



## ***European Powerlifting Federation***

# **Minutes of the EPF General Assembly 2015**

“Updated 2015.05.26.”

Date: Tuesday 5th May

Place: Chemnitz, Germany

Start: 19.00

### ***Delegates:***

#### ***Full members***

*Austria, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Great Britain, Iceland, Italy, Luxembourg, Netherlands, Norway, Poland, Russia, Slovakia, Spain, Sweden Ukraine*

***Total 20***

#### ***EC members***

*Arnulf Wahlstrom, Alain Hammang, Sandro Rossi, Ralph Farquharson, Jari Rantapelkonen, Myriam Busselot*

***Total 6 (Ralph Farquharson representing Spain)***

#### ***Chairmen (without vote)***

*Myriam Busselot, Maria Pia Moscianese, Sandro Rossi, Ralph Farquharson, Jari Rantapelkonen*

#### ***Non-executive member (without vote)***

*Jiri Hofirek*

***\*\*Total 26 votes \*\****

- *The meeting was opened by one minute silence to remember members that have passed away last year including:*

*Eliska Vasek (CZE), Tommy Knudsen (DEN), Viktorya Abdulina (UKR) and Norbert Wallauch (AUT),*

- *Jiri Hofirek (CZE) and Klaus Broström (DEN) were appointed to count the votes.*
- *Ralph Farquharson(ESP) was appointed to write the Minute.*

## **AGENDA.**

- |   |                              |
|---|------------------------------|
| 1. Welcome by the President and the Meet director | Arnulf Wahlstrøm, Eva Speth  |
| 2. Roll call of Nations and Delegates.....        | Ralph Farquharson            |
| 3. Presidents address.....                        | Arnulf Wahlstrøm             |
| 4. Minutes of the last General Assembly.          |                              |
| 5. The Account with the balance sheet.            |                              |
| Treasurers report.....                            | Alain Hammang                |
| Auditors report.....                              | Pavol Müller and Marina Kail |
| Approval of budget for 2015.....                  | Arnulf Wahlstrøm             |
| 6. Secretary General report.....                  | Ralph Farquharson            |
| 7. Vice President report.....                     | Sandro Rossi                 |
| 8. Committee Reports:                             |                              |
| - Technical .....                                 | Myriam Busselot              |
| - Law and Legislation .....                       | Jari Rantapelkonen           |
| - Disciplinary .....                              | Pavol Müller                 |
| - Finance....(see Auditors report).....           | Pavol Müller and Marina Kail |
| - Appeal .....                                    | Morten Novum                 |
| - Women's .....                                   | Maria Pia Moscianese         |
| - Championship Secretary .....                    | Jiri Hofirek                 |
| - Media .....                                     | Ralph Farquharson            |
| 9. Elections                                      |                              |
| 10. Proposals                                     |                              |
| 11. New member Applicants                         |                              |
| 12. Action on Delinquent Nations                  |                              |
| 13. Hall of Fame                                  |                              |
| 14. Bids and confirmation on Future Championships |                              |
| 15. Any other Business                            |                              |
| 16. Adjournment                                   |                              |

- .....
- Technical meeting with team nominations and technical details after the General Assembly.
- .....

### **3) President's report.**

#### **Welcome.**

On behalf of EPF I wish delegates and guests welcome to the 2015 European General Assembly.

I want to thank the organiser, by the meet director Eva Speth, for inviting us to Chemnitz and I am looking forward to a pleasant stay and a well organised championship.

### **European Championships 2014.**

A lot of hard work and good planning created European championships of good technical and social standard in 2014. Statistics show that all together 774 (\*910) lifters took part in European championships in year 2014. It is a high standard on European lifters and **Anastasiya Derevyanko from Ukraine** and **Carl Yngvar Christensen from Norway** were awarded European lifters 2014. Congratulation!

European championships 2014 were organised in:

• Sofia, Bulgaria ..	(Open)	74 (*90)	Men and	44 (*58) Women
• St. Petersburg, Russia.	(Juniors)	71(*131)	Men and	46 (*55) Women
• Pilsen, Czech. Rep.	(Masters)	152 (*139)	Men and	43(*45) Women
• Pilsen, Czech. Rep..	(Benchpress Open)	76 (*82)	Men and	42(*39) Women
• Hamm, Luxembourg	(Benchpress Masters)	119 (*124)	Men and	46 (*49) Women
• Torino, Italy	(WEC)	38 (*45)	Men and	23 (*16) Women

\* = numbers in 2013.

### **Antidoping.**

In year 2014, EPF made 80 (69 in 2013) doping tests at European championships. This means that about 10% of all lifters were tested. 3 lifter tested positive - one is suspended for 12 months and 2 are suspended for 2 years. It is a discouraging result to have 3 positive lifters in one year – it is far too much!

WADA as well as IOC require IPF to make more OC (out of competition) testing compared to IC testing and also increase the number of blood tests.

IPF requires that about 5% of the participants in Regional and World championships are tested in competition and the remaining antidoping money should finance the OCT program.

Due to low number of IC testing's, EPF has transferred 12.500 Euro to IPF for OC testing in 2014 and expect to transfer 15.000 Euro for OC testing in 2015 to IPF.

IPF carried out 60 OCTs in 2014. The high cost limits the number of tests.

We all know how important the anti-doping work is for the sport of powerlifting to be accepted by IOC and also worldwide as a sport with integrity.

The institution of new classic championships attracts new lifters and it is extremely important that each national federation make the same Antidoping control and information to these lifters as they do for the equipped lifters. In IPF, a high number of positives are from the World Classic championships and more or less destroy the decreasing statistics of positive lifters within the IPF umbrella we had previous to instituting the Classic lifting. I will highly encourage all member federations to focus on this important matter. Classic lifting is growing in popularity but treat to destroy the IPF's work to gain IOC recognition. Each member federation has an important job to do to teach their members to follow the WADA code.

