651241234000	
Category	Expenses	Category	Incomes
Bank Fees BCEE 2013	-7,50	Left over 2012	89.997,13
		Credit Interest 2013	456,70
	-	Trft business account 2013	1658,87
Total	-7,50-		92.112,70
		Left over: 31.12.2013	92.105,20

Global Financial Situation	Year 2013	EPF Business Account	
		LU30001920555957100	
		0	
Category	Expenses	Category	Incomes
Bank Fees	-326,76	Anti-Doping Fees	44900,00
Doping Costs	-20780,44	Membership Fees	7650,00
EPF Championships Medals	-817,50	Participating Fees	36520,00

Flight/Travel Costs	-6715,45	Penalty Referee Fees	750,00
Marketing Strategy	-11042,48	Sanction Fees	3600,00
Other Approved Expenses	-4651,96	Sponsors 2013	163,05
Participating Fees	-18660,00	Left over 2012	53,25
Reimbursement	-7250,00		
Sports Development Fund	-5296,00		
Doping Costs 13 OCT/IPF	-10000,00		
TRFT Savings account	-1658,87		
Workshop LMC 13	-3628,39		
Workshop LMC 14	-2758,00		
	-93585,85		93636,30
		Left over : 31.12.2013	50,45 €

Provisional Budget	Year 2013	EPF accounts		
Category	Expenses	Category	Incomes	Balance
Bank Fees BCEE	-450,00	Credit Interest	1.000,00	
EPF Championships Medals	-2.000,00	Doping Fees	42.000,00	
Flight Tickets /Travel costs	-10.500,00	Membership Fees	7.000,00	
Doping Costs +OCT	-42.000,00	Participating Fees	33.600,00	
Marketing Strategy	-6.000,00	Penalty Referee Fees	1.000,00	
Other Approv. Expenses	-5.000,00	Sanction Fees	4.150,00	
Sports Development Fund	-3.000,00	Sponsors	3.000,00	
Participating Fees	-16.800,00			
Reimbursement	-6.000,00			
Total:	-91.750,00		91.750,00	
balanced provisional budget 13				0,00

Provisional Budget 2014	Year 2014	EPF accounts		
Category	Expenses	Category	Incomes	Balance
Bank Fees BCEE	-450,00	Credit Interest	1.000,00	
EPF Championships Medals	-2.000,00	Doping Fees	42.000,00	
Flight Tickets /Travel costs	-10.500,00	Membership Fees	7.000,00	
Doping Costs +OCT	-42.000,00	Participating Fees	33.600,00	
Marketing Strategy	-6.000,00	Penalty Referee Fees	1.000,00	
Other Approv. Expenses	-5.000,00	Sanction Fees	4.150,00	
Sports Development Fund	-3.000,00	Sponsors	3.000,00	
Participating Fees	-16.800,00			
Reimbursement	-6.000,00			
Total:	-91.750,00		91.750,00	
balanced provisional budget 14				0,00

Alain Hammang EPF Treasurer

**** Accepted unanimously**

Treasurer Report 2013:

Please be inform that for the year 2013 (31.12.13) our two accounts EPF shows a positive balance.

In the last 10 years you can find the following financial evolution in our EPF accounts stands:

2003	12.646,40 Euro (EPF account in Spain)
2004	26.091,87 Euro (EPF account in Spain)
2005	41.875,38 Euro (EPF account in Luxembourg / open June 2005)
2006	58.114,21 Euro (EPF business account 1.076, 91+ EPF savings account 57.037,30)
2007	70.649,48 Euro (EPF business account 1.892,52 + EPF savings account 68.756,96)
2008	84.106,17 Euro (EPF business account 1.906,50 + EPF savings account 82.199,67)
2009	84.144,37 Euro (EPF business account 969,22 + EPF savings account 83.175,15)
2010	92.326,16 Euro (EPF business account 526,26 + EPF savings account 91.799,90)
2011	97.653,30 Euro (EPF business account 206,01 + EPF savings account 97.447,29)
2012	90.050,38 Euro (EPF business account 53,25 + EPF savings account 89.997,13)
2013	92.155,65 Euro (EPF business account 50,45 + EPF savings account 92.105,20)

1) Against the fight of doping, the part of EPF for OCT tests ordered by IPF for 2013 was 12.500 Euro. (10.000 EUR from 2013 and 2500,00 EUR from 2012)

2) Spain and Luxembourg claimed for "Sports Development Fund" in 2013.

