



# GENERAL ASSEMBLY

ST. JULIANS, MALTA

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- 1. Welcome by the President**
- 2. Roll call of Nations and Delegates**
- 3. Minutes of the Last Congress**

The Minutes can be downloaded from the EPF web.

[Minutes GA 2025.pdf](#)

No remarks have been received.

#### **4. President's Report**

Ladies and Gentlemen,

On behalf of EPF, I welcome all delegates and guests to the 2026 General Assembly. I hope we will have useful discussions and make good decisions for the future.

##### **General overview**

Over the past year, the European Powerlifting Federation has continued to strengthen its position as a modern, athlete-focused and forward-looking organisation, guided by the EPF Strategic Plan and a clear commitment to sustainable growth.

Throughout the year, we worked together to deliver high-quality championships, develop our structures, strengthen cooperation, and advance the strategic direction of the EPF. I want to express my gratitude to everyone within our community.

Performances of our athletes at the World Games 2025 in Chengdu showed the world what European lifters are made of. I am enormously proud that 29 of the 48 World Games medals went to Europe.

In 2025 we also had a record number of participants at our events. Countless European and world records were smashed at the EPF platform. These feats confirm what we have always known: European powerlifting is moving to the highest level.

The dedicated support from our sponsors, in the form of donated materials and economic contributions, strongly helps EPF support our organizers and maintain high activity. This also helps us bring powerlifting forward.

On the opposite side, we have the Russian war against Ukraine. This throws a black shadow over Europe and harms the sport, people, and the economy. Therefore, the Belarusian and Russian federations are restricted from participation in the European Championships. However, we remain hopeful for a just and lasting solution to the situation in Ukraine.

## **Governing the EPF/Administration**

The workload for EPF officials has increased significantly in the past couple of years, necessitating swift resolutions in our digital environment to ensure seamless operations. Contracts have been prepared and dispatched to event organizers, and preparations for the 2026 and 2027 seasons are progressing satisfactorily.

However, the daily workload to run EPF has increased beyond what is possible to handle as a voluntary duty. In our way to become a more professional sports organisation, we must continue go from voluntary to paid work for a part of the administration. For the next GA, we will invite the federation to decide the way forward.

EPF has remained committed to clarity, responsibility, and stability in governance. In May, the EPF Executive Committee adopted an official Policy regarding the participation of Russian and Belarusian athletes and officials in EPF events. This Policy clearly reflects the Federation's position of non-tolerance towards aggression and violence, while reaffirming its responsibility to support and protect its member nations. The Policy was adopted in a transparent manner, fully aligned with the international sport governance principles of IPF and IOC.

According to Norwegian Law, the board of EPF operates as a single entity, meaning any decision is deemed to be made by the entire board. As EC members, we are all solidary and collectively accountable for the board's decisions and actions as a whole. This principle dictates that once a decision is reached, all EC members support it, regardless of their personal, private views.

The success of any federation or organization is fundamentally rooted in the dedication and commitment of its people. I am proud to acknowledge the hard work and cooperation of our officials and contracted personnel, who have collaborated effectively within our leadership team and with national member federations. Their efforts are commendable, and I extend my heartfelt gratitude to all involved in advancing European powerlifting.

## **European Championships 2025**

All scheduled European championships were organized, and participation levels is rising annually. A total of 2,453 athletes competed in 2025, reflecting an increase of over nine percent compared to 2024 and close to a twenty percent increase relative to 2022. For 2026, we anticipate a slight increase in athlete participation.

## Number of lifters attended the European Championships 2022 – 2025 *Source: Goodlift*

CHAMPIONSHIPS	NUMBER OF LIFTERS			
	2022	2023	2024	2025
European Masters Classic Powerlifting	207	349	370	325
European Masters, Equipped Powerlifting	128	164	127	155
European Open, Classic Powerlifting	234	198	210	252
European Open, Equipped Powerlifting	128	109	121	106
European Sub Junior, Equipped Powerlifting	40	25	57	55
European Sub Junior, Classic Powerlifting	119	136	169	190
European Junior, Equipped Powerlifting	57	52	63	67
European Junior, Classic Powerlifting and SOI	205	204	205	289
European University Cup, Classic Powerlifting	109	115	107	144
European Classic Bench Press	414	433	438	475
European Equipped Bench Press	250	257	270	260
Western European Open Equipped Powerlifting	28	34	25	36
Western European Classic Powerlifting	99	66	78	99
Danube Cup, Equipped & Classic Powerlifting	23			
<b>TOTAL NUMBER OF LIFTERS</b>	<b>2041</b>	<b>2142</b>	<b>2240</b>	<b>2453</b>

At the European Sub-Junior & Junior Classic powerlifting Championship, we had an unexpectedly high number of participants. While this required extending the duration of the event and posed organisational challenges, it was a strong sign that EPF competitions are becoming increasingly attractive to young athletes.

To protect athlete welfare, maintain event quality, and ensure reasonable competition schedules, the EPF Executive Committee decided to split the European Sub-Junior & Junior Classic Championships starting from 2027. Sub-Junior Championships will be organised in April, and Junior Championships in December.

### Awards 2025 – best lifters

Each year, the EPF recognizes the top European powerlifters based on their performance by the IPF GL points. To be a candidate, athletes are required to have competed in both the World Open and the European Open championships.

The European Powerlifters of the Year for 2025:

Name	Discipline	Male/Female	Nation
Radostina Lulova	Equipped	Female	Poland
Serhii Bilyi	Equipped	Male	Ukraine
Sonita Muluh	Classic	Female	Belgium
Ade Omisakin	Classic	Male	Great Britain

### European University Sports Association

In 2024, the EPF successfully established a partnership with the European University Sports Association (EUSA). A Memorandum of Understanding between the EPF and

EUSA was signed at the EUSA Executive Committee meeting in Portugal in April 2024.

This strategic direction was reflected early in the year through an official meeting held in February with the EUSA President, Mr Adam Roczek. The discussion focused on the future development of students' sport, the planned launch of official EUSA Powerlifting Championships in 2027, and the potential inclusion of powerlifting in the EUSA Students' Games. These talks opened important opportunities for long-term development, increased visibility among young athletes, and stronger institutional recognition of powerlifting within the European university sport system.

EPF was honoured to be represented at the General Assembly of the EUSA in October. The event was organized at an exceptionally prominent level, reflecting EUSA's professionalism and strong commitment to the development of university sport in Europe. During the EUSA's General Assembly, elections for the new EUSA Executive Committee took place, and Mr. Haris Pavletic, Head of the Croatian Academic Sports Federation, was elected as the new EUSA President.

The EPF highly values our relationship with EUSA and looks forward to continuing this fruitful cooperation under the leadership of Mr. Pavletic.

### **Partners**

The support from EPF's partners in 2025, including SBD Apparel Limited, Maniak Fitness, Visit Malta, and ESN have been instrumental in enhancing the quality of our championships and providing high-quality streaming services. This collaboration has enabled the EPF to support event organizers with equipment, medals funded by the EPF for all championships, and additional financial assistance.

2025 has been a momentous year for EPF and I want to express my gratitude to everyone within our community that has contributed. I am looking forward to continuing our progress and collaboration in 2026.

***Bjørn Astad***

*President*

*European Powerlifting Federation*

## **5. Vice-President's Report**

Dear EPF Member Nations,

I took over the duties of the Vice-President of the European Powerlifting Federation in 2024 after the resignation of Stephane Hattot, and I was doing my best to fulfil them in accordance with the EPF Bylaws during the year 2025.

Throughout 2025, I actively supported the work of the EPF Executive Committee and the President. I participated in Executive Committee meetings and discussions, contributing to decision-making processes related to competitions, regulations, development of the sport, and cooperation with Member Nations and partner organizations.

I worked closely with other members of the Executive Committee, Commission Chairs, and did my best to ensure effective coordination between different areas of EPF activity. This included supporting the commissions in the implementation of their tasks.

I would like to thank the President, Executive Committee members, Commission Chairs, and all Member Nations for their cooperation and trust during the year.

***Myriam Busselot***

*Vice-President*

*European Powerlifting Federation*

## 6. Treasurer's Report

Dear Delegates,

The European Powerlifting Federation continues its steady and confident development, and we are proud to present the financial results for 2025.

Participation exceeded expectations, with **2,522 lifters** (excluding Russia and Belarus), compared to **2,400** projected in the provisional budget. As a result, participation fees generated an additional **€10,980** above forecast.

Sponsorship income was also very strong, reaching approximately **€600,000**, confirming the growing attractiveness and credibility of EPF for commercial partners. These resources were reinvested directly into the quality and development of our competitions and services:

**€168,386** – Support to organisers

**€84,000** – Equipment for organisers

**€366,333** – Streaming and Eurosport broadcasting

**€132,430** – Spotters, medals, and competition secretariat

These investments demonstrate EPF's clear commitment to raising organisational standards, strengthening international visibility, and creating greater value for athletes, partners, and sponsors.

As in previous years, penalties amounted to **€4,000** only. While penalties are never a desirable source of income, this low figure reflects improved officiating quality and sufficient referee participation, which is a positive sign for EPF and for powerlifting as a sport.

The financial year closed with a modest negative balance of **€11,412.39**. However, EPF remains in a very strong financial position, with total reserves of **€297,395.10**, ensuring stability, security, and capacity for future development.

Overall, 2025 confirms EPF's responsible financial management, sustainable growth, and continued investment in the future of European powerlifting.

