



MINUTES OF THE EPF GENERAL ASSEMBLY 2025

Place: Malaga, Spain

Date: Wednesday, 19th of March 2025

Time: 09:00 CET

DELEGATES

FULL MEMBER NATIONS: Austria, Belgium, Croatia, Denmark, Finland, France, Iceland, Italy, Norway, Slovenia, Sweden, Switzerland, Ukraine.

EPF EC MEMBERS: Bjorn Astad, Tetiana Melnyk, Xavier de Puytorac, Sandro Rossi, Tero Hyttinen, Myriam Busselot.

INVITED GUEST

EPF Honorary President Arnulf Wahlstroem

Total vote 16

Simple majority 9

AGENDA

1. Welcome by the President
2. Roll call of Nations and Delegates
3. Minutes of the Last Congress
4. President Report
5. Vice-President Report
6. Treasurer's Report
7. Auditors' Report
8. Approval of the Budget for 2025
9. Secretary General's Report
10. Technical Commission Chairwoman's Report
11. Championship Secretary's Report
12. Law and Legislation Commission Chairperson's Report
13. Women's Committee Chairwoman's Report
15. Elections
16. Proposals
 - 16.1 EPF EC Proposal #1
 - 16.2 EPF EC Proposal #2
 - 16.3 EPF EC Proposal #3
 - 16.4 EPF EC Proposal #4
 - 16.5 EPF EC Proposal #5
17. New Member Applicants
18. Action on Delinquent Nations
19. Hall of Fame
21. Any other Business
22. Adjournment

Welcome by the President

EPF President Bjorn Astad on behalf of the European Powerlifting Federation (EPF), warmly welcomed all delegates and guests of the General Assembly (GA) 2025.

1. Roll call of Nations and Delegates

Full Member Nations with the voting rights present at the General Assembly:
Austria, Belgium, Croatia, Denmark, Finland, France, Iceland, Italy, Norway, Slovenia, Sweden, Switzerland, Ukraine.

Votes 13

EPF EC Members: Bjorn Astad, Tetiana Melnyk, Xavier de Puytorac, Sandro Rossi, Tero Hyttinen, Myriam Busselot.

Votes 3

Total number of votes 16

Simple majority 9 votes

Quorum to make changes in the Constitution 28 not reached

2. Minutes of the Last Congress

The Minutes can be downloaded from the EPF web.

https://www.europowerlifting.org/fileadmin/data/general_assembly/2024/Minutes_of_the_GA2024.pdf

https://www.europowerlifting.org/fileadmin/data/general_assembly/2024/Minutes_of_the_XGA2024.pdf

No remarks have been received.

The Minutes of the General Assembly 2023 accepted unanimously.

Vote: Yes 16/ No 0/ Abstention 0

3. President Report

General overview

2024 was a successful year. All championships were organized well and participation levels of athletes competing are rising annually. Numerous European and World records were set and 60 European athletes out of 96 from the whole world were selected for the World Games. The support from our partners increased and that gives us the possibility to increase the support for the organizers. Financially we finished 2024 with a slight surplus and the economic situation is good. Plans for 2026 and preparations for the 2025 season are progressing satisfactorily.

Still the war of Russia against Ukraine is a black shadow over Europe and harms sport, people, and the economy. Therefore, the federations from the countries involved remain restricted from participation. However, we stay hopeful for a resolution to the situation in Ukraine.

Governing the EPF/Administration

The daily workload to run EPF increases year by year. The Executive Board members are the ones who conduct most of the daily work. Today, we have people in the Executive Committee with good qualifications and experience to complete all the necessary tasks. But all work has been voluntary, and the workload is close to a full-time job for some of the officials.

At the end of 2024, the EPF Vice President Stéphane Hatot chose to resign from his position. In January 2025 Myriam Busselot was appointed as acting EPF Vice President until we have an election for this position, but no longer than until GA 2026.

The success of any federation or organization is fundamentally rooted in the dedication and commitment of its people. I am proud to acknowledge the hard work and cooperation of our officials and contracted personnel, who have collaborated effectively within our leadership team and with national member federations. Their

efforts are commendable, and I extend my heartfelt gratitude to all involved in advancing European powerlifting.

The Constitution and By-Laws

The annual EPF GA for 2024 was convened in Croatia on March 15. Delegates from twenty-five member nations and six EPF Executive Committee (EC) members attended the assembly. A primary focus of the agenda was the proposed restructuring of the Constitution and By-Laws as mandated by the International Powerlifting Federation (IPF).

During the assembly, significant discussions arose regarding the voting rights of the GA and EC members. The central question was whether the GA should retain its voting rights to amend the By-Laws, and if so, whether the EC members should maintain their voting rights. The initial proposal presented at the GA in Croatia did not include these rights. Following extensive deliberation, the EC withdrew the proposal.

A revised proposal was subsequently developed, which incorporated two crucial voting principles: the GA would retain voting rights on any amendments to the Constitution and By-Laws, and EC members would maintain their voting rights. This new Constitution and By-Laws were ratified during an extraordinary GA held in Pilsen, Czech Republic, on October 9, with delegates from seventeen member nations and four EPF EC members in attendance.

Championships

2024 marked a successful period for the EPF, with all eight scheduled European championships being organized and participation levels rising annually. A total of 2,235 athletes competed in 2024, reflecting an increase of over four percent compared to 2023 and a ten percent increase relative to 2022. For 2025, we anticipate a slight increase in athlete participation.

The numerous European and World records set in 2024 and the selection of 60 European athletes out of 96 from all over the world for the World Games are a testament to the federation’s dedication and hard work.

EPF wants to provide equal treatment in status, rights, resources, and opportunities to all the EPF members, regardless of their race, gender, ethnicity, age, origin, language, religion, convictions, opinions, health, or disability, avoiding discriminatory laws, policies, and practices. That’s why we will add the Special Olympic division to our events from 2025 on an annual basis.

European Championships 2022 –2024 number of lifters attended the Championships

CHAMPIONSHIPS	NUMBER OF LIFTERS		
	2022	2023	2024
European Masters Classic Powerlifting	207	349	370
European Masters, Equipped Powerlifting	128	164	127
European Open, Classic Powerlifting	234	198	210
European Open, Equipped Powerlifting	128	109	120
European /Junior/Sub junior, Equipped Powerlifting	97	77	116
European Junior/Sub Junior, Classic Powerlifting	324	340	374
European University Cup, Classic Powerlifting	109	115	107
European Open/Masters/Jr/Sub Junior CL Bench Press	414	433	438
European Open/Masters/Jr/Sub Junior EQ Bench Press	250	257	270
Western European Open Equipped Powerlifting	127	100	103
Danube Cup, Equipped & Classic Powerlifting	23		
TOTAL NUMBER OF LIFTERS	2041	2142	2235

Source: Goodlift

EUSA

In 2024, the EPF successfully established a partnership with the European University Sports Association (EUSA). A Memorandum of Understanding between the EPF and EUSA was signed at the EUSA Executive Committee meeting in Portugal in April 2024. In 2025 and 2026 EPF will still organize the University Cup, but from 2027 this event will be organised as the EUSA Championship.