3) EPF gives back 50% of the costs of EPF Championships Medals 2013 for following nation: Luxembourg.

1. Situation of the EPF Business account 2013

Total incomes 2013	106.093,58 Euro
Total expenses 2013	-106.043,13 Euro

Left over 2013 **50,45 Euro**

2. Situation of the EPF Savings account 2013

Total incomes 2013	92.112,70 Euro
Total expenses 2013	-7,50 Euro

Left over 2013 **92.105,20 Euro**

Left over for 2013:	50,45 + 92.105,20 = 92.155,65 Euro
Positiv balance 2013	92.155,65-90.050,38 = +2.105,27 Euro

*** Accepted unanimously*

Alain Hammang, EPF treasurer

Report from the Auditors Committee.

Dear members of the EPF Congress,

As in previous years, we have done the audit in two steps: first we controlled the outputs of the economic system in relation to bank statements, costs and revenues items for the year 2013. The basis were photocopies of bank statements and output forms of accounting, which sent us by treasurer Alain Hammang.

In the second step, the audit was conducted in Luxembourg, where we checked all accounting entries directly in the economic system in relation to the primary documents. Minor corrections have been made in the cost structure and the description of items doping and participation fees. The height of the financial amount of participation fees determined to the organizer of Championship will be generated automatically by the system after the last transaction involving doping and participation fees.

We have to thank Alain Hammang for his clear and accurate work as treasurer.

Finally, we confirm that incomes and expenses in the balance sheet correspond with the bank statements of period from 1st January to 31st December 2013. All expenses and incomes recorded in the EPF bookkeeping are in full compliance with the EPF Constitution and By-Laws.

We wish good success to the EPF Congress.

**** Accepted unanimously**

Marina Kail and Pavol Müller, EPF auditors.

6) Secretary General Report

Dear Delegates, Ladies and Gentleman

I must start my report by congratulating all our athletes for their magnificent achievement on the international stage during 2013, the highlight has to be the world games in Cali, Columbia, where our athletes winning 6 of the 7 gold medals and set many open and Junior world records. This was closely followed by the world championships in Stavanger, Norway. In my opinion this was the best organized championship in the history of the IPF. The athletes respond by taking the sport to another level, who can forget the bottle in the 120+ category. Because of the brilliant organization by the Norwegian Federation the championship generate the largest audience both in the venue and worldwide streaming; I think they deserve our congratulation for setting the standard needed for IOC recognition.

I would like to thank all members Federation for their hard work and cooperation throughout the 2013 season. Special thank to the EC board for their dedication and professionalism in the way they went about performing their daily duties. Congratulation also to all promoters of European championship, all our championship were of high standard. The EC board is committed to continue to work with promoters to ensure the high standard maintained. Livestream of our championship continued to be a major problem during 2013; this is because unless large investment is provided the problem will not be solved. I'm delighted that this is now a high priority Item for the IPF; this is one of the criteria for IOC recognition Anti-Doping among European athletes at International championships during 2013 has been very encouraging with very few positive; it was most pleasing to see there were no positive at the world games. The EPF will continue to support the IPF in the fight to rid our sport of drug cheats

The EC board and the IPF president Gaston Parage meet with La Manga Club board recently to finalise the development of a world class high performance powerlifting centre at the world famous sport resort in Spain. The centre will be the base to provide a top-quality facility for the IPF coach education programme, ensuring consistent and standardised coaching and referee standards for the sustainable future of the sport, and further strengthening our positioning for IOC recognition. The facilities will provide athletes with year-round warm weather training and vacation for them and their families

As stated by the former EPF Secretary General Dietmar Wolf in last year report, the EPF during 2012 "established" a high Performance Training camp at La Manga Club with 2 fully equipped platforms. The objective of the training camp is to provide world-leading training facilities to ensure that all our athletes reach and sustained their optimum level of performance. I'm a little disappointed that since that times not many Federation sent athletes to the training camp, only Norway, Iceland and Sweden attended. I hope this will improve during the 2014 season.

