



MINUTES OF THE EPF GENERAL ASSEMBLY 2024

Place: Velika Gorica, Croatia

Date: Friday, 15th of March 2024

Time: 19:00 CET

DELEGATES

FULL MEMBER NATIONS: Austria, Belgium, Croatia, Czech Republic, Denmark, Estonia, Finland, France, Georgia, Germany, Great Britain, Hungary, Iceland, Ireland, Italy, Luxembourg, Netherlands, Norway, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Ukraine.

EPF EC MEMBERS: Bjorn Astad, Tetiana Melnyk, Xavier de Puytorac, Stephane Hattot (representing France), Myriam Busselot (representing Belgium), Sandro Rossi (representing Italy).

Total vote 28

Quorum 26

AGENDA

1. Welcome by the President
2. Roll call of Nations and Delegates
3. Minutes of the Last Congress
4. President Report
5. Vice-President Report
6. Treasurer's Report 2023
7. Auditors' Report
8. Approval of the Budget for 2024
9. Secretary General Report
10. Technical Committee Chairwoman Report
11. Championship Secretary Report
12. Law and Legislation Committee Chairman Report
13. Women's Committee Chairwomen Report
14. Outstanding Legal Matters
15. Elections
16. Proposals
 - 16.1 EPF EC Proposal
 - 16.2 Switzerland Powerlifting Federation (Kraftdreikampfverband Schweiz) Proposal
 - 16.3 Proposal from the Danish Powerlifting Federation on behalf of the Nordic Powerlifting Federation
17. New Member Applicants
18. Action on Delinquent Nations
19. Hall of Fame
20. Future Championships
21. Any other Business
22. Adjournment

1. Welcome by the President

EPF President Bjorn Astad warmly welcomed all the Nations Delegates to the General Assembly 2024 in Velika Gorica, Croatia.

2. Roll call of Nations and Delegates

Full Member Nations with the voting rights present at the General Assembly:

Austria, Belgium, Croatia, Czechia, Denmark, Estonia, Finland, France, Georgia, Germany, Great Britain, Hungary, Iceland, Ireland, Italy, Luxembourg, Netherlands, Norway, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Turkey, Ukraine.

Votes 25

EPF EC Members:

Bjorn Astad, Tetiana Melnyk, Xavier de Puytorac, Stephane Hattot (representing France), Myriam Busselot (representing Belgium), Sandro Rossi (representing Spain)

Votes 3

Total number of votes 28

Quorum to change the Constitution: 26 (reached)

3. Minutes of the Last Congress

The Minutes can be downloaded from the EPF web.

https://www.europowerlifting.org/fileadmin/data/general_assembly/2023/Minutes_of_GA_2023.docx

No remarks have been received.

The Minutes of the General Assembly 2023 accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

4. President Report

On behalf of EPF I welcome delegates and guests to the 2024 General Assembly.

A special Thanks to the Croatian Powerlifting Federation, President Danijel Škopec and the Meet Director Dražen Moslavac for organising the General Assembly here in Velika Gorica, Croatia.

General overview

From being an amateur sport, powerlifting has grown into a highly respected and more professional sport. Powerlifting is in line, or even better than many Olympic sports and the economy in EPF has increased to a satisfactory level. This is good for our organizers, all athletes and officials.

All the planning and all the work to achieve such a progress and success, are thanks to many individuals both at the EPF administration, key persons in the federations and clubs and the athletes themselves. Demanding work year by year has made it possible for us to take small steps forward to get us where we are today.

Year 2023 was a normal year with respect to championships and number of athletes competing. But the war between Russia and Ukraine is a black shadow over Europe and harms the sport, people and the economy. Europe will not return to a normal condition before the war ends.

The financial situation for EPF is good. We finish 2023 with a slight deficit, close to eight thousand euro, but the bank deposits are 224 thousand euro. The incomes from the sponsors were 430 thousand euro. This is close to the amount of expenses in Sports Development and Media Marketing. This illustrates the importance of the sponsors for our sport.

I know that there have been discussions of the fees, especially the participation fee for coaches. The participation fee for each nominated lifter have been ninety euro for years, but we propose that the fees remain unchanged also in 2024. Regarding the participation fee for coaches, we need to have a clear definition of who is a coach and who is not. I know that IPF are working on this subject and will clarify this.

Strategic plan

The Strategic plan for 2021 to 2024 is a guideline for all EPF officials and member nations. The plan consists of five missions:

- Inspire to doping free powerlifting.
- Governing the EPF
- Organising events
- Sports development
- Promoting media and market involvement

The new Strategic Plan 2025 – 2028 will be presented at the GA.

Inspire to doping free powerlifting

All doping controls are the responsibility of IPF (CCES) both in competition at World and European championships and cups and out of competition. IPF focus now more on Out of competition testing as instructed by WADA, because this kind of testing can be done at any time throughout a year independent of championships.

EPF will continue the anti-doping work by promoting anti-doping seminars and our member federations should focus on anti-doping if they want powerlifting to reach IOC status.

Fair play and a healthy sport must be in focus.

In the budget for 2024 the suggestion is to increase the antidoping work with ten thousand euro.

Governing the EPF/Administration

The daily workload to run EPF are increasing year by year. The Executive board members are the ones who conduct most of the daily work. Today, we have people in the Executive with good qualifications and experience to perform all the necessary work. But all work has been voluntary, and the workload is close to a full-time job for some of the officials.

Tetiana Melnyk is doing an excellent job as a Secretary General, but we need to continue the work to be more professional in the administration and must move towards full-time job in the future for the Secretary General.

Thank you very much to the Executive Board members Xavier de Puytorac, Myriam Busselot, Sandro Rossi, Tero Hyttinen and Stéphane Hattot. Together with Tetiana Melnyk you all do a splendid work to run and administrate EPF.