Awards 2024

Each year, the EPF recognizes the top European powerlifters based on their performance by the IPF GL points from both the World Open and the European Open championships, with athletes required to have competed in both events.

The European Powerlifters of the Year for 2024

Name	Disiplin	Male/Female	Nation
KULA, Zuzanna	Equipped	Female	Poland
RYSIYEV, Volodymyr	Equipped	Male	Ukraine
MULUH, Sonita Kyen	Classic	Female	Belgium
KENGAMU, Jurins	Classic	Male	Great Britten

The "EPF Hall of Fame" is an honorary body whose purpose is to honour members who have made an outstanding contribution either by way of lifting achievement or service in general to the sport of powerlifting in Europe. A maximum of two athletes and two officials, male and female, may be elected to the Hall of Fame each year. In 2024 the EPF Hall of Fame honours were awarded to Herbert Krebs (Austria, official), Kozlova Olena (Ukraine, lifter), and Ove Lehto (Finland, lifter).

Media and Marketing

Social media is currently the keyway and a driving force for promotion. To improve the representation of the EPF and to get better visibility we started a cooperation with Tera Promo, a professional team of social media workers. The work includes making the highlights of the events, taking interviews, making teasers before the events, using targeting, etc. The result is an increase in followers both on Instagram and Facebook, one of the videos became viral and reached out to 280 thousand people.

To ensure balanced and top-level coverage of the EPF events, standardized streaming is provided of the main European championships by the Viva TV company. This guarantees the unique style of the video supported by professional commenting.

In 2025 for the first time the European Open Classic Powerlifting Championship will be covered by pan-European television sport company Eurosport. This channel's net is spread over 54 countries. Broadcasting is being conducted in 20 languages. The

cooperation with Eurosport gives unprecedented benefits for the EPF both in terms of the powerlifting promotion and commercial possibilities for the EPF partners, which result in increased sponsorship packages.

Partners

The support of the EPF Partners in 2024 has been instrumental in enhancing the quality of our championships and providing high-quality streaming services. This collaboration has enabled the EPF to support organizers with free equipment, medals funded by the EPF for all championships, support for spotters, and additional financial assistance.

In December 2024 EPF and Maniak Fitness company entered a strategic partnership aimed at enhancing the cooperation across the European region. The powerlifting equipment produced by Maniak Fitness company will be provided for all the major EPF events during 2025-2028. I have no doubt that our collaboration will live up to expectations and contribute to the further development of powerlifting in Europe.

In 2025 our partners are SBD Apparel Limited, Visit Malta, Elite Sport Nutrition, and Maniak Fitness. With the support of our partners, we have the possibility to take European powerlifting on a journey towards a new future. However, the contracts with partners, the European University Sports Association, Eurosport, and other organizations contain requirements that must be complied with.

I hope we will have useful discussions and make good decisions for powerlifting in the future at this General Assembly.

Bjørn Astad

EPF President

Report accepted unanimously.

Vote: Yes 16/ No 0/ Abstention 0

5. Vice-President Report

Ladies and Gentlemen,

The European Powerlifting Federation is doing well and the number of participants in the various championships is increasing for both men and women. We also have a lot of young people (men and women) in the sub-junior and junior competitions. This clearly shows the dynamism of our discipline. The EPF has organized 8 competitions on European soil (Croatia, Spain, France, Luxembourg, Malta, Czechia and Turkey) and we can be pleased with the level of these organizations because they are increasingly professional.

Regarding the activity of the Steering Committee, we had a face-to-face meeting in Luxembourg on January 12 and 13, 2024.

I resigned from my position as vice-president in December 2024.

I wish the EPF steering committee all the best.

Stephane Hatot,

EPF Vice-President

Report accepted.

Vote: Yes 15/ No 0/ Abstention 1

6. Treasurer's Report

EPF continues its development and we are very proud of it.

We have a very good participation with 2300 lifters (without Russia and Belarusian) instead of 2150 in the provisional budget. So we have 13 500€ more in Participation Fees. We had a very good incomes with sponsors. About 600 000€.

With this money, we spent 98 734€ more in the budget for Sports Development and Media Marketing and we gave more money (46 283€) for organizers. With Computer Secretary, in total we spent 668 517€ (74.12%) for that.

EPF confirms, we used the money to have more and more high level for organisation. EPF needs this for Development and Sponsors.

As each year I show you the amount of the penalties, 16 100€ in 2024. The good side of things is that we have money to have more referees during championships.

We finish with a positive balance of 85 053.38€ and we have a very good financial situation with 308 807.49 €.

We are ready to pay Eurosport in 2025.

Xavier de Puytorac,

EPF Treasurer

Report accepted unanimously.

Vote: Yes 16/ No 0/ Abstention 0

Below 2024 accounts with details in €.

2024					
		Result 2023	Budget 2024	Result 2024	
Expenses					
1	Sports Development	226038,82	207193,00	326316,87	30,90%
2	Media Marketing	175518,44	223465,00	203075,59	19,23%
3	Anti-Doping Control Cost (2150 lifters)	133020,00	139000,00	138000,00	13,07%
4	Sponsors Expenditures	90459,27	122473,60	153985,03	14,58%
5	Participating fees to organizers	67518,00	64500,00	110783,00	10,49%
6	Reimbursement EPF Executive	41050,00	57700,00	51500,00	4,88%
7	Reimbursement Computer Secretary	30618,55	44320,00	28942,28	2,74%
8	EPF officials at Championship	34463,29	43180,00	36115,46	3,42%
9	Additional Referee	12023,86	12000,00	5693,49	0,54%
10	Other expenses	99,45	15236,40	788,82	0,07%
11	Bank Fees	246,68	200,00	749,50	0,07%
	TOTAL	811 056,36	929 268,00	1 055 950,04	
Incomes					
12	Sponsors	430431,00	572368,00	752768,00	65,97%
13	Participating Fees (2150 lifters)	199530,00	193500,00	207000,00	18,14%
14	Anti Doping Fees (2150 lifters)	133020,00	129000,00	138000,00	12,09%
15	Membership Fees (39 countries)	11400,00	12300,00	11700,00	1,03%
16	Sanction Fees	6600,00	6600,00	6600,00	0,58%
17	Penalty (referee etc.,)	18300,00	12000,00	16100,00	1,41%
18	Bank Interest and Other	3785,16	3500,00	8835,42	0,77%
	TOTAL	803 066,16	929 268,00	1 141 003,42	

Balance	85 053,38
----------------	------------------

1 - Sports Development

2- Media marketing, included cost of one high quality streaming and help organizer for installing internet connection for the streaming

3 - Doping cost to IPF

4 - Sponsors Expenditures

5 - Participating Fee to the Organizers 30 € per each lifter

6 - Allowance cost of fulfillment of EPF duty (internet, phone, office support etc.)