Disappointed once again to learn our application for IOC recognition was turndown. I think during 2014 all regions and Federations must make a determine effort to support IPF achieving this important gold for our sport. One area is the fight against doping cheats, secondly to support the IPF coach education programme. In my opinion if the sport is to move forward not only athletes and officials have to be more professional but also the coaches has a responsibility to fully understand the in-depth knowledge of coaching the sport at the highest level?

The EC board decided to support the Arnold Classic Europe during 2013; this was my first visit to an Arnold Classic which has been running for many years in the USA. IPF President Gaston Parage and IFBB

president for Europe Raphael Santonja reach an agreement that only IPF members Federation would be allowed to take part in the event. I was totally amazed of the number of spectators attended the event, they were in excess of 40.000 over the 2 days. Powerlifting attract a very large audience most of them I would say never seen the sport before, this was a good demonstration of our sport to a wider audience. For the 2014 Arnold Classic Europe the EC decided to introduce a new format for the event with only 7 attempts allowed, minimum of 1 and maximum of 3 attempts per discipline with prize money for the first three athletes male and female in the equipped section base on Wilks formula. They have also decided to extend the invitation to all IPF regions with a final selection of the top 10 Male and Female base on Wilks formula to form 2 groups of 10 athletes. This year we will also introduce Raw Classic with the same format but without prize money unless we can manage to raise sponsorship for it. I hope many more Federations will take part.

The General Assembly voted last year to introduce in 2017 European Open and Junior Raw Classic. At the moment there is a raising demand by Federation for EPF to Introduce Raw Classic. One of the major problem will be the number of championship, at the moment we're having problem finding promoters to fulfil the calendar, another problem is finding enough referee's and lastly I'm concern if Federations do not install a system to ensure they are not attracting drug cheats from other sport.

Finally I would personally like to thank all federations, promoters, referees, officials, athletes, Coaches, volunteers and the EC board for your great work during 2013, it's been a pleasure working with you all.

**** Accepted unanimously**

Ralph Farquharson, EPF Secretary General

7. Vice President Report.

As Vice President I have had the honor and the privilege to cooperate with the other Members of the Executive. This cooperation has resulted in the exchange of numerous and daily email in order to optimize the operation of our sport and democratic life.

In particular I have checked the hotel rates that the Organizers communicate to the Executive, giving them some inputs in order to obtain lower rates. This in the interest of the Member Nations.

To the Bulgarian Federation I express my personal thanks for organizing the most important European competition in powerlifting.

To the Member Nations I express, also, my personal appreciation for the their contribution to the development of our sport. Their National activity makes the European Powerlifting Federation one of the best Continental Federations of the World.

To the Lifters, Coaches and Referees I wish all the best!

**** Accepted unanimously**

Sandro ROSSI Vice President

8. Committee Reports.

- Auditor Committee Report

See chapter no. 5

- Technical Committee report.

It hardly seems possible that it was one year ago I was writing a report to Congress 2013 ... The time runs very quick!