Oleksandr Kopayev is our employed Computer Secretary. His efforts on computer programming and competition registration are a great part of running well organized championships. Since 2022 he has been supported by Alejandro Perez Garcia which has done a very good job.

Francisco Gutierrez is our photographer and Amelia Potter run the social media accounts of the EPF. They are doing a great job publishing pictures and stories on social media (FB/INSTA).

EPF's auditor, Silva Katutyte is doing a great job to control the EPF accounting together with the professional auditor.

Organising events and sports development

The dedicated support from our sponsors in donated materials and economic contribution, strongly helps EPF to support our organizers and maintain the high activity. This also helps us bring powerlifting forward.

The donated material of IPF recognised equipment to organizers of European championships and cups financed by the sponsors. Organizers of European championships and cups will receive:

1 Lifting Platform

2 sets Bars & Collars with a total of 535kg for each set

2 sets Powerlifting Racks

2 Disc Holders

1 bar lifter

1 Magnesia Container

The sport of powerlifting continues to grow. More lifters are attending championships every year. The demand for quality championships, professional spotting/loading teams, medical staff at championships, media coverage with quality streaming has increased greatly. With the help from all the powerlifting family I am sure that we will succeed in developing the sport to meet this demand.

In 2024 the support to the organisers of European championships and cups will increase. To make sure the lifters at the championship are safe we will provide support to organizers for professional spotters/loaders and give support to the organisers for having medical staff at championships.

In April 2024 we will be signing a memorandum of understanding, or MOU at the EUSA EC meeting in Portugal, regarding EUSA Powerlifting Championship. The first EPF EUSA Powerlifting Championship is scheduled for 2025 in Luxembourg, and it will be an important step forward.

European Championships 2023 – number of lifters attended the championship.

CHAMPIONSHIPS	NUMBER OF LIFTERS	
	2022	2023
European Masters Classic PL	207	349
European University Cup, Classic PL	109	115
European Open, Classic PL	234	198
European Masters, Equipped PL	128	164
European Open/Junior/Sub Junior, Equipped PL	225	186
European Open/Masters/Junior/Sub Junior EQ/CL BP	664	691
Western European Open, Equipped & Classic PL	127	100
Danube Cup, Equipped & Classic PL	23	
European Junior/Sub Junior, Classic PL	324	340
TOTAL NUMBER OF LIFTERS	2041	2143

Source: Goodlift

Promoting media and market involvement

We have high quality level streaming of the main European championships. This reaches people all over the World and a high number of followers are registered at all streaming we do.

The number of subscribers and followers in Facebook (26K), Instagram (19,1K) and YouTube (22,3K) have increased, but Twitter/X has given us less value and the activity is reduced.

EPF have the following sponsors: Rogue, SBD, Hansu Power, Maniak Fitness and Malta tourism.

We also have a new contract with Eurosport and from 2025 we will have the European Open Classic Powerlifting Championship highlighted at Eurosport.

The Executive members, in co-operation with Emanuel Scheiber, Eric Rupp and Richard Haywood, work to line out all information needed to present EPF as an attractive partner for sponsors and collaborators.

Such information is necessary because any sponsor must know what benefit the company will get if the company puts money or resources into EPF. Any sponsor will look at the return of the investments.

Awarded European Powerlifters 2023

The best lifters at both European and World Open championships according to IPF GL points, have every year since 1995 been awarded European Powerlifters of the year except for year 2020.

The lifters are appointed European Powerlifters of the year 2023, selected from the average highest IPF GL score at the Europeans Open and the Worlds Open:

Classic, female	Sonita Kyen Muluh	BEL
Classic, male	Kjell Egil Bakkelund	NOR
Equipped, female	Larysa Soloviova	UKR
Equipped, male	Kostiantyn Musiienko	UKR

The Constitution and By-Laws

The support from our sponsors gives us all the possibility to take European powerlifting on a journey towards a new future. But the contracts with sponsors, European University Sports Association, Eurosport and other organisations contain requirements that must be complied with.

At the same time EPF is growing towards a medium size company and must make sure that our Constitution and By-Laws is in line with law and regulation in the country we operate in.

The suggestion is to update the Constitution and By-Laws. Some of the main changes are:

- EPF EC members will not have voting rights at the EPF GA
- The EPF EC members will be responsible for the By-Laws and that the By-Laws are in line with relevant regulations.

I hope we will have useful discussions and make good decisions at this General Assembly.

Bjørn Astad,

EPF President

Report accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

5. Vice-President Report

Ladies and Gentlemen,

First, thank you for the trust you showed to me electing for the post of the EPF Vice President at the General Assembly last year.

It was a short period yet at this post, but I have already experienced the pleasure and honor to work together with the other EPF Executive Committee members on the challenges facing our sport and Federation in particular. We have had many on-line meetings during 2023 and a live one in Luxembourg in January 2024. The long discussions with the valuable input from everyone led to fruitful cooperation and effective work results.

European Powerlifting Federation is developing in very fast way gaining more and more lifters, which demands from us the escalation of our events standards. With the increased support for the organizers starting from this year I am deeply convinced that we will have exciting and very successful Championships.

Stephane Hattot,
EPF Vice-President

Report accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

6. Treasurer's Report 2023

Dear Member Nations,

We have a new record with 41 members in 2023.

EPF continues its development and we are very proud of it.

We have a very good participation of 2217 lifters (without Russia and Belarus) instead of 2100 in the provisional budget. So we have 10 000 € more in Participation Fees.

It should be noted that the incomes from sponsors 430 431€ is almost equal to the amount of expenses in Sports Development and Media Marketing. These are the sponsors who financed our development in 2023 and we will continue this strategy in 2024.

As each year I show you the amount of the penalties, which equals 18 300 € in 2023. The good side of this is that we have the possibility to use this money for inviting more referees in 2024.

We used 12 023 € for additional referees in 2023.