7 - Contract cost for 1 200 €/month + reimbursement of additional cost etc.

8 - Daily allowance cost of 60 €/day for EPF representatives and travel

9 - Additional Referee

10 - Other Expenses

11 - Bank Fees

12 - Sponsors 2024: Rogue, SBD, Hansu Power, Maniak

13 - Participating fee 2024: 90 €, split 60 EUR to EPF and 30 EUR to organizer

14 - Anti-doping fee 2024: 60 € per lifter

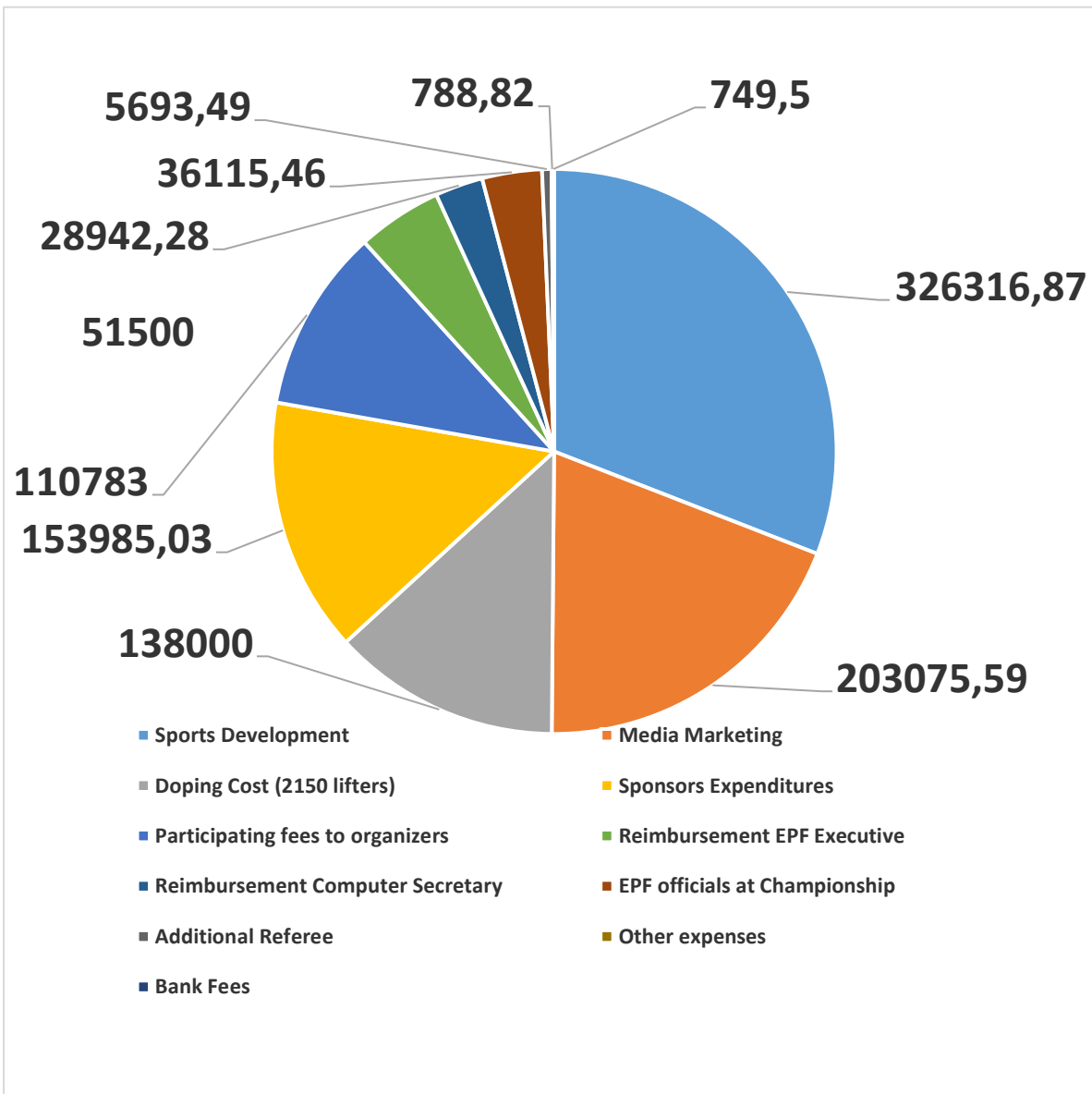
15 - Membership fee 2024: 300 € per Federation

16 - Sanction fee 2024: 1000 € European championship, 400 € WEC, 200 € Cup

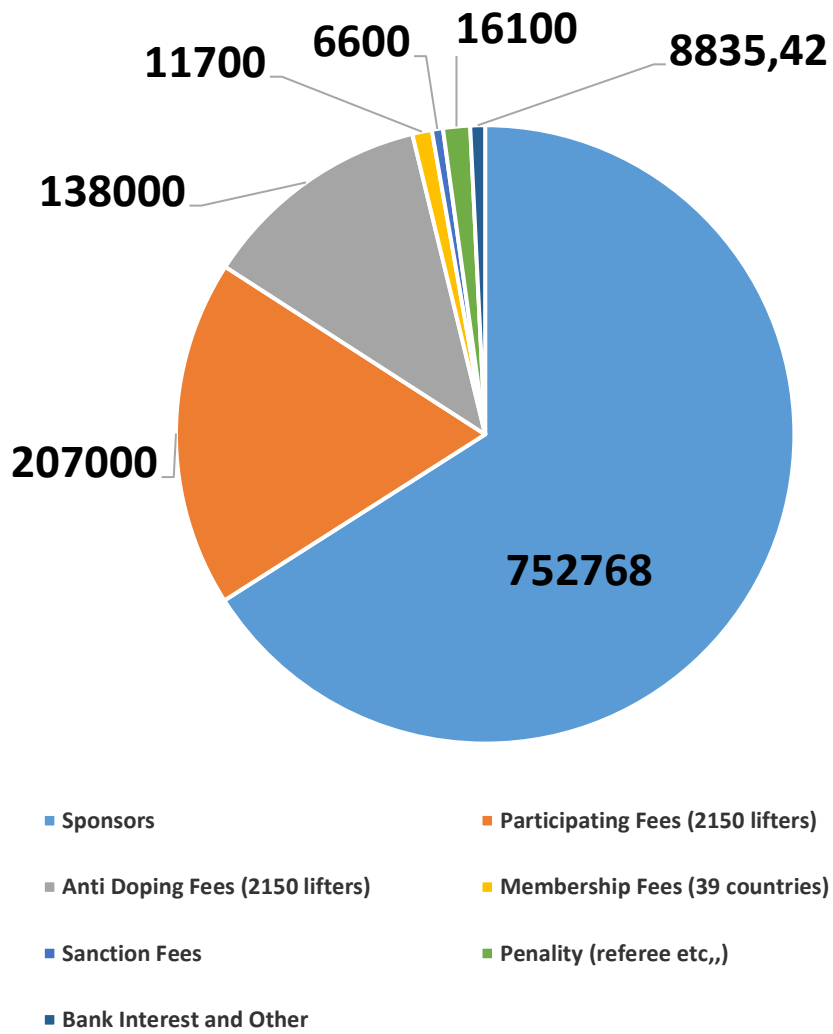
17 - Fee for not nominating referee or late payment (after technical meeting) or not present at the technical meeting without sending an email