***Xavier de Puytorac***

*Treasurer*

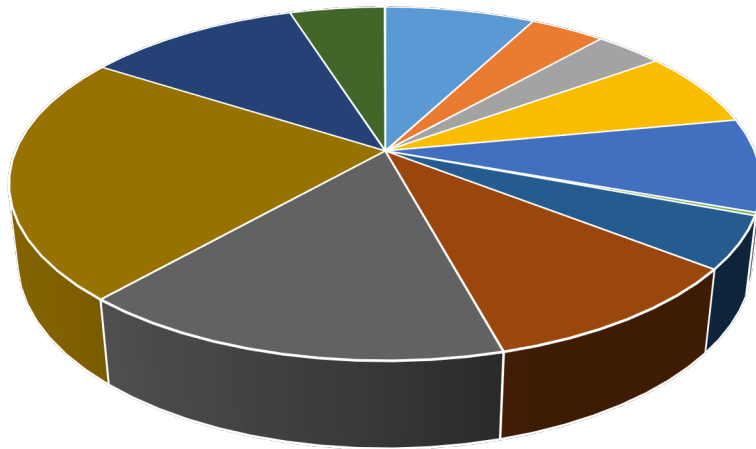
*European Powerlifting Federation*

Please find below 2025 accounts with details in €.

<b>EPF statement</b>			
		Budget 2025	Result 2025
	<b>Expenses</b>		
<b>1</b>	Equipment	84000,00	84 000,00
<b>2</b>	Spotters	45500,00	42 090,00
<b>3</b>	Medals	37000,00	38 315,72
<b>4</b>	Participation Fees to Organizers	72000,00	75 660,00
<b>5</b>	Other Support to Organizers	68800,00	92 726,92
<b>6</b>	Additional Referees	10000,00	2 963,45
<b>7</b>	Reimbursement Computer Secretary	53780,00	52 025,16
<b>8</b>	EPF officials at Championship	91910,00	111 577,64
<b>9</b>	Anti-Doping Control Costs (2400 lifters)	162750,00	171 765,00
<b>10</b>	Streaming + Media	252110,00	245 974,38
<b>11</b>	Eurosport	125000,00	120 359,00
<b>12</b>	Reimbursement EPF Executive	53200,00	53 009,69
<b>13</b>	Bank Fees	300,00	495,72
	<b>TOTAL</b>	<b>1 056 350,00</b>	<b>1 090 962,68</b>
	<b>Incomes</b>		
<b>21</b>	Sponsors + Marketing Incomes - Expenses	617200,00	607 398,86
<b>22</b>	Participation Fees (2400 lifters)	216000,00	226 980,00
<b>23</b>	Anti Doping Fees (1150+1250 lifters)	162750,00	171 765,00
<b>24</b>	Participation Fees (Coach)	25000,00	40 400,00
<b>25</b>	Membership Fees (39 countries)	12300,00	12 000,00
<b>26</b>	Sanction Fees	5600,00	11 200,00
<b>27</b>	Penalty (referee etc,,)	10000,00	4 000,00
<b>28</b>	Bank Interest	7500,00	5 806,43
	<b>TOTAL</b>	<b>1 056 350,00</b>	<b>1 079 550,29</b>

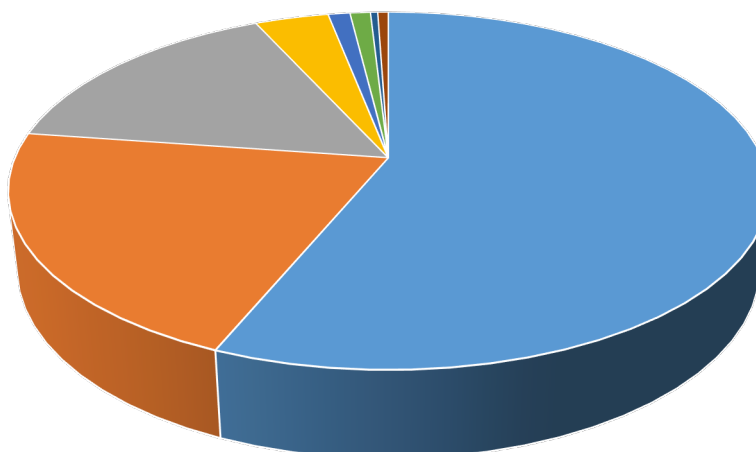
<b>Balance</b>	<b>-11 412,39</b>
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# Expenses 2025



- Equipment
- Medals
- Other Support to Organizers
- Reimbursement Computer Secretary
- Anti Doping Control Costs (2400 lifters)
- Eurosport
- Bank Fees
- Spotters
- Participating Fees to Organizers
- Additional Referee's
- EPF officials at Championship
- Streaming + Media
- Reimbursement EPF Executive

# Incomes 2025



- Sponsors + Marketing Incomes - Expenses
- Anti Doping Fees (1150+1250 lifters)
- Membership Fees (39 countries)
- Penalty (referee etc,,)
- Participation Fees (2400 lifters)
- Participating Fees (Coach)
- Sanction Fees
- Bank Interest

### The evolution of the EPF account over 10 years

2016	111 290,01 €	(EPF Business account 18.243,56 + EPF savings account 93.046,45)
2017	140 549,22 €	(EPF Business account 26.594,67 + EPF savings account 113.954,55)
2018	155 645,15 €	(EPF Business account 5 654,02 + EPF savings account 149 991,13)
2019	179 999,99 €	(EPF Business account 30 003,49 + EPF savings account 149996,50)
2020	167 389,80 €	EPF Business account
2021	208 538,59 €	EPF Business account
2022	231 744,31 €	EPF Business account
2023	224 491,01 €	EPF Business account 20 705,95 + EPF savings account 203 785,16
2024	308 807,49 €	EPF Business account 50 797,07 + EPF savings account 258 010,42
2025	297 395,10 €	EPF Business account 1 588,67 + EPF savings account 295 806,43

## 7. Auditors' Report

### Auditors' Report 2025

Mr. Xavier de Puytorac as the EPF Treasurer provided both auditors, i.e. Mrs. Silva Katutyte and Mr. Nedim Görel with all accounting documents and bank statements needed to perform the audit. Thus, via Dropbox tool for Silva Katutyte and in the IPF office for Nedim Görel, the whole accounting system was available for an accounting records evaluation and a comparison of moves on bank accounts, as well.

Financial situation is presented in a simple accounting system.



On the basis of the audit performed we can confirm following: The presented financial result is with a negative result of 11 412.39 EUR is based on accounting and it does correspond with the bank statements within 31.12.2025. ✓

Within 31.12.2025 the current bank account status is 297 395.10 EUR.

-8 411.33 EUR in the Business Account ✓

305 806.43 EUR in the Saving Account ✓

We wish you all a successful Congress.


  
 Silva Katutyte, Nedim Görel,  
 EPF Auditors

## 8. Approval of the Budget for 2026

<b>Provisional Budget 2026</b>	
<b>Expenses</b>	
<b>Championships</b>	<b>670 440 €</b>
Equipment	84 000 €
Spotters	52 500 €
Medals	37 000 €
Participation fees to organisers	78 000 €
Other support to organisers	54 800 €
Additional Referees	5 000 €
Reimbursement Computer Secretaries	75 080 €
EPF officials at Championship	89 060 €
Anti-Doping Control Costs (2600 lifters)	195 000 €
<b>Media Marketing</b>	<b>404 460 €</b>
Streaming, speaker and social media	279 460 €
Eurosport	125 000 €
<b>Reimbursement EPF Executive</b>	<b>53 200 €</b>
<b>Bank Fees</b>	<b>300 €</b>
<b>TOTAL</b>	<b>1 128 400 €</b>
<b>Incomes</b>	
Partners and marketing incomes	<b>628 600 €</b>
Participation Fees (2600 lifters)	<b>234 000 €</b>
Anti-Doping Fees (2600 lifters)	<b>195 000 €</b>
Participation Fees (800 coaches)	<b>40 000 €</b>
Membership Fees (41 Countries)	<b>12 300 €</b>
Sanction Fees	<b>6 000 €</b>
Penalty (referee etc.)	<b>5 000 €</b>
Bank Interest	<b>7 500 €</b>
<b>TOTAL</b>	<b>1 128 400 €</b>

## 9. Secretary General's Report

Dear EPF Member Nations,

The year 2025 marked a significant milestone, during which we moved several ongoing initiatives forward and successfully brought many planned ideas into practical implementation.

Building on this focus on visibility and development, the European Open Classic Powerlifting Championship in March in Málaga, Spain, marked a major achievement for the EPF. Three competition sessions were streamed live on Eurosport, significantly expanding the international reach of our events. This exposure increased recognition for our athletes, strengthened the commercial value of EPF championships, and made the Federation more attractive to partners and sponsors. It also set a new benchmark for media standards at EPF events.

During the same championship in Málaga, the EPF held its first official Sponsors Meeting. This marked an important step towards a more structured and professional approach to partner relations. While remaining loyal to our existing partners Maniak Fitness, SBD, Visit Malta and ESN, the EPF continues to explore new income opportunities in order to further support championships, improve presentation, and raise the overall quality and attractiveness of EPF events.

Geographical development has also been an important focus. This year, the EPF successfully opened Georgia as a new host country. An official meeting was held in Tbilisi with the Minister of Sports of Georgia, Mr Shalva Gogoladze, where both sides agreed on close cooperation and shared efforts to deliver EPF events at the highest organisational level. As a result, Georgia will host the European Bench Press Championship 2027 in Batumi, further expanding EPF's presence across Europe and strengthening its pan-European identity.