### **High standard of European lifters.**

I like to express my congratulation to all European medallists at World championships.

European lifters won 29 out of 45 medals in total at the Open equipped Worlds and 61 out of 98 medals in total at the Junior Worlds.

In addition, European Master lifters and European Bench pressers in all age categories won a high number of World medals last year.

EPF is one Region of total 6 IPF Regions and this high level is a result of hard work by the athletes but also a big credit to European coaches and training systems as well as the leadership in national clubs and federations. You should all be very proud of this success!

### **New visions and strategic planning.**

#### **Classic.**

At the GA 2014, it was decided to start Classic Europeans for Open, juniors and Sub Juniors. This is a new championship from 2015 and the interest to take part is overwhelming. Powerlifting has got "another leg" and more lifters will find inspiration to train and to compete.

A higher activity with more lifters will generate a win-win situation for all involved in powerlifting from the local club and up to EPF as the umbrella organisation - and also for the sponsors.  
Next step is to introduce European Classic championships also for Masters and for Bench Press.

#### *Streaming.*

Another important decision was made at the GA 2014. This was to institute rules that generate economy to start high quality streaming from 2 of our major European championships yearly. The EC has after some evaluation, signed a contract with Viva TV from Spain to conduct the recording and the streaming. This is an experienced company with numerous TV productions. A huge workload has been done from the Viva TV in cooperation with SG Ralph Farquharson to prepare the streaming at the European Juniors and the European Open.

#### *Sponsorship.*

The EC has worked hard to get more sponsors into European powerlifting. This has been successful as agreements are achieved with Eleiko AB, SBD Apparel, ER Equipment and Leoko Oy. This gives some economic support to EPF as organisation but also free equipment and clothing to organizers of European championships.

Sponsors are very important for all sports and the EC will continue the work to establish good conditions to attract sponsors. We see a large potential of sponsoring in connection with the high quality streaming.

#### *La Manga Strength Centre.*

The centre is up and running and the IPF coach seminars are organized regularly. In connection with the centre, the University in Murcia has established a test laboratory to test athletes regarding strength, technique etc. A special test program for powerlifters will be worked out in the near future.

In combination with strength training, the La Manga Club offers a wide range of facilities attractive for family holidays.

#### *Certified Coaches.*

IPF in cooperation with EPF has worked out a document of rules and recommendations for IPF/EPF Coaches. All national coaches active at international level must adapt these rules by signing this document during the weighing in of the lifters.

The benefit by following these rules is great for all parties – both the coaches, lifters and the organizers. A good system in the warm up area benefits greatly the work condition for the coaches and makes it more easy for the lifters to concentrate about the preparations.

#### ***Thanks to the EPF Officials.***

The administration and daily work to run EPF is increasing from year to year. EPF is in need of an employed Secretary to assist with all the paper work. For the moment the economy does not allow such employment, so the EPF officials are doing a great voluntary work to keep up everything. Some officials have more or less a full time work with EPF matters.

No federation or company is better than the people doing the work and I am proud to state that EPF has dedicated and hardworking officials that cooperate perfect in the administration team and also cooperate well with our members.

Thank you very much to Jiri Hofirek, Alain Hammang, Ralph Farquharson, Myriam Busselot, Sandro Rossi and Jari Rantapelkonen as well as all EPF officials in various committees - you do a great work to run and administrate EPF!

#### ***Good luck.***

I hope we will have useful discussions and make good decisions at this General Assembly and I wish you all a successful Open European Powerlifting Championships 2015.

*Arnulf Wahlstrøm, EPF President*

***\*\* Accepted unanimously***

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#### 4) Minutes of the last Congress.

The Minutes can be loaded down from the EPF web.

No remarks have been received.

**\*\* No remarks**

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#### 5) EPF Account 2014 (All values are in Euro)

Financial Situation	Year 2014	EPF Savings Account	
		LU430019651241234000	
Category	Expenses	Category	Incomes
Bank Fees BCEE 2014	-2,50	Left over 2013	92.105,20
		Credit Interest 2014	199,96
	-	Trft business account 2014	894,80
Total	-2,50-		93.199,96
		Left over: 31.12.2014	93.197,46

Global Financial Situation	Year 2014	EPF Business Account	
		LU300019205559571000	
Category	Expenses	Category	Incomes
Bank Fees	-236,76	Anti-Doping Fees	40.450,00
Anti- Doping costs 13	-1.039,96	Membership Fees 14	7.700,00
Anti- Doping costs 14	-12.730,82	Membership Fees 15	300,00
Anti-Doping OCT/IPF 13	-2.500,00	Participating Fees	16.180,00
Anti- Doping costs OCT/IPF 14	-10.000,00	Penalty Referee Fees	1.000,00
EPF medals	-1.008,90	Sanction Fees	4.150,00
Flight/Travel costs	-11.280,29	Sponsors 2014	1.000,00
Marketing Strategy	-7.627,19	Left over 2013	50,45
Other appr. expenses	-9.990,15		
Reimbursement	-2.600,00		
Rei,bursement comp/sec	-4.980,00		
Sports Dev. Fund	-2.888,00		
Trf Savings account	-894,80		
Workshop 14	-894,47		
Workshop 15	-445,99		
	-69.117,25		70.830,45
		Left over : 31.12.2014	1.713,20 €

#### Left over (Euro)

	Saving account	Business account	Total
2014	93.197,46	1.713,20	94.910,66
2013	92.105,20	50,45	92.155,65
<b>2014 Balance</b>			<b>+2.755,01</b>