18 - Other Incomes

EXPENSES 2024



INCOMES 2024



The Evolution of the EPF Balance Sheet During the Last 10 Years

2015	94 085,32 €	(EPF Business account 264,87 + EPF savings account 93.037,46)
2016	111 290,01 €	(EPF Business account 18.243,56 + EPF savings account 93.046,45)
2017	140 549,22 €	(EPF Business account 26.594,67 + EPF savings account 113.954,55)
2018	155 645,15 €	(EPF Business account 5 654,02 + EPF savings account 149 991,13)
2019	179 999,99 €	(EPF Business account 30 003,49 + EPF savings account 149996,50)
2020	167 389,80 €	EPF Business account
2021	208 538,59 €	EPF Business account
2022	231 744,31 €	EPF Business account
2023	224 491,01 €	EPF Business account 20 705,95 + EPF savings account 203 785,16
2024	308 807,49 €	EPF Business account 50 797,07 + EPF savings account 258 010,42

Report accepted.

Vote: Yes 16/ No 0/ Abstention 0

7. Auditors' Report

Auditors' Report 2025

Mr. Xavier de Puytorac as the EPF Treasurer provided both auditors, i.e. Mrs. Silva Katutyte and Mr. Nedim Görel with all accounting documents and bank statements needed to perform the audit. Thus, via Dropbox tool for Silva Katutyte and in the IPF office for Nedim Görel, the whole accounting system was available for an accounting records evaluation and a comparison of moves on bank accounts, as well.

Financial situation is presented in a simple accounting system.

On the basis of the audit performed we can confirm following: The presented financial result is with a positive result of 85 053.38 EUR is based on accounting and it does correspond with the bank statements within 31.12.2024. ✓

Within 31.12.2024 the current bank account status is 308 807.49 EUR. ✓

50 797.07 EUR in the Business Account ✓

258 010.42 EUR in the Saving Account ✓

We wish you all a successful Congress.


17.01.2025
Silva Katutyte, Nedim Görel,
EPF Auditors


17.01.2025

Report accepted unanimously.

Vote: Yes 16/ No 0/ Abstention 0

8. Approval of the Budget for 2025

Provisional Budget 2025

Expenses	
Organising Championships	625 740 €
Equipment	84 000 €
Spotters	45 500 €
Medals	37 000 €
Participations fee to organiseres	72 000 €
Other support to organiseres	68 800 €
Additional Referee	10 000 €
Computer Secretary	53 780 €
EPF officials at Championship	91 910 €
Doping Cost	162 750 €
Media Marketing	377 110 €
Streaming, speakers and social media	252 110 €
Eurosport	125 000 €
Reimbursement EPF Executive	53 200 €
Bank Fees	300 €
TOTAL	1 056 350 €
Incomes	
Partners and marketing incomes	617 200 €
Fees	421 650 €
Participation Fees (2400 lifters)	216 000 €
Anti Doping Fees (1150+1250 lifters)	162 750 €
Participating Fees (500 coaches)	25 000 €
Membership Fees (41*300€)	12 300 €
Sanction Fees	5 600 €
Penalty (referee etc,,)	10 000 €
Bank Interest	7 500 €
TOTAL	1 056 350 €
Balance	0 €

Jorgen Rasmusen (Denmark) expressed his opinion about the Coach Capitation fee calling it unnecessary and admitting that it requires additional expenses from the National Federation. He suggested that this fee must be given to the organizer of the event.

The EPF President Bjorn Astad said that EPF provides very substantial support to the Organizers of the EPF events, which is much higher than the amount of the Coach

Capitation fees, and if such a fee shall be cancelled, EPF must look into the budget where to cut the expenses, which most likely will be cut from the Organizers' support.

Budget accepted.

Vote: Yes 15/ No 0/ Abstention 1

9. Secretary General's Report

Dear EPF Member Nations,

Welcome to all the Delegates to the EPF General Assembly 2025.

The year 2024 proved to be a pivotal period for us as we advanced our ongoing projects and implemented numerous ideas into practice. During this time, I was fortunate to visit 6 out of the 8 European Championships and hold meetings with the Executive Committee. A significant milestone was the adoption of the updated EPF Constitution and By-Laws at the XGA 2024 in October.

In alignment with our Strategic Plan for the development of the EPF over the next four years, we focused on enhancing our marketing strategy and social media presence. Our efforts aimed to elevate the profile of EPF events within the sporting community.

We have witnessed changes among our esteemed Partners. Contracts with Rouge Fitness and HS Power Ltd. have concluded, and I would like to express my heartfelt gratitude for their support of the EPF, hoping our collaboration has yielded benefits for both sides. Conversely, I am pleased to announce that Maniak Fitness has elevated its partnership with us, becoming a Premium Partner for powerlifting equipment. This partnership ensures stability and security, with Maniak Fitness equipment to be used at

all our major events. We also continue to maintain strong relationships with our other Partners: SBD, Visit Malta, and ESN.

Starting from 2025, the European Open Classic Powerlifting Championship will receive coverage on Eurosport, a significant step forward for both our Federation and our Partners in terms of promotion and visibility.

Our Partners have consistently provided equipment for EPF events and uniforms for loaders and spotters, along with their financial contributions. This unwavering support has enabled us to enhance the quality of powerlifting championships across Europe and provides substantial assistance to event organizers.

I believe our organizers have already recognized the increased support from the Federation, and we remain committed to finding ways to deliver even greater assistance and at the same time we elevate expectations for event organization.

One initiative we are currently developing is the equitable distribution of participation fees among all organizers throughout the year—a proposal that will be discussed and voted upon.

In furtherance of our mission, the Sport Development Fund has dispatched powerlifting equipment to the Hellenic and Georgian Powerlifting Federations. We anticipate that this contribution will foster growth and development within these Federations.

To improve the efficiency of our social media strategy, we have enlisted the professional services of Tera Promo, whose enthusiastic team is full of innovative ideas. The results of our collaboration are already evident in the growing numbers of followers, views, and likes in our social media accounts.

We have also updated our website to ensure it is modern, user-friendly, and easily accessible. In January, we organized a Media Workshop for our media team to encourage learning, collaboration, and strategic planning.

