



European Powerlifting Federation

General Assembly 2021.

2 August 18:00hrs at Park Hotel Congress Centre Pilsen

AGENDA.

- | | |
|---|---------------------------------|
| 1. Welcome by the President and the Meet director | Arnulf Wahlstrøm, |
| 2. Roll call of Nations and Delegates..... | Ralph Farquharson |
| 3. President's address..... | Arnulf Wahlstrøm |
| 4. Minutes of the last General Assembly. | |
| 5. The Account with the balance sheet 2020. | |
| Treasurers report..... | Xavier de Puytorac |
| Auditors report..... | Pavol Müller and Silva Katutyte |
| Approval of budget for 2021..... | Xavier de Puytorac |
| 6. Secretary General report..... | Ralph Farquharson |
| 7. Vice President report..... | Sandro Rossi |
| 8. Committee Reports: | |
| - Technical | Myriam Busselot |
| - Law and Legislation | Tero Hyttinen |
| - Finance.... (see Auditors report) | Pavol Müller and Silva Katutyte |
| - Women's | Maria Pia Moscianese |
| - Championship Secretary | Bjørn Astad |
| 10. Elections (no election 2021) | |
| 11. Proposals..... | |
| 12. New member Applicants | |
| 13. Action on Delinquent Nations | |
| 14. Hall of Fame | |
| 15. Bids and confirmation on Future Championships | |
| 16. Any other Business | |
| 17. Adjournment | |
| | |
| - Technical meeting with team nominations and technical details after the General Assembly. | |
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3) President's report.

Welcome.

On behalf of EPF I wish delegates and guests welcome to the 2021 General Assembly.

I want to thank the meet director Vladimir Mati and the Czech powerlifting president Miroslav Vacek for inviting us to Pilsen again!

I am looking forward to a pleasant stay and a well organised championship!

General status.

Year 2020 was a special year due to the Covid-19 pandemic. Only the European Masters PL championships and the European University cup were organized before the whole World "closed" in the month of March.

All remaining European championships that year was cancelled which caused a lot of extra work and economic loss for the organizers. Athletes got restrictions in their training and missed the opportunity to compete at international level.

So, the sport activity was strongly reduced but the health and safety of everybody were in focus to bring us all safe into year 2021.

However, the administration of EPF was not slowed down as all the cancellations had to be administrated and preparations for the organization of future Europeans had to continue.

Besides, the reduced travelling and competition activity gave the EPF board opportunities to concentrate more about sponsorship and make up plans and procedures to bring EPF forward.

The board is happy to inform that two new sponsorships were signed at the end of the year which gives EPF economy to make high quality streaming at more Europeans from 2021 and economy to hire a Media Secretary as well.

Awarded European Powerlifters 2020.

The absolute best lifters at both European and World Open championships according to IPF points have every year since 1995 been awarded *European Powerlifters of the year*.

In 2020, only one European championship was organized and no World championships. Due to this, the criteria to make this award is not fulfilled.

European Championships 2020.

Only one European championship and one cup were organized in 2020. Statistics show that all together 321 (*2058) lifters took part in European championships and cups in year 2020.

European championships 2020 were organised in:

• Albi, France	. PL	Master classic	133 (*162)	Men and	97 (*99)	Women
• **Thisted, Denmark	PL.	Open/Jun/SJun. Equipped	0 (*164)	Men and	0 (*107)	Women
• **Pornainen, Finland	PL.	Masters equipped	0 (*109)	Men and	0 (*48)	Women
• **Vilnius, Lithuania	BP.	O/M/Jun/SJun classic	0 (*233)	Men and	0 (*124)	Women
• **Ekaterinburg, Russia	BP.	O/M/J equipped	0 (*178)	Men and	0 (*91)	Women
• **Njardvik, Iceland	PL.	WEC (equip./clas.)	0 (*62)	Men and	0 (*72)	Women
• **Warsaw, Poland	PL.	Open/Jun/SJun classic	0 (*262)	Men and	0 (*204)	Women
• **Sevilla, Spain	PL/BP	ACE Open (eq/cl)	0 (*37)	Men and	0 (*17)	Women
• Merignac, France	PL	University cup	36 *(0)	Men and	31 *(0)	Women

* = numbers in 2019.

**= cancelled

Antidoping.

In year 2020, EPF made 18 (142 in 2019) doping tests at European championships and cups. This means that about 6% of all lifters were tested.

In the future, IPF will do all doping tests and select lifters to be tested at all European championships and cups.

IPF focus now on Out of competition testing as instructed by WADA because this kind of testing can be done at any time throughout a year independent of championships.

EPF will continue the anti-doping work by promoting anti-doping seminars and our member federations should focus on anti-doping if they want powerlifting to reach IOC status.,

Fair play and a healthy sport should be in focus.

Strategic plan.

The Executive board have every year worked out GA proposals and made up documents and routines to improve the organisation of powerlifting in Europe and to prepare for the future.

The document named “**Strategic plan**” was introduced in 2016 and is now updated for 2021 to 2024.

In this document the federation’s views and plans for the future are included and helps us to work towards common goals. This document is our guideline for the coming years.

The document is presented at this General Assembly so please be prepared to vote about the plans.

Marketing strategy.

The Executive members, in co-operation with Emanuel Scheiber, Eric Rupp and Richard Haywood, work to line out all information needed to present EPF as an attractive partner for sponsors and collaborators.

Such information is necessary because any sponsor must know what benefit his company will get from EPF if the company puts money or recourses into the federation. Any sponsor looks at how he can get his investments at least double back.