We finish with a slightly negative balance of 7 990.20 €, but we have a very good financial situation with 224 491.01 € at the EPF account.

Xavier de Puytorac,

EPF Treasurer

Please find below 2023 accounts with details in €.

		Budget 2023	Result 2023	% Total
Expenses				
1	Sports Development	196220,00	226038,82	27,87%
2	Media Marketing	159580,00	175518,44	21,64%
3	Doping Cost (2100 lifters)	126000,00	133020,00	16,40%
4	Sponsors Expenditures	91200,00	90459,27	11,15%
5	Participating fees to organizers	63000,00	67518,00	8,32%
6	Reimbursement EPF Executive	45300,00	41050,00	5,06%
7	Reimbursement Computer Secretary	31000,00	30618,55	3,78%
8	EPF officials at Championship	30900,00	34463,29	4,25%
9	Additional Referee	8000,00	12023,11	1,48%
10	Other expenses	8600,00	99,45	0,01%
11	Bank Fees	200,00	247,43	0,03%
	TOTAL	760 000,00	811 056,36	
Incomes				
12	Sponsors	424124,00	430431,00	53,60%
13	Participating Fees (2100 lifters)	189000,00	199530,00	24,85%
14	Anti Doping Fees (2100 lifters)	126000,00	133020,00	16,56%
15	Membership Fees (39 countries)	11700,00	11400,00	1,42%
16	Sanction Fees	6600,00	6600,00	0,82%
17	Penalty (referee etc.,)	0,00	18300,00	2,28%
18	Other incomes (Bank Interest)	2576,00	3785,16	0,47%
	TOTAL	760 000,00	803 066,16	

BALANCE 811056.36 – 803066.16 = - 7990.20€

1 - Sports Development

2 - Media marketing, included cost of one high quality streaming and help organizer for installing internet connection to have good streaming

3 - Doping cost to IPF

4 - Sponsors Expenditures

5 - Participating Fee to the Organizers 30 € per each lifter

6 - Allowance cost of fulfillment of EPF duty (internet, phone, office support etc.)

7 - Contract cost for 1 200 €/month + reimbursement of additional cost etc.

8 - Daily allowance cost of 60 €/day for EPF representatives and travel

9 - Additional Referee

10 - Other Expenses

11 - Bank Fees

12 - Sponsors 2023: Rogue, SBD, Hansu Power, Maniak

13 - Participating fee 2023: 90 €, split 60 EUR to EPF and 30 EUR to organizer

14 - Anti-doping fee 2023: 60 € per lifter

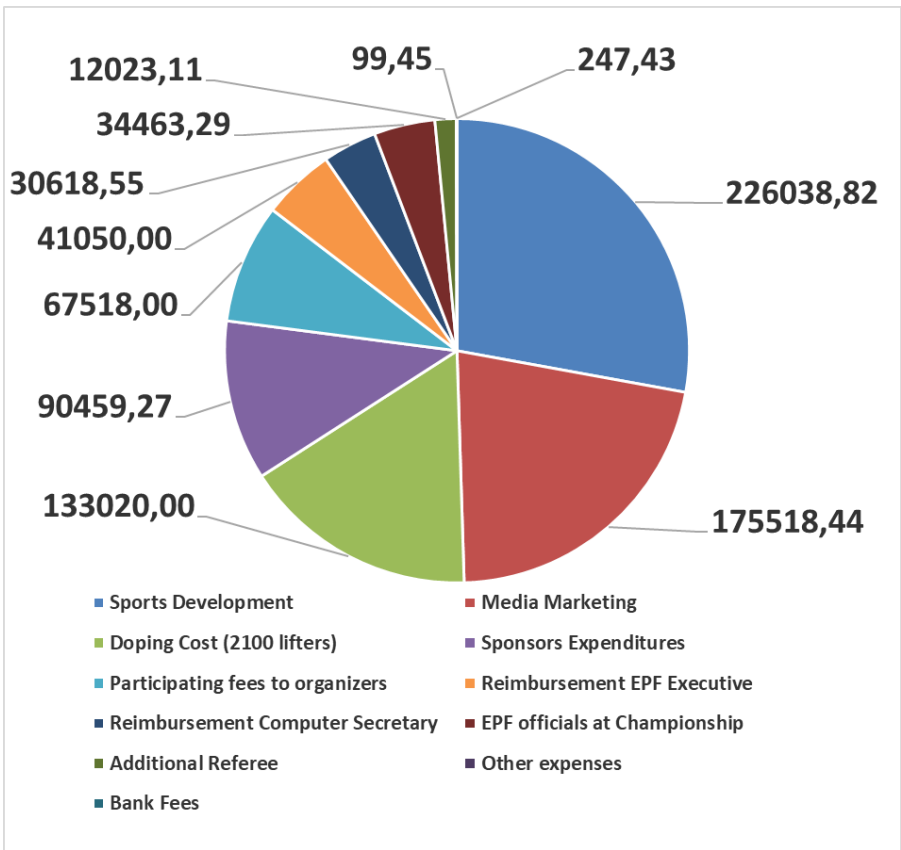
15 - Membership fee 2023: 300 € per Federation