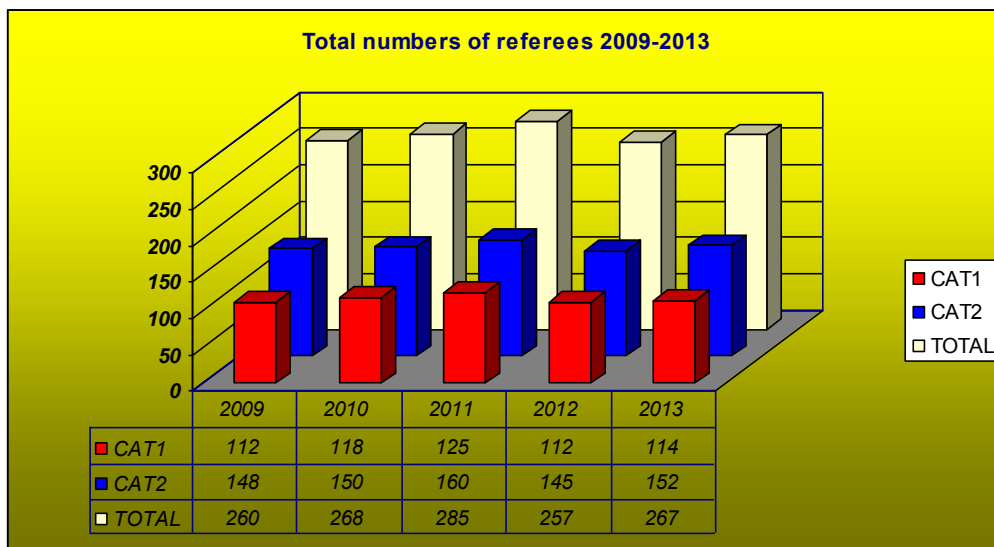
Every year we try to do a selection and placement of referees for acting at the European championships and we also need more women referee's to act during a championship.

In 2013 I was present at the European Open Championships, the European Masters Championships, the European Masters Bench-Press Championships, the World Open Championships.

A large number of exams were conducted in 2013. All successes exams 2013 have been published. Congratulations to all who have recently passed exams to become International Referees.

Starting from 2014, the written exam shall be replaced by an electronic system and all in the English language. Just getting used to the computer !

Total number of European Referees 2009-2013 :



Total 2013: 267 referees, 37 of them are women

I shall continue to take initiative and proactive approach working for the interests of the EPF family and I look forward to communicating in 2014.

All the best to the Bulgarian Powerlifting Federation with the Men's and Women's European Championships!

Kind regards.

*** Accepted unanimously*

Myriam Busselot, EPF T.C. Chairman

- Law & Legislation Committee report.

Dear Delegates,

The Committee consists of two members; Jari RANTAPELKONEN (Chairman) from Finland, and Patrik THUR (Member) from Sweden.

The EPF Law and Legislation Committee duties are ordered in the EPF Constitution and By-Law documents. The four basic tasks are:

- Shall receive any proposals regarding Constitution and By-Law documents of the EPF from member nations within the proper time frame, evaluate accordingly and suggest to the EPF Executive Committee alternative courses in action
- Shall serve as the parent committee in further amending the Constitution and By-Laws

- Is responsible for updating the Constitution and the By-Laws
- Shall study the Constitutions of new applicant nations and report the results to the Secretary General.

The latest activity year has included two main events affecting to the contents of the EPF Constitution and By-Laws. They are IPF General Assembly held November 2013 in Stavanger, Norway, and EPF General Assembly held in May 2013 in Pilsen, Czech.

The co-operation between the Committee and the other EC Members and committees has been done in extremely good spirit, and been very professional.

The work the current committee members have done is also based on previous, excellent work done by Mr. Sandro Rossi (ITA), and also Sandro's predecessors and working partners. Without great humble work of these volunteers' the EPF Constitution and By-Laws should not have been in such a high standard level as it is in nowadays. Thank you very much for the valuable work indeed. Also the L&L Committee would like to thank all the members of EPF EC for their contribution for the taking the EPF step by step forward in making best for the current status and future of powerlifting.

The L&L Committee wishes all the best to all the organizers of the European Championships in 2014. We wish full of energy for all the lifters, coaches, referees, and volunteers making powerlifting forward.

**** Accepted unanimously**

Jari Rantapelkonen (Chairman), Patrik Thur (Member)

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- Disciplinary Committee report.