**\*\* Accepted unanimously**

Alain Hammang EPF Treasurer

#### Provisional budget 2015 (Euro).

Category	Expenses	Category	Incomes
Bank Fees	400	Credit Interest	200
Flight tickets /Travel cost	14 000	Doping fees (1200 lifters)	60 000
Doping costs incl. OCT	60 000	Membership Fees ( 30 nations)	9 000
Marketing Strategy	8 000	Participation fees (1200 lifters)	72 000

Other Appr. Expenses	10 000	Penalty Referee Fees	1 000
Sport Development Fund	3 000	Sanction Fees	6 400
Participating Fees (1200 lift.)	24 000	Sponsors	10 000
Reimbursement	3 000		
Reimbursement. Computer Secr.	5 000		
Streaming Costs ( 2 streamings)	40 000		
<b>Balance</b>	<b>167 400</b>		<b>158 600</b>

The budget is balanced with – € 8 800.

**\*\*Accepted**

## Treasurer Report 2015:

Please be inform that for the year 2014 (31.12.14) our two accounts EPF shows a positive balance.

In the last 10 years you can find the following financial evolution in our EPF accounts stands:

2003	12.646,40 Euro (EPF account in Spain)
2004	26.091,87 Euro (EPF account in Spain)
2005	41.875,38 Euro (EPF account in Luxembourg / open June 2005)
2006	58.114,21 Euro (EPF business account 1.076, 91+ EPF savings account 57.037,30)
2007	70.649,48 Euro (EPF business account 1.892,52 + EPF savings account 68.756,96)
2008	84.106,17 Euro (EPF business account 1.906,50 + EPF savings account 82.199,67)
2009	84.144,37 Euro (EPF business account 969,22 + EPF savings account 83.175,15)
2010	92.326,16 Euro (EPF business account 526,26 + EPF savings account 91.799,90)
2011	97.653,30 Euro (EPF business account 206,01 + EPF savings account 97.447,29)
2012	90.050,38 Euro (EPF business account 53,25 + EPF savings account 89.997,13)
<b>2013</b>	<b>92.155,65 Euro</b> (EPF business account 50,45 + EPF savings account 92.105,20)
2014	<b>94.910,66 Euro</b> (EPF Business account 1713,20 +EPF savings account 93.197,46)

1) Against the fight of doping, the part of EPF for OCT tests ordered by IPF for 2014 was 12.500 Euro. (10.000 Eur for 2014 and 2500,00 EUR for 2013)

2) Estonia claimed for "Sports Development Fund" in 2014 (-2888,00 Eur)

3) EPF gives back 50% of the costs of EPF Championships Medals 2014 for following nation: Italy and Luxembourg. (total amount: -1008,90 Eur)

### 1. Situation of the EPF Business account 2014

Total incomes 2014	70.830,45 Euro
Total expenses 2014	<b>-69.117,25 Euro</b>

Left over 2014 **1713,20 Euro**

### 2. Situation of the EPF Savings account 2014

Total incomes 2014	93.199,96 Euro
Total expenses 2014	<b>-2,50 Euro</b>

Left over 2014 **93.197,46 Euro**

<b>Left over for 2014:</b>	<b>1713,20 + 93.197,46 = 94.910,66 Euro</b>
<b>Positiv balance 2014 :</b>	<b>94.910,66-92.155,65 = +2755,01 Euro</b>

## **Report from the Auditors Committee.**

Dear members of the EPF Congress,

As usual, we have conducted the audit in two steps: first we controlled the outputs of the economic system in relation to bank statements, costs and revenue items for the year 2014. These approvals were based on a bookkeeping file assorted by Alain and comprising photocopies of bank statements and output forms of accounting.

In a second step, the audit was conducted in Luxembourg, where we checked all accounting entries directly in the economic system in relation to the primary documents. Very few corrections have been made – not worth mentioning. New is: The height of the financial amount of participation fees determined to the organizer of Championship is generated automatically by the system after the last transaction involving doping and participation fees – now the kickback to the organisers is calculated easily without any mistakes!

We have to thank Alain Hammang for his clear and accurate work as treasurer in the year 2014. He did a great job and worked very precisely like in the years before. He again improved the bookkeeping system according to our suggestions. As a result a very good transparency of the EPF financial status has been achieved.

Again we confirm that incomes and expenses in the balance sheet correspond with the bank statements of period from 1<sup>st</sup> January to 31<sup>st</sup> December 2014. All expenses and incomes recorded in the EPF bookkeeping are in full compliance with the EPF Constitution and By-Laws.

Nevertheless we feel free to make some remarks concerning EPF's financial affairs in the future, considering that Alain has resigned from his job as treasurer:

- We recommend an interim audit as soon as Alain has terminated his tasks to disburden him from his liabilities.
- To ensure good quality in financial affairs and to avoid needless efforts and transfer problems, the new EPF treasurer should also use Alain's bookkeeping system.
- Wherever the new treasurer is resident, the bank accounts should be left in Luxembourg. The cooperation with the Banque Et Caisse D'Epargne De L'Etat Luxemburg is very good. As a matter of course English may be used as correspondence language. The account currency € should be retained to avoid lots of transfer calculations and significantly higher transfer fees. Especially bank transfers from or to Russia or Ukraine are complex and expensive. Due to these circumstances these federations often pay either in cash or as collective settlement.

Concerning the provisional budget 2015:

The provisional budget is balanced with a deficit of 8.800 € due to high streaming costs and doping costs. The expected deficit arises mainly from very high streaming costs. New agreements concerning streaming and relating costs should be proved again. A careful selection procedure for such expensive services could reduce these costs. The budget deficit should be closed by other incomes and not from reserves.

