



## ***European Powerlifting Federation***

# **Minutes of the EPF General Assembly 2013.**

“Updated 2013.05.21.”

Date: Monday 6th , May

Place: Pilsen, Czech Republic

Start: 20:00

### ***Delegates:***

#### ***Full members***

***Austria, Belgium, Bulgaria, Czech Republic, Denmark, Estonia, Finland, France, Germany, Great Britain, Hungary, Iceland, Italy, Luxembourg, Netherlands, Norway, Poland, Russia, Slovakia, Spain, Sweden, Switzerland, Ukraine***

***Total: 23***

#### ***EC members***

***Arnulf Wahlstroem, Alain Hammang, Sandro Rossi, Ralph Farquharson,***

***Total: 4***

#### ***Chairmen (without vote)***

***Myriam Busselot, Maria Pia Moscianese, Sandro Rossi, Ralph Farquharson***

#### ***Non-executive members (without vote)***

***Jiri Hofirak***

***\*\*Total 27 votes.***

## **AGENDA.**

1. Welcome by the President and the Meet director
2. Roll call of Nations and Delegates..... Ralph Farquharson
3. Presidents address..... Arnulf Wahlstrøm
4. Minutes of the last General Assembly.
5. The Account with the balance sheet.  
Treasurers report..... Alain Hammang  
Auditors report..... Pavol Müller and Marina Kail

Approval of budget for 2013.....	Alain Hammang
6. General Secretary report.....	Dietmar Wolf
7. Committee Reports:	
- Technical .....	Myriam Busselot
- Law and Legislation .....	Sandro Rossi
- Disciplinary .....	Pavol Müller
- Finance....(see Auditors report).....	Pavol Müller and Marina Kail
- Appeal .....	Morten Novum
- Women's .....	Maria Pia Moscianese
- Championship Secretary .....	Jiri Hofirek
- Media and Vice President.....	Ralph Farquharson
8. Elections	
- Secretary General,	
- Vice President	
- Chairman of Law & Leg. Committee	
9. Proposals	
10. New member Applicants	
11. Action on Delinquent Nations	
12. Hall of Fame	
13. Bids and confirmation on Future Championships	
14. Any other Business	
15. Adjournment	

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- Technical meeting with team nominations and technical details is organized immediately after the General Assembly.

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### 3) President's report.

#### **Welcome.**

On behalf of the EPF I wish delegates and guests welcome to the 2013 European General Assembly. I want to thank the organiser, by the meet director Vladimir Mati and the Czech PF's President Miroslav Vasek for inviting us to Plzen. I am looking forward to a pleasant stay and a very well organised championship because Mr. Mati has showed in previous organizations of European and World championships that he is a splendid organizer.

#### **European Championships 2012.**

A lot of hard work and good planning created European championships of good technical and social standard in 2012. Statistics show that all together 805 (\*828) lifters took part in European championships in year 2012 which is slightly less than the year before. In 2012 no Danube Cup was organized. It is a high standard on European lifters and *Ielja Strik from the Netherlands and Jaroslav Olech from Poland* were awarded European lifters 2012.

European championships 2012 were organised in:

• Mariupol, Ukraine.	(Open)	74 (*88)	Men and	46 (*58) Women
• Herning, Denmark	(Juniors)	95(*84)	Men and	47 (*37) Women
• Pilsen, Czechia	(Masters)	144 (*139)	Men and	39 (*32) Women
• Terni, Italy	(Benchpress Open)	77 (*74)	Men and	41 (*48) Women
• Plzen, Czechia	(Benchpress Masters)	138 (*128)	Men and	49 (*54) Women
• Hamm, Luxembourg	(WEC)	40 (*36)	Men and	15 (*25) Women

\* = numbers in 2011.

### ***Antidoping.***

In year 2012, EPF made 63 (81\*) doping tests at European championships. This means that about 8% of all lifters were tested. 1 lifter tested positive and is suspended for 10 years.

A lower number of IC tests were carried out in 2012 than the years before. The reason is that WADA as well as IOC require IPF to make more OC (out of competition) testing compared to IC testing.

IPF require that about 5% of the participants in Regional and World championships are tested in competition and the remaining antidoping money finances the OCT program.

Due to lower number of IC testing, EPF has transferred 15.000 Euro to IPF for OC testing in 2012 and expect to transfer the same amount also for 2013.

In 2012 IPF carried out about 50 OCTs.

To change the mentality in some federations from being tolerant about doping abuse to zero toleration is a national concern. If there are not a strong support by the Government in a country, the officials and coaches must in all their work institute rules that stimulates to fair play in the sport. But they must also institute hard punishments for those who are cheating.

EPF and IPF make doping controls in and out of competitions but the work to really minimize doping abuses must be done by the national federations and in clubs and training studios.

We all know how important the anti-doping work is for the sport of powerlifting to be accepted by IOC and also worldwide as a sport with integrity.

### ***High standard of European lifters.***

I like to express my congratulation to all European medallists at World championships.

European lifters won 32 out of 45 medals at the Open Worlds and 58 out of 102 medals at the Junior Worlds.

In addition, European Master lifters and Bench pressers in all age categories won a high number of World medals last year.

This great progress is a result of hard work by the athletes but also a big credit to European coaches and training systems as well as the leadership in national clubs and federations. You should all be very proud of this success.