Dear members of the EPF General Assembly,

I would like to thank to all lifters and officials for their fair and sport behavior during the year 2013 so the DC was without the standard work. The members of DC took active part in managing of doping controls at competitions in 2013 according to valid rules.

I would like to thank to all members of EPF executive and to representatives of our member nations for a very good cooperation and support during the last year .

I wish you all a successful Congress

Pavol Müller, E.P.F. Disciplinary Committee Chairman

**** Accepted unanimously**

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- Appeal Committee report

Also the year of 2013 has passed without any cases being sent to the Appeal Committee.

Since there has not been any activity in the Appeal Committee, it has not been required to appoint any additional members, neither any meetings or communications have been issued.

**** Accepted unanimously**

Morten Novum , Chairman, Appeal Committee

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- Women's Committee Report

Dear Delegates and Member Federations,

As usual in the EPF website, following the link "About EPF - Women's Powerlifting", you can find the statistics for the period 2000-2013 concerning the participation of female lifters in Powerlifting and Bench Press Competition.

Reading these statistics we can observe an overall increase of female lifters in 2013 respect previous years and the positive trend of junior lifters.

We can also observe an increase in the number of Nations participating in European competition with female lifters.

I wish you all a successful General Assembly and Open European Championships.

Maria Pia Moscianese – EPF Women's Committee

Chairwoman

**** Accepted unanimously**

- EPF Championship Secretary Report.

Dear Sport colleagues,

the work on Championship Secretary field has had similar problems like on all past years. Nevertheless, there were some matters which made problems not only of Championships Secretary duty but it made big problems to organizers of mostly championships. These problems were similar as on others last years were:

1. Some Federations didn't send a referee at Junior and Masters Championships
Some Federations have educated 15 or 30 referees on IPF referees list and even if these federations send 20 – 40 lifters at the Championships they nominate only 1 referee there. There were cases that some Federation nominated at European Championship lifters who are also IPF referees. If we asked them that they referee some weight category, they don't want do it. There is nominated one other referee of their Federation and it is enough by Rules.
The most referees is usually available for last championships day, but there are only two haviest categories on this day and we need only 7 referees for the last day – 3 referees, 3 Jury members and 1 Technical controller.
2. Too many person in warm-up room and in wrapping area
All head coaches have signed the Head Coach Responsibility document at European Championships 2013. According this document Head Coach is responsible for reporting of names his assistants in warm-up room and in wrapping area for each competitive group. Nevertheless there often were more persons in these areas than is allowed in Head Coach document. This document is published at EPF website under each European Championships 2014 and every national coaches and official can read it there. Head coach know which of his assistants may be present in the warm-up and in wrapping area during every competitive flight . Head coach should help to organizer and to EPF Official if they are sending the excessive person of their team out from the area.
3. New program for nomination at European Championships
At the Goodlift site was updated new Goodlift nomination` system. The Nomination system is now working over internet and each of our member Federation can add their lifters self there. That means that the nominations should be done by the national secretary, secretary general or the President directly on internet.
4. Sending the nomination to Championships Secretary and to Meet Director by e-mail
For Championships Secretary and for Meet Directors of the Championships is important that the Federations send the nomination them by e-mail. They need it for control and likewise they must treat all data for their next work with prepare of the Championships.
5. Alcohol in warm-up area
No participant of the Championships may bring a beer or other alcohol inside of the warm-up area. Organizer and EPF delegates will control it and these people will be excluded out from warm-up area or from sport hall.

I would like to wish you a successful General Assembly and very good European Championships.

With kind regards
**** Accepted unanimously**

Jiri Hofirek, EPF Championship Secretary

EPF Media Officer Report

Dear General Assemble, Member Federations, Ladies and Gentlemen

Firstly I would like to take the opportunity to express my gratitude to all promoters, members Federations, Referees, Officials, Athletes and the EC board for their kind help and support during 2013 to maintain another successful year for the EPF.