Emanuel Scheiber is contracted as EPF Consultant and has done an excellent work to line out the detailed contract between EPF and two new sponsors.

The new sponsors are *Rogue Fitness* and *A7 Fitness* – both companies are from USA.

The level of this sponsorships is high and gives EPF “muscles” to both send more high quality live streams from European championships and support our organizers with good equipment and economic contribution.

Sponsors.

The strong support from our sponsors in donated materials and economic contribution strongly helps EPF to support our organizers and maintain the high activity we have to bring powerlifting forward. Our goal is to bring EPF up to the level of Olympic recognized sports.

A big thank you to *Rogue Fitness*, *A7 Fitness*, *Eleiko*, *SBD*, *Titex*, *Pallini* and *Leoko!*
ER Equipment left us in 2020.

Thanks to the EPF Officials.

The administration and daily workload to run EPF are increasing from year to year. Now we run championships in both classic and equipped and the EPF officials are doing a great voluntary work to keep up everything. Some officials have more or less a full-time work with EPF matters.

No federation or company is better than the people doing the work and I am proud to state that EPF has dedicated and hardworking officials that cooperate very well in the administration team and also cooperate well with our members.

Thank you very much to the Executive Board members Xavier de Puytorac, Ralph Farquharson, Bjørn Astad, Myriam Busselot, Sandro Rossi, Tero Hyttinen and assistant Jiri Hofirek as well as all EPF officials in various committees - you do a great work to run and administrate EPF!

Oleksandr Kopaev is our employed Computer Secretary and works tirelessly at every European championship. His efforts on computer programming and competition registration are a great part of running perfect organized championships. A big thank you to “Sacha”!

Anatoliy Stetsenko is the EPF Registrar and sorts out the record lists and issues record diplomas to every record setter. This is quite a comprehensive and time-consuming work. Thank you very much!

EPF’s two auditors, Silva Katutyte and Pavol Müller do a great job to control the EPF accounting and our consultant Emanuel Scheiber keeps up our sponsors - thank you all!

Good luck.

I hope we will have useful discussions and make good decisions at this General Assembly and I wish you all a successful European Open/Junior/S.Junior Equipped Powerlifting Championships 2021!

Arnulf Wahlstrøm, EPF President

4) Minutes of the last Congress.

The Minutes can be loaded down from the EPF web.

<http://www.europowerlifting.org/about-epf/general-assembly-congress/> .

No remarks have been received.

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5) EPF Account 2020 (All values are in Euro)

Treasurer Report 2020

First of all I want to say thank you because it was a pleasure to work with all the national federations.

2020 was the year of the virus and we were only able to do 2 championships.

We have a deficit balance of 12,610.19 € and we can be very happy not to have more.

- At first, we controlled the expenses and they did not exceed the budget. It was not very difficult because we had only 2 championships.
- For the incomes, we had 321 lifters instead of the 2,000 planned.
- Also, we had less sponsors than expected but I thank all our partners who represent nearly 35% of our budget. They helped EPF despite the virus.

About development we did not make our forecasts:

- 1- We did not give money for new referees with news countries.
- 2- We ensured the streaming of very good quality but only for University Cup.
- 3- And we helped only France to organize a championship.

The Luxembourg bank cancel the saving account so the funds from this account were transferred to the business account on December 31, 2019. The saving account did not bring in anything.

To finish, it remains an anti-doping fund, so do not hesitate to ask for some help for educational and anti-doping actions.

It was a very bad year and we all hope to have a better 2021 year.

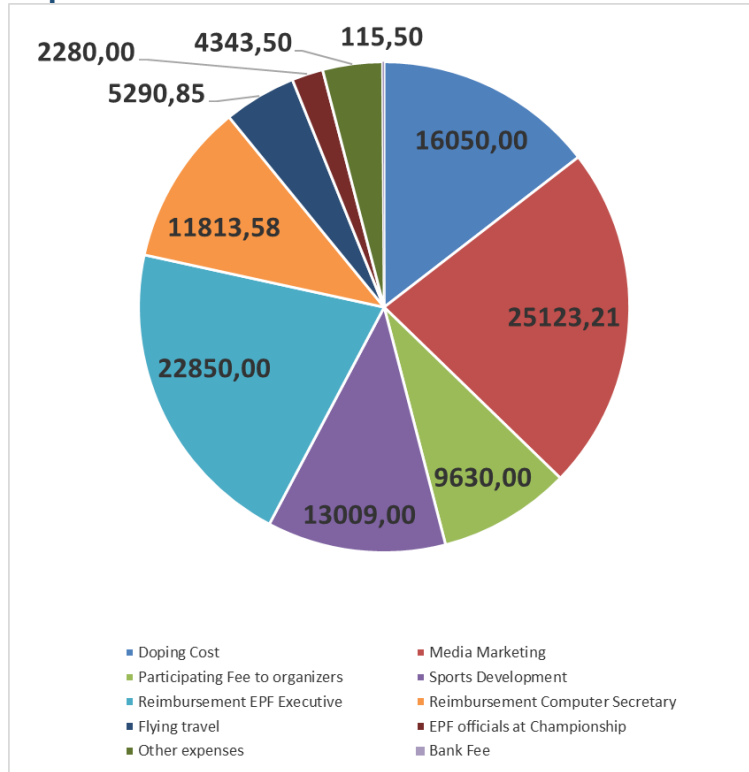
Please find below 2020 accounts with details in €.