### ***World Games.***

The World Games 2013 are organized in Cali in Colombia and start end of July. The qualification to take part was at the Open Worlds in Puerto Rico last year. 28 Men out of 40 and 18 Women out of 40 are from Europe. Let us hope they will have great success at this prestigious championship – which is like the Olympics for our sport.

### ***New visions and strategic planning.***

The EPF administration has in 2012 worked with several projects to improve our organization. Even small details may turn out to be important because also big buildings are made of small pieces.

La Manga Club (LMC) in Spain is a well-known sport and recreation centre. The EC has signed a contract with LMC to establish facilities for powerlifting. During 2012, platforms and powerlifting equipment are installed. La Manga Club offers now a good equipped training studio for powerlifting and general strength training suitable for training seminars for powerlifters or just combining training and vacation together with the family.

Another project was to harmonize the music at European championships. The taste of music is different but at our championships we must please both the lifters and the audience as well as highlight our ceremonies.

Due to this, the EC (thanks to Ralph Farquharson) has worked out appropriate music which is mandatory to use at all Europeans. This music list will of course be subject to improvements or changes as we gain experience.

To improve the internet streaming from our European championships, the EC also work to provide a better web host and better quality of the internet lines at the venues. Today, the streaming is not working well when a large amount of spectators log in.

We will solve this project together with IPF.

The EC is also working with a company that produce IOC recognized nutrition. This could be a good support for powerlifters and is part of the EPF anti-doping work.

### ***Thanks to the EPF Officials.***

Due to the appointment of Dietmar Wolf as new IPF Treasurer, he had to leave the EPF EC and some relocation was needed in the EPF Executive. Hopefully, the proposed candidates in the EC will be accepted and elected by the GA.

Thank you very much to Dietmar for his long service as EPF Secretary General (since 2005). His efforts and dedicated work has really been a good support to both the daily work to administrate EPF and to make up new strategies for EPF to move forward.

No federation or company is better than the people doing the work and I am proud to state that EPF has dedicated and hard working officials that cooperate perfect in the leading team and also cooperate well with our members.

Thank you very much to Jiri Hofirek, Alain Hammang, Ralph Farquharson, Myriam Busselot and Sandro Rossi as well as all EPF officials in various committees - you do a great work to run and administrate the EPF!

**Good luck.**

I hope we will have useful discussions and make good decisions at this General Assembly and I wish you all a successful Open European Powerlifting Championships 2013.

Best regards,

*Arnulf Wahlstrøm, EPF President*

*\*\* Accepted unanimous*

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**4) Minutes of the last Congress.**

The Minutes can be loaded down from the EPF web.

*\*\* No remarks.*

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**5) EPF Account 2012 (All values are in Euro)**

Financial Situation	Year 2012	EPF Savings Account	
		LU430019651241234000	
Category	Expenses	Category	Incomes
Bank Fees BCEE 2012	-1,50	Left over 2011	97.447,29
		Credit Interest 2012	698,63
Trft business account 2012	-8.147,29		
Total	-8.148,79		98.145,92
		Left over: 31.12.2012	89.997,13

Global Financial Situation	Year 2012	EPF Business Account	
		LU300019205559571000	
Category	Expenses	Category	Incomes
Bank Fees	-220,66	Anti-Doping Fees	41.200,00
Doping Costs	-21.332,91	Membership Fees	7.950,00
EPF Championships Medals	-1.268,92	Organizing Penalty Fee	1.500,00
Flight/Travel Costs	-11.729,01	Participating Fees	16.520,00
Marketing Strategy	-12.932,66	Penalty Referee Fees	750,00
Other Approved Expenses	-4.092,09	Sanction Fees	4.150,00
Reimbursement	-6.000,00	Sponsors 2012	177,20
Sports Development Fund	-5.471,00	Trsf Savings account	8.147,29
Doping Costs 12 OCT/IPF	-15.000,00	Left over 2011	206,01
Doping Costs 13 OCT/IPF	-2.500,00		
<b>Total:</b>	<b>-80.547,25</b>		<b>80.600,50</b>
		Left over : 31.12.2012	53,25 €

Left over 2012:	53,25 + 89.997,13 = 90.050,38 Euro
Negative balance 2012	97.653,30-90.050,38 = -7.602,92 Euro

Provisional Budget	Year 2012	EPF accounts		
Category	Expenses	Category	Incomes	Dysbalance
Bank Fees BCEE	-450,00	Credit Interest	1000,00	
EPF Championships Medals	-2000,00	Doping Fees	42000,00	
Flight Tickets /Travel costs	-10500,00	Membership Fees	7000,00	
Doping Costs +OCT	-42000,00	Participating Fees	33600,00	
Hotel accomodation	-2000,00	Penalty Referee Fees	1000,00	
Marketing Strategy	-10000,00	Sanction Fees	4150,00	
Other Approv. Expenses	-8000,00	Sponsors	3000,00	
Sports Development Fund	-5000,00			
Participating Fees	-16800,00			
Reimbursement	-3000,00			
Total:	-99750,00		91750,00	
dysbalanced provisional budget 12				-8000,00

*\*\* Accepted unanimous*

### Treasurer Report:

Please be inform that for the year 2012 (31.12.12) our two accounts EPF show a negative balance.