We wish good success to the EPF Congress.

Marina Kail and Pavol Müller, EPF auditors.



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## 6) Secretary General Report

The last 12 months has been very busy for the EPF executives as the sport begin to move to another level. In my position as Secretary General and media officer for the EPF, chairman of the coach commission, chairman of the Entourage committee and manager of the High performance Center at La Manga Club, they are all important work for the development of the sport. I'm now working fulltime for both federations. If the sport is to move to another level all member federations, Promoters, officials and executives must also raise their standard.

It is with sadness to report during the last 12 months the loss of two of our powerlifting family, first Eliska Vacek the wife of Czech Republic president Miroslav Vacek and recently the sudden death of Tommy Knudsen one of our best promoter, they are both a great lost to our sport.

EPF work to support IPF with the fight for IOC recognition. At last year General Assemble the delegates voted to introduce high quality livestream of the 2015 European Junior/SubJ and Open European. Both productions will cost the EPF over €40.000. IOC identified media coverage as one of the area the sport must improve upon. EPF signed a contract with Viva TV an English speaking TV company base in Spain, they will be working with Eric Rupp the provider via google+ to deliver a high quality livestream production.

No sport can operate without the support of sponsors, the EPF can inform you for 2015 we have 4 sponsors, Eleiko, Leoko, SBD apparel and ER equipment, I would like to thank them for their kind support. It is the EC intention to continue searching for other sponsors

Last year IPF and EPF signed a long-term agreement with La Manga Club to develop a high performance training center at the world famous La Manga Club resort in southern Spain. La Manga club is a luxurious environment for athletes and coaches to train. On offer is some excellent full or half-board accommodation, plus access to a wide range of other sport, leisure and medical facilities. This first-class, unique setting offers powerlifters, coaches and their families the opportunity to combine training with relaxation. I must report that so far the number of federation using the training camp has been very disappointing. Only Norway, Iceland, Sweden and GBR have so far send team for training. Last November the university of Murcia call UCAM open a high performance testing center in the same building. The center has the most advanced technology available for assessing athlete's performance. They can make assessment of strength, using isokinetic dynamometer; assessment of maximum oxygen consumption in the field or in a laboratory with the latest CORTEX MetaMax equipment; or analysis the way you walk using the latest generation of OptoGait analysis system.

The center is also the home for IPF coach education, a number of level II training course has so far been undertaken. IPF coach license is a requirement for IOC recognition, at last year IPF GA the President request that all members' federation should allocation funds in their account for IPF coach education

This September 11<sup>th</sup> to 13<sup>th</sup> the EPF will be staging the Western European championships at La Manga club also the 2017 European Open, juniors and masters bench press championships

IPF and EPF has developed an agreement with IFBB to promote only IPF at the Arnold Classic Europe, also 3 pages of advertisement in their monthly Flex magazine, they are now following EPF on Twitter and Facebook. Their following on Facebook is over 3 million. Later this year they are planning to start their own TV Company and offer IPF and EPF to link there livestream and YouTube video clips

EPF and Special Olympic (SO) Europe is about to develop a partnership to help deliver coach and referee education programme, also to work with them to establish SO National and International Powerlifting championships



Exciting time ahead for the sport with the introduction of Raw Classic, this is a big opportunity we should not miss. With that said I'm a little concern that a number of our member federations has withdrawn support for equipped lifting. I stated on many occasions that there is room in the sport for both to operate successfully

European lifters in 2014 continue to be the top performers in both form of the sport. Equipped Carl Yngvar Christensen (NOR) become the first lifter in the history of IPF to total 1230Kg, Larysa Soloviova (UKR) total 638.5Kg at 63Kg. Raw Sergey Fedosienko (RUS) 661Kg at 59Kg and Inna Filimonova (UKR) 430Kg at 57Kg she is also the reigning world equipped championship. Congratulation to all

Finally I would like to thank all Member Federations, Promoters, Referees, Officials, Athletes, Coaches, Volunteers and the EC board for your fantastic work during 2014. I wish all a successful 2015 General Assemble

***\*\* Accepted unanimously***

Ralph Farquharson, EPF Secretary General

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## **7. Vice President Report.**

As Vice President I have had the honor and the privilege to cooperate with the other Members of the Executive. This cooperation has resulted in the exchange of numerous and daily email in order to optimize the operation of our sport and democratic life.

In particular I have checked the hotel rates that the Organizers communicate to the Executive, giving them some inputs in order to obtain lower rates. This in the interest of the Member Nations.

Moreover to solve the old problem of the hotel rates the Executive will present a proposal to the General Assembly.

To the Germany Federation I express my personal thanks for organizing the most important European competition in powerlifting.

To the Member Nations I express, also, my personal appreciation for their contribution to the development of our sport. Their National activity makes the European Powerlifting Federation one of the best Continental Federation of the World.

To the Lifters, Coaches and Referees I wish all the best!

***\*\* Accepted unanimously***

Sandro ROSSI Vice President

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## **8. Committee Reports.**

### **- Auditor Committee Report**

See chapter no. 5

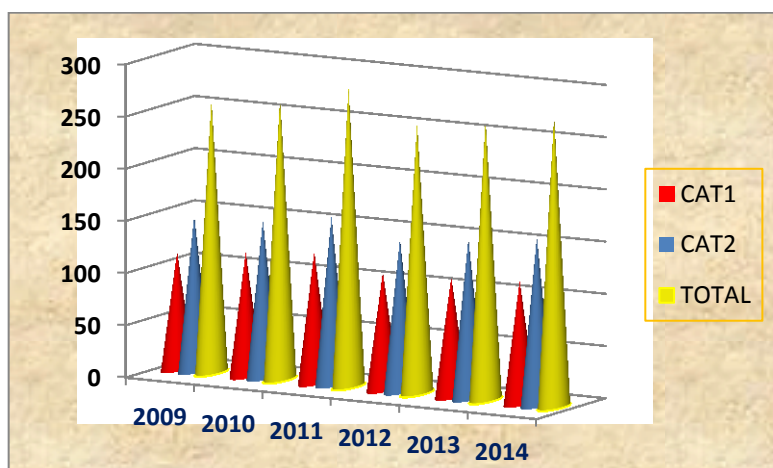
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### **- Technical Committee report.**

Starting from 2014, the written exam is done by an electronic system and all in the English language. A large number of exams were conducted in 2014.