		Budget 2020	Result 2020
	Expences		
1	Doping Cost	72500,00	16050,00
2	Media Marketing	56450,00	25123,21
3	Participating Fee to organizers	43500,00	9630,00
4	Sports Development	30500,00	13009,00
5	Reimbursement EPF Executive	23250,00	22850,00
6	Reimbursement Computer Secretary	12000,00	11813,58
7	Flying travel	11000,00	5290,85
8	EPF officials at Championship	4500,00	2280,00
9	Other expenses	4500,00	4343,50
10	Bank Fee	300,00	115,50
	TOTAL	258 500,00	110 505,64
	Income		
11	Participating Fee	130500,00	28890,00
12	Anti Doping Fee	72500,00	16050,00
13	Sponsors	41500,00	37705,45
14	Membership Fee (36 country)	10800,00	10800,00
15	Sanction Fee	3200,00	2200,00
16	Penalty (referee etc,,)	0,00	2250,00
	TOTAL	258 500,00	97 895,45

BALANCE 97 895.45 – 110 505.64 = -12 610.19 €

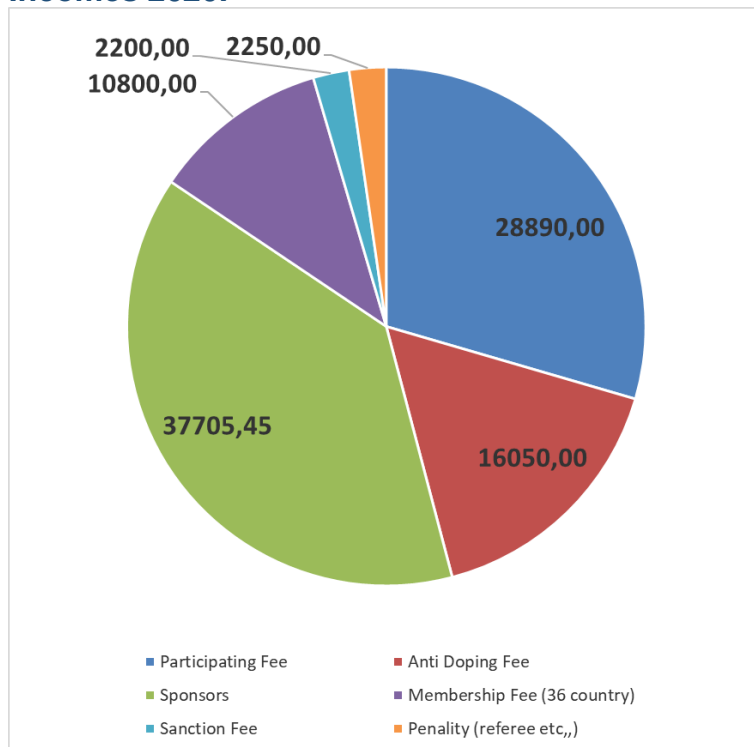
- 1 - Doping cost of AD officer and bank transfer to IPF
- 2 - Media team, included cost of one high quality streaming and help organizer for Wifi to have good streaming
- 3 – Participating Fee to organizers 30 € each lifter
- 4 - One rack Eleiko for Denmark and help for France for University Cup
- 5 - Allowance cost of fulfilment of EPF duty (internet, phone, office support etc.)
- 6 - Contract cost for 900 EUR/month + reimbursement of additional cost etc.
- 7 - Travel for EPF officials
- 8 - Daily allowance cost of 60 EUR per day for EPF representatives
- 9 - Organiser plaque, EC meeting and other administrative cost
- 10 - Bank Fee
- 11 - Participating fee 2020: 90 EUR, split 60 EUR to EPF and 30 EUR to organizer
- 12 - Anti-doping fee 2020: 50 EUR per lifter
- 13 - Sponsors 2020: Eleiko, Leoko, Titex, SBD, ER-Equipment, MaxRep, White Light, A7
- 14 - Membership fee 2020: 300 € per federation (36 member fed.)
- 15 - Sanction fee 2020: 1000 € European championship, 200 € Cup
- 16 - Fee for not nominating referee or late payment (after technical meeting) or not present at the technical meeting without sending a email.

Expences 2020



Financial situation 31 December 2020	
EPF Account:	167.389,80€
Anti-doping fund:	- 2.468,86€
Total:	164 920,94€

Incomes 2020.



And finally, here is the evolution of our cash for 10 years.

2011	97 653,30 €	(EPF business account 206,01 + EPF savings account 97.447,29)
2012	90 050,38 €	(EPF business account 53,25 + EPF savings account 89.997,13)
2013	92 155,65 €	(EPF business account 50,45 + EPF savings account 92.105,20)
2014	94 910,66 €	(EPF Business account 1713,20 + EPF savings account 93.197,46)
2015	94 085,32 €	(EPF Business account 264,87 + EPF savings account 93.037,46)
2016	111 290,01 €	(EPF Business account 18.243,56 + EPF savings account 93.046,45)
2017	140 549,22 €	(EPF Business account 26.594,67 + EPF savings account 113.954,55)
2018	155 645,15 €	(EPF Business account 5 654,02 + EPF savings account 149 991,13)
2019	179 999,99 €	(EPF Business account 30 003,49 + EPF savings account 149996,50)
2020	167 389,80 €	EPF Business account

To finish, it remains an anti-doping fund, so do not hesitate to ask some help for educational and anti-doping actions.

Xavier de PUYTORAC, EPF Treasurer

Provisional Budget 2021 (Euro).