In parallel, strong progress was made in the area of inclusion. In line with the EPF Strategic Plan, the Sport for All Commission was formally created, with five members appointed to ensure broad expertise and representation. Dr Scott Simon (GB) was appointed as Chair, bringing valuable experience in high-performance sport, governance, and inclusive development. The Commission has already begun work to develop SOI inclusion as a meaningful and sustainable part of EPF activities, providing clear frameworks that support athletes, National Federations, and organisers.

A visible result of this work was the successful SOI session held in Lithuania during the European Sub-Junior & Junior Classic Powerlifting Championships 2025. The session received very positive feedback and clearly demonstrated that inclusion can be integrated into major EPF championships in a professional and respectful way.

In January 2026 we already held the first meeting with the representatives of Special Olympics Europe-Eurasia, where the details and ways of improvement of future cooperation were discussed. The final note of the meeting was an agreement to work on the Memorandum of Understanding between EPF and SOEE, which is planned to be signed in December 2026 during the European Championships in Slovenia.

Further supporting organisers, the EPF adopted a new system of financial support effective from 2027, based on the number of athletes, competition days, and additional services provided. This creates a fairer, more transparent, and performance-based model that rewards quality organisation. At the same time, organiser selection is now based on a more thorough evaluation of bids, ensuring that championships are awarded to proposals that best serve athletes and the EPF brand.

Significant improvements were also made in communication and presentation. The EPF launched an updated website design, improving usability, clarity, and professional appearance. The standard of EPF medals was raised, making them larger and more representative of the prestige of European Championships — an important symbolic and emotional element for athletes.

Finally, the EPF achieved notable success in social media and digital communication. The number of followers increased, engagement improved, and the Federation received many positive messages from athletes, coaches, and fans. Enhanced content, including pre-event promotion, perspective battle previews, daily highlights, instant record announcements, interviews, and post-event summaries, has strengthened the EPF's visibility, reputation, and connection with the powerlifting community.

All actions undertaken during the reporting period were guided by the EPF's core priorities: athlete welfare, event quality, transparency, inclusion, and sustainable growth. The European Powerlifting Federation continues to move forward as a strong, modern, and people-focused organisation, reinforcing its role within European and international sport.

I want to thank everyone who put their efforts into our growth and development. I am looking forward to our continued progress and collaboration.

***Tetiana Melnyk***  
*Secretary General*  
*European Powerlifting Federation*

## **10. Technical Commission Chairwoman's Report**

The year 2025 was an active and successful year for EPF. Although I was unable to participate in all events this year due to my health conditions, I hope to fulfill my duties in full in 2026.

During 2025, with the help of our TC assistant Urban Mur, we produced the Referee Duty Lists for all European Championships held during the year. When preparing these lists, we took into account referee availability, qualifications, experience, and the specific needs of each championship. All Referee Duty Lists were published on the official EPF website, ensuring transparency and clear communication with Member Nations.

With the assistance of the EPF Treasurer, Xavier de Puytorac, referee examinations were organized and conducted at the European Powerlifting Championships, in accordance with EPF regulations. All examinations were conducted following standardized procedures to maintain a high and consistent level of officiating within the EPF.

In cases where we were facing a lack of referees, we selected those in close coordination with the EPF Treasurer and invited them to our events at the cost of the EPF. This ensured both responsible financial management and the maintenance of the required technical and officiating standards at European Championships. I also must admit that normally we lack female referees. To support those, referee exams for women are free of charge. I want to congratulate all who passed exams in 2025 to become International Referees.

I would like to thank all referees, Member Nations, and EPF officials for their cooperation and commitment throughout the year.

***Myriam Busselot***  
*Technical Commission Chairperson*  
*European Powerlifting Federation*

## 11. Championship Secretary's Report

Dear Delegates,

The 2025 competition season was another year of stable development and high organisational standards for the European Powerlifting Federation (EPF).

As Championship Secretary, my main responsibility throughout the year was to ensure that all EPF championships were organised in accordance with the IPF Technical Rules, EPF decisions, and good organisational practice, with a strong focus on fairness, consistency, and the athletes' experience.

During 2025, EPF successfully organised seven (7) European Championships, including Equipped and Classic disciplines, Open, Sub-Junior, Junior, and Masters age categories, as well as Powerlifting and Bench Press competitions. All championships were delivered without major organisational problems.

Special attention was given to checking athletes' qualifying results to ensure correct group placement and fair competition. This is especially important as participation numbers continue to grow.

In 2025, we worked on improving the competition schedule and session structure. The sport of powerlifting is growing every year, and more athletes are attending EPF championships. As a result, competition days—particularly in Classic Powerlifting—have become very long. To make the championships more manageable for athletes, officials, and organisers, additional competition days were added to some of our major events. This approach will need to continue in the future. The competition calendar was also adjusted to make championship organisation more feasible.

As with all large international events, high participation created scheduling challenges. These were managed through better planning, flexibility, and close cooperation with organisers and officials.

Another challenge linked to growth is the frequent use of A and B groups, especially in Open and Junior Classic championships. To ensure fair competition, it is very important that national federations nominate athletes using correct results achieved within the last 12 months, in the same weight category as the athlete will compete. This helps ensure fair group division. This area may also be affected by future changes to IPF Technical Rules.

One of the duties of the Championship Secretary is to avoid clashes between major international competitions. Due to the increasing number of events worldwide, it is sometimes difficult to prevent overlaps between IPF and EPF championships, and this remains an ongoing challenge.

I have to mention the attendance at the Technical Meeting. There were cases where some nations did not attend it. All participating nations must be represented. If

attendance is not possible, the Championship Secretary and Treasurer must be informed by email between the final nomination date and the start of the Technical Meeting. Any changes to referees or final nominations must be included in this communication.

I would like to sincerely thank all championship organisers for their essential work. Organisers play a key role in the development of our sport, and without their dedication, EPF championships would not be possible.

Finally, I hope that 2026 will bring peace to all our member nations and their countries, and continued respect for the core values of sport: excellence, friendship, and respect.

***Tero Hyttinen***  
*Championships Secretary*  
*European Powerlifting Federation*

## **12. Law and Legislation Commission Chairperson's Report**

Dear EPF Member Nations,

During 2025, I actively supported the EPF Executive Committee in aligning the EPF Constitution and By-Laws with the corresponding governing documents of the International Powerlifting Federation (IPF). This work aimed to ensure legal consistency, clarity of governance, and full compliance with international federation standards.

In close cooperation with my colleagues from the EPF Executive Committee, we held numerous online and in-person meetings throughout the year. These discussions focused on strengthening the democratic processes within the EPF, improving transparency in decision-making, and ensuring that the Federation's regulatory framework effectively supports fair governance, athlete protection, and the rights of member nations.

As a member of the EPF Executive Committee, I was present at the following championships in 2025, providing on-site support when required:

- European Universities Classic Powerlifting Cup (Hamm, Luxembourg)
- European Open Classic Powerlifting Championship (Málaga, Spain)
- European Equipped Powerlifting Championship (Plzeň, Czechia)
- European Sub-Junior and Junior Classic Powerlifting Championships (Druskininkai, Lithuania)

Participation in these events allowed direct observation of the practical application of EPF rules and regulations, identification of areas for improvement, and immediate support when questions arose.

The primary responsibilities of the Law & Legislation Commission Chairman are essential for maintaining institutional stability, legal certainty, and the credibility of the EPF as a modern and well-governed international sports federation.

I would also like to express my personal thanks to all the organizers of the EPF events throughout 2025 for hosting and organizing EPF championship with a high standard of professionalism and cooperation.

***Sandro Rossi***

*Chairman, Law and Legislation Commission  
European Powerlifting Federation*

### 13. Women’s Committee Chairwoman’s Report

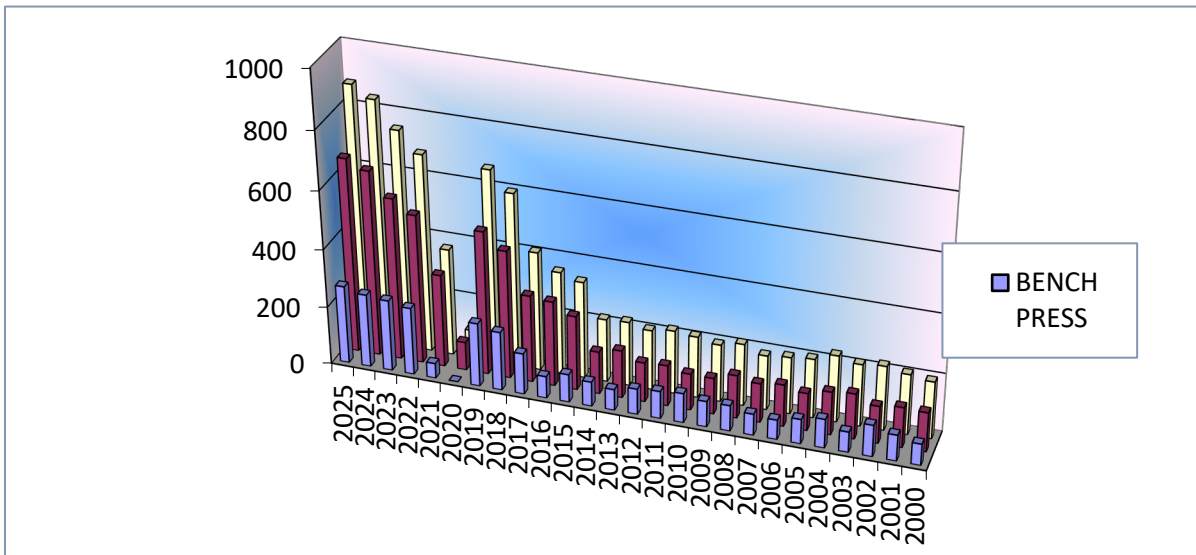
Dear Delegates and Representatives of Member Federations,

I am pleased to present the Women’s Committee Report for the 2025 competitive year.