All successes exams 2014 have been published. Congratulations to all who have passed exams to become International Referees and especially to all women.

Total number of European Referees 2009-2014 :



	2009	2010	2011	2012	2013	2014
Cat 1	112	118	125	112	114	117
Cat 2	148	150	160	145	152	160
Total	260	268	285	257	267	277

Total 2014: 277 referees, 39 of them are women

In 2014 I was present at the European Junior & Sub-Junior Championships in St. Petersburg, at the European Open Championships in Sofia, the European Masters Championships in Pilsen, the European Masters Bench-Press Championships in Hamm and the World Open Championships in Aurora.

I shall continue to take initiative and proactive approach working for the interests of the EPF family and I look forward to communicating in the coming years. Hopefully I can give you much support in the coming years and look forward to meet you at a next Championship.

All the best to the German Powerlifting Federation with the Men's and Women's European Championships!

Kind regards.

**\*\* Accepted unanimously**

Myriam Busselot, EPF T.C. Chairman

#### **- Law & Legislation Committee report.**

Dear Delegates,

The EPF Law & Legislation Committee consists of two members; Jari RANTAPELKONEN (Chairman) from Finland, and Patrik THUR (Member) from Sweden.

The Committee duties are ordered in the EPF Constitution and By-Law documents. The four main tasks are:

- Shall receive any proposals regarding Constitution and By-Law documents of the EPF from member nations within the proper time frame, evaluate accordingly and suggest to the EPF Executive Committee alternative courses in action
- Shall serve as the parent committee in further amending the Constitution and By-Laws
- Is responsible for updating the Constitution and the By-Laws
- Shall study the Constitutions of new applicant nations and report the results to the Secretary General.

The latest activity year has included two main events affecting to the contents of the EPF Constitution and By-Laws. They are IPF General Assembly held November 2014 in Denver, USA, and EPF General Assembly held May 2014 in Sofia, Bulgaria.

The co-operation between the Committee and the other EC Members and committees has been done in extremely good spirit, and been very professional.

The work the current committee members have done is also based on previous, excellent work done in the history of IPF Law and Legislation Committee and working partners. Without great humble work of these volunteers, the EPF Constitution and By-Laws should not have been in such a high standard level as it is in nowadays. Thank you very much for the valuable work indeed. Also the L&L Committee would like to thank all the members of EPF EC for their contribution for taking the EPF step by step forward in making best for the powerlifting.

The L&L Committee wishes all the best to all the organizers of the European Championships in 2015. We wish full of energy for all the lifters, coaches, referees, and volunteers making powerlifting forward.

**\*\* *Accepted unanimously***

Jari Rantapelkonen (Chairman), Patrik Thur (Member)

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#### **- Disciplinary Committee report.**

As usually once the year is over it is the time for reporting. As a result of the turn over competences upon doping offences from regional executives under to the IPF control several years ago and thanks to a fair and sport behavior of our lifters and officials during the year 2014 the DC was without the standard work. In spite the fact mentioned above, the DC members were supportive regarding the anti-doping matters, well. Since January 1, 2015 a revised World Anti-Doping Code has come in force. Indeed, I believe the Code is about to be adopted by athletes and thus it will not be a source of work for DC.

I would like to thank to all members of EPF executive and to representatives of our member nations for a very good cooperation and support during the whole last year.

I wish you all a successful Congress

**\*\* *Accepted unanimously***

Pavol Müller, E.P.F. Disciplinary Committee Chairman

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#### **- Appeal Committee report**

The Appeal Committee has not received any cases during 2014.

Since there has not been any activity in the Appeal Committee, it has not been required to appoint any additional members, neither any meetings or communications have been issued.

**\*\* *Accepted unanimously***

Morten Novum, Chairman, Appeal Committee

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#### **- Women's Committee Report**