Budget 2021			
		Result 2019	Budget 2021
Expenses			
1	Sports Development	52686,40	115050,00
2	Media Marketing (4 streamings)	65030,34	115000,00
3	Doping Cost (1500 lifters)	121407,00	75000,00
4	Sponsors Expenditures		60000,00
5	Participating fees to organizers		45000,00
6	Reimbursement EC and Media Secretary	22450,00	31950,00
7	Flying travel	16111,86	20000,00
8	Reimbursement Computer Secretary	21473,16	13000,00
9	EPF officials at Championship	8000,00	10800,00
10	Other expenses	2165,57	4000,00
11	Bank Fees	142,09	300,00
	TOTAL	309 466,42	490 100,00
Incomes			
12	Sponsors	61051,26	265500,00
13	Participating Fees (1500 lifters)	133020,00	135000,00
14	Anti Doping Fees (1500 lifters)	110800,00	75000,00
15	Membership Fees (36 countries)	10200,00	10800,00
16	Sanction Fees	7000,00	3800,00
17	Penalty (referee etc,,)	11750,00	0,00
	TOTAL	333 821,26	490 100,00

Xavier de Puytorac, EPF treasurer

Report from the Auditors Committee.

Dear members of the EPF Congress,

Mr. Xavier de Puytorac as a treasurer provided both, Mrs. Silva Katutyte and Mr. Pavol Müller as auditors, with all accounting documents and bank statements as a basis to perform the audit. Thus, through Dropbox tool used the whole accounting system was available for an accounting records evaluation and a comparison of moves on bank accounts, as well. Financial situation is presented in a simple accounting system.

No significant accounting failures affecting the financial results of year 2020 results were found and minor faults have been all corrected.

On the basis of the audit we can confirm as follows:

The presented financial result is correct, it is based on accounting and it does correspond with the bank statements as in 31.12.2020. Within 31.12.2020 the current bank account status is 167 389,80 EUR.

Last but not least we would like to thank Mr. Xavier de Puytorac for his hard and good work.

We wish you all a successful Congress.

Silva Katutyte, Pavol Müller
EPF auditors

6) Secretary General Report

Dear Delegates, ladies, and Gentlemen.

Welcome to all member nations to the 2021 General Assemble, I'm pleased to report the huge success the EC board made during this difficult Covid-19 period. Without any championships taking place the board managed to secure two major new partners Rogue Fitness and A7 Fitness this has enable the board to support organizers of European Championships and Cup with equipment in some case worth over €20.000 which will raise the standard of all championship and hopefully attract more organizers

EPF strategic plan

EPF strategy plan 2021 to 2024 as our working document to bring the sport forward. Our **Goal**, to Introduce European University Cup in powerlifting has been achieved now we are seeking partnership with European Games and encourage to arrange high quality World championships in Europe, also working to reach 40-member nations.

Marketing

EPF executive appointed sport consultant Emanuel Scheiber to advise on the development of sponsorships for EPF in cooperation with professional people, we're now looking to attract companies to come into dialogue to develop a range of sponsor deals. All sponsorship raises will help to support organizers of European championships to become more professional and increase the number of high-quality livestreams of European championships/Cup.

EPF Media

The EPF media team has welcome Juliette Memmott as Media secretary she has a difficult roll to try and increase the EPF present on social media, try to inspire more people to participate in the sport also to bring

the sport to a wider audience. work together with organizers to ensure European Championships are represented on YouTube, Facebook, Twitter, and Instagram.

Livestream

The EC board have taken steps to protect its brand regarding livestreaming of European championships/Cups. Only Viva TV and Goodlift System will be allowed to delivered livestream at European Championships, this is excellent because the board can now control its brand. Viva TV each year constantly looking for new ways to increase the viewers enjoyment, this year they have develop new graphics that will help the commentators to give even more information to the viewers also make it easier for the viewers to follow.

EPF Speakers

I am delighted that the EC board have develop a pool of speakers to select from for all EPF championships/cup this will ensure a high standard of speakers.

Spotters

At all European Championship/cup the EPF will supply all spotters with full uniform, safely shoes, t-shirts, shorts, and socks this will give a professional look to our livestream in return will help to bring the sport forward.

Sponsors

We welcome two new Premium Partners Rogue Fitness and A7 Fitness, we hope to develop a long-term working relationship to secure a good economy for the sport. Many thanks to all our other sponsors, our sport cannot operate without your support, we hope for your continuing support during 2021.

IOC recognition

EPF continue to be in the forefront to support IPF with their work to secure this important IOC recognition, I think if this is to be achieved it going to take a lot more effort by our member nations, Sad to say several of our member nations need to do more if they wish IPF to achieve its Goal.

Organizer of European championships

Due to the Covid-19 pandemic in 2020 only two championships were possible; we are hoping that in the second half of 2021 the calendar will be fulfil. I hope Organizers are preparing for the recovery of the sport.

I would like to thank President Arnulf Wahlstrøm for his continued leadership in making the European Powerlifting Federation the leading Region within the IPF, thanks also to the other EC members for their hard work throughout this difficulty Covid-19 period.

My best wishes for a successful General Assemble.

Ralph Farquharson, EPF Secretary General

7. Vice President Report.

Dear Members Nation

As Vice President I have had the honour and the privilege to cooperate with the other Members of the Executive. This cooperation has resulted in the exchange of numerous and daily email and some meetings held by the internet platforms, in order to optimize the operation of our sport and democratic life.

The year 2020 was a dramatic year for all human activities, due the Coronavirus. Our sport has been hit in a very heavy way: the gyms were closed almost in every Nations and no National and European competitions were held, except the Masters Classic and the University Cup, both in France, just before the total lockdown.