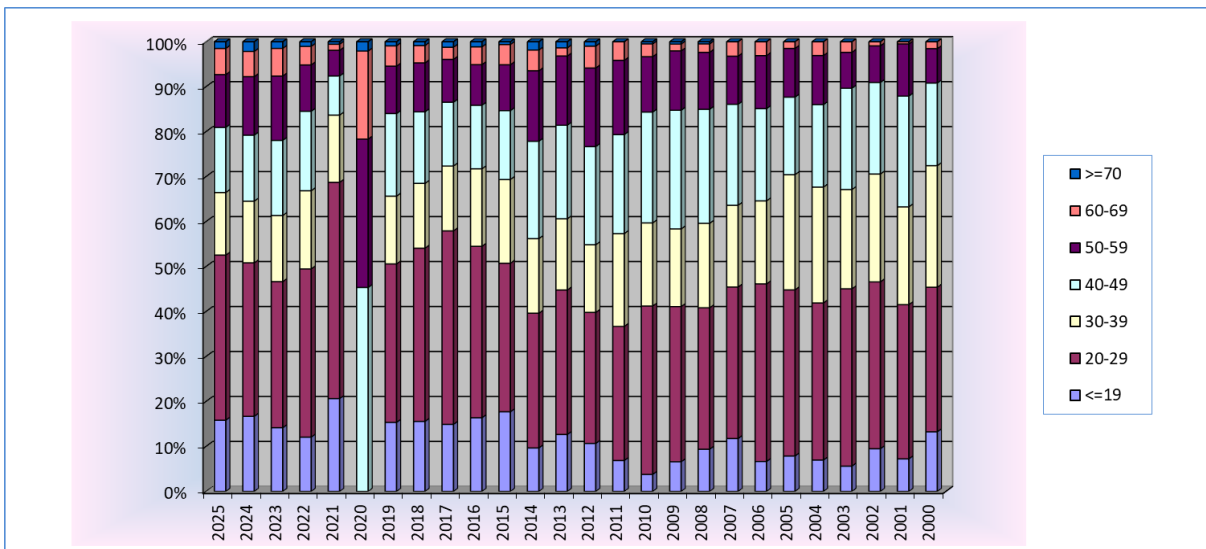
Comprehensive statistics on female participation in EPF Powerlifting and Bench Press Championships from 2000 to 2025 are available on the EPF official website under the section “**About EPF – Women’s Powerlifting.**” These data include detailed analyses of participation trends and national representation, with particular emphasis on developments over the past ten years.

To illustrate these trends, two key diagrams are provided in this report:

#### Number of Female Lifters



#### Distribution by Age Categories



These figures clearly demonstrate the continued and steady growth of women's participation within the EPF throughout 2025. The data confirm not only an increase in overall numbers but also a balanced development across different age groups, reflecting the long-term sustainability of women's powerlifting in Europe.

The Women's Committee views this positive development as the result of consistent efforts by national federations, coaches, officials, and organizers to promote female participation and provide high-quality competitive opportunities.

We remain committed to further strengthening women's involvement at all levels and to supporting initiatives that encourage young athletes, retain experienced lifters, and enhance visibility within the sport.

I would like to express my sincere appreciation to all member federations for their continued cooperation and dedication to the development of women's powerlifting.

On behalf of the Women's Committee, I wish you a successful General Assembly and a highly productive Open Classic Powerlifting Championships in Malta.

***Maria Pia Moscianese***  
*Women's Commission Chairperson*  
*European Powerlifting Federation*

## **14. Outstanding Legal Matters**

No matter.

## **15. Elections**

CVs of all the candidates for all the opened positions are available on the EPF official website under the General Assembly 2026 section:

[Candidates 2026 - European Powerlifting Federation EPF](#)

### **15.1 Vice-President Position**

Candidates:

Myriam Busselot (Belgium)

Jorgen Rasmussen (Denmark)

#### **Important clarification**

If Acting Vice-President Myriam Busselot is elected as EPF Vice-President, she will resign from the position of EPF Technical Commission Chairperson, and the election for this position will be carried out.

If Ms. Busselot is not elected as Vice-President, she will not resign and will remain in her role as Chairperson of the Technical Commission.

### **15.2 Technical Chairperson Position**

Candidate:

Domantas Basauskas (Lithuania)

## **16. Proposals**

### **16.1 Proposal #1 EPF EC**

#### **CONSTITUTION**

**Suggestion** to add the paragraph regulating the possibility for the Nations to vote by correspondence in urgent cases.

**Proposed text:**

#### **6. GENERAL ASSEMBLY**

##### **6.10 Decisions by Correspondence in Urgent Matters**

6.10.1 In cases where urgent action is required, the vote may be conducted by correspondence.

##### 6.10.2 Procedure

6.10.2.1 The proposal for a decision shall be circulated in writing, by electronic means or other verifiable communication methods, to all members entitled to vote.

6.10.2.2 The circulation must include all necessary information for informed decision-making, including supporting documents and a clear statement of the proposed resolution.

6.10.2.3 Members shall be given a minimum period of 7 days to cast their vote.

##### 6.10.3 Voting and Quorum

6.10.3.1 A decision by correspondence shall be deemed valid if it receives the affirmative votes of a majority of the members entitled to vote.

6.10.3.2 The quorum requirement for a decision by correspondence shall be identical to that required for an in-person meeting.

##### 6.10.4 Record of Decision

6.10.4.1 All votes cast by correspondence and the resulting decision shall be documented and retained as part of the official records of the EPF.

6.10.4.2 The decision shall have the same force and effect as if taken at a duly convened meeting.

### **16.2 Proposal #2 EPF EC**

#### **CONSTITUTION**

**Suggestion** to add the articles regulating the possibility for the EC to vote via electronic communication platforms.

**Original text:**

### **7.3. Quorum in the EPF EC Meetings**

There shall be at least a quorum of ½ of the EC members. In the event of an impasse (stalemate), the President shall cast the deciding vote.

**Proposed text:**

### **7.3. Quorum and Voting Procedure in the EPF EC Meetings**

7.3.1 There shall be at least a quorum of ½ of the EC members.

7.3.2 The decisions are made by the simple majority principle. In the event of an impasse (stalemate), the President shall cast the deciding vote.

7.3.3 Decisions of the Executive Committee may, when necessary, be made via electronic communication platforms, provided that all members have access to the platform, are duly informed of the proposal under consideration, and explicitly submit their votes within a designated time frame. The result of the vote shall be recorded in the minutes, including the method of voting, the names of members who voted, their respective votes, and the final decision. Such a procedure shall be deemed equivalent to a meeting decision.

## **16.3 Proposal #3 EPF EC**

### **CONSTITUTION & BYLAWS**

**Suggestion** to add to the list of non-executive officers, Sport for All Commission Chairperson and delete Internet Officer and Media Officer.

**Reasons:** the Chair of the Sport for All Commission must be enlisted. The Internet Officer and Media Officer are not appointed officers, but contracted companies. to change the Women's Commission into the Gender Equality Commission.

The title *Women's Commission* limits the perception of the body's mandate to women-specific issues. The term *Gender Equality Commission* more accurately reflects a comprehensive commitment to promoting fairness, inclusiveness, and equal opportunities for all genders. This approach is in line with the Federation's core values of integrity, diversity, and respect.

International organizations, such as the International Olympic Committee (IOC), the European Union, and various international federations, have adopted *gender equality* terminology in their strategic documents and governance structures. Renaming the Commission will align our Federation with these recognized global standards and strengthen its credibility in the international sporting community.

A focus on *gender equality* emphasizes balance and cooperation rather than separation. It ensures that men and women alike, as well as individuals of diverse gender identities,

are engaged in advancing equality within the sport. This encourages joint responsibility for achieving progress, rather than placing the burden solely on women.

**Current text:**

## **CONSTITUTION**

### **8. NON-EXECUTIVE OFFICERS**

#### **8.1. Titles**

The titles of the non-executive officers of the EPF are: Records Registrar, Internet Officer, Media Officer, Women Commission Chairperson, Internal Auditor, and Safeguard Officer.

**Proposed text:**

### **8. NON-EXECUTIVE OFFICERS**

#### **8.1. Titles**

The titles of the non-executive officers of the EPF are: Records Registrar, **Gender Equality Commission Chairperson**, Internal Auditor, Safeguard Officer, and **Sport for All Commission Chairperson**.

## **BYLAWS**

### **4 4.1 NON-EXECUTIVE OFFICERS**

#### **~~Media Officer~~**

~~Shall promote the EPF through media. The President must approve all promotional material and press releases. Shall consider all opportunities for television rights for International Events and make appropriate recommendations to the Executive Committee that decides on it.~~

#### **4.1 Records Registrar**

Shall certify all European records and the records of all the EPF sanctioned events, maintain an up to date register of all records in all categories, form and download the Record Certificates at the EPF web, erase the record from the register if it is not confirmed by negative doping-test result.