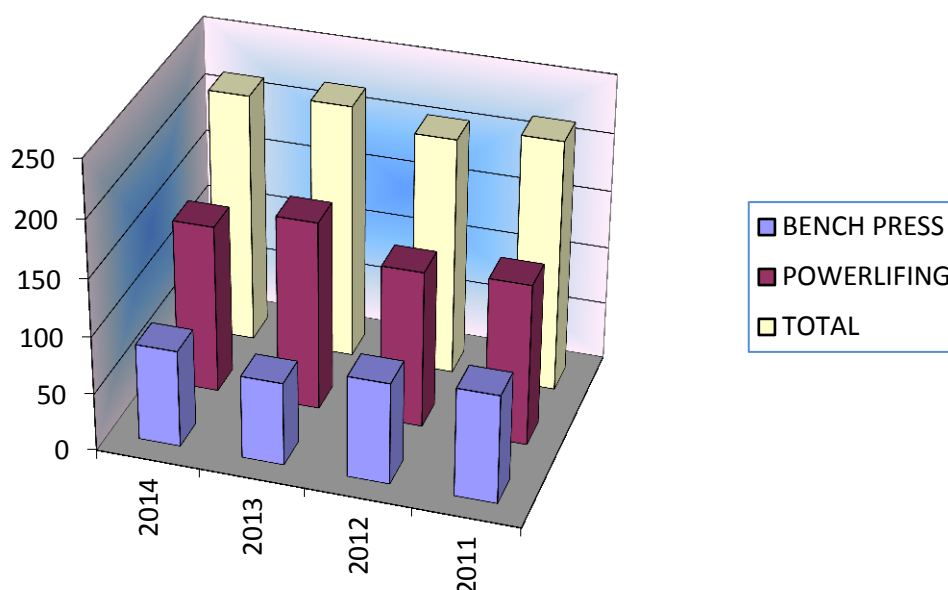
Dear Delegates and Member Federations,

As usual in the EPF website, following the link "About EPF - Women's Powerlifting", you can find the statistics for the period 2000-2014 concerning the participation of female lifters in Powerlifting and Bench Press Competition and also the distribution by Nation.

Reading these statistics we can observe a decrease of female lifters in 2014 in respect previous year, both in junior and open. However considering the whole period 2010-2014, we can also observe that the total number of female lifters in 2014 remains at the highest levels.

In particular, the trend of the last four years is shown in the following chart:

## Numbers of women lifters period 2014-2011



I wish you all a successful General Assembly and Open European Championships.

**\*\* Accepted unanimously**

*Maria Pia Moscianese – EPF Women's Committee Chairwoman*

### - EPF Championship Secretary Report.

Dear Sport colleagues,

A great help in my function of the Championships Secretary has been Goodlift nomination program which was installed in last year. This program is working very well and it help me in my duty very much. All European federations are using the program now and I am sure that all federations are very satisfied with this program.

There is only one problem: after the introduction the Goodlift nomination program some officials of the National Federations send the preliminary and final nominations only to the internet and they do not send these nominations also to Championships Secretary and Meet Director. I note that the member federations are required to be sent all nominations to these officials as well. We need it for check and for preparing of the championships.

Next problem is that we still urgently need more referees at the European Junior and Masters championships. That is the charge of all the European member nations to ensure that adequate numbers of referees are available for these championships so that our lifters have the best standard of refereeing possible.

Last year brought also some positive aspects, namely constantly improving organizing and organizational level competitions. I thank all organizers for their very good work.

I would like to wish you a successful course of the General Assembly, the successful elections and excellent progress European Open Championships.

With kind regards

*Jiri Hofirek, EPF Championship Secretary*

**\*\* Accepted unanimously**

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## EPF Media Officer Report

Dear General Assemble, Member Federations, Ladies and Gentlemen

Firstly I would like to take the opportunity to express my gratitude to all promoters of European championships for their cooperation during 2014. I would like also to say a huge thank you to my assistant Louise Edwards for her hard work managing the EPF twitter site and preparing monthly articles for the IFBB magazine

Our twitter site has gather momentum since last year with well over 1000 followers. We are now been followed by La Manga Club and IFBB who has over 3 million followers.

Our Twitter account is [@EuroPowerlifts](https://twitter.com/EuroPowerlifts)

Our Facebook page is currently a closed group we're considering update it to an organization page. The group at present has nearly 1800 members and growing daily

<https://www.facebook.com/groups/431086493665131/> the lifter profile form has been updated to includes question for their twitter or instagram username so we can link to them in our posts. Hopefully both sites will grow faster during 2015

We have also updated the EPF media procedures to help promoters of European championships to produce media material and press releases to ensure all championship receives full media coverage.

The EPF YouTube site needs much more video clips; this is one area we will be working to improve during 2015.

As I stated in my SG report Viva TV from Spain will be providing the production for livestream of the Juniors/SubJ and Open. I have work very closely with them to ensure these productions will be of the highest standard. They will try to make the production more spectator friendly by adding the lifters profile form. They also produce some footage of the technical rule to be shown at the start of event session. These additions could be good to attract new sponsors to the sport.

**\*\* Accepted unanimously**

Ralph Farquharson, EPF Media Officer

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## 9) Election.

Elections of:

- President:	Candidate: Arnulf Wahlstrøm,	NOR
- Vice President,	Candidate: Sandro Rossi,	ITA
- Secretary General,	Candidate: Ralph Farquharson	SPA
- Treasurer	Candidates: - Linda Høiland	NOR
	- Arkadiusz Znojek	POL

**Voting Linda Høiland –NOR 16, Arkadiusz Znojek POL 9 - Linda Høiland elected treasurer**

- Technical Committee chairman:	Candidate: Myriam Busselot,	BEL
- Law & Legislation Committee chairman:	Candidate: Jari Rantapelkonen	FIN
- Disciplinary Committee chairman:	Candidate: Pavol Müller,	SLO
- Appeal Committee chairman:	Candidate: Morten Novum,	NOR
- Women's Committee chairman:	Candidate: Maria Pia Moscianese,	ITA
- Auditors (2 persons)	Candidates: - Pavol Müller	SLO
	<del>- Alain Hammang</del>	<del>LUX</del>
	- Thomas Höberg	SWE

**All others elected unanimously**

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## 10) Proposals.

- **10.1 New item By-laws 103.7.2 (EC)**

**“The hotel accommodation and food (breakfast, lunch and dinner) for the EPF Computer Secretary shall be paid by the promoter of the championships for the length of the championship plus 2 days.”**

Reason: This rule is included in the EPF Promoter's contract but should also be in the By-laws as reference.