Regarding streaming, we continue our partnership with Viva TV and Eric Rupp. In 2025, we have already four EPF events scheduled for streaming on Viva TV:

- European Open Classic Powerlifting Championship (Malaga, Spain 18-23/03/2025)
- European Open, Junior, Sub-Junior, and Masters Equipped Powerlifting Championship (Pilsen, Czech Republic 02-11/05/2025)
- European Sub-Junior and Junior Classic Powerlifting Championship (Druskininkai, Lithuania 30/11 – 07/12/2025)

We signed a Memorandum of Understanding between the EPF and EUSA in July 2024 in Aveiro, Portugal. Throughout the year, we also worked diligently to arrange the 1st EUSA Powerlifting Championship. We prepared all necessary initial regulatory documents and established contacts with the NUSAs within the European area, including a bid received from Croatia.

In December, we had the honor of visiting Virovitica, Croatia, at the invitation of the Croatian Powerlifting Federation. It was a pleasure to witness the National Powerlifting Championship of Croatia and experience the spirit of camaraderie and support there. We are proud to see our National Federations growing, developing and succeeding.

Thank you for your attention, and I look forward to our continued progress and collaboration.

Tetiana Melnyk,

EPF Secretary General

Eva Buxbom (Denmark) commented on the EPF initiative to include SOI athletes admitting that this is a necessary and very useful social project.

Report accepted unanimously.

Vote: Yes 16/ No 0/ Abstention 0

10. Technical Commission Chairwoman's Report

It hardly seems possible that it was one year ago I was writing a report to Congress 2024. Time certainly flies as one ages.

Many exams were done, thanks to Xavier de Puytorac for his help and good cooperation during my recovery in 2024.

Congratulations to all who have recently passed exams to become International Referees. Our thanks to the examiners for providing their time.

For the EPF it is especially important to have more referees participating in the championships. Without referees, no championships are possible.

We will start 2025 with five exams. Please be advised that EPF needs also more referees available during all championships and certainly women.

Also take a look in the rules: “The weigh in for each competitor will be done, only with his coach or manager of the same gender”.

Reminder for all referees.

Each national federation must specify on the Goodlift nomination the available days of their practical exam. Each referee must be available at least two days. Its on the Technical Committee to decide the day of their practical exam. Be careful, not all practical exams can be done the first days of the championships.

Any changes of a Referees duty may be reported to the Technical Committee Chairperson until 14 days prior to the Championship. After that date, the referees cannot expect to officiate in other duties than specified on the Referee duty list.

Any changes, withdrawal, or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or 100 EUR in fine dependant of the reason and decided by the jury in cooperation with the appointed technical committee member.

If a referee(s) from that National Member Federation is not present, or if present, but is not available to act in the capacity of either a referee or a member for Jury for at least two days during the Event, the athletes are allowed to take part, but a fine of Euro 1000 has to be paid by the National Member Federation for each missing referee.

Reminder for all coaches.

Dress code for coaches at international events shall be national team tracksuit plus team or IPF approved t-shirt, or sport shorts plus team or IPF approved t-shirt, no Hats, not taking Pictures or Making Videos. Coach must adhere to this code failing which on the ruling of the Technical Controller or Jury may result in the coach being excluded from the event warm up room and competition surrounds.

All the best to the Spanish Powerlifting Federation with the European Open Classic Powerlifting Championship!

Myriam Busselot,

EPF Technical Commission Chairperson

Urban Mur (Slovakia) suggested that EPF creates the electronic application for the referees' management.

EPF President Bjorn Astad supported the idea.

Report accepted unanimously.

Vote: Yes 16/ No 0/ Abstention 0

11. Championship Secretary's Report

The Championship Secretary shall ensure that major international events do not clash to achieve a well-organized calendar. With the increase of the number of international events there are still difficulties to avoid clash between the IPF and EPF championships.

The sport of powerlifting is growing in popularity and the number of lifters attending championships is increasing year after year. A consequence of this is long days during championships especially in classic powerlifting. To make competition days more reasonable we have added extra days for some of our Championships.

Other issue concerning growth of our sport is that we have quite often A- and B-groups in our championships. Especially in open and junior classic powerlifting championships. To ensure fair play for each lifter in these weight categories it is important that each federation nominates their lifters with the correct results from the last 12 months before preliminary nomination ends from national or international championships. Result must be done in the same body weight category in which the athlete is going to lift at the championship. And fortunately, Sub-Juniors and Juniors equipped and classic World Championships this year will be held before the preliminary nominations to the respective European Championships are closed.

I would like to thank the organizers for the important job they are doing for the sport. The organizers of the championships are of immense importance to the sport. Without these people there would not be any championships.

I would also like to thank all the officials, and above all the referees, for their work and willingness to participate in this demanding and important function. There is still a problem to get enough referees, especially at the first part of European Junior Championships and at the Masters Championships. I would like once again to ask representatives of all European member federations to help us solve this problem. Without referees we are not able to organize championships that our great lifters deserve.

There have been situations where nations have not attended Technical Meeting. All participating nations should be represented at the Technical Meeting. If a representative of a participating nation is absent from the Technical Meeting, they must inform the Championship Secretary and Treasurer by email. The confirmation of absence from Technical Meeting must be sent between the date of the final nomination and the start of the Technical Meeting. The confirmation must include changes in the list of referees and changes in the final nomination.

With hope that 2025 will bring peace back for all our member nations and their countries – Ukraine has a special place in my heart and thoughts most of all. And I also hope greater compliance in the world to the three values of Olympism: excellence, friendship, and respect.

Tero Hyttinen,
EPF Championships Secretary

Urban Mur (Slovenia) suggested that the groups division is published at the EPF web before the start of the Championship.

Report accepted unanimously.

Vote: Yes 16/ No 0/ Abstention 0

12. Law and Legislation Commission Chairperson's Report

In 2024 I have done my support to the EPF EC in order to put in line our Constitution and By-Laws with the similar documents of the IPF.

We had a meeting with a lawyer in Luxembourg and also we had many conference calls to write down these important documents that are the cornerstone of the democratic life of EPF. But the work is not ended and the common hope is that this final version of Constitution and By-Laws should be finalised in the present GA.

As member of the EC I was present at the following competitions in 2024:

- European Open Classic Powerlifting Championship (Croatia)
- Western European Championship (Malta)
- European Bench Press Championships (Turkey)
- European Junior and Sub-Junior Classic Powerlifting Championships (Pilsen).

I express my personal thanks to the AEP for having organized this very important championship in Malaga,

Sandro Rossi,

EPF L&L Commission Chairperson

Report accepted unanimously.