Social Media

Twitter

The EPF twitter site continues to attract large following during 2013, not just Powerlifters but many other sports and media from around Europe and the world. You can follow [EuropeanPowerlifting \(@EuroPowerlifts\)](#) during all our championships for up to date news and pictures, we also give information regarding when each lifting session is due to start. I must give my sincere gratitude to Louise Edwards for managing the site.

Facebook

We launch the EPF Facebook page last year; this has now become very popular among our members, with a good mixture of nationalities. It is also generating large following from other sports. The site is open to our members to post pictures and interesting information via the link below

<https://www.facebook.com/groups/431086493665131/> however we monitor and delete anything which is irrelevant. We try and post daily report and pictures of each championship. Members can get both the Twitter and Facebook page by going to the right side of the EPF homepage www.europowerlifting.org you will see both the Twitter and Facebook icon.

Livestream

The very poor quality of live streaming continues to be a major problem. However as I mention in my SG report I'm delighted both IPF and EPF has put this item high on their agenda.

Press Release

Before each European championship a press release is posted on the EPF homepage under news given information about the championship including proposed timetable for the Championships.

EPF Media procedures

The EPF media office have produce a document call Media Procedure, its a guideline for the EPF Media Officer and the Promoter Media Officer to work together to produce media material and press release to ensure the event receives full media coverage.

May I wish you all a very successful General Assembly and Open European championships.

**** Accepted unanimously**

Ralph Farquharson, EPF Media Officer

9) Election.

No election

10) Proposals.

- **10.1 Bylaws 105.7. (EC)**
“All athletes, coaches, referees and officials from each federation must stay in the official hotel during their participation in the championship.....”
New text in red and underscored.

Seconded: Spain, **Voting 24yes, 0 against, 0 Abstention, Proposal accepted

- **10.2 By-Laws 103.2 (EC)**
103.2.8. Participation fee for each nominated lifter. The fee to be split with EUR 20 1/3 to the organizer and EUR 20 2/3 to the EPF EUR 40 60.
(New text is underlined)

Seconded: Spain, **Voting 21yes, 3 against, 0 Abstentions, Proposal accepted

- **10.3 By Laws 104.4. (EC)**
104.4.1 “The EPF shall maintain standardised medals which are obligatory to use at all European championships. The maximum price of medals are 10 Euro/medal and EPF pay 50% of the medal cost when the organizer order medals from the EPF Secretary General. *If the medals are not ordered from the EPF Secretary General, the organizer must provide an example of the lay out of the medals he will provide not later than 6 months before the championship to be inspected and accepted by the EPF Secretary General. Medals to be presented*”
(New text in red letters.)

Seconded: Hungary, **Voting 25 yes, 0 against, 0 Abstentions, Proposal accepted

- **10.4 By Laws 103.2.3. (EC)**
Sanction fee for European Championships is raised from 750 to 1000 Euro.

Seconded: Denmark, **Voting 16 yes, 8 against, 0 Abstentions, Proposal accepted

10.5. By Laws 103.2 (EC).

103.2.1 National affiliations (annually): EUR 250 300.

EPF membership fee paid at the EPF account within 31st of January is EUR 250 (ref.103.2.1). If paid later, an additional sum of EUR 50 will be charged, and the total sum of the EPF membership fee is then EUR 300. An annual membership fee.....

Seconded: Denmark, **Voting 25 yes, 0 against, 0 Abstentions, Proposal accepted

- **10.6 By Laws 103.7 (EC).**
“The hotel bills of maximum of three (3) EPF officials..... for a maximum of ~~seven (7)~~ eight (8) days.”

Seconded: Hungary

Amendment Czech Republic: change to : “....the length of the championship plus 2 days “

, **Voting 25 yes, 0 against, 0 Abstention, Amendment accepted

- **10.7 By Laws 105.13.**
“Any nation participating with more than 4 lifters in EPF championships..... should include at least one international referee.....”

Change to:

“Any nation participating with more than 3 lifters in EPF championships.....**Must** include at least one international referee.....”.