16 - Sanction fee 2022: 1000 € European championship, 400 € WEC, 200 € Cup

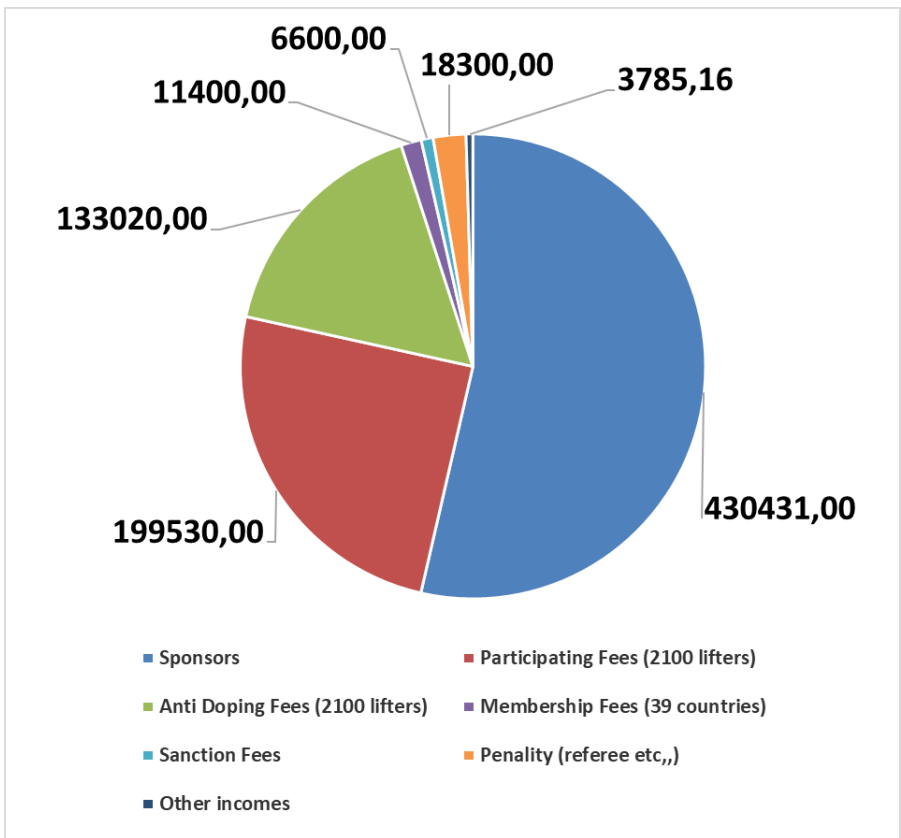
17 - Fee for not nominating referee or late payment (after technical meeting) or not present at the technical meeting without sending an email

18 - Other Incomes

Expenses 2023



Incomes 2023



The Evolution of the EPF Balance Sheet During the Last 10 Years

2014	94 910,66 €	(EPF Business account 1713,20 + EPF savings account 93.197,46)
2015	94 085,32 €	(EPF Business account 264,87 + EPF savings account 93.037,46)
2016	111 290,01 €	(EPF Business account 18.243,56 + EPF savings account 93.046,45)
2017	140 549,22 €	(EPF Business account 26.594,67 + EPF savings account 113.954,55)
2018	155 645,15 €	(EPF Business account 5 654,02 + EPF savings account 149 991,13)
2019	179 999,99 €	(EPF Business account 30 003,49 + EPF savings account 149996,50)
2020	167 389,80 €	EPF Business account
2021	208 538,59 €	EPF Business account
2022	231 744,31 €	EPF Business account
2023	224 491,01 €	EPF Business account 20 705,95 + EPF savings account 203 785,16

Report accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

7. Auditors' Report

Dear members of the EPF Congress,

Mr. Xavier de Puytorac as the EPF Treasurer provided both auditors, i.e. Mrs. Silva Katutyte and Mr. Nedim Görel with all accounting documents and bank statements needed to perform the audit. Thus, via Dropbox tool for Silva Katutyte and in the IPF office for Nedim Görel, the whole accounting system was available for an accounting records evaluation and a comparison of moves on bank accounts, as well. Financial situation is presented in a simple accounting system.

On the basis of the audit performed we can confirm following:

The presented financial result is with a negative result of 7 990.20 EUR is based on accounting and it does correspond with the bank statements within 31.12.2023.

Within 31.12.2023 the current bank account status is 224 491.01 EUR.

We wish you all a successful Congress.

Silva Katutyte, Nedim Görel,

EPF Auditors

Report accepted.

Vote: Yes 27/ No 1/ Abstention 0

8. Approval of the Budget for 2024

	BUDGET 2024	Result 2023	Budget 2024
	Expenses		
1	Sports Development	226038,82	226518,00
2	Media Marketing	175518,44	202500,00
3	Doping Cost (2100 lifters)	133020,00	136000,00
4	Sponsors Expenditures	90459,27	124473,60
5	Participating fees to organizers	67518,00	63000,00
6	Reimbursement EPF Executive	41050,00	57700,00
7	Reimbursement Computer Secretary	30618,55	38960,00
8	EPF officials at Championship	34463,29	45180,00
9	Additional Referee	12023,86	12000,00
10	Other expenses	99,45	15236,40
11	Bank Fees	246,68	200,00
	TOTAL	811 056,36	921 768,00
	Incomes		
12	Sponsors	430431,00	572368,00
13	Participating Fees (2100 lifters)	199530,00	189000,00
14	Anti Doping Fees (2100 lifters)	133020,00	126000,00
15	Membership Fees (41 countries)	11400,00	12300,00
16	Sanction Fees	6600,00	6600,00
17	Penalty (referee etc.,)	18300,00	12000,00
18	Bank Interest	3785,16	3500,00
	TOTAL	803 066,16	921 768,00

Budget accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

9. Secretary General's Report

Dear Representatives of the EPF Member Nations,

I want to start my report with the statement that this year for me was a year of learning, meeting new people, creating new contacts and connections, working on new projects and implementing new ideas. At first all the documents related to the organization of the EPF events were updated. These are the Promoter's Contract, Checklist, Invitation, Transport and Accommodation Form, etc.

This year we decided to revise and bring our Constitution and By-Laws to the good order according to the sport regulating major documents and IPF Constitution and By-Laws. The whole structure was revised and in the consultation with a lawyer the substantial legislative basis for the EPF functioning was formed.

This year we also will present you the Strategic Plan of the development of the EPF for the next 4-year period, which will be aimed at the enforced attention payed to the marketing strategy, conducting of our social media accounts, elevating the level of the EPF events and setting up the new projects. In cooperation with the EPF marketing consultant Emanuel Scheiber, we negotiated good contracts with new Sponsors for our Federation, which allow us to increase the input into development of our events and the Federation in general.