Also in 2021 our sport has been conditioned, especially in the first part of the year. However under the guidance and the stimulus of the Executive the Organizers of the European Championships are doing a wonderful job and we can hope in a better second half of the 2021.

Regarding the reports that I present every year, I show the only one possible: the National Calendars. The EC sent a survey to all Nations during the last months of February and April. Only 13 Nations, out of 35 Nations report back to me their National Calendars with the date of their competitions. Moreover 4 Nations report that they can announce the date of their National Competitions late in the 2021.

I take this occasion to give a warm welcome to Cyprus and Portugal: this new Federations were recently accepted in the IPF and EPF family. Good luck and always "good lift".

These new entries represented a sign of hope for our sport.

I wish to all Delegates a fruitful General Assembly.

I want also to express to the Czech Powerlifting Federation many thanks for the organization of 2021 European SJ/J/O equipped Championships.

Sandro ROSSI, EPF Vice President

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8. Committee Reports.

- Auditor Committee Report

See chapter no. 5

.....

- Technical Committee report.

2020 will have been very special from all points of view.

The spread of the Covid-19 pandemic across the world has indeed deeply affected everyone's lives and projects.

All organized sports activities were put on hold, clubs had to close their doors and sports competitions were suspended.

Now we must do everything to prepare the recovery in the best possible conditions.

I hope that the good health of our sport will be confirmed in 2021, notwithstanding all the health restrictions due to COVID-19.

In 2020, I have had the opportunity to assist at only two international championships. I hope that from the second half of 2021, the life of our sport can get back on the right way.

We will continue to take initiative and take a proactive approach by working for the best interests of our powerlifting family.

European referees in 2020

Due to COVID-19 restrictions, only a few exams have been done in 2020

I hope that the exams can also be done during this championships in Pilsen.

February 2020, Mérignac

LAPLAGNE Pierre FRA CAT 2

March 2020, ALBI

GUENNEC Edith FRA CAT 1

NOHALES Bernard FRA CAT 1 - Reg

BERNARD Michaël FRA CAT 2

All the best to the Czech Federation with the European Open, Junior and sub-Junior Equipped Powerlifting Championships.

Myriam Busselot, EPF Chair Technical Committee

- Law & Legislation Committee report.

Dear Delegates of member federations,

The Committee consists of two members from May 2019; Tero HYTTINEN (Chairman) from Finland, and Patrik THUR (Member) from Sweden.

The EPF Law and Legislation Committee duties are ordered in the EPF Constitution and By-Law documents. The four basic tasks are:

- Shall receive any proposals regarding Constitution and By-Law documents of the EPF from member nations within the proper time frame, evaluate accordingly and suggest to the EPF Executive Committee alternative courses in action
- Shall serve as the parent committee in further amending the Constitution and By-Laws
- Is responsible for updating the Constitution and the By-Laws
- Shall study the Constitutions of new applicant nations and report the results to the Secretary General.

The latest activity year we have made no changes to the EPF Constitution and By-Laws. We held with EPF EC a fruitful meeting to discuss important issues of rules to further development, February 2020 in Alicante, Spain. It was just before covid-19 caused global lock down spring 2020. Unfortunate we were not possible to have our normal General Assembly. Only by e-mail voting and we decide to postpone all proposals to GA 2021.

The co-operation between the Committee and the other EC Members and committees has been done in extremely good spirit and been very professional even middle of this pandemic situation that we are having just now.

The work the current committee members have done is also based on previous, excellent work done by many. Without great humble work of these volunteers' the EPF Constitution and By-Laws should not have been in such a high standard level as it is in nowadays. We all hope that we would have possibility to gather to the General Assembly of EPF and make it even better for our member federations and most of all to our lifters, coaches, officials and referees.

Thank you very much for the valuable work indeed. Also, the L&L Committee would like to thank all the members of EPF EC for their contribution for the taking the EPF step by step forward in making best for the current status and future of powerlifting.

The L&L Committee wishes all the best to all the organizers of the European Championships. We wish full of energy for all the lifters, coaches, referees, officials and volunteers making powerlifting forward especially in this challenging situation which we are now living with covid-19 pandemic.

We wish you all good health and better future when we can start our sport again in full speed after these restrictions we are still having.

Tero Hyttinen (Chairman), and Patrik Thur (Member)