In the last 9 years you can find the following financial evolution in our EPF accounts stands:

2003	12.646,40 Euro (EPF account in Spain)
2004	26.091,87 Euro (EPF account in Spain)
2005	41.875,38 Euro (EPF account in Luxembourg / open June 2005)
2006	58.114,21 Euro (EPF business account 1.076, 91+ EPF savings account 57.037,30)
2007	70.649,48 Euro (EPF business account 1.892,52 + EPF savings account 68.756,96)
2008	84.106,17 Euro (EPF business account 1.906,50 + EPF savings account 82.199,67)
2009	84.144,37 Euro (EPF business account 969,22 + EPF savings account 83.175,15)
2010	92.326,16 Euro (EPF business account 526,26 + EPF savings account 91.799,90)
2011	97.653,30 Euro (EPF business account 206,01 + EPF savings account 97.447,29)
2012	90.050,38 Euro (EPF business account 53,25 + EPF savings account 89.997,13)

- 1) Against the fight of doping, the part of EPF for OCT tests ordered by IPF for 2012 was 15.000 Euro.
- 2) Ukraine, Italy & Luxembourg claimed for "Sports Development Fund" in 2012.
- 3) EPF gives back 50% of the costs of EPF Championships Medals 2012 for following nations: Denmark, Italy and Luxembourg.
- 4) In December 2012 EPF made a bank transfer to IPF of 2.500,00 EUR for OCT tests ordered by IPF for 2013.

#### 1. Situation of the EPF Business account 2012

Total incomes 2012	80.930,50 Euro
Total expenses 2012	-80.877,25 Euro

Left over 2012 53,25 Euro

#### 2. Situation of the EPF Savings account 2012

Total incomes 2012	98.145,92 Euro
Total expenses 2012	-8148,79 Euro

Left over 2012 89.997,13 Euro

Left over 2012:	53,25 + 89.997,13 = 90.050,38 Euro
Negative balance 2012	97.653,30-90.050,38 = -7.602,92 Euro

**\*\* Accepted unanimous**

Alain Hammang EPF treasurer

## Report from the Auditors Committee.

Dear members of the EPF Congress,

As every year we started our audit by going through a paper file provided by Alain Hammang. After that Marina and Alain met in Luxemburg on April 8<sup>th</sup> 2013 to check the records and bank statements and clarify any questions from the paper approval. Again due to early booking some travel costs concern the next EC-workshop in 2013. This is not avoidable. Furthermore we corrected a few little mistakes concerning bookings in wrong categories or belonging to different events. Besides that we didn't notice any problems. Thanks to Alain again for his careful work!

Incomes and expenses in the balance sheet correspond to the bank statement of period 1<sup>st</sup> to 31<sup>st</sup> December 2012. All expenses are in full compliance with the EPF Constitution and By Law.

Three points are remarkable:

As an effect of Alain's teamwork with an ACCESS developer, the booking system has been improved significantly. Now it is possible to show debits and credits for each championship, event or project separately. Using the new reports, it is easy to get an overview for example over investments in La Manga HPC. Furthermore with the new features, it will be easier for the auditors to check the Bookings.

The EWMOP in Mariupol / Ukraine was organised rather badly. Therefore Ukraine had to pay 1.500 € as an organisation penalty fee. This fee, as well as the sanction fee of 750 € were covered by the National federation's part of the participating fees. Furthermore due to the specific problems in Ukraine and bad experiences in the past, this championship appears with additional costs in the balance sheet. For safety reasons and to ensure transport of the kits, the doping tests were outsourced to a Swedish agency. This caused higher expenses of estimated 2.500 € compared with doping tests done by own people. Therefore we recommend not to give further championships to Ukraine until the situation has not been verifiably improved. A national federation should be able to provide good and reliable conditions for everybody who is involved in a European Championship, especially for the athletes. The EC should not take any foreseeable risks for its championships.

Finally we recognised that some critical votes exist concerning the big amounts which are paid to IPF for OCT. No question that any expenditure of funds from EPF must have support in the statutes and rules agreed by the Congress. For this reason we propose to solve the payment for OCT via IPF after setting clear rules agreed by the Congress.

Marina Kail and Pavol Müller  
EPF auditors

\*Pavol Muller question the amount of fees EPF paid to IPF toward OCT testing during 2012. He stated it must be outline in the rules and By-Laws. EPF President Arnulf Wahlstrøm explains that the IPF reduce ICT from 10% to 5% and that each region must pay more toward the OCT programme. The IPF president Gaston Parage stated that all fees collected from Anti-Doping should be spent on Anti-Doping

**\*\* Accepted unanimous**

## Budget 2013. (All values are in Euro)

Provisional Budget	Year 2013	EPF accounts		
Category	Expenses	Category	Incomes	Balance
Bank Fees BCEE	-450,00	Credit Interest	1.000,00	
EPF Championships Medals	-2.000,00	Doping Fees	42.000,00	
Flight Tickets /Travel costs	-10.500,00	Membership Fees	7.000,00	
Doping Costs +OCT	-42.000,00	Participating Fees	33.600,00	
Marketing Strategy	-6.000,00	Penalty Referee Fees	1.000,00	

Other Approv. Expenses	-5.000,00	Sanction Fees	4150,00	
Sports Development Fund	-3.000,00	Sponsors	3.000,00	
Participating Fees	-16.800,00			
Reimbursement	-6.000,00			
Total:	-91.750,00		91.750,00	
balanced provisional budget 13				0,00

*\*\* Accepted unanimous*

## 6) Secretary General Report.

Dear congress delegates, member federations, ladies and gentlemen!