Vote: Yes 16/ No 0/ Abstention 0

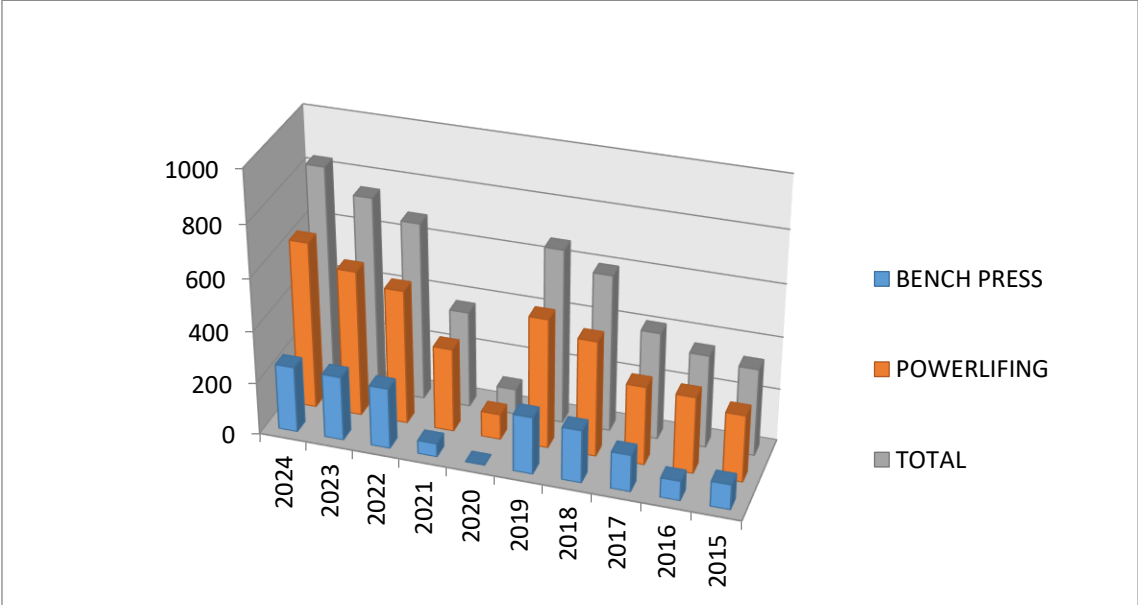
13. Women's Committee Chairwoman's Report

Dear Delegates and Member Federations,

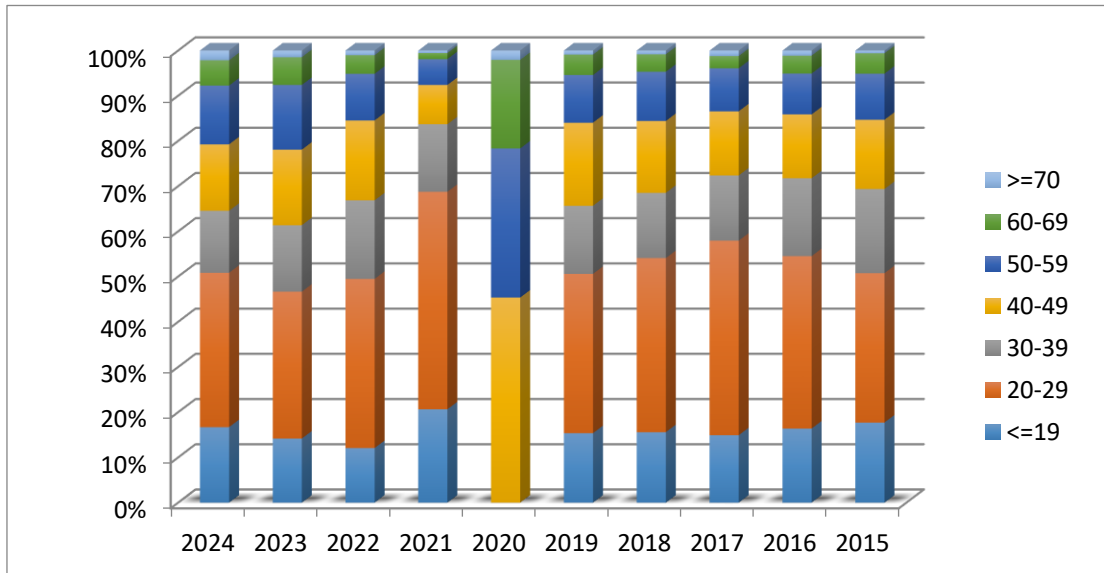
As usual in the EPF website, following the link “About EPF - Women’s Powerlifting”, you can find the statistics for the period 2000-2024 concerning the participation of female lifters in Powerlifting and Bench Press Competition and the distribution by Nation, with special focus of last ten years.

In particular, the trend of the last ten years is shown in the following charts.

Number of female lifters:



Distribution for age class:



From those charts we can observe that the increase of female lifters taking part in European Competition continues in 2024, great satisfaction for our sport and our Federation.

I wish you all a successful General Assembly and Open Classic Powerlifting Championships in Malaga.

Maria Pia Moscianese,

EPF Women's Commission Chairperson

Eva Buxbom (Denmark) asked Maria Pia whether any actions were taken by the EPF Women's Commission to engage more women in powerlifting.

The Women's Commission Chairperson Maria Pia Moscianese answered that none of those were taken so far.

Report accepted unanimously.

Vote: Yes 16/ No 0/ Abstention 0

14. Outstanding Legal Matters

No matter.

15. Elections

No elections.

16. Proposals

16.1 EPF EC Proposal #1

CONSTITUTION

Proposal: to add “By-Laws” in the paragraph prescribing regulations on the proposals for amendments.

To add paragraph with the regulations on the voting for the By-Laws changes.

Original text:

6.8 Procedures for the General Assembly Meetings

6.8.3 All proposals to amend the Constitution must be submitted to the President, the Secretary General and the Chairperson of the Law and Legislation Commission, at least ninety days (90) prior the date of the General Assembly. The Executive Committee or a National full Member Federation, can submit amendments to the Constitution. The Secretary General shall send out all proposed amendments to the National Member Federations, at least thirty (30) days prior to the date of the GA.

Proposed text:

6.8.3 All proposals to amend the Constitution **and By-Laws** must be submitted to the President, the Secretary General and the Chairperson of the Law and Legislation Commission, at least ninety days (90) prior the date of the General Assembly. The Executive Committee or a National full Member Federation, can submit amendments to the Constitution **and By-Laws**. The Secretary General shall send out all proposed amendments to the National Member Federations, at least thirty (30) days prior to the date of the GA.

6.8.6 A simple majority (1/2) of votes cast is needed to prescribe and amend the By-Laws with no quorum required. The changes take effect immediately unless the GA decides otherwise.

The EPF President Bjorn Astad admitted that the necessary quorum to change the Constitution wasn't reached and therefore the EPF EC is asking for the permission of the GA to send this proposal for voting via email to all the Nations.

Permission obtained

Vote: Yes 15/ No 1/ Abstention 0

The President of the Slovenian Powerlifting Federation left the GA.
Simple majority 8 votes.

16.2 EPF EC Proposal #2

BY-LAWS

Proposal:

To delete the amount of the Anti-Doping Fee and substitute it with the wording "According to the IPF regulations".