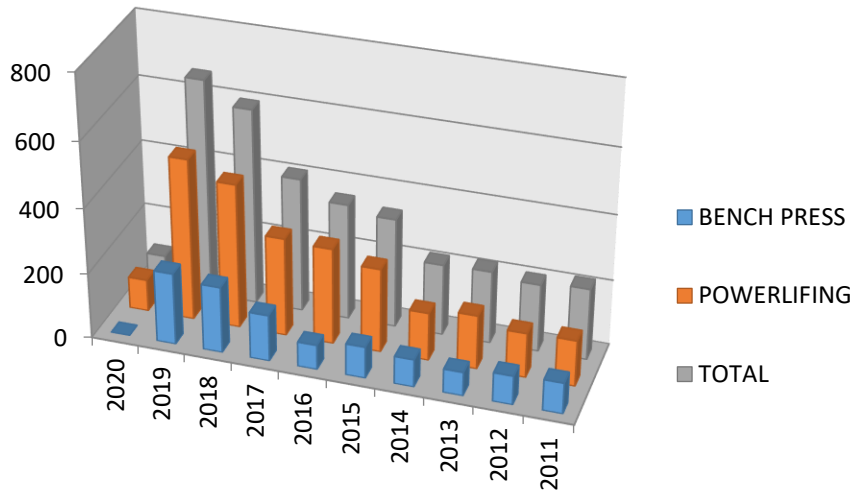
- Women’s Committee Report

Dear Delegates and Member Federations,

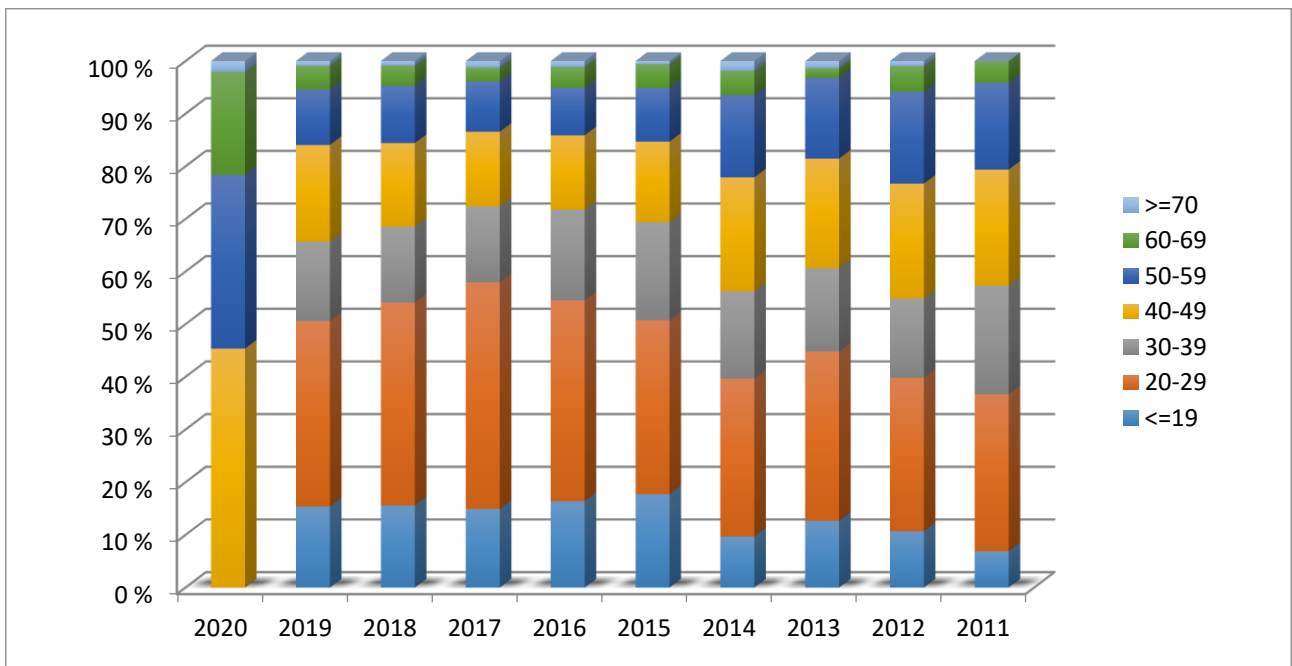
As usual in the EPF website, following the link “About EPF - Women’s Powerlifting”, you can find the statistics for the period 2000-2020 concerning the participation of female lifters in Powerlifting and Bench Press Competition and also the distribution by Nation, with special focus of last ten years.

In particular, the trend of the last ten years is shown in the following charts.

Number of female lifter:

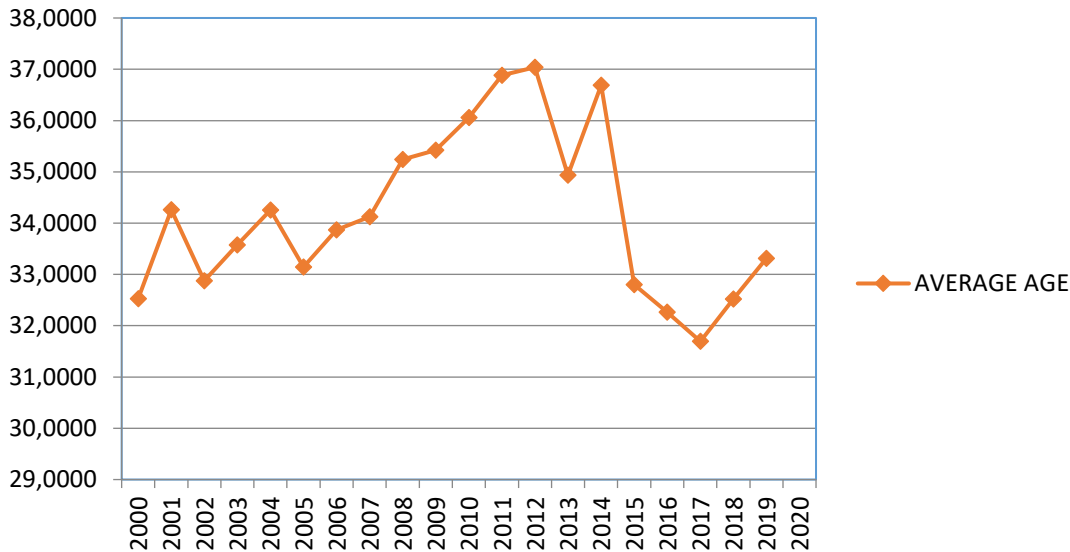


Distribution for age class:



Trend of the average age in the period 2000-2020:

TREND OF THE AVERAGE AGE



The update is relative considering that in 2020 only one competition was held (European Master Classic Powerlifting Championships); in fact in trend of the average age 2020 is not included.