#### **4.3 Internet Officer**

~~Maintains the EPF website, including but not limited to: ✓ The Directory of National Member Federations ✓ Constitution and By Laws ✓ All information related to the administration of IPF Anti-Doping Program ✓ Technical Rules ✓ European Records ✓ Calendar of Events ✓ Results of Events ✓ Authorised material from the President or Executive Committee Other than replies to routine enquiries he shall not post any material without the written consent of the President.~~

#### **4.2 Internal Auditor**

The internal auditor shall perform an audit in the end of each calendar year. He/ she is elected by the General Assembly for a term of four years.

#### **4.3 Safeguard Officer**

The safeguard officer shall keep informed of current legislation, IPF Safeguarding Policy and guidances concerning child and adult protection. This person must act as a

first point of contact for any safeguarding, child and adult protection concerns, providing timely, relevant support and advice in order to safeguard the individual members of the EPF Member Nations. He/ she must maintain up-to-date, accurate, confidential records on the cases arising.

#### **4.4. Gender Equality Commission Chairperson**

The Gender Equality Commission Chairperson of the European Powerlifting Federation is responsible for leading and coordinating the Commission's work to promote equal rights, equal opportunities, and balanced representation of all genders within European powerlifting. The Chairperson develops and oversees policies, guidelines, and educational initiatives aimed at preventing discrimination and ensuring fair participation at all levels of the sport. They monitor compliance with EPF regulations and international standards, report to the EPF Executive Committee and General Assembly, and cooperate with national federations and stakeholders to advance gender equality and inclusive practices across Europe.

#### **4.5 Sport for All Commission Chairperson**

The EPF Sport for All Commission Chairperson is responsible for developing, coordinating, and promoting inclusive powerlifting initiatives, ensuring the inclusion of underrepresented social groups, and leading the achievement of the goals and objectives of the Sport for All Commission as per Article 6.2.

### **BYLAWS**

#### **Current text:**

##### **6.1 Women's Commission Goals and Objectives**

Shall work to defend the rights of women, promote female powerlifting and female referees, and recruit women into governing bodies in powerlifting. Provides statistic information on women participating in the powerlifting events.

#### **Proposed text:**

##### **6.1 Gender Equality Commission Goals and Objectives**

###### **6.1.1 Goals**

The Gender Equality Commission aims to promote inclusivity, equity, and diversity within the European Powerlifting Federation (EPF), ensuring equal opportunities for athletes, officials, coaches, and administrators regardless of gender. The Commission seeks to foster a culture where all members can participate fully, safely, and fairly.

###### **6.1.2 Objectives**

Develop, review, and recommend EPF policies and guidelines that promote gender equality.

Ensure compliance with international standards and best practices in gender equity in sports.

Provide educational resources to members on preventing discrimination, harassment, and bias.

Monitor participation rates of all genders in competitions, leadership, and coaching roles.

Prepare annual reports on gender equality indicators and progress for the EPF Executive Committee.

Work with national federations, international organizations, and external partners to promote gender equality initiatives.

Encourage and support events that foster gender balance in participation.

Develop programs to attract and retain underrepresented genders in powerlifting.

## 16.4 Proposal #5 EPF EC

### CONSTITUTION

**Suggestion** to adopt the practice of receiving one consolidated Executive Committee Report, presented by the Secretary General (or another designated EC representative) on behalf of the Executive Committee.

**Reason:** The European Powerlifting Federation (EPF) is registered in Norway as a non-profit organization. Norwegian legislation clearly establishes that the Board (styret), as the highest governing body of such organizations, carries collective responsibility for the decisions it makes.

One unified report from the Executive Committee (instead of separate reports by individual members) reflects this principle of collective responsibility and aligns with the legal framework.

A consolidated report makes it easier to demonstrate compliance, oversight, and implementation of the decisions of the Executive Committee as a whole body.

A single report presents achievements, challenges, and strategic priorities in a coherent manner. It avoids duplication and inconsistency that can arise from multiple individual reports.

In most leading international federations (e.g., IOC, World Athletics, FINA), the Executive Board/Committee presents a single consolidated report, delivered by the President or Secretary General on behalf of the whole body.

Separate reports from each EC member often prolong the GA unnecessarily, limiting the time available for discussion, proposals, and strategic decision-making. A consolidated report saves time while still ensuring that all areas of activity are covered. Moving from separate EC member reports to a unified Executive Committee report will streamline the General Assembly, strengthen collective accountability, align EPF with international standards, and ensure that member federations receive a clear and comprehensive overview of the federation's governance and progress.

All the Commissions will provide their reports on their activities.

**Current text:**

**6.6. Order of Business**

The President presides as Chair at any General Assembly. If the President is not present, the Vice President shall preside in his absence. If neither is present, the longest serving member of the EC shall preside over the General Assembly.

At all annual EPF General Assembly meetings the following issues must be included in the order of business, but not limited to:

1. Welcome
2. Roll Call
3. Minutes of the Last General Assembly
4. President's Report and Approval
5. Vice President's Report and Approval
6. Treasure's Report and Approval
7. Auditor's (Internal and External) Report and Approval
8. Budget and Approval
9. Secretary's General Report and Approval
10. Technical Commission Chairperson's Report and Approval
11. Championship Secretary's Report and Approval
12. Law and Legislation Commission Chairperson's Report and Approval
13. Woman Commission Chairperson's Report and Approval
14. Outstanding Legal Matters
15. Elections (if any)
16. Action on Proposed Amendments
17. New Member Applicants
18. Delinquent Nations
19. Hall of Fame
20. Future Championships
21. Any Other Business
22. Adjournment

**Proposed text:**

**6.6. Order of Business**

The President presides as Chair at any General Assembly. If the President is not present, the Vice President shall preside in his absence. If neither is present, the longest serving member of the EC shall preside over the General Assembly.

At all annual EPF General Assembly meetings, the following issues must be included in the order of business, but not limited to:

1. Welcome
2. Roll Call
3. Minutes of the Last General Assembly
4. President's Report and Approval
5. **Executive Committee Report and Approval**
6. Treasure's Report and Approval
7. Auditor's (Internal and External) Report and Approval
8. Budget and Approval
9. **Commissions' Reports and Approval**
  - 9.1 **Technical Commission**
  - 9.2 **Law and Legislation Commission**
  - 9.3 **Women's /Gender Equality Commission**
  - 9.4 **Sport for All Commission**
10. Outstanding Legal Matters
11. Elections (if any)
12. Action on Proposed Amendments
13. New Member Applicants
14. Delinquent Nations
15. Hall of Fame
16. Future Championships
18. Any Other Business
19. Adjournment

## **16.5 EPF EC Proposal #6**

### **BYLAWS**

**Suggestion** to delete the timelines and sanctions for not signing the Promoter's Contract.

**Reason:** According to the Constitution, EPF has no power to suspend Nations. The timelines indicated are not realistic and give no flexibility to the EPF.

### **Current text:**

### **BYLAWS**

#### **10.2 Timelines for Bids**

All bids, accompanied by outline reports on the extent of preparations made, shall be sent to the Championship Secretary. The Executive Committee will examine the bids and decide where the different Events will be held three years before the particular event at least ninety (90) days before the next General Assembly. Two years before the particular event, all organizers must sign a Promoter's Contract within fourteen days after receiving it from the EPF, otherwise the EPF sanctions will apply if this federation

withdraws. The selected organizer must then report in detail to the General Assembly. Any National Federation organizing any of the events listed above and which has not paid the sanction fee, shall automatically be suspended from the EPF membership until such fee is paid.

**Proposed text:**

All bids, accompanied by outline reports on the extent of preparations made, shall be sent to the official EPF email or to the Secretary General. The Executive Committee will examine the bids and decide where the different Events will be held. All organizers must sign a Promoter’s Contract within fourteen days after receiving it from the EPF. The selected organizer must then report in detail to the General Assembly about the ongoing preparation of the event.

**16.6 Proposal #7 EPF EC**

**BYLAWS**

**Suggestion** to add that SOI athletes are released from paying participation and anti-doping fees.

**Reason:** to increase the inclusiveness of our events; SOI athletes are not tested, therefore don’t have to pay Anti-Doping fees.

**Change** “21 days prior to the Technical Meeting for the event.” in the sentence “The latest date of withdrawal of any lifter and coach from the nomination list to avoid paying the Participation, Capitation and Anti-Doping fees is 21 days prior to the Technical Meeting for the event.”

into “the last day of the Final nomination”.

**Reason:** to avoid the necessity of changing the Bylaws whenever IPF changes the terms of the final nomination.

**Current text:**

**BYLAWS**

**12 FEES**

**12.1 Kinds of Fees**

The annual membership fee must be paid by each EPF Member Federations till the end of January each year for the Federation to have a vote at the EPF GA.

Sanction fees shall be paid in accordance with the following scale of subscriptions and fees:

- Annual National Membership Affiliation Fee Euro 300
- Event Sanction Fee European Championships Euro 1000
- Event Sanction Fee European Cup Euro 700
- Event Sanction Fee Western European Championships Euro 400
- Event Sanction Fee Danube Cup Euro 200
- Event Sanction Fee European University Cup Euro 200
- Event Sanction Fee Other Events Euro 200
- Anti-Doping Fee According to the IPF regulations
- Athlete Participation Fee Euro 90
- Coach Capitation Fee Euro 50

The National Member Federation shall pay anti-doping and participation fee for each athlete and capitation fee for each coach (head coach, coach, assistant coach) entered the Final nomination form of all European events and those sanctioned by the EPF. Coaches participating in the same event as athletes or referees are exempt from paying the coach capitation fee. 30 Euro of each athlete's participation fee shall be used to support the organizers of the EPF events.