First of all, I would like to express my thankfulness to all lifters for their achieved results, affiliated member federations for their work on national level, and to the EC- and Committee members for a very good cooperation during the last year.

EC – Board and Committees:

It might look nearly exaggerated, that in some situations the work of the EPF is too much highlighted or praised. But, caused to the fact, that all board- and committee members show high professionalism, an excellent cooperation, and simultaneously handle their daily workloads on a solution - orientated way, builds an atmosphere, which stimulates all of us to continue developing the EPF in a high-quality way.

The EPF is always striving to promote and develop powerlifting in a very superior and prudent way, but wishes also to provide a high performance powerlifting on the platform. That this striving and basically superior work from all involved persons gets a face, the media office and organizers play an important role. For to reach spectators, fans and all others who are interested or should become interested in powerlifting, not only in Europe, but also around the world, high quality internet streaming, internet (Twitter/FB) and other kind of medias are requested. From EPFs side, efforts are planned to improve all these media offers. For to succeed with the media work, is it important, too, that all member nations cooperate with the EPF media officer concerning exchanging of important lifter-, or and championships information or other highlights connected to powerlifting.

The EPF has, in cooperation with “La Manga Club”, established a “High Performance Training Centre in La Manga/Spain. The first leg has been completed, as 2 lifting platforms are installed and equipped with 2 combined powerlifting racks from ER and with 2 complete Eleiko sets (bars and plates).

The EPF/IPF and La Manga Club are now in negotiations again to establish a separate strength training room (400 square meters) equipped with 6 combined powerlifting racks from ER, and 6 complete Eleiko sets (bars and plates) and primarily intended to powerlifting.

La Manga lends itself to seminars and competitions, too. All necessary facilities are available and nearby included a lot of sun over longer periods.

Here, a high appreciated thank you goes to Ralph Farquharson, he worked tirelessly on this case, he established the first contacts between LAM/EPF/ he negotiated / he worked out drafts and finalized the negotiations between “La Manga Club” and the EPF.

All necessary information is to obtain on the EPF homepage under:

[http://www.europowerlifting.org/la\\_manga\\_training\\_centre.html](http://www.europowerlifting.org/la_manga_training_centre.html)

World Championships in Puerto Rico:

Without any doubt, probably the World Championships in Puerto Rico were the biggest highlight for the EPF in 2012, caused to the fact, that the WC 13 was considered as a qualification championship to the World Games 2013. As the actual nomination list to the

WG 13 assured, more than 50% of the total number of participants is coming from Europe. The European participants are divided in 20 female lifters – directly qualified, plus 5 reserve lifters, and 27 male lifters – directly qualified, plus 9 reserve lifters. The EPF is proud of our female and male lifters, and appreciates their high performances on international level last year. They are brilliant and exemplary ambassadors for our sport.

“Unequipped” Championships:

The EPF - EC got a suggestion to organize “Classic” European Benchpress Championships in the future. To your information, it is not the duty of the EPF – EC to establish such a championship. Proposal(s) must come to the EPF congress.

The EPF board has discussed and concluded to wait and see how the “Classic” World Championships” will be adapted from all the nations and lifters during the next years. With this “Classic” World Championships a top level championship is provided and will be a parameter on which way “Classic” Powerlifting will develop itself. And as you know, “Classic” World Cup”, now “Classic” World Championships”, was launched 2010 by the IPF as test events (a trail project) over the next years.

We also have taken into consideration the following: more championships means, we need more organizers, too, to fulfil the complete competition schedule during the whole year. The EPF competition calendar is already booked up until end of 2015.

I also like to say a few words in relation to “Unequipped” powerlifting.

“Unequipped” powerlifting is an upcoming young new division, and can be helpful for recruiting new lifters to powerlifting in general, a positive step. But we should not rush, as with all new objects, we need to have fundamental parameters (figures) to be able to analyze trends/movements, before we discuss to establish such championships on European level. Therefore this movement should grow on national levels first during the next years.

And if we after a couple of years get confirmed, that “Unequipped” powerlifting is good established as a new division, then it must be necessarily space for both divisions (equipped/unequipped); the intension should/can not be that “unequipped” powerlifting will then replace “equipped” powerlifting on national and international level in the future. “Equipped” lifting has a long history in powerlifting, and has a lot of fans and supporters. If we are able to recruit new lifters in this new division “unequipped”, and on the other hand loose lifters in the division “equipped”, it does not make any sense and will be a disadvantage for powerlifting in general. Then the intention to recruit more members to powerlifting will fail.

Powerlifting has struggled a lot with doping abuses in the past. The IPF realized that all these doping abuses over years have had a negative impact for the IOC recognition and the reputation of the powerlifting in general. Therefore the IPF introduced a stricter anti doping policy in all regions, and invested a lot of money in the anti doping work/controls. The effect of this strict anti doping policy resulted in a lower rate of positive lifters on international level until 2011.

In the light of this, we must be aware, that new established championships on international level, will give us also new challenges in direction doping abuses. New recruited lifters, maybe also from various kinds of sports, too, will participate at these championships, and not all are familiar with doping controls. The national member nations should therefore ensure that international participating lifters are over a longer period affiliated club-, national powerlifting federation members, as well, to ensure they are integrated in the national anti doping policy/work.