In the hope that we can soon return to normal sport activity, I wish you all a successful General Assembly and Open, Junior and Sub-Junior European Equipped Powerlifting Championships.

Maria Pia Moscianese – EPF Women’s Committee Chairwoman

- EPF Championship Secretary Report.

The Championship Secretary shall ensure that major international events do not clash. If necessary, sanction may be refused in order to achieve an orderly calendar. This has not been the problem in 2020. The Covid-19 pandemic has brought new challenges to the world of powerlifting.

In 2020 the European Open University classic Cup 2020 in Mérignac, France and the European Masters Classic Powerlifting Championships in Albi, France was the only championship that was arranged. Other championships were planned, but due to the covid-19 pandemic the rest of the championships were cancelled.

In 2021 no championships have been arranged so far, but contracts have been prepared and sent out to organizers and the preparation for the championships this season is in good progress. I hope the Covid-19 vaccination throughout the European nations will make it possible to organise championships in 2021.

Bjørn Astad Championships Secretary and Jiri Championships Secretary assistant

9) Election.

No election 2020.

10) Proposals.

- **105.7. Obligatory to stay in the meet hotel.** (from EC)
All athletes, coaches, referees or officials from each federation must stay in the official hotel for all days in attendance of the championship. *Accreditation is issued in accordance with the number of hotel booking days.*
If athletes, coaches, referees or officials do not stay in the official hotel, they will be obliged to pay an administration fee of 100€ per person to the organizer. Failure to comply will have the effect they will not receive accreditation and will be excluded from that championship.
All room bookings must be done *by the National Federation* through the meet director

Reason: To follow IPF rules.

- **103.2** (from EC)
...The participating national federations shall pay a doping test fee of EUR 50 for each lifter entered and declared at the preliminary **final** entry form. In addition to the doping test fee, participating national federations shall pay a participation fee of EUR 90 per lifter for each lifter entered and declared at the preliminary **final** entry form.

Reason: To follow IPF rules.

- **105.5.2** (from Slovak PF)
A national federation taking part in European championships and cups shall pay the EPF doping test fee and the participation fee for each lifter nominated and entered on the preliminary **final** entry form. No such fees are to be paid for nominated reserve lifters.

Reason:

At the moment the current rule is in conflict with the IPF constitution, causing problems to both, member federations and the athletes themselves, as well.

- **105.6** (from Slovak PF)
Actual version
Representation at the Technical Meeting.
All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation.

New proposed version

105.6 Representation at the Technical Meeting.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation was not present at the Technical Meeting prior to the European championship and there were any changes in his/her final nomination whilst EPF Championship Secretary was not informed about any changes for his/her federation's lifters nomination (by an e-mail or a phone) then the concerned national federation is to be charge by a fine of 250 Euro.

Reason:

As any competitor's transition to a different weight class is not allowed after the final nomination, the technical meeting only deals with problem of eventual competitor's absence.

It is pointless to penalize those federations that although have no changes in the final

nomination only failed to report their absence at the technical meeting to the EPF championship secretary.

- **105.6** (alternative wording from EC if Slovak PF’s proposal is accepted)
Representation at the Technical Meeting.
 All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation’s nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation if there are any changes in the national federation’s nomination.

- **101.3** (from EC).
To add at the end:
Constitutional and By-Law’s changes accepted by the General Assembly are effective from 1. January the following year if not otherwise stated by the General Assembly or in the Constitution & By Laws.
Reason: This has been the procedure all years in EPF and IPF but not written in the Const. or BL.

- **105.13.**(from EC)
 If a referee(s) from that nation is not present or, if present, is not available to act in the capacity of either referee or member of jury at least two days during the championship/cup, the lifters are allowed to take part, but a fine of Euro ~~500~~ **1000** has to be paid by the nation for each missing referee...

 Reason: EPF needs referees to attend European championships. The level of the fine should stimulate the federations to send referees instead of paying the fine.

- **105.13.2** (From EC)
 Referee duties, specified by the Technical Committee, are mandatory 14 days prior to the technical meeting **championships**. Any

 Reason: To be similar as stated in 105.13.1

- **Strategic plan.**
 Evaluate and decide the EPF Strategic plan 2021-2024.

11) New Member Applicant

- **Malta Powerlifting Association.**
- **Cyprus Powerlifting Federation**
- **Portugal Powerlifting Federation** (Federacao de Culturismo Epowerlifting de Portugal)

EPF Member Nations

	Full Members		Full Members		Suspended members
1	Armenia	20	Latvia		**Azerbaijan
2	Austria	21	Lithuania		**Moldavia
3	Belarus	22	Luxembourg		**Montenegro
4	Belgium	23	Malta		
5	Bulgaria	24	Netherlands		
6	Croatia	25	Norway		
7	Czech Republic	26	Poland		
8	Denmark	27	Romania		

9	Estonia	28	Russia		
10	Finland	29	Serbia		
11	France	30	Slovakia		
12	Germany	31	Slovenia		New Applicants:
13	Georgia	32	Spain		
14	Great Britain	33	Sweden		Malta
15	Greece	34	Switzerland		Cyprus
16	Hungary	35	Turkey		Portugal
17	Iceland	36	Ukraine		
18	Ireland				* = Not paid membership
19	Italy				** = Suspended

12) Action on Delinquent Nations

None.