The latest date of withdrawal of any lifter and coach from the nomination list to avoid paying the Participation, Capitation and Anti-Doping fees is 21 days prior to the Technical Meeting for the event.

**Suggested text:**

**12 FEES**

12.1 Kinds of Fees

12.1.1 The annual membership fee must be paid by each EPF Member Federation until the end of January each year for the Federation to have a vote at the EPF GA.

12.1.2 Sanction fees shall be paid in accordance with the following scale of subscriptions and fees:

- Annual National Membership Affiliation Fee Euro 300
- Event Sanction Fee European Championships Euro 1000
- Event Sanction Fee European Cup Euro 700
- Event Sanction Fee Western European Championships Euro 400
- Event Sanction Fee Danube Cup Euro 200
- Event Sanction Fee European University Cup Euro 200
- Event Sanction Fee Other Events Euro 200
- Anti-Doping Fee According to the IPF regulations
- Athlete Participation Fee Euro 90
- Coach Capitation Fee Euro 50

12.1.3 The National Member Federation shall pay anti-doping and participation fee for each athlete and capitation fee for each coach (head coach, coach, assistant coach) entered the Final nomination form of all European events and those sanctioned by the EPF. Coaches participating in the same event as athletes or referees are exempt from paying the coach capitation fee. **SOI athletes are released from paying participation and anti-doping fees.**

12.1.4 Euro 30 of each athlete's participation fee shall be used to support the organizers of the EPF events.

12.1.5 The latest date of withdrawal of any lifter and coach from the nomination list to avoid paying the Participation, Capitation and Anti-Doping fees is **21 days prior to the Technical Meeting for the event.** **the last day of the final nomination.**

## 16.7 Proposal #7 EPF EC

### BYLAWS

**Suggestion** to increase the Membership fee, Sanction fee and Participation fee.

<b>MF</b>		from Euro 300 to 500
<b>SF</b>		from Euro 1000 to 1500
<b>PF</b>	Sb-J/J	from Euro 90 to 95
	Masters	from Euro 90 to 110
	Open	from Euro 90 to 125

**Reason:**

**Current text:**

**BYLAWS**

**12 FEES**

12.1 Kinds of Fees

The annual membership fee must be paid by each EPF Member Federations till the end of January each year for the Federation to have a vote at the EPF GA.

Sanction fees shall be paid in accordance with the following scale of subscriptions and fees:

- Annual National Membership Affiliation Fee Euro 300
- Event Sanction Fee European Championships Euro 1000
- Event Sanction Fee European Cup Euro 700
- Event Sanction Fee Western European Championships Euro 400
- Event Sanction Fee Danube Cup Euro 200
- Event Sanction Fee European University Cup Euro 200
- Event Sanction Fee Other Events Euro 200
- Anti-Doping Fee According to the IPF regulations
- Athlete Participation Fee Euro 90
- Coach Capitation Fee Euro 50

The National Member Federation shall pay anti-doping and participation fee for each athlete and capitation fee for each coach (head coach, coach, assistant coach) entered the Final nomination form of all European events and those sanctioned by the EPF. Coaches participating in the same event as athletes or referees are exempt from paying the coach capitation fee. 30 Euro of each athlete's participation fee shall be used to support the organizers of the EPF events.

The latest date of withdrawal of any lifter and coach from the nomination list to avoid paying the Participation, Capitation and Anti-Doping fees is 21 days prior to the Technical Meeting for the event.

## Suggested text:

### 12 FEES

#### 12.1 Kinds of Fees

12.1.1 The annual membership fee must be paid by each EPF Member Federation until the end of January each year for the Federation to have a vote at the EPF GA.

12.1.2 Sanction fees shall be paid in accordance with the following scale of subscriptions and fees:

- Annual National Membership Affiliation Fee Euro 500
- Event Sanction Fee European Championships Euro 1500
- Event Sanction Fee European Cup Euro 700
- Event Sanction Fee Western European Championships Euro 400
- Event Sanction Fee Danube Cup Euro 200
- Event Sanction Fee European University Cup Euro 200
- Event Sanction Fee Other Events Euro 200
- Anti-Doping Fee According to the IPF regulations
- Athlete Participation Fee
  - Sub-Juniors/ Juniors Euro 95
  - Masters Euro 110
  - Open Euro 125
- Coach Capitation Fee Euro 50

12.1.3 The National Member Federation shall pay anti-doping and participation fee for each athlete and capitation fee for each coach (head coach, coach, assistant coach) entered the Final nomination form of all European events and those sanctioned by the EPF. Coaches participating in the same event as athletes or referees are exempt from paying the coach capitation fee. **SOI athletes are released from paying participation and anti-doping fees.**

12.1.4 Euro 30 of each athlete's participation fee shall be used to support the organizers of the EPF events.

12.1.5 The latest date of withdrawal of any lifter and coach from the nomination list to avoid paying the Participation, Capitation and Anti-Doping fees is 21 days prior to the Technical Meeting for the event.

## **16.8 Proposal #8 EPF EC**

### **BYLAWS**

## **13 TELEVISION AND ADVERTISING RIGHTS**

**Suggestion** to add regulation of the professional video and photo recording.

**Reason:** to protect the commercial, media, and intellectual property rights of the European Powerlifting Federation and its official partners. By regulating professional video and photo recording within competition venues, the EPF ensures fair and controlled use of competition content for commercial, promotional, and media purposes.

The provision aims to prevent unauthorized exploitation of athletes' performances, event branding, and official broadcasts, while maintaining high standards of media quality and consistency. It also supports contractual obligations with sponsors, broadcasters, and accredited media partners, and helps safeguard the reputation and professional image of EPF events.

Furthermore, the regulation enhances athlete privacy, event security, and operational efficiency by reducing uncontrolled professional filming in sensitive areas such as warm-up and preparation zones. Overall, the amendment promotes transparency, legal compliance, and sustainable development of EPF media and commercial activities.

**Suggested text:**

### **BYLAWS**

#### **13.2 Professional Video and Photo Recording**

Professional video recording and photography using professional equipment, cameras, lighting, or similar devices are strictly prohibited within the competition venue, including the performance, warm-up, and preparation areas. Any individual, organization, or company intending to film or take photographs for commercial, promotional, or media purposes must obtain official media accreditation from the European Powerlifting Federation (EPF). Unauthorized professional recording or content creation is not permitted under any circumstances.

## **16.9 Proposal #9 EPF EC**

### **BYLAWS**

**Suggestion** to amend the article about entry to the events adding the condition of the time of accreditation validity. Delete sentence about children in warm-up area.

**Reason:** to make the regulation more clear; restrictions for children will be automatically included, because they cannot receive the accreditation.

**Current text:**

## **BYLAWS**

### **16.3 Entry to Events**

At all European Events the organizer shall provide free access to the venue and other Event buildings or functions for team officials and coaches. Only accredited athletes, coaches, support personnel, officials, and referees are allowed in the performance, preparation, and warm-up area. At no time, for health and safety reasons, are infants and children allowed in these areas. The organizer must ensure that there is sufficient staff available to control the access to the warm-up and preparation area.

**Suggested text:**

## **BYLAWS**

### **16.3 Entry to Events**

At all European Events, the organizer shall provide free access to the venue and other Event buildings or functions for the accredited team officials and coaches.

**Accredited athletes, coaches, support personnel, officials, and referees may access the performance, preparation, and warm-up areas throughout the entire period of their valid accreditation.**

The organizer must ensure that there is sufficient staff available to control access to the warm-up and preparation area.

### **16.10 Proposal #10 EPF EC**

## **BYLAWS**

**Suggestion** to add regulation regarding persons participating in the Championship both as the referees and a coaches.

**Current text:**

## **BYLAWS**

### **16.3.1 Eligible Coaches**

Each National Federation must nominate a Head Coach responsible for the team. Additionally, coaches and assistant coaches may be nominated.

A person participating in the Championship both as an athlete and as a coach should be nominated as an Assistant Coach. Such a person is not required to pay the coach capitation fee of Euro 50.

**Suggested text:**

## **BYLAWS**

### **16.3.1 Eligible Coaches**

Each National Federation must nominate a Head Coach responsible for the team.

Additionally, coaches and assistant coaches may be nominated.

A person participating in the Championship both as an athlete and as a coach should be nominated as a Coach-Athlete. **A person participating in the Championship both as the referee and a coach should be nominated as a Coach-Referee.**

## **16.11 Proposal #11 EPF EC**

### **BYLAWS**

**To ratify amendment made by the EPF EC:**

### **16.3 Entry to Events**

#### **16.3.1 Eligible Coaches**

**If accommodation facilities and logistical conditions allow, an exemption to the limitation on the number of coaches may be granted by the Organizer.**

**If granted, this exemption shall be specified in the Official Invitation for each Championship.**

**Reason:** the access to the warm-up and competition area is restricted by the IPF Technical Rules, therefore bigger number of participating coaches will not influence the population of those areas. If the organizer can provide sufficient accommodation for bigger amount of coaches, there is no reason to restrict their number for each National team.