The reason why I broach this issue is, that doping controls carried out at “Unequipped” international championships resulted in 9 doping abuses in a period from June 2012 – December 2012. The IOC recognition is under processing, I do not hope, that the increased number of doping abuses in 2012 will be a seat – back for the IOC recognition.

Concerning doping abuses in the EPF 2012

The EPF has set itself a goal to minimize the number of positive lifters from our affiliated member nations at European-, World Championships, WEC, Cups and national level.

To summarize, we have had 4 positive lifters in 2011 and now 4 positive lifters in 2012 again, which means that we were not able to reduce the number of positive lifters from 2011 to 2012. Two nations (2/2) were involved in these doping abuses 2012.

Of course, compared to the high number of EPF participants on international level, we could be satisfied with only 4 positive lifters in 2012. But we must keep in mind, the EPF is a part of the IPF, and the total number of positive lifters from all regions in the IPF counts concerning the IOC recognition.

All of us leaders/trainers/lifters must take responsibility in this matter; therefore, I strongly encourage all our member nations again, to continue with their anti doping work/programs for their lifters trainers and leaders. If not, the IOC recognition will be unreachable for us in the future.

A special thanks to our president Arnulf Wahlström and Championship Secretary Jiri Hofirek, and all other board members working untiring on a high level for the EPF.

A great thank, too, to all doping officers and to all referees, who have represented the EPF in an excellent way with high quality work on international level.

Secretary General EPF:

Because I took over the office as IPF interim treasurer in November 2012, I left my office as SG in the EPF. I served the EPF since 2001, first in different committees, and later on as an EC member. It was a big pleasure for me serving all of you.

I have had the possibility to work together with fantastic and motivated people in the EPF – EC. They inspired me, showed high professionalism, an excellent cooperation, and respected me as a person and stimulated the work I have done. An enormous thank also to all member nations of the EPF (lifters/ trainers/ leaders/volunteers etc). It was a great pleasure for me to meet/work/discuss together with you, which has enriched my life.



Finally I would like to wish everybody a successful General Assembly and successful European Championships!

Dietmar Wolf, EPF Secretary General

*\*\* Accepted unanimous*

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## 7. Committee Reports.

### - Auditor Committee Report

See chapter no. 5

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### - Technical Committee report.

Time fly's as one ages!

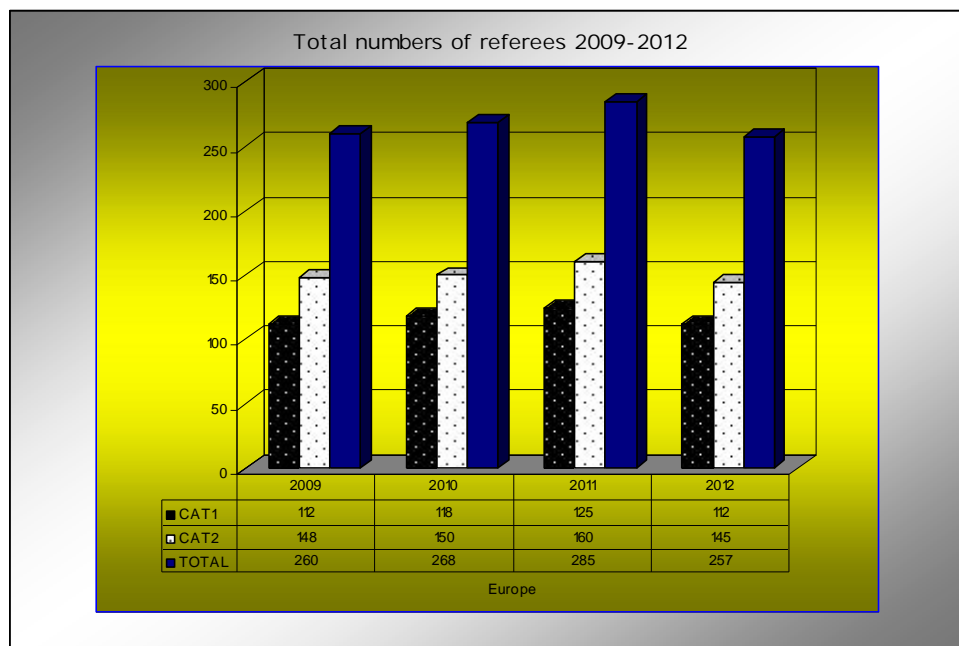
In 2012, I was present at the European Open Championships, the European Masters Championships, the European Open Bench-Press Championships, the Western European Championships and also the World Open Championships.

But every year we have problems with the selection and placement of referees for acting at the European championships and we also need more women referee's to act during a championship.

I took more than 12 exams in 2012 and Referee Registrar Patrik Thur has kept me informed of referee numbers (annually) and administered Cat 1 and Cat 2 exams most proficiently. Thanks to Patrik for his excellent cooperation.

All successes exams 2012 have been published.

Total number of European Referees :



Total 2012: 257 referees, 35 of them are women

I hope to cooperate still long with you and look forward to meet you at next Championships.  
All the best to the Czech Powerlifting Federation with the Men's and Women's European Championships!