Seconded: Hungary,

Bulgaria asked if a nation has no referee could they hire referee from another nation, the GA accept this would be possible.

**Voting 21 yes, 4 against, 1 Abstention, proposal accepted (Sweden arrive late)

- **10.8 By Laws 104.5**

“European championship participation certificates shall be awarded to each lifter and official (team manager, head coach) according to

(New wording are underscored).

Reason: Sometimes a nation nominates (too) many coaches (up to 40 coaches) and writing diplomas for all is extra work for the Championship Secretary or the Organizer.

Ukraine request that all coaches must receive Diploma at European championships

Proposal withdrawn by EC

- **10.9. Classic European championships from 2015.** (EC)

To organize European Classic powerlifting championships for Sub Juniors, Juniors, Open and Masters in 2015 and 2016.

Seconded: Denmark

After some discussions, the (EC) withdrew Masters for 2015 and 2016

, **Voting 22 yes, 2 against, 2 Abstentions, Proposal Accepted

- **10.10 Proposals from the German PF.**

Constitution

7.3 Annual General Assembly

7.3.2 Special

Special meetings of the EPF are scheduled at the request of the President or at the written request of two thirds of the members of the EPF. Specific matters, except amendments to the Constitution, can be considered at a special meeting.

New

7.3.2 Special

Special meetings of the EPF are scheduled at the request of the ~~President~~ **a unanimous decision of the Executive Committee** or at the written request of two thirds of the members of the EPF. Specific matters, except amendments to the Constitution, can be considered at a special meeting.

Seconded: Denmark, **Voting 2 yes, 24 against, 0 Abstention, Failed

Amendment from the EPF EC:

Special meetings of the EPF are scheduled at the request of **2/3 majority of the EC** or at the written request of

Amendment withdrawn by the EC

By-Laws

105.4 Invitation and Accommodation

105.4.3 At all European Championships the accommodation fees shall be payable by bank transfer or credit card as follows:

- 1) By bank transfer as specified by the organizer in the invitation for each European Event;
- 2) By credit card.

New

105.4.3 At all European Championships the accommodation fees shall be payable by bank transfer or credit card as follows:

- 1) By bank transfer as specified by the organizer in the invitation for each European Event; **latest 14 days before the competition**
- 2) By credit card

Seconded: Hungary,

**** Voting 18 yes, 7 against, 0 Abstentions, Accepted**

Amendment: Ukraine suggests organisers must be allowed to receive cash payment from nations on arrival at the championship at the Organisers own risk.

New item 3) By cash payment at the Organizers risk if this option is specified in the championship invitation.

****Voting 21 yes, 4 against, 0 Abstentions, Accepted**

105.5 Nomination

105.5.1 Nomination of lifters and officials to European championships shall be received by the EPF Championship Secretary with a copy to the Meet Director within following time limits:

- Preliminary nomination not later than 60 days prior to a European championship.
- Final nomination, submitted not later than 21 days prior to a European championship, must be made from those nominated in the preliminary nomination.

105.5.2 A national federation taking part in European championships and cups shall pay the EPF doping test fee and the participation fee for each lifter nominated and entered on the final entry form. No such fees are to be paid for nominated reserve lifters if not replacing any of the nominated lifters.

Latest date of withdrawal of any lifter from the nomination list, to avoid paying the fees for those, is 7 days prior to the technical meeting for this competition.

If a hotel reservation fee is specified in the invitation for the championship or cup, same rule and time limits as above apply for nominated lifters and officials.

New

105.5.1 Nomination of lifters and officials to European championships shall be received by the EPF Championship Secretary with a copy to the Meet Director within following time limits:

- Preliminary nomination not later than 60 days prior to a European championship.
- Final nomination, submitted not later than **24 28** days prior to a European championship, must be made from those nominated in the preliminary nomination.