13) Hall of Fame.

Appointed by EPF EC:

Eva Buxbom, DEN

Johnny Wiklund, SWE

Tony Cliffe, GB

Congratulation!

EPF Hall of Fame history.

Year	Official	Female lifter	Male lifter
1993	Heiner Köberich, GER	Claudine Cognac, FRA	Jarmo Virtanen, FIN
1994	John Moody, GB	Judy Oakes, GB	Eddy Pengelly, GB
1995	Arnulf Wahlstrøm, NOR	-	Victor Naleikin, UKR
1996	Vic Mercer, GB	Audhild Hansen, NOR	-
1997	Arnold Boström, SWE	-	-
1998	George Legget, GB	Dagmar Wang, AUS	Kenneth Mattsson, SWE
1999	Kalevi Sorsa, FIN	Anna-Liisa Prinkala, FIN	-
2000	Henk Kaiser, NET	Natalia Rumyantseva, RUS	Leopold Krendl, AUS
2001	-	-	Wym Elin; BEL
2002	Ralph Farquharson, GB	-	-
2003	Jiri Hofirek, Czech Rep.	Cecile Jamin, France	-
2004	Myriam Busselot, Belgium	-	-
2005	Pavol Müller, Slovakia	-	Andy Kerr, GBR
2006	-	Inger Blikra, Norway	-
2007	-	Antonietta Orsini, ITA	-
2008	-	Raija Jurkko, Finland	-
2009	-	-	Jaroslav Olech, Poland
2010	Dietmar Wolf, NOR	-	-
2011	Alain Hammang, Lux	Ielja Strik, NET	Anibal Coimbra, Lux
2012	-	-	-
2013	-	-	Jan Wegiera, POL, Dariusz Wszola, POL
2014	-	-	-
2015	Sandro Rossi, ITA	Märvi Särkiä, FIN	Kenneth Sandvik, FIN
2016	-	Riitta Sundvall Liimatainen, SWE	Patrik Turesson, SWE
2017	-	Eila Kumpuniemi, FIN	Ruso Karel, CZE
2018	-	Heidi Hille Arnesen NOR	Phillip Richard GBR

2019	Gaston Parage, LUX	Valentina Nelyubova RUS DSQ	Hassan El Belghitti FRA
2020	Klaus Brostrøm, DEN	Inna Orobets, UKR	Antti Savolainen, FIN

14) Bids and confirmation on Future Championships.

2021 (given)

European Masters	Equ/Clas	PL.	7-13 July	Pilsen Czech Rep.
European Open/Jun./S.Jun.	Equipped	PL	3-8 August	Pilsen, Czech Rep.
European University Cup	Classic	PL	26-28 August	Merignac, France
Western European	Equ/Clas	PL	3-5 September	Hamm, Luxembourg
European O/M/J/SJ	Equ/Clas	BP	7-12 September	Ekaterinburg, Russia
Arnold Classic Europe	Equ/Clas	PL/BP	17-19 September	Sevilla, Spain
European Open/Jun./S.Jun.	Classic	PL	3-12 December	Västerås, Sweden

2022. (given)

European Masters	Classic	PL.	8-13 March	Vilnius, Lithuania
European University cup	Classic	PL	23-27 March	Hamm, Luxembourg
European Open/Jun./S.Jun.	Equipped	PL	2-8 May	Venue requested
European Masters	Equipped	PL	6-10 July	Eskilstuna, Sweden
European Open/Mast/Jun./Sj	Equ/ Clas	BP	2-7 August	Győr, Hungary
Western European	Equ/Clas	PL	9-11 Sept.	Aulnat, France
Danube cup	Equ/Clas	PL	24-25 Sept	Venue requested
Arnold Classic Europe	Classic	PL/BP	September	
European Open/Jun./S.Jun.	Classic	PL	2-11 Dec.	Pilsen, Czech Republic

2023. (given)

European Masters	Classic	PL.	7-12 March	Venue requested
European University cup	Classic	PL	16-19 March	Venue requested
European Open/Jun./S.Jun.	Equipped	PL	1-7 May	Thisted, Denmark
European Masters	Equipped	PL	5-9 July	Venue requested
European Open/Mast/Jun/SJ.	Equ/ Clas	BP	1-6 August	Merignac, France
Western European	Equ/Clas	PL	8-10 Sept.	Venue requested
Arnold Classic Europe	Classic	PL/BP	September	Venue requested
European Jun./S.Jun.	Classic	PL	10-15 Oct.	Venue requested
European Open	Classic	PL	6-10 Dec.	Tartu, Estonia

2024. (bid) Please send bids to the SG Ralph Farquharson ralph@europowerlifting.org

European Masters	Classic	PL.	5-10 March	Venue requested
European University cup	Classic	PL	21-24 March	Venue requested
European Open/Jun./S.Jun.	Equipped	PL	7-12 May	Venue requested
European Masters	Equipped	PL	3-7 July	Venue requested
European Open/Mast./Jun./SJ	Equ/ Clas	BP	6-11 August	Venue requested
Danube cup	Equ/Clas	PL	31 Aug – 1 Sept	Venue requested
Western European	Equ/Clas	PL	6-8 Sept.	Venue requested
Arnold Classic Europe	Classic	PL/BP	September	Venue requested
European Jun./S.Jun.	Classic	PL	8-13 Oct.	Venue requested
European Open	Classic	PL	4-8 Dec.	Venue requested

PL = Powerlifting Championships BP= Bench Press Championships

15) Any other Business.

16. Adjournment.