*Seconder: Luxembourg, \*Accepted unanimously*

- **10.2 New item By-laws 103.7.3 (EC).**

**If EPF is organizing a high quality live streaming from an European championship, EPF has to inform the promoter minimum 6 months prior to start of the championship.**

**The promoter needs to provide internet connections as specified in the EPF Organizing Checklist and hotel accommodation and food (breakfast, lunch and dinner) for the streaming crew of up to 4 persons throughout the competition and 2 days before and 1 day after. This shall be on the basis of single room accommodation for each of the officials.**

**The organizer must also free of charge arrange the transport of the streaming crew to/from the airport to the accommodating hotel and between hotel and venue.**

**EPF takes on the cost of the streaming production.**

*Seconded: Luxembourg*

*\*Voting 8 for, 13 against, 3 Abstention – proposal failed*

Reason: EPF will in the future organize live streaming from two or more European championships a year. Expenses for this production is considerably but will give large benefits for the sport – both for EPF as organization and the Promoter. The potential for sponsorship for EPF and the Promoter is improved in connection with the streaming.

- **10.3 New item 1. (EC)**

**EPF has the right to provide t-shirts and shorts for the spotters at all European championships and cups throughout the competition. Exception is that the Promoter has the option to provide his own t-shirts and shorts for one competition day. Any t-shirt and short logos must not be from a manufacturer in competition with the EPF sponsor.**

Reason: Sponsors of EPF gain some rights in return of their contribution. Shirts and shorts will be provided free of charge by the sponsor in ample amount to every organizer.

*Seconded: Luxembourg*

*\*Voting 25 for, 1 Against – Proposal accepted*

- **10.4 New item 2. (EC)**

**EPF has the right of up to 5 sales booths for EPF sponsors free of charge at European championships and cups. The space for one booth is limited to 12 m².**

Reason: Sponsors of EPF need booths to present and sell their products. Such a benefit is part of the conditions for their sponsoring.

*Seconded: Spain*

*\*Accepted unanimously*

- **10.5. By Laws 105.4.2. (New text is underlined) (EC).**

**Accommodation rates charged by the promoter must not exceed the normal rack rate charged by the establishment providing the accommodation. Any overcharge without**

**providing a higher accommodating quality may bring the case to the EPF DC to decide about any sanction. Possible sanctions are fines up to €5.000 and/or exclusion from organizing European championships the following 1-3 years.**

**\*Amendment NOR: Possible sanctions are fines up to the level of the profit from the overprizing and/or exclusion from organizing European championships the following 1-3 years.**

***\*Accepted unanimously***

Reason: Some organizers claim a higher rack rate than normal for the hotel when issuing the invitation for an European championship. EPF always control this but sometimes the organizer deny to lower the rack rate to normal standard as stated in the present By-laws 105.4.2. With this new text, EPF has more power to enforce the rule.

**103.2.1 Constitution 13.10.1** (New text is underlined) (EC).

**“Any lifter or referee properly entered for a competition that without acceptable reasons does not attend”**

***Seconder: Denmark***

***Proposal defer to IPF 2015 General Assembly by EPF EC***

Reason: The referees are obliged to referee the categories specified 14 days prior to a championship. The referees must also meet at ample time prior to the weighing in and the equipment check. Some referees do not always meet these criteria.

By entering the text “or referee” in 13.10.1, the referees may get a penalty of 6 months suspension for the first offence and 12 months for the second – in line with the penalty for the lifters.

- **10.6 By Laws 102.8 Permitted Expenses by Officers.** (EC).

**102.8.2. Associated with the duties of the EPF Officers with high and daily workload, a monthly expense allowance is granted to cover telephone, office accessories, internet, stamps etc.**

**Other officials will receive a day to day compensation or a yearly compensation based on their workload.**

**Such compensation shall be decided by the EPF-EC and included in the Treasurer’s budget proposal.**

Reason: EPF has no employees for administration work. All work is done by elected or appointed officials.

The workload to run EPF is increasing and some officials work several hours each day to keep up the administration of EPF.

The EC proposes that from 1 June 2015 the President, Secretary General, Treasurer and the Championship Secretary receive €100 per month and the Technical Chairman receives €50 per month. Remaining officials receive a minor compensation yearly for their expenses. Officials with specific workloads during championships receive a compensation to cover food expenses.

***Seconder: Luxembourg, discussion take place, Sabine Zangerle, Austria suggests the figures put forward were very low.***

***\*Voting 23 for, 1 Against, 2 Abstention – Proposal accepted***

- **10.7 By Laws 104.11. Recognition of European Records.** (EC)

**104.11.1 European records will be accepted from international competitions where doping testing is carried out according IPF Anti-Doping Rules 5-7 5.1 and the lifter tested returns a negative doping test. This must be done.....**

New wordings are “tested” and “5.1”.



Reason.

IPF Antidoping Rules are changed regarding the following:

“5.1.1.2 Athletes so chosen for Testing at International Events for Open category or at any combination of International Events for Open category, Sub-Junior, Junior and / or Masters must include those achieving World Records in the Open category. Athletes achieving any Regional Records or World Records in the Sub-Junior, Junior, Master 1, Master 2, Master 3 or Master 4 age categories may be selected for Testing.”

This means that European records are not obligatory tested at World championships. EPF EC suggests we accept European records set at World championships without obligatory testing.

*Seconder: Sweden*

*\*Voting 25 for, 1 Against, 0 Abstention – Proposal accepted with the following amendment:*

*European records broken at World Championships may be accepted without doping test. Ref. IPF Anti-doping Rules 5.1.1.2.*

- **10.8. By Laws 104.12 European Powerlifters of the Year.(EC).**

The Executive appoints at the end of each year one female and one male European lifter in both categories “equipped” and “classic” as European Powerlifters of the Year.

New text is underlined.

Reason: With the introduction of “classic” lifting, the two sections must be treated equal.