****Voting 6 yes, 20 against, 0 Abstentions, Proposal Failed**

105.5.2 A national federation taking part in European championships and cups shall pay the EPF doping test fee and the participation fee for each lifter nominated and entered on the final entry form. No such fees are to be paid for nominated reserve lifters if not replacing any of the nominated lifters.

Latest date of withdrawal of any lifter from the nomination list, to avoid paying the fees for those, is 7 14 days prior to the technical meeting for this competition.

If a hotel reservation fee is specified in the invitation for the championship or cup, same rule and time limits as above apply for nominated lifters and officials.

****Voting 13 yes, 12 against, 1 Abstentions, Proposal Accepted**

11) New Member Applicant

EPF Member Nations

	Full Members		Full Members		Suspended members
1	* Armenia	19	Latvia		**Azerbaijan
2	Austria	20	Lithuania		**Moldavia
3	Belarus	21	Luxembourg		**Montenegro
4	Belgium	22	Netherlands		**Portugal
5	Bulgaria	23	Norway		**Slovenia
6	Czech Republic	24	Poland		**Ireland
7	Denmark	25	Romania		
8	Estonia	26	Russia		
9	Finland	27	*Serbia		
10	France	28	Slovakia		
11	Germany	29	Spain		
12	*Georgia	30	Sweden		New Applicants:
13	Great Britain	31	Switzerland		Croatia PF
14	Greece	32	Ukraine		
15	Hungary				* = Not paid membership
16	Iceland				2013
17	Israel				** = Suspended
18	Italy				

New application for full EPF membership: **Croatia PF.**

Croatia PF was granted IPF membership in 2013. President is Danijel Skopec.

EPF EC recommends that Croatia PF is accepted EPF membership.

****Accepted – all in favour**

12) Action on Delinquent Nations

None.

13) Hall of Fame.

**** No candidates.**

14) Bids and confirmation on Future Championships.

2014 (given)

European Junior & Sub Junior	April 9 th -13th	St. Petersburg, Russia
European Open	May 7 th – 11th	Sofia, Bulgaria
European Masters	July 9 th – 13th	Pilsen, Czech Rep.
European Benchpr. Open	August 8 th – 10th	Pilsen, Czech Rep.
Western European Champ.	September 18 th – 20th	Torino, Italy
Arnold Classic Europe	September 26 th – 28 th	Madrid, Spain
European Benchpr. Masters	October 16 th – 18 th	Hamm. Luxembourg

2015 (given)

European Classic Open, Junior and Sub Junior	16 - 21 March	Pilsen Czechia
European Junior & Sub Junior	8 – 12 April	Hungary
European Open	6 – 10 May	Chemnitz, Germany
European Masters	7 – 11 July	Ostrava, Czechia
European Benchpr. Open	6 – 8 August	Ostrava, Czechia
Western European Champ.	18 – 20 September	La Manga Club, Spain
Danube Cup	9 – 10 October	Venue requested
European Benchpr. Masters	16 – 18 October	Tallin, Estonia

2016 (given)

European Classic Open, Junior and Sub Junior	7 – 12 March	Venue requested
European Junior & Sub Junior	13 - 17 April	Malaga, Spain
European Open	10 - 14 May	Pilsen, Czechia
European Masters	12 - 16 July	Pilsen, Czechia
European Benchpr. Open	18 - 20 August	Roedby, Denmark
Western European Champ.	8 - 10 September	Italy
European Benchpr. Masters	13 - 15 October	Hamm, Luxembourg

2017 (bids)

European Classic Open, Sub-Junior and Junior	14 – 19 March	Thisted , Denmark,
European Junior	4 – 8 April	Czech Rep
European Open	10 – 14 May	Malaga, Spain
European Masters	11 – 15 July	Pilsen, Czech Rep.
European Benchpr. Open	11 – 13 August	Ylitornio, Finland
Western European Champ.	15 -17 September	Hamm, Luxembourg
Danube Cup	6 - 7 October	Venue requested
European Benchpr. Masters	13 -15 October	La Manga, Spain

15) Any other Business.**16) Adjournment**