**Myriam Busselot, EPF T.C. Chairman**

*\*\* Accepted unanimous*

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### - Law & Legislation Committee report.

Dear Delegates,

The Committee is formed by: -Sandro ROSSI, Chairman; -Kalevi Sorsa, Member.

As you know this should be my last report. In these 5 years in which I have been L&L Chairman, the Committee has given all support to the EPF EC in order to update our Constitution and By Law. This job was done by autonomous initiative or after each IPF General Assembly. In this way our rules have always given assurance to our democratic life.

The cooperation between the Committee and the other EC Members has been always done in a very professional way and with the highest team spirit.

I take this occasion to express to Kalevi Sorsa all my gratitude. His cooperation and advises have been always invaluable.

The L&L Committee wishes all the best to the Organizer of the 2013 European Open.

To the Lifters, Coaches and Referees "good lift"!

Sandro Rossi (Chairman)

Kalevi Sorsa (Member)

*\*\* Accepted unanimous*

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### **- Disciplinary Committee report.**

Dear members of the EPF Congress,

In 2012 the activity of DC was directed onto reminding and taking collective decisions regarding to problems of EPF within EPF executive committee. Members of DC took active part in managing of doping controls at competitions according to valid rules. Because of nice and friendly behavior of participants at our sport events the DC members were without their standard work.

I would like to thank all members of EPF executive and to representatives of our member nations for a very good cooperation and support during the year 2012.

I wish you all a successful General Assembly

*Pavol Müller, E.P.F. Disciplinary Committee Chairman*

*\*\* Accepted unanimous*

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### **- Appeal Committee report**

During 2012, the Appeal Committee has not received any appeals or received any other requests.

Since there has been no activity in the Appeal Committee, it has neither been required to appoint any additional members.

*Morten Novum , Chairman, Appeal Committee*

*\*\* Accepted unanimous*

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### **- Women's Committee Report**

Dear Delegates and Member Federations,

As usual also for the year 2012 I produced a statistics regarding the participation of women lifters in Powerlifting and Bench Press Competition.

You can see this document, regarding the whole period 2000 – 2012, opening the EPF website and following the link "About EPF - Women's Powerlifting".

Reading this statistics we can observe an increase of junior female lifters in 2012 respect previous years. This is a fact very important for growing of powerlifting considering that young lifters represent the future of our sport.

In order to strength the action of Women's Committee I ask to all Member Federation don't hesitate to give me any suggestions or inputs, moreover if there is someone interested to be member of the Committee please contact me.

Finally I wish you all a successful General Assembly and Open European Championships.

*Maria Pia Moscianese – EPF Women's Committee Chairwoman*

*\*\* Accepted unanimous*

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### **- EPF Championship Secretary Report.**

Dear Sport colleagues,

My work on last year was similar as on all past years. Nevertheless, there were some matters which do problems with my Championships Secretary duty. These maters are similar as on next year:

#### 1. Last sending Nomination of lifters to European championships.

Some Federations are waiting to the last day with sending Preliminary and Final nomination. In the case that they forget insert some lifters into the nomination, the officials of these Federation often ask me, several days after date of the nomination, if they can do a correction and if they may add next lifters to their nomination. EPF Executive Committee always disapproves these requests. Keep on your mind that late nominations and additional refilling the nomination will not be accepted.

All nominations for Championships can only be put forward by accredited official of federations and not by unknown person or individual lifters. This official must send the nomination to me, to Meet Director of the Championships and to President and Secretary General of their National federations. Individual nominations will not be accepted.

Some officials don't know that sending of the final nomination is obliged and that no federation can take part at the championships if they didn't send the final nomination. And regarding the final nomination: no reserve lifters can be included in the final nomination.

#### 2. Filling of the preliminary nomination forms.

- in preliminary nomination is necessary to state for which categories will be referees available,
- in preliminary nomination must be stated the best results of several lifts not only total results of lifters,
- most of federations don't apologize referees who will not participate at the championships. The national federation may withdraw any referee latest 7 days prior to the championship.

No coaches or officials may drink beer or other alcohol inside of the warm-up area. Organizer and EPF delegates will control it and these people will be excluded out from warm-up area or from sport hall.

I would like to wish you a successful General Assembly and very good European Championships.

*Jiri Hofirek, EPF Championship Secretary*

*\*\* Accepted unanimous*

.....

### **EPF Media Officer and Vice President Report**

Dear General Assemble, member Federations, Ladies and Gentlemen

Firstly I would like to take the opportunity to express my gratitude to all members Federations, Officials, Athletes and the EC board members for helping to make 2012 another highly successful year for the EPF...It's been a pleasure and an honour working with the EC as part of what is now a very professional outfit.

#### **Social Media**

Since the EPF Twitter site was launched in March 2012 (@EuroPowerlifts) – it has gone from strength to strength attracting not only Powerlifters but many other sports and media from around the world. We currently follow over 400 people and have over 300 followers from across Europe and the world. We use the Twitter site to promote the IPF/EPF website, we share competition dates and associated information (venue/accommodation, provisional timetables, referee's duty, etc), we provide links to records and results, and, most importantly, to comment on EPF competitions and share pictures of the championship. We encourage our followers to re-tweet and to

mention us in their tweets. The hashtag powerlifting (#powerlifting) is often used in our tweets.