## **16.12 Proposal #12 EPF EC**

### **BYLAWS**

### **16.3 Entry to Events**

**To delete:**

#### **16.3.4 Access for Officials**

The courtesy of free access shall also be extended to all officiating referees and jury members to a maximum of three per nation.

**Reason:** the regulation is not valid.

### **16.13 Proposal #13 EPF EC**

#### **BYLAWS**

##### **16.3.5 Access for Medical Personnel**

**To delete:** “and referees and Jury members who participate during the Event. The names of such personnel shall be forwarded to the organizer.”

**Reason:** referees and Jury members do not belong to this regulation.

#### **Current text:**

The courtesy of free access shall be extended to all the medical personnel and referees and Jury members who participate during the Event. The names of such personnel shall be forwarded to the organizer.

#### **Suggested text:**

The courtesy of free access shall be extended to all medical personnel.

### **16.14 Proposal #14 EPF EC**

#### **BYLAWS**

##### **16.3.6 Access for Other Persons**

**Suggestion to delete:** At no time are children allowed to enter the warm-up area (for health and safety). Also, no parents or grandparents are allowed to enter the warm-up area, particularly when sub juniors are competing.

#### **Suggestion to add:**

16.3.6.1 Access to the warm-up and preparation areas for other persons at all EPF events is restricted to individuals who have been duly accredited by the European Powerlifting Federation (EPF).

Accreditation may additionally be granted to parents, legal guardians, or designated support persons responsible for athletes competing under Special Olympics International (SOI) regulations. Such access to weigh-in, warm-up, preparation and

competition areas ensures that athletes who require personal assistance or emotional support can benefit from it without compromising the integrity or security of the restricted areas. However, such persons must conform to the coach's dress code in all respective areas.

**Reason:** children and parents are not able to receive the accreditation; SOI athletes need special approach.

**Suggestion to delete:** The organizer is responsible for providing security to prevent unauthorized personnel from entering the warm-up area.

**Reason:** this is already mentioned in 16.3 **Entry to Events**.

**Suggestion to delete:** “One coach per athlete is not sufficient, particularly during sessions when it is necessary to spot super heavyweight lifters. Also, there may be certain sessions with lifters lifting heavy weights that may require additional spotters, even in classic competitions. The primary purpose of having the additional spotters is to prevent injuries and to ensure the safety of the athletes. Although the use of communication devices by athletes or coaches in the wrapping or warm-up areas is currently not permitted.”

**Reason:** no need for explanations in the BL; the use of communication devices does not influence the competition running.

**Current text:**

16.3.6 Access for Other Persons

At no time are children allowed to enter the warm-up area (for health and safety). Also, no parents or grandparents are allowed to enter the warm-up area, particularly when sub juniors are competing.

Also, there are to be no personal music boxes allowed in the warm-up or platform areas. Sufficient rubbish bins shall be placed in the warm-up area. It is the responsibility of the athletes and coaches to ensure the warm-up and wrapping area is kept clean and clear of debris.

The organizer is responsible for providing security to prevent unauthorized personnel from entering the warm-up area. When required and decided by the Jury, additional technical controllers may be placed in the warm-up area. The number of technical controllers will be determined by the number of lifters and coaches present in the warmup area. Coaches' accreditation badges should be marked according to gender, bodyweight category, and include a photo identification. One coach per athlete is not sufficient, particularly during sessions when it is necessary to spot super heavyweight lifters. Also, there may be certain sessions with lifters lifting heavy weights that may require additional spotters, even in classic competitions. The primary purpose of having the additional spotters is to prevent injuries and to ensure the safety of the athletes. Although the use of communication devices by athletes or coaches in the wrapping or warm-up areas is currently not permitted.

**Suggested text:**

16.3.6 Access for Other Persons

16.3.6.1 Access to the warm-up and preparation areas for other persons at all EPF events is restricted to individuals who have been duly accredited by the European Powerlifting Federation (EPF).

Accreditation may additionally be granted to parents, legal guardians, or designated support persons responsible for athletes competing under Special Olympics International (SOI) regulations. Such access to weigh-in, warm-up, preparation and competition areas ensures that athletes who require personal assistance or emotional support can benefit from it without compromising the integrity or security of the restricted areas. However, such persons must conform to the coach's dress code in all respective areas.

16.3.6.2 No personal music boxes are allowed in the warm-up or platform areas. Sufficient rubbish bins shall be placed in the warm-up area. It is the responsibility of the athletes and coaches to ensure the warm-up and wrapping area is kept clean and clear of debris.

16.3.6.3 When required and decided by the Jury, additional technical controllers may be placed in the warm-up area. The number of technical controllers will be determined by the number of lifters and coaches present in the warm-up area.

16.3.6.4 Coaches' accreditation badges should be marked according to gender, bodyweight category, and include a photo identification.

### **16.15 Proposal #15 EPF EC**

**Suggestion to change** “21 days before the start of the Event,”

Into

“before the end of the Final nomination”

**Reason:** to avoid the necessity of changing the Bylaws whenever IPF changes the terms of the final nomination.

**Suggested text**

#### **BYLAWS**

17.3 Hotel Bills for National Member Federations and Officials at International Events  
At all International Events, participating National Member Federations shall be responsible for their own hotel bills. All pre-booked rooms must be paid ~~21 days before the start of the Event~~, **before the end of the Final nomination**, except those rooms which were cancelled within that period.

### **16.16 Proposal #16 EPF EC**

**Suggestion to delete** “submitted not later than 21 (twenty one) days prior to an European Event,”

**Reason:** to avoid the necessity of changing the Bylaws whenever IPF changes the terms of the final nomination.

**Suggested text**

#### **18 NOMINATION**

18.1 Information for Nomination

Each national federation has the autonomy to establish its own rules and procedures in the selection of its national team coaches and lifters. Coaches and lifters shall be nominated by the National Federation where they're members in good standing.

Nomination forms for the European Events must provide columns for the following information, but not limited to:

- Athlete's family name as well as maiden name if married.
- Athlete's first name
- Athlete's best total performed within the preceding twelve months at national or international level
- Athlete's year of birth
- Athlete's picture
- Athlete's ADEL certificate

Nomination of athletes and officials to European Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

Preliminary nomination not later than 60 (sixty) days prior to a European Event.

Final nomination, ~~submitted not later than 21 (twenty one) days prior to an European Event,~~ must be made from those nominated in the preliminary nomination.

A precondition for acceptance of a Preliminary nomination is that the nominating National Member Federation has successfully entered without exception the following information into the Goodlift System:

- A duly completed ADEL (WADA Anti-Doping E-Learning) certificate in the name of each nominated athlete and coach.
- A duly executed and signed Consent Form for each nominated athlete.
- National Federation Certificate/ University Diploma of a licensed powerlifting coach and/or the IPF certification course.

Should any athlete or official have a pending charge against them under the IPF Anti-Doping Rules, irrespective of whether they are currently provisionally suspended, as the rights of all other nominated athletes and officials, the Championship Secretary shall not accept their Nomination. If a period of ineligibility or suspension will have been fully served with all applicable reinstatement conditions and requirements respected and fulfilled by the date the Event begins, the Championship Secretary shall accept nomination for any athlete or official who is currently serving a period of ineligibility under the IPF Anti-Doping Rules or a suspension under any other IPF/EPF regulations on the day of the Preliminary nomination deadline. Should any reinstatement conditions be breached prior to the start of the Event, any applicable consequences under the Anti-Doping Rules would apply.

### **16.17 Proposal #17 Danish Powerlifting Federation & EPF EC**

#### **BYLAWS**

**Suggestion** to change the regulations regarding the number of referees requested according to the number of athletes in the teams, the term of serving during the events, and the referees' nomination procedure.

**Reason:** The current requirements for the quantity of referees were developed decades ago and can no longer provide a sufficient number of referees to run the event.

Changing the requested number of days into sessions and introducing the possibility for fewer referees to come and serve more sessions will give more flexibility both to the Nations and EPF, and will allow National Federations to save funds.

Nomination by slots will solve the problem with lack of referees on specific days, which EPF often faces, and will provide more even distribution of the nominated referees during the whole event.

**Current text:**

#### **BYLAWS**

### **18.6 Including a Referee in National Teams, Fine, Restrictions**

Any National Member Federation, being affiliated to the EPF for more than 5 years and participating with more than 4 athletes in the EPF Events, should include

international referee(s) among its team officials available for refereeing or being a member of the Jury at least for two days. The host federation can nominate six referees. A federation participating with more than 4 athletes, as stated in the final nomination, is obliged to nominate at least one referee and a National Member Federation with more than 14 athletes, as stated in the final nomination, is obliged to nominate at least two referees. No nominated referees may be currently serving periods of ineligibility as a result of an Anti-Doping Rule Violation. It is the nominating National Member Federation's obligation to ensure that none of the referees it nominates are currently subject to disciplinary action of any kind under any IPF rule. Each referee assigned to an European Event is required to know and understand the IPF Anti-Doping Rules. In combined Events (equipped and classic) the number of athletes in the teams (equipped and classic, all age categories, both sexes) from one National Federation is counted together.