The key new Contracts were signed with Eurosport and Malta Tourism. Starting from 2025 we will have the European Open Classic Powerlifting Championship highlighted at Eurosport.

With Malta Tourism we will have EPF events in Malta on a regular basis with the financial contribution of 120.000 Euro annually.

Our Partners continue to provide the equipment for the EPF events, uniform for the spotters and loaders, support EPF with their financial input, which allows to raise the level of the powerlifting championships in Europe and gives the opportunity for us to support the event Organizers substantially.

EPF Media strategy was revised and the new people were recruited to run the social media accounts of the EPF. I think that you have already noticed the changes and the responsible person for that now is Amelia Potter from Great Britain.

Amelia has joined the EPF as the Social Media Officer and conducts her work on providing the updated information on the upcoming EPF events and making posts on those, which were finished. In addition, she makes the sponsors related posts and stories, which allow us to provide more benefits for the partners and potentially elevate our requirements for the future contracts.

Last year we announced the casting for the Speakers and Commentators positions. Many candidates already have been tested at the EPF events during late 2023 and the beginning of 2024. And we found really good, professional, duly skilled people for these roles, who will contribute to the development of the EPF events conduction level.

In the terms of the streaming, we continue to cooperate with the Viva TV company and Eric Rupp.

In 2024 three EPF events are planned for the Viva TV streaming. These are:

European Open Classic Powerlifting Championship (Velika Gorica, Croatia 12-17/03/2024)

European Open, Junior and Sub-Junior Equipped Powerlifting Championship (Hamm, Luxembourg 07-12/05/2024)

European Sub-Junior and Junior Classic Powerlifting Championship (Plzen, Czech Republic 06-13/10/2024)

The new project we are working on is the EUSA Powerlifting Championship. It is a very serious and substantial portion of work, as at the beginning we have to set all the regulating documents, which will conform the requirements of both sides – EUSA and EPF.

In January, together with IPF FISU Delegate Emanuel Scheiber we had a meeting in the EUSA headquarters in Ljubljana with the EUSA Sports Manager Miha Zvan, EUSA Sports Administrator Aleksandra Andreeva and EUSA Sports Officer Eszter Gulyás, where we had a very fruitful workshop on the EUSA/EPF Championships.

As a result of this meeting, EPF and EUSA agreed on signing a MOU at the EUSA EC meeting in Portugal in April, 2024. This is a huge step forward.

The first EPF EUSA Powerlifting Championship is scheduled for 2025 in Luxembourg and it will be very important for all of us. Therefore, I urge you to get in the close contact with your respective NUSAs and in cooperation with them bring the students sport of powerlifting to the next level. It is very important to build up the successfully working communication between these organizations.

I believe that our general aim is to have powerlifting as the part of the European Games and we will work hard on the achievement of this final goal.

In addition, I did my best and continue keeping the close contact with all the Organizers of all the EPF events during this year for the best their conduction.

In line, I would ask all the EPF National Federations to inform me as a Secretary General about any changes in the board or any contact information to be used for keeping the effective and working connection.

Thank you All and have a successful General Assembly!

Tetiana Melnyk,

EPF Secretary General

Report accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

10. Technical Committee Chairwoman's Report

Athletes are increasingly participating in our championships, but our referees also take part in the referee exam.

Perhaps because we take more time to adapt our rules as best as possible to everyone's wishes. In 2023, many referees were formed and this takes a lot of time.

Give your candidacy as a referee, you will certainly not regret it. People learn every time something new and that always gives a good feeling.

I had the opportunity to participate in all European Championships, Sheffield, Universities, Girl Power and World Championships.

I hope to be able to do this for many more years and of course with all of you.

More than 50 CAT 2 referees passed their exam during the European Championships in 2023. Hopefully, even more will do their exam in 2024. We need referees. There is no championship without referees.

Hope to see you all back at the next European events.

All the best to the Croatian Powerlifting Federation with the European Open Classic Powerlifting Championship.

Myriam Busselot,

EPF Technical Committee Chairwoman

Report accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

11. Championship Secretary's Report

The Championship Secretary shall ensure that major international events do not clash to achieve an orderly calendar. With the increase in international events, it is difficult to avoid clash between IPF and EPF championships.

The sport of powerlifting is growing in popularity and the number of lifters attending championships are increasing every year. A consequence of this is long days during championships especially in classic powerlifting. Good examples are the European Classic Masters and the European Classic Junior & Sub-Junior Powerlifting Championships 2023 in Hungary, where weighing-in started at 7 a.m. and the last victory ceremony was at 10 or 11 p.m. We will add more days for most growing championships, but it takes some time, so I'm asking patience for this.

Another important issue concerning growth of our sport is that we have quite often A- and B-groups at our championships. Especially in open classic powerlifting championships. To ensure fair play for each lifter in these weight categories, the National Federations must nominate their lifters with the correct results from past 12 months before preliminary nominations ends from national or international championships. Result must have been done in the same weight category than lifter is going to be nominated.

I would like to thank the organizers for the important job you are doing for the sport.

The organizers of the championships are of immense importance to the sport. Without the organizers there would not be any championships.

I would also like to thank all the officials, and above all the referees, for their work and willingness to participate in this demanding and important function. There is still a problem to get enough referees, especially at the first part of European Junior Championships and at the Masters Championships. I would like to ask representatives of all European member federations to help us solve this problem. Without referees we are not able to organize championships that our great lifters deserve.

There have been situations where nations have not attended Technical Meeting. All participating nations should be present at the Technical Meeting. If a representative of a participating nation is absent at the Technical Meeting, they must inform the Championship Secretary and Treasurer by email. The confirmation of absence from Technical Meeting must be sent between the date of the final nomination and the start of the Technical Meeting. The confirmation must include changes in the list of referees and changes in the final nomination.