I am hoping to launch the EPF Facebook page later this year. There is a major changed in the way the media and sport now work everything is now done by internet if we're to keep pace then social media must be the way forward.

The very poor quality of live streaming continues to be a major problem and is now time to take action. For live stream to be of benefit to our sport, we must launch our own server that way we can control the quality of the streaming...The EPF has now purchased its own YouTube channel we can now upload video footage from all our championships.

Media coverage of our championships during 2012 was of a very high stand. Promoters and the EPF media office is now working very closely to produce media material and press release to ensure each event receive full media coverage.

### **EPF world –class training camp at La Manga Club**

I'm delighted to report that after two year's negotiation EPF has now sign an agreement with La Manga club, Spain to develop a world-class high performance centre...This will represent a quantum leap for the sport by raising its profile. The camp will provide powerlifters with the facilities to train at one of the top 3 sports resort in the world. The camp is not just for training, we're encouraging athletes and their families to come and enjoy the fabulous environment LMC has to offer by coupling training with holiday.

### **BodyPower Nutrition**

I am working with a nutrition manufacturing company to develop a range of high quality nutrition products especially for strength/Power development. All products will be WADA approve and recommended by EPF to all members federation. This will represent a big boost to our athletes knowing the nutrition's they are taking will not only support their strength development but safe.

May I wish you all a very successful General Assemble and Open European championships.

*Ralph Farquharson, EPF Vice President and Media Officer*

*\*\* Accepted unanimous*

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## **8) Election.**

Vice President:	Candidate: Sandro Rossi, Italy
Secretary General:	Candidate: Ralph Farquharson, Spain
Chairman Law & Legislation:	Candidate: Jari Rantapelkonen

*\*\* All elected unanimous*

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## **9) Proposals.**

### **9.1 By-Laws 103.2.2. (EC)**

Sanction fee for international matches: EUR 200

**Reason:** Sanction of an international match means work and responsibility for EPF and should be compensated by a fee.

A sanction means that the competition is included in the EPF Calendar, doping control must be arranged and EPF take on the responsibility that WADA rules and IPF rules will be followed.

*\*\*Voting: 26 for 1 against - Passed*

### **9.2 Replace the Western European championship (WEC) with an EU championship. (EC)**

**Reason:** More nations, like the Baltic nations, want to join the WEC.

If establishing an EU championship, more nations can take part including the Baltic nations. An EU championship will be open for all EU members and associated members.

**\*\*Voting: 9 for, 18 against – Failed**

If the Danube cup shall continue is up to the organizing nations of this cup to decide.

### 9.3 By-Laws 105.16. (EC)

If the promoter does not return Technical Checklist within stated time limit, he will be fined a sum of Euro 125.”

**To be changed to:**

If the promoter does not return Technical Checklist, *Promoters Contract and the Anti-Doping Control Agreement* within stated time limit, he will be fined a sum of Euro 200 for each. Total Euro 600

**Reason:** It is important for EPF to have all 3 contracts returned in due time to go forward with the work to prepare the championships.

**\*\*Voting: 27 for, none against - Passed**

### 9.4 By Laws 105.13. (EC)

.....If a referee from that nation is not present, or if present, is not available to act in the capacity of either referee or member of the jury during the championship/cup, the lifters are allowed to take part, but the fine of Euro ~~250~~ 500 has to be paid by the nation.

**Reason:** At all European championships, except the European Open, it is problem to have enough referees. The few referees that attend works often whole days.

Some nations send many referees to the European Open but pay the fee of 250 Euro for not sending referees to other Europeans. To pay only 250 Euro is cheaper than sending a referee. If the fee is raised to 500 Euro, the federations may rather send a referee. Without enough referees, it is impossible to organize championships. The fine to be used for helping referees present at championship

**\*\*Voting: 12 for, 11 against, 4 abstentions – Passed**

**\*\*Amendment from Germany second by Luxembourg. That if a federation send more than 1 lifter without a referee available for 2 days, they would not be allowed to take part in the championship.**

**\*\*Voting: 10 for, 17 against – Failed**

### 9.5 European Classic Bench Press Championships (Finland).

The Finnish PF proposes for the EPF, that it should start to arrange European Championships in Classic Bench Press.

**Reason:** EPF has informed that it will consider what IPF decides on raw lifting. IPF decided Nov. 2012 to start World classic championships in powerlifting 2013.

Bench press is equal sport with powerlifting and should have international raw championships.

Raw powerlifting and raw Bench press should have a chance also for championships.

Especially juniors raw is good to start with but also Open benchers are willing to lift raw, not to forget Masters

**\*\* The IPF president Gaston Parage point out that IPF does not organize Classic Bench Press championship. IPF is the governing body for Powerlifting and region must follow the IPF lead.**

**\*\*Voting: 5 for, 15 against, 2 abstentions - failed**

### 9.6 European Classic Open, Sub Junior and Junior Championships (Denmark).

Introduction of official RAW (classic) European Championships for: open class men and women – sub juniors and juniors. Continue with the equipped championships as they are. After 2 years, in 2015, an evaluation is to be made at Congress to find out whether changes to the above should be made.

**Motivation:** Equipped powerlifting is stagnating, whereas RAW lifting is becoming still more popular.

Equipped lifting has become still more supportive, which causes problems for the EPF and the IPF and the referees who find it difficult to handle the situation. One example is the latest illegal introduction of the super Katana low cut. It is also vital for the EPF to introduce official World championships in RAW (classic) powerlifting as there is a risk that RAW lifters will otherwise find other federations where to perform their lifting. The EPF needs more members and lifters and not less.