If a referee(s) from that National Member Federation is not present, or if present, but is not available to act in the capacity of either a referee or a member for Jury for at least two days during the Event, the athletes are allowed to take part, but a fine of Euro 1000 has to be paid by the National Member Federation for each missing referee. The Treasurer must receive such payment before the athletes from that National Member Federation can take part in any further EPF Events. Each National Member Federation must specify on the nomination form the weight categories in which their referees are available for refereeing. After the final nomination date, the Technical Commission Chairperson issues a Referee duty list for the whole Event. Any changes of a Referee's duty may be reported to the Technical Commission Chairperson until 14 days prior to the Event. After that date, the referees cannot expect to officiate in other duties than specified on the Referee duty list. Referee duties, specified by the Technical Commission Chairperson, are mandatory 14 days prior to the Technical Meeting. However, National Member Federations may allocate duties between their own referees at the latest at the Technical Meeting upon agreement with the appointed Technical Commission Chairperson.

Any changes, withdrawals or no show up by a referee regarding the allocated duty after the Technical Meeting, may lead to a warning or € 100 in fine depending on the reason as decided by the Jury in cooperation with the appointed Technical Commission Chairperson.

**Suggested text:**

## **18.6 Including a Referee in National Teams, Fine, Restrictions**

18.6.1 Any National Member Federation that has been affiliated with the EPF for more than five years and nominates more than 4 (four) athletes for an EPF Event must include qualified international referees among its team officials. **One referee of the National Category per Nation is allowed to be nominated to fulfil the duties of the Technical Controller.** These referees must be available to officiate on the platform or serve on the Jury for a minimum of ~~two competition days.~~ **four sessions.**

18.6.2 **The number of mandatory referees is based on the number of athletes in the final nomination:**

- 5–9 athletes — minimum 1 referee
- 10–14 athletes — minimum 2 referees
- 15–19 athletes — minimum 3 referees
- 20–24 athletes — minimum 4 referees
- 25 or more athletes — minimum 5 referees

18.6.3 **Referee nominations shall be submitted only for available time slots as displayed in the system at the time of submission.**

18.6.4 **Once a time slot has reached its maximum capacity and is marked as full, no further nominations for that slot shall be accepted.**

18.6.5 **In case a selected time slot is full, the Member Nation shall nominate the referee for another available open slot.**

18.6.6 **A Member Nation may nominate one referee in place of several requested referees, provided that he or she officiates the required number of sessions corresponding to those requests.**

18.6.7 **In a situation when a nation is required to send more referees than the number of available timeslots, no fines will be imposed.**

~~18.6.8 The host federation may nominate up to 6 (six) referees.~~

18.6.9 Members of the EPF Executive Committee and referees specifically invited by the EPF are not counted within any National federation's mandatory quota.

18.6.10 Referees who are currently serving a period of ineligibility for an Anti-Doping Rule Violation may not be nominated. Each National Member Federation is responsible for ensuring that none of its nominees are subject to any disciplinary sanctions. All referees appointed to European Events must be familiar with and compliant with the IPF Anti-Doping Rules.

18.6.11 At combined Events, the number of athletes from all age categories and genders is counted together per federation. Classic and Equipped divisions are calculated separately, and referees must be nominated for the specific days sessions of each division separately.

18.6.12 All referee nominations must be submitted before the deadline for the final nomination, with clearly indicated dates of availability. After this deadline, the Chair of the Technical Commission will issue the full Referee Duty List for the Event. From that point onward, referees should not expect assignments other than those listed. Federations may internally exchange duties among their own referees, but only up to the Technical Meeting and only with the approval of the Chair of the Technical Commission.

18.6.13 If the National Federation has not nominated the obligatory number of referees, the fee of Euro 1000 500 must be paid for each lacking referee. This fee must be paid to the EPF Treasurer after the final nomination on the receipt of the invoice. If a nominated referee is absent, or present but unavailable to perform their assigned duties, the athletes of that federation may still compete; however, the federation must pay a fine of EUR 500 for each referee duty missed by the unavailable referee.

## 17. New Member Applicants

None

### EPF Member Nations

№	Full Members	№	Full Members	№	To affiliate as a Provisional Member
1	Andora	22	Israel		
2	Armenia*	23	Italy		
3	Austria	24	Latvia		
4	Azerbaijan*	25	Lithuania		
5	Belarus*	26	Luxembourg		
6	Belgium	27	Malta		
7	Bulgaria	28	Netherlands		
8	Croatia	29	Norway		
9	Cyprus	30	Poland		Suspended Members
10	Czech Republic	31	Portugal		
11	Denmark	32	Romania		
12	Estonia	33	Russia*		
13	Finland	34	Serbia		
14	France	35	Slovakia		
15	Germany	36	Slovenia		
16	Georgia*	37	Spain		
17	Great Britain	38	Sweden		
18	Greece	39	Switzerland		
19	Hungary	40	Turkey		
20	Iceland	41	Ukraine		
21	Ireland				

\*has not paid the annual membership fee

## 18. Action on Delinquent Nations

None.

## 19. Hall of Fame

Will be announced at the GA.

### EPF Hall of Fame History

Year	Official	Female lifter	Male lifter
1993	Heiner Köberich, GER	Claudine Cognac, FRA	Jarmo Virtanen, FIN
1994	John Moody, GB	Judy Oakes, GB	Eddy Pengelly, GB
1995	Arnulf Wahlstrøm, NOR	-	Viktor Naleykin, UKR
1996	Vic Mercer, GB	Audhild Hansen, NOR	
1997	Arnold Boström, SWE	-	-
1998	George Legget, GB	Dagmar Wang, AUS	Kenneth Mattsson, SWE
1999	Kalevi Sorsa, FIN	Anna-Liisa Prinkala, FIN	-
2000	Henk Kaiser, NET	Natalia Rumyantseva, RUS	Leopold Krendl, AUS
2001	-	-	Wym Elin, BEL
2002	Ralph Farquharson, GB	-	-
2003	Jiri Hofirek, CZE	Cecile Jamin, FRA	-
2004	Myriam Busselot, BEL	-	-
2005	Pavol Müller, SLV	-	Andy Kerr, GBR
2006	-	Inger Blikra, NOR	-
2007	-	Antonietta Orsini, ITA	-
2008	-	Raija Jurkko, FIN	-
2009	-	-	Jaroslav Olech, POL
2010	Dietmar Wolf, NOR	-	-
2011	Alain Hammang, LUX	Ielja Strik, NED	Anibal Coimbra, LUX
2012	-	-	-
2013	-	-	Jan Wegiera, POL Dariusz Wszola, POL
2014	-	-	-
2015	Sandro Rossi, ITA	Märvi Sirkiä, FIN	Kenneth Sandvik, FIN
2016	-	Riitta Sundvall Liimatainen, SWE	Patrik Turesson, SWE
2017	-	Eila Kumpuniemi, FIN	Ruso Karel, CZE
2018	-	Heidi Hille Arnesen, NOR	Phillip Richard, GBR
2019	Gaston Parage, LUX	-	Hassan El Belghitti, FRA
2020	Klaus Brostrøm, DEN	Inna Orobets, UKR	Antti Savolainen, FIN
2021	Johnny Wiklund, SWE	Eva Buxbom, DEN	Tony Cliffe, GBR
2022	Sirazhutdin Bazaiev, UKR	Nathalie Feraud, FRA	Truls Kristensen, NOR
2023	Xavier de Puytorac, FRA	Hildeborg Juvet Hugdal, NOR	Sofiane Belkesir, FRA
2024	Herbert Krebs, AUS	Olena Kozlova, UKR	Ove Lehto, FIN

## 20. Future Championships

2026			
CHAMPIONSHIP	KIND OF CHAMPIONSHIP	DATE	PLACE
European Masters	Classic PL	8 - 15 February	Oulu, Finland
Universities Cup	Classic PL	17 - 20 February	Merignac, France
European Open	Classic PL	15 - 22 March	St. Julians, Malta
European Open/Junior/Sub-Junior/Masters	Equipped PL	01 - 10 May	Pilsen, Czech Republic
European Open/Masters/Junior/Sub-Junior	Equipped & Classic BP	03 - 09 August	Druskininkai, Lithuania
Western European	Equipped & Classic PL	17 – 20 September	Hamm, Luxembourg
European Junior & Sub-Junior	Classic PL	06 – 13 December	Kranjska Gora, Slovenia

2027			
CHAMPIONSHIP	KIND OF CHAMPIONSHIP	DATE	BIDS
European Masters	Classic PL	07 - 14 February	Valetta, Malta
European Open	Classic PL	07 - 14 March	Istanbul, Turkey Malmo, Sweden
European Sub-Junior & SOI	Classic PL	14 – 19 April	Pilsen, Czechia Porto, Portugal
European Open/Junior/Sub-Junior/Masters	Equipped PL	30 April – 09 May	Haugesund, Norway
EPF EUSA Championship	Classic PL	24 – 27 July	Split, Croatia
European Open/Masters/Junior/Sub-Junior	Equipped & Classic BP	17 – 26 September	Batumi, Georgia
European Junior	Classic PL	06 – 12 December	Antalya, Turkey Druskininkai, Lithuania

2028			
CHAMPIONSHIP	KIND OF CHAMPIONSHIP	DATE	BIDS
European Open	Classic PL	February	
European Masters	Classic PL	March	
European Sub-Junior & SOI	Classic PL	April	
European Open/Junior/Sub-Junior/Masters	Equipped PL	May	
European Open/Masters/Junior/Sub-Junior	Equipped & Classic BP	August	
European Junior	Classic PL	December	Helsinborg, Sweden

PL = Powerlifting Championships BP= Bench Press Championships

**21. Any other Business**

Organisation of the European Classic & Equipped Powerlifting Cup.

**22. Adjournment**