With hope that 2024 will bring greater compliance in the world to the three values of Olympism: excellence, friendship, and respect.

Tero Hyttinen,
EPF Championships Secretary

Denmark Delegate raised 2 questions. First concerned publishing the A and B group divisions on the EPF web and the second about the clarification from which championships the results will be accepted for the nomination for the European Championships.

Austria Delegate raised the question about canceling the nomination form for the European Championships in docx format and proposed the nominations to be done only online in the Goodlift system.

Great Britain Delegate asked about the reason for the results of British athletes' from national qualifying event were not accepted for nomination at the European Open Classic Powerlifting Championship 2024.

All the questions were decided to be forwarded to the EPF Championships Secretary Tero Hyttinen.

Report accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

12. Law and Legislation Committee Chairman's Report

Dear Members Nations,

I was elected Law and Legislation Committee Chairman at the last GA in Denmark in 2023.

I cooperated with the other members of the EPF Executive Committee in order to put in line our Constitution and By-Laws.

In this field I have underlined the main differences between EPF and IPF documents. These differences were considered by the EPF EC in consultation with a lawyer.

Moreover this cooperation was conducted in the exchange of numerous and daily emails and meetings held in live or via internet in order to optimize the operations of our sport and democratic life.

I wish to all Delegates a fruitful General Assembly.

I want also to express to the Croatian Powerlifting Federation many thanks for the organization of 2024 European Open Classic Powerlifting Championship.

Sandro Rossi,

EPF L&L Committee Chairman

Report accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

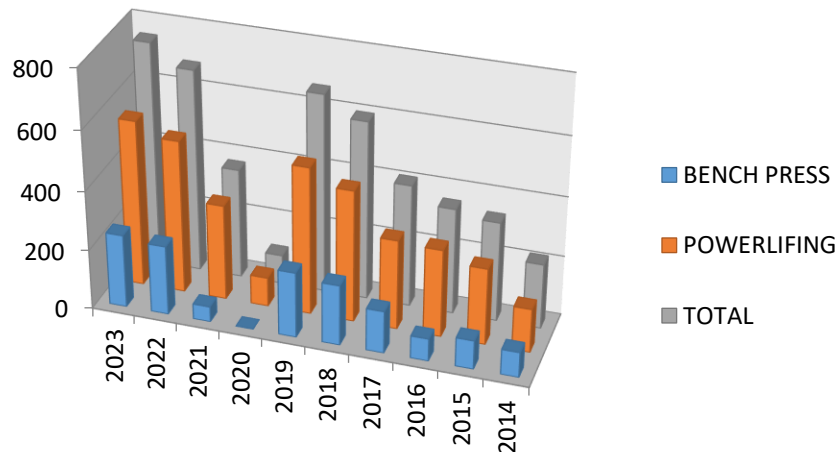
13. Women's Committee Chairwoman's Report

Dear Delegates of the Member Federations,

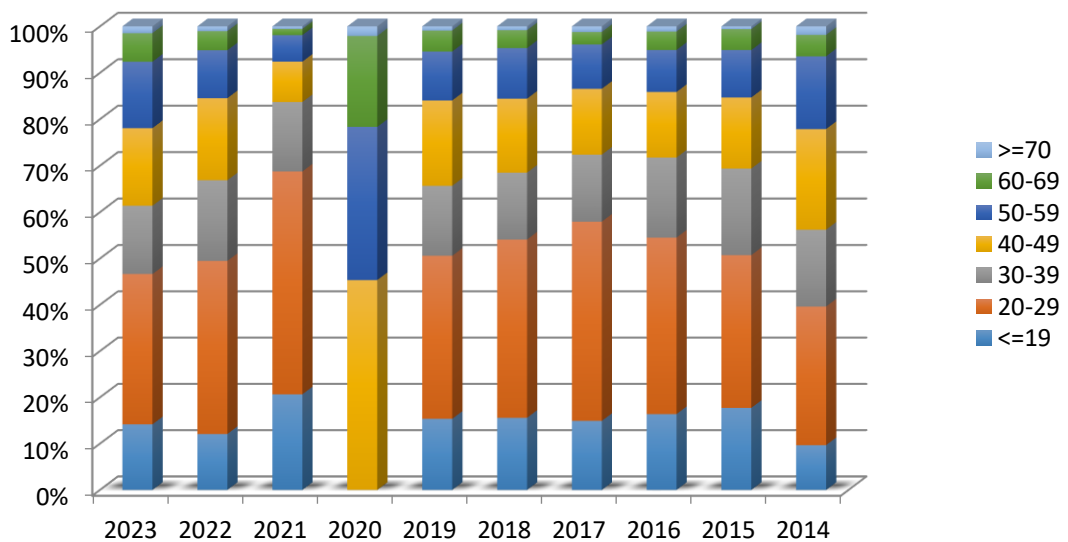
As usual, at the EPF website, following the link "About EPF - Women's Powerlifting", you can find the statistics for the period 2000-2023 concerning the participation of female lifters in Powerlifting and Bench Press Competitions and the distribution by Nation, with special focus of last ten years.

In particular, the trend of the last ten years is shown in the following charts.

Numbers of women lifters period 2023-2014



Distribution for age class:



From those charts we can observe in 2023 an increase of female lifters taking part in European Competition, which represents a great success for our sport and our Federation.

I wish you all a successful General Assembly and Open Classic Powerlifting Championships.

Maria Pia Moscianese,

EPF Women's Committee Chairwoman

Report accepted unanimously.

Vote: Yes 28/ No 0/ Abstention 0

14. Outstanding Legal Matters

Ukrainian Powerlifting Federation Request

Withdrawn by the Ukrainian Powerlifting Federation

15. Elections

No elections.