To delete: "The participating National Member Federations shall pay to the EPF an anti-doping fee of 60 Euro for each athlete entered and declared on the final entry form for all European Championships and events sanctioned by EPF. Anti-doping fees shall be clearly marked strictly for anti-doping purposes only. In addition to an anti-doping fee,"

To change the wording: "the National Member Federation shall pay participation fee of 90 Euro for each athlete and capitation fee of 50 Euro for each coach (head coach, coach, assistant coach) entered the final nomination form of all European events and those sanctioned by the EPF."

Into

"The National Member Federation shall pay **Anti-Doping and** Participation fee for each athlete and capitation fee for each coach (head coach, coach, assistant coach) entered the final nomination form of all European events and those sanctioned by the EPF."

Reason: The amount of the Anti-Doping fee depends on the decision of the IPF EC and according to the IPF regulations it can be changed by the EC anytime. The EPF cannot influence this.

To substitute: “Only coaches participating in the same event as lifters should not pay the coach capitation fee.” with “**Coaches participating in the same event as athletes or referees are exempt from paying the coach capitation fee.**”

Reason: Coaches serving as referees contribute to the events and deserve to be released from paying the fee. IPF EC adopted the same regulation.

Original text:

12. FEES

12.1. Kinds of Fees

The annual membership fee must be paid by each EPF Member Federations till the end of January each year for the Federation to have a vote at the EPF GA.

Sanction fees shall be paid in accordance with the following scale of subscriptions and fees:

- Event Sanction Fee European University Cup Euro 200
- Annual National Membership Affiliation Fee Euro 300
- Event Sanction Fee European Championships Euro 1000
- Event Sanction Fee European Cup Euro 700
- Event Sanction Fee Western European Championships Euro 400
- Event Sanction Fee Danube Cup Euro 200
- Event Sanction Fee Other Events Euro 200
- Anti-Doping Fee Euro 60
- Athlete Participation Fee Euro 90
- Coach Capitation Fee Euro 50

The participating National Member Federations shall pay to the EPF an anti-doping fee of 60 Euro for each athlete entered and declared on the final entry form for all European Championships and events sanctioned by EPF. Anti-doping fees shall be clearly marked strictly for anti-doping purposes only. In addition to an anti-doping fee, the National Member Federation shall pay a participation fee of 90 Euro for each athlete and capitation fee of 50 Euro for each coach (head coach, coach, assistant coach) entered the final nomination form of all European events and those sanctioned by the EPF. Only coaches participating in the same event as lifters should not pay the coach capitation fee. 30 Euro of each athlete's participation fee shall be paid to the organizer. The latest date of withdrawal of any lifter and coach from the nomination list to avoid paying the Participation, Capitation and Anti-Doping fees is 21 days prior to the Technical Meeting for the event.

Proposed text:

12. FEES

12.1. Kinds of Fees

The annual membership fee must be paid by each EPF Member Federations till the end of January each year for the Federation to have a vote at the EPF GA.

Sanction fees shall be paid in accordance with the following scale of subscriptions and fees:

- Event Sanction Fee European University Cup Euro 200
- Annual National Membership Affiliation Fee Euro 300
- Event Sanction Fee European Championships Euro 1000
- Event Sanction Fee European Cup Euro 700
- Event Sanction Fee Western European Championships Euro 400
- Event Sanction Fee Danube Cup Euro 200
- Event Sanction Fee Other Events Euro 200

- Anti-Doping Fee According to the IPF regulations
- Athlete Participation Fee Euro 90
- Coach Capitation Fee Euro 50

The National Member Federation shall pay **Anti-Doping and** Participation fee for each athlete and capitation fee for each coach (head coach, coach, assistant coach) entered the final nomination form of all European events and those sanctioned by the EPF.

Coaches participating in the same event as athletes or referees are exempt from paying the coach capitation fee.

30 Euro of each athlete's participation fee shall be paid to the organizer.

The latest date of withdrawal of any lifter and coach from the nomination list to avoid paying the Participation, Capitation and Anti-Doping fees is 21 days prior to the Technical Meeting for the event.

Proposal accepted.

Vote: Yes 14/ No 0/ Abstention 2

16.3 EPF EC Proposal #3

BY-LAWS

Proposal:

To change the wording: "30 Euro of each athlete's participation fee shall be paid to the organizer."

Into

"30 Euro of each athlete's participation fee shall be used to support the organizers of the EPF events."

Reason: EPF supports the organizers in many other ways, which are not stated in the By-Laws, but indicated in the Promoter's Contract. The suggestion is to make the distribution of 1/3 of the Participation Fee fairer between all the EPF events. The

amount of support will be based not only on the number of participants but also on the length of the event, the number of EPF staff working there, etc.

Original text:

12. FEES

12.1. Kinds of Fees

30 Euro of each athlete’s participation fee shall be paid to the organizer.

The latest date of withdrawal of any lifter and coach from the nomination list to avoid paying the Participation, Capitation and Anti-Doping fees is 21 days prior to the Technical Meeting for the event.

Proposed text:

30 Euro of each athlete’s participation fee shall be used to support the organizers of the EPF events. The latest date of withdrawal of any lifter and coach from the nomination list to avoid paying the Participation, Capitation and Anti-Doping fees is 21 days prior to the Technical Meeting for the event.

The EPF Secretary General Tetiana Melnyk presented the system of the even distribution of the participation fees between all the events to be in use starting from 2027.

This system is based on the number of participants of each event, number of days and includes the fixed support equal for all the events and additional in case of streaming or extra sessions (bench press championship).

To show the example of the fee distribution the following calculations were presented.

CHAMPIONSHIPS	2027	Number of Days	Fixed support	Support according to the number of athletes 10€/person	T-shirt compensation according to the number of athletes 6€/person	Support according to the number of days 600€/day	Additional Meals 20€/meal/person	Total Support
----------------------	-------------	----------------	---------------	---	---	---	-------------------------------------	---------------

European Masters Classic & Equipped PL	500	11	2000	5000	3000	6600		16600	
EUSA Championship Classic PL	153	4	2000	0	0	2400	640	5040	streaming
European Open Classic & Equipped PL	330	9	2000	3300	1980	5400	1440	14120	streaming
European Junior/Subjunior Classic & Equipped PL	470	8	2000	4700	2820	4800	1280	15600	streaming
European Open/Masters/Jr/Sub-jr EQ/CL BP	700	7	2000	7000	4200	4200	1960	19360	sessions
Western European Open, Equipped & Classic PL	140	3	2000	1400	840	1800		6040	
TOTAL	2293	42	12000	21400	12840	25200		76760	

Proposal accepted unanimously.

Vote: Yes 15/ No 0/ Abstention 0

16.4 EPF EC Proposal #4

BY-LAWS

15.3 Medals

To delete: in the last paragraph “Awards for Masters division are optional”.

Reason: The number of master athletes participating in the EPF events is growing, especially in classic powerlifting. Currently Master athletes do not receive the Best Lifters awards. It is discrimination according to the age.