“After a long discussion it was finally agreed to stage a European Classic Open, Sub-Junior and junior in 2017. Denmark offered to host the championship. An application must be forwarded to the EC prior to the GA in 2014”

**\*\*Voting: 11 for, 6 against, 2 abstentions – Passed**

## 10) New Member Applicant

### EPF Member Nations

	Full Members		Full Members		Suspended members
1	*Armenia	19	Latvia		**Azerbaijan
2	Austria	20	*Lithuania		**Moldavia
3	*Belarus	21	Luxembourg		**Montenegro
4	Belgium	22	Netherlands		**Portugal
5	Bulgaria	23	Norway		**Slovenia
6	Czech Republic	24	Poland		**Ireland
7	Denmark	25	Romania		
8	Estonia	26	Russia		
9	Finland	27	*Serbia		
10	France	28	Slovakia		
11	Germany	29	Spain		
12	*Georgia	30	Sweden		<b>New Applicants:</b>
13	Great Britain	31	Switzerland		None
14	*Greece	32	Ukraine		
15	Hungary				* = Not paid membership
16	Iceland				by 31 March 2013
17	Israel				** = Suspended
18	Italy				

New application for full EPF membership: None

## 12) Action on Delinquent Nations

None.

## 13) Hall of Fame.

The following lifters was awarded Hall of Fame: Dariusz Wszola and Jan Wegiera both from Poland

### **EPF Hall of Fame history.**

Year	Official	Female lifter	Male lifter
1993	Heiner Köberich, GER	Claudine Cognac, FRA	Jarmo Virtanen, FIN
1994	John Moody, GB	Judy Oakes, GB	Eddy Pengelly, GB
1995	Arnulf Wahlstrøm, NOR	-	Victor Naleikin, UKR
1996	Vic Mercer, GB	Audhild Hansen, NOR	-
1997	Arnold Boström, SWE	-	-
1998	George Legget, GB	Dagmar Wang, AUS	Kenneth Mattsson, SWE
1999	Kalevi Sorsa, FIN	Anna-Liisa Prinkala, FIN	-
2000	Henk Kaiser, NET	Natalia Rumyantseva, RUS	Leopold Krendl, AUS
2001	-	-	Wym Elin; BEL
2002	Ralph Farquharson, GB	-	-
2003	Jiri Hofirek, Czech Rep.	Cecile Jamin, France	-
2004	Myriam Busselot, Belgium	-	-
2005	Pavol Müller, Slovakia	-	Andy Kerr, GBR
2006	-	Inger Blikra, Norway	-

2007	-	Antonietta Orsini, ITA	-
2008	-	Raija Jurkko, Finland	-
2009	-	-	Jaroslav Olech, Poland
2010	Dietmar Wolf, NOR	-	-
2011	Alain Hammang, Lux	Ielja Strik, NET	Anibal Coimbra, Lux

#### 14) Bids and confirmation on Future Championships.

##### 2013 (given)

Danube Cup	October 5th	Oroshaza, Hungary
European Junior	April 9 <sup>th</sup> – 13th	Prague, Czech Rep.
European Open	May 7 <sup>th</sup> – 11th	Pilsen, Czech Rep.
European Masters	July 9 <sup>th</sup> – 13th	Hamm, Luxembourg
European Benchpr. Open	August 8 <sup>th</sup> – 10th	Senec, Slovakia
Western European Champ.	Sept. 13 <sup>th</sup> – 14th	Blanquefort, France
European Benchpr. Masters	October 17 <sup>th</sup> – 19th	Sofia, Bulgaria

##### 2014 (given)

European Junior & Sub Junior	April 9 <sup>th</sup> -13th	St. Petersburg, Russia
European Open	May 7 <sup>th</sup> – 11th	Sofia, Bulgaria
European Masters	July 9 <sup>th</sup> – 13th	Pilsen, Czech Rep.
European Benchpr. Open	August 8 <sup>th</sup> – 10th	Pilsen, Czech Rep.
Western European Champ.	September 18 <sup>th</sup> – 20th	Senigallia, Italy
European Benchpr. Masters	October 16 <sup>th</sup> – 18 <sup>th</sup>	Hamm. Luxembourg

##### 2015 (given)

Danube Cup	14 – 15 March	Venue requested
European Junior & Sub Junior	8 – 12 April	Hungary
European Open	6 – 10 May	Chemnitz, Germany
European Masters	8 – 12 July	Ostrava, Czechia
European Benchpr. Open	7 – 9 August	Frydek-Mistek, Czechia
Western European Champ.	18 – 20 September	La Manga Club, Spain
European Benchpr. Masters	16 – 18 October	Talin, Estonia

##### 2016 (bids)

European Junior & Sub Junior	13 - 17 April	Venue requested
European Open	11 - 15 May	Pilsen, Czechia
European Masters	13 - 17 July	Pilsen, Czechia
European Benchpr. Open	12 - 14 August	Roedby, Denmark
Western European Champ.	8 - 10 September	Italy
European Benchpr. Masters	13 - 15 October	Hamm, Luxembourg

#### 15) Any other Business.

#### 16) Adjournment