16. Proposals

16.1 EPF EC Proposal

To adopt the EPF Constitution and By-Laws in the new version as two separate documents, which are in line with the IPF Constitution and By-Laws and the Norwegian law on the non-profit organizations.

Denmark Delegate made a proposal to change the following articles of the Constitution draft:

6.2.5 To prescribe and amend the Constitution **and the By-Laws**.

6.8.3 All proposals to amend the Constitution **and the By-Laws** must be submitted to the President, the Secretary General and the Chairperson of the Law and Legislation Commission, at least ninety days (90) prior the date of the General Assembly.

6.8.4 Two-thirds (2/3) majority of votes cast needed to prescribe and amend the Constitution **and the By-Laws**, subject to the Norwegian central sports law on non-profit organisations.

7.4 To explain, define and interpret any provision of the EPF Constitution and **the By-Laws**.

Norway Delegate took the floor speaking about democracy in the decision-making activities of EPF. She expressed her opinion that both Constituon and By-Laws changes must stay in the power of the General Assembly.

Luxembourg Delegate took the floor asking to support the new Constitution and By-Laws, which were formed in line with the Norwegian law on non-profit organizations, IPF regulating documents and give better possibilities to lead and develop the Federation according to the arising challenges.

Voting on the Danish proposal to be voted first.

Vote: For 14

EPF EC withdraw its Proposal on the adoption of the new drafts of the Constitution and By-Laws.

16.2 Switzerland Powerlifting Federation (Kraftdreikampfverband Schweiz) Proposal

To change Article 105.7 of the EPF By-Laws

Actual version (valid after March 1st 2024):

105.7 Obligatory to Stay in the Meet Hotel

All accredited athletes, coaches, officials and referees nominated by their national federation for the European event, must stay in the official hotel(s) designated by the organizer. An accreditation badge shall not be issued to a nominated athlete, coach, official or referee that is not staying in the hotel. Additionally, the issued credential shall match the number of days they will be officially participating in the event. If an athlete, coach, referee or official does not stay in the hotel, they shall not receive accreditation and shall be excluded from the event. All room bookings must be done by the National Federation through the meet director, unless otherwise specified on the entry form.

New proposed version:

105.7 Obligatory to Stay in the Meet Hotel

All accredited athletes, coaches, officials and referees nominated by their national federation for the European event, must stay in the official hotel(s) designated by the organizer. An accreditation badge shall not be issued to a nominated athlete, ~~coach~~ or official or ~~referee~~ that is not staying in the hotel. Additionally, the issued credential shall match the number of days they will be officially participating in the event. If an athlete, ~~coach~~, ~~referee~~ or official does not stay in the hotel, they shall not receive accreditation and shall be excluded from the event.

If coaches or referees do not stay in the official hotel, they will be obliged to pay an administration fee of 100€ per person to the organizer. Failure to comply will have the effect they will not receive accreditation and will be excluded from that championship.

All room bookings must be done by the National Federation through the meet director, unless otherwise specified on the entry form.

Reason: Mandating an official hotel for athletes who are staying at events for a few days has plausible reasons. However, the often expensive hotels add another entry barrier for much needed volunteers (coaches and referees) that are often staying for a whole week. This is especially problematic for nations that receive no monetary funding and cannot pay the expenses of their team coaches and referees.

Estonia Delegate expressed the opinion that the participation fees should be increased.

Proposal failed.

Vote: Yes 11 / No 12 / Abstention 5

16.3 Proposal from the Danish Powerlifting Federation on behalf of the Nordic Powerlifting Federation

Registration of European Records set at Nordic Powerlifting Championships

Motivation:

NORDIC POWERLIFTING FEDERATION – NPF – is an organization founded on February 23, 1975. The federation is composed of the affiliated Nordic National Federations governing the sport of powerlifting based on one national federation per country. In the by-laws it is stated that the NPF is sanctioned by the EPF.

NPF shall follow the rules defined by the International Powerlifting Federation (IPF). The NPF consists of 6 nations. Denmark Sweden, Norway, Finland, Iceland, and the Faroe Islands joined in 2022. At the Nordic Championship 2023 155 lifters participated.

The championships comply with the IPF technical rulebook, and international referees are regularly examined at NPF Championships as well.

Austrian Delegate asked about the reason for the World records being set at the Sheffield event.

The IPF President Gaston Parage explained that Sheffield event is the championship where the lifters selected according to the set procedure participate. That means that all the lifters have the same possibilities to be selected and set the World records.

Proposal failed.

Vote: Yes 5 / No 23 / Abstention 0

17. New Member Applicants

EPF Member Nations

№	Full Members	№	Full Members	№	To affiliate as a Provisional Member
1	Armenia	21	Israel	1	Andora*
2	Austria	22	Italy		
3	Azerbaijan*	23	Latvia		
4	Belarus	24	Lithuania		
5	Belgium	25	Luxembourg		
6	Bulgaria*	26	Malta		
7	Croatia	27	Netherlands		
8	Cyprus	28	Norway		Suspended Members
9	Czech Republic	29	Poland		
10	Denmark	30	Portugal*		
11	Estonia	31	Romania		
12	Finland	32	Russia		
13	France	33	Serbia		
14	Germany	34	Slovakia		
15	Georgia*	35	Slovenia		
16	Great Britain	36	Spain		
17	Greece	37	Sweden		
18	Hungary	38	Switzerland		
19	Iceland	39	Turkey		
20	Ireland	40	Ukraine		

*has not paid annual membership fee

Andora was affiliated as a new provisional member of EPF.

18. Action on Delinquent Nations

None.