Current text: Top three lifters in each age division of each gender shall receive the “Best Lifter” awards based on their results upon the IPF GL formula. Awards for Masters division are optional. These awards must be approved by the EPF Secretary General and are to be provided and paid by the organizer.

Proposed text: Top three lifters in each age division of each gender shall receive the “Best Lifter” awards based on their results upon the IPF GL formula. These awards

must be approved by the EPF Secretary General and are to be provided and paid by the organizer.

Proposal accepted unanimously.

Vote: Yes 15/ No 0/ Abstention 0

16.5 EPF EC Proposal #5

BY-LAWS

17.2 Accommodation

To delete and add: At all the European Championships minimum period of stay in the official hotel is 2 (two) consecutive nights, unless other is indicated in the Invitation.

Reason: To have a clear rule.

Proposal accepted unanimously.

Vote: Yes 15/ No 0/ Abstention 0

Original text:

At all the European Championships minimum period of stay in the official hotel is 2 (two) nights, unless other is indicated in the Invitation. Each athlete, coach, official and referee shall receive accreditation for the day of arrival, stay and departure day.

Proposed new text:

At all the European Championships minimum period of stay in the official hotel is 2 (two) consecutive nights. Each athlete, coach, official and referee shall receive accreditation for the day of arrival, stay and departure day.

17. New Member Applicants

EPF Member Nations

№	Full Members	№	Full Members	№	To affiliate as a Provisional Member
1	Andora	22	Israel		
2	Armenia	23	Italy		
3	Austria	24	Latvia		
4	Azerbaijan	25	Lithuania		
5	Belarus*	26	Luxembourg		
6	Belgium	27	Malta		
7	Bulgaria	28	Netherlands		
8	Croatia	29	Norway		
9	Cyprus	30	Poland		Suspended Members
10	Czech Republic	31	Portugal		
11	Denmark	32	Romania		
12	Estonia	33	Russia*		
13	Finland	34	Serbia		
14	France	35	Slovakia		
15	Germany	36	Slovenia		
16	Georgia	37	Spain		
17	Great Britain	38	Sweden		
18	Greece	39	Switzerland		
19	Hungary	40	Turkey		
20	Iceland	41	Ukraine		
21	Ireland				

*has not paid annual membership fee

18. Action on Delinquent Nations

None.

19. Hall of Fame

Appointed by the EPF EC

	Male	Female
Lifter	Kjell Bakkelund, NOR https://goodlift.info/lifter.php?lid=4625	Marcela Sandvik, FIN https://goodlift.info/lifter.php?lid=742
Official		

EPF Hall of Fame History

Year	Official	Female lifter	Male lifter
1993	Heiner Köberich, GER	Claudine Cognac, FRA	Jarmo Virtanen, FIN
1994	John Moody, GB	Judy Oakes, GB	Eddy Pengelly, GB
1995	Arnulf Wahlstrøm, NOR	-	Viktor Naleykin, UKR
1996	Vic Mercer, GB	Audhild Hansen, NOR	
1997	Arnold Boström, SWE	-	-
1998	George Legget, GB	Dagmar Wang, AUS	Kenneth Mattsson, SWE
1999	Kalevi Sorsa, FIN	Anna-Liisa Prinkala, FIN	-
2000	Henk Kaiser, NET	Natalia Romyantseva, RUS	Leopold Krendl, AUS
2001	-	-	Wym Elin, BEL
2002	Ralph Farquharson, GB	-	-
2003	Jiri Hofirek, CZE	Cecile Jamin, FRA	-
2004	Myriam Busselot, BEL	-	-
2005	Pavol Müller, SLV	-	Andy Kerr, GBR
2006	-	Inger Blikra, NOR	-
2007	-	Antonietta Orsini, ITA	-
2008	-	Raija Jurkko, FIN	-
2009	-	-	Jaroslav Olech, POL
2010	Dietmar Wolf, NOR	-	-
2011	Alain Hammang, LUX	Ielja Strik, NED	Anibal Coimbra, LUX
2012	-	-	-
2013	-	-	Jan Wegiera, POL Dariusz Wszola, POL
2014	-	-	-
2015	Sandro Rossi, ITA	Märvi Sirkiä, FIN	Kenneth Sandvik, FIN
2016	-	Riitta Sundvall Liimatainen, SWE	Patrik Turesson, SWE
2017	-	Eila Kumpuniemi, FIN	Ruso Karel, CZE
2018	-	Heidi Hille Arnesen, NOR	Phillip Richard, GBR
2019	Gaston Parage, LUX	-	Hassan El Belghitti, FRA
2020	Klaus Brostrøm, DEN	Inna Orobets, UKR	Antti Savolainen, FIN
2021	Johnny Wiklund, SWE	Eva Buxbom, DEN	Tony Cliffe, GBR
2022	Sirazhutdin Bazaiev, UKR	Nathalie Feraud, FRA	Truls Kristensen, NOR
2023	Xavier de Puytorac, FRA	Hildeborg Juvet Hugdal, NOR	Sofiane Belkesir, FRA
2024	Herbert Krebs, AUS	Olena Kozlova, UKR	Ove Lehto, FIN

20. Future Championships

2025			
CHAMPIONSHIP	KIND OF CHAMPIONSHIP	DATE	PLACE
European Masters	Classic PL	9 - 16 February	Albi, France
EPF EUSA Championship	Classic PL	20 - 23 February	Hamm, Luxembourg
European Open	Classic PL	18 - 23 March	Malaga, Spain
European Open/Junior/Sub-Junior/Masters	Equipped PL	02 - 11 May	Pilsen, Czech Republic
Western European	Equipped & Classic PL	12 - 14 September	Pornainen, Finland
European Open/Masters/Junior/Sub-Junior	Equipped & Classic BP	22 - 28 September	Valetta, Malta
European Junior & Sub-Junior	Classic PL	30 November – 7 December	Druskininkai, Lithuania

2026			
CHAMPIONSHIP	KIND OF CHAMPIONSHIP	DATE	PLACE
European Masters	Classic PL	8 - 15 February	Oulu, Finland
EPF EUSA Cup	Classic PL	18 - 22 February	Venue requested
European Open	Classic PL	17 - 22 March	Valetta, Malta
European Open/Junior/Sub-Junior/Masters	Equipped PL	01 - 10 May	Pilsen, Czech Republic
European Open/Masters/Junior/Sub-Junior	Equipped & Classic BP	03 - 09 August	Druskininkai, Lithuania
Western European	Equipped & Classic PL	4 – 6 September	Hamm, Luxembourg
European Junior & Sub-Junior	Classic PL	06 – 13 December	Kranjska Gora, Slovenia

PL = Powerlifting Championships BP= Bench Press Championships

At the latest IPF EC meeting the decision to revise the terms of the conduction of the major powerlifting events starting from 2027 was made. As soon as IPF presents the updated Calendar EPF EC will revise the terms of conduction of its events for any not to clash.

21. Any other Business

Discussion from FFForce.

FFForce withdraw their motion.

22. Adjournment