*Seconder: Sweden*

*\*Accepted unanimously*

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## 11) New Member Applicant

EPF Member Nations

	Full Members		Full Members		Suspended members
1	*Armenia	19	Israel		**Azerbaijan
2	Austria	20	Italy		**Moldavia
3	Belarus	21	Latvia		**Montenegro
4	Belgium	22	Lithuania		**Portugal
5	Bulgaria	23	Luxembourg		**Slovenia
6	Croatia	24	Netherlands		**Ireland
7	Czech Republic	25	Norway		
8	Denmark	26	Poland		
9	Estonia	27	Romania		
10	Finland	28	Russia		
11	France	29	Serbia		
12	Germany	30	Slovakia		<b>New Applicants:</b>
13	Georgia	31	Spain		None
14	Great Britain	32	Sweden		

15	Greece	33	Switzerland		* = Not paid membership
16	Hungary	34	Ukraine		2014
17	Iceland				** = Suspended
18					

**IPF President Recommend EPF appoint one EC member to make contact with nations to encourage them To join EPF**

## 12) Action on Delinquent Nations

None.

## 13) Hall of Fame.

**2015 EPF Hall of Fame were awarded to Sandro Rossi from Italy (official), Märvi Särkiä from Finland and Kenneth Sandvik from Finland (both lifters). Congratulation to all!**

### EPF Hall of Fame history.

Year	Official	Female lifter	Male lifter
1993	Heiner Köberich, GER	Claudine Cognac, FRA	Jarmo Virtanen, FIN
1994	John Moody, GB	Judy Oakes, GB	Eddy Pengelly, GB
1995	Arnulf Wahlstrøm, NOR	-	Victor Naleikin, UKR
1996	Vic Mercer, GB	Audhild Hansen, NOR	-
1997	Arnold Boström, SWE	-	-
1998	George Legget, GB	Dagmar Wang, AUS	Kenneth Mattsson, SWE
1999	Kalevi Sorsa, FIN	Anna-Liisa Prinkala, FIN	-
2000	Henk Kaiser, NET	Natalia Rumyantseva, RUS	Leopold Krendl, AUS
2001	-	-	Wym Elin, BEL
2002	Ralph Farquharson, GB	-	-
2003	Jiri Hofirek, Czech Rep.	Cecile Jamin, France	-
2004	Myriam Busselot, Belgium	-	-
2005	Pavol Müller, Slovakia	-	Andy Kerr, GBR
2006	-	Inger Blikra, Norway	-
2007	-	Antonietta Orsini, ITA	-
2008	-	Raija Jurkko, Finland	-
2009	-	-	Jaroslav Olech, Poland
2010	Dietmar Wolf, NOR	-	-
2011	Alain Hammang, Lux	Ielja Strik, NET	Anibal Coimbra, Lux
2012	-	-	-
2013			Jan Wegiera, POL, Dariusz Wszola, POL

## 14) Bids and confirmation on Future Championships.

### 2015 (given)

European Open/Jun/S.Jun.	Classic	P.C.	21 – 28 March	Pilsen, Czech. Rep.
European Junior & Sub Junior			7 – 11 April	Oroshaza, Hungary
European Open			6 – 9 May	Chemnitz, Germany
European Masters			14 - 18 July	Pilsen, Czechia
European Benchpr. Open			6 – 8 August	Pilsen, Czechia
Western European Champ.			11 - 13 September	La Manga Club, Spain
Danube Cup			9 – 10 October	Imst, Austria
European Benchpr. Masters			15 - 17 October	Tallin, Estonia

### 2016 (given)

European Open/Jun./S.Jun.	Classic	P.C.	5 – 12 March	Tartu, Estonia
European Junior & Sub Junior			13 - 17 April	Malaga, Spain
European Open			10 - 14 May	Pilsen, Czechia
European Masters			12 - 16 July	Pilsen, Czechia
European Benchpr. Open			18 - 20 August	Roedby, Denmark
Western European Champ.			8 - 10 September	Italy
European Benchpr. Masters			13 - 15 October	Hamm, Luxemb.

#### 2017 (given)

European Open/Jun./S.Jun	Classic	P.C.	12 – 19 March	Thisted, Denmark
European Junior			4 – 8 April	Czech Rep, Pilsen
European Open			10 – 14 May	Malaga Spain
European Masters			11 – 15 July	Pilsen, Chech Rep.
European Open/Masters/Jun. Classic	B.P.C.		9 – 13 August	Ylitornio, Finland
Western European Champ.			14 -16 September	Hamm, Luxembourg
Danube Cup			6 - 7 October	Venue requested
European Open/Masters/Jun. Equipped	B.P.C.		11 -15 October	La Manga, Spain

#### 2018

European Masters	Classic	P.C.	7-11 March	
European Open/Jun./S.Jun.	Equipped	P.C.	6-13 May	<i>Czech Rep, Pilsen</i>
European Masters	Equipped	P.C.	11-15 July	
European Open/Masters/Jun. Classic	B.P.C.		9-12 August	<i>Croatia</i>
Western European	Equipped	P.C.	14-16 September	<i>Italy</i>
Arnold Classic Europe			September	
European Open/Masters/Jun. Equipped	B.P.C.		11-14 October	<i>Hamm, Luxembourg</i>
European Open/Jun./S.Jun. Classic	P.C.		25 Nov.- 2 Dec.	<i>Lithuania</i>

P.C. = Powerlifting Championships

B.P.C.= Bench Press Championships

*The EC were delegated the responsibility to find organizers for European Masters powerlifting (classic and equipped) in 2018.*

#### 15) Any other Business.

*Eleiko AB were given 10 minutes presentation of their products by Man.dir. Andreas Andrèn.*

#### 16. Adjournment.

*The President thanked the delegate for a productive Congress with good co-operation and good decisions and wished all “good luck” during the following competitions.*