19. Hall of Fame

Appointed by the EPF EC

	Male	Female
Lifter	Ove Lehto, FIN https://goodlift.info/lifter.php?lid=420	Kozlova Olena, UKR https://goodlift.info/lifter.php?lid=3946
Official	Herbert Krebs, AUS	

EPF Hall of Fame History

Year	Official	Female lifter	Male lifter
1993	Heiner Köberich, GER	Claudine Cognac, FRA	Jarmo Virtanen, FIN
1994	John Moody, GB	Judy Oakes, GB	Eddy Pengelly, GB
1995	Arnulf Wahlstrøm, NOR	-	Viktor Naleykin, UKR
1996	Vic Mercer, GB	Audhild Hansen, NOR	
1997	Arnold Boström, SWE	-	-
1998	George Legget, GB	Dagmar Wang, AUS	Kenneth Mattsson, SWE
1999	Kalevi Sorsa, FIN	Anna-Liisa Prinkala, FIN	-
2000	Henk Kaiser, NET	Natalia Rumyantseva, RUS	Leopold Krendl, AUS
2001	-	-	Wym Elin, BEL
2002	Ralph Farquharson, GB	-	-
2003	Jiri Hofirek, CZE	Cecile Jamin, FRA	-
2004	Myriam Busselot, BEL	-	-
2005	Pavol Müller, SLV	-	Andy Kerr, GBR
2006	-	Inger Blikra, NOR	-
2007	-	Antonietta Orsini, ITA	-
2008	-	Raija Jurkko, FIN	-
2009	-	-	Jaroslav Olech, POL
2010	Dietmar Wolf, NOR	-	-
2011	Alain Hammang, LUX	Ielja Strik, NED	Anibal Coimbra, LUX
2012	-	-	-
2013	-	-	Jan Wegiera, POL Dariusz Wszola, POL
2014	-	-	-
2015	Sandro Rossi, ITA	Märvi Sirkiä, FIN	Kenneth Sandvik, FIN
2016	-	Riitta Sundvall Liimatainen, SWE	Patrik Turesson, SWE
2017	-	Eila Kumpuniemi, FIN	Ruso Karel, CZE
2018	-	Heidi Hille Arnesen, NOR	Phillip Richard, GBR
2019	Gaston Parage, LUX	-	Hassan El Belghitti, FRA
2020	Klaus Brostrøm, DEN	Inna Orobets, UKR	Antti Savolainen, FIN
2021	Johnny Wiklund, SWE	Eva Buxbom, DEN	Tony Cliffe, GBR
2022	Sirazhutdin Bazaiev, UKR	Nathalie Feraud, FRA	Truls Kristensen, NOR
2023	Xavier de Puytorac, FRA	Hildeborg Juvet Hugdal, NOR	Sofiane Belkesir, FRA

20. Future Championships

2024			
CHAMPIONSHIP	KIND OF CHAMPIONSHIP	DATE	PLACE
Reykjavik International Games	Classic PL	28 January	Reykjavik, Iceland
European Masters	Classic PL	12 - 18 February	Malaga, Spain
European University Cup	Classic PL	29 Feb - 3 March	Nancy, France
European Open	Classic PL	12 - 17 March	Velika Gorica, Croatia
European Masters	Equipped PL	1 - 4 May	Hamm, Luxembourg
European Open/Junior/Sub-Junior	Equipped PL	7 - 12 May	Hamm, Luxembourg
European Open/Masters/Junior/Sub-Junior	Equipped & Classic BP	5th - 11th August	Istanbul, Türkiye
Western European	Equipped & Classic PL	13- 15 September	Valetta, Malta
European Junior & Sub-Junior	Classic PL	6 - 13 October	Pilsen, Czech Republic
Girl Power	Classic PL	19 October	St Germain en Laye, France

2025			
CHAMPIONSHIP	KIND OF CHAMPIONSHIP	DATE	PLACE
European Masters	Classic PL	9 - 16 February	Albi, France
EPF EUSA Championship	Classic PL	20 - 23 February	Hamm, Luxembourg
European Open	Classic PL	18 - 23 March	Malaga, Spain
European Open/Junior/Sub-Junior/Masters	Equipped PL	4 - 11 May	Pilsen, Czech Republic
European Open/Masters/Junior/Sub-Junior	Equipped & Classic BP	07-13 July	Sofia, Bulgaria
Western European	Equipped & Classic PL	5 - 7 September	Pornainen, Finland
European Junior & Sub-Junior	Classic PL	30 November – 7 December	Druskininkai, Lithuania

2026			
CHAMPIONSHIP	KIND OF CHAMPIONSHIP	DATE	PLACE
European Masters	Classic PL	8 - 15 February	venue requested
European Open	Classic PL	17 - 22 March	Valetta, Malta
European Open/Junior/Sub-Junior	Equipped PL	5 - 10 May	Pilsen, Czech Republic
European Masters	Equipped PL	1 - 5 July	venue requested
European Open/Masters/Junior/Sub-Junior	Equipped & Classic BP	3 - 9 August	Druskininkai, Lithuania
Western European	Equipped & Classic PL	4 - 6 September	venue requested
European Junior & Sub-Junior	Classic PL	29 November - 6 December	venue requested

PL = Powerlifting Championships BP= Bench Press Championships

At the latest IPF EC meeting the decision to revise the terms of the conduction of the major powerlifting events starting from 2027 was made. As soon as IPF presents the updated Calendar EPF EC will revise the terms of conduction of its events for any not to clash.

Decided to combine the European Open/ Junior/ Sub-Junior Equipped Powerlifting Championship and the European Masters Equipped Powerlifting Championship in 2026.

21. Any other Business

EPF President Bjorn Astad presented the EPF Strategic Plan 2024-2029 based on the SWOT analysis of the Federation's activity, which included evaluation of the strengthes, weaknesses, opportunities and threats. The vision, values, missions and further actions included those which were set previuosly, but a lot of new ones were developed. Special attention was driven to the encreased support of the events'organizers, sthrengthening of the fight against doping at national level, expanding the exclusiveness of the EPF events, providing the professional healthcare personal, developing substantial meadia marketing strategy providing benefits for the EPF Sponsors and EPF itself.

22. Adjournment