



European Powerlifting Federation

General Assembly 2020.

~~3 May in Thisted, Denmark.
Vigsø Feriecenter at 18:00hrs.~~

The GA meeting 2020 is cancelled due to the Covid-19 situations.

The GA Agenda is distributed by e-mail and all members are asked to send "yes" or "no" back to the SG Ralph Farquharson ralph@europowerlifting.org to accept or not this Agenda with all reports, the account and the budget.

Final date for the vote is 28 May 2020.

AGENDA.

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|---|---------------------------------|-------------------|
| 1. Welcome by the President and the Meet director | Arnulf Wahlstrøm , | cancelled |
| 2. Roll call of Nations and Delegates..... | Ralph Farquharson | cancelled |
| 3. President's address..... | Arnulf Wahlstrøm | |
| 4. Minutes of the last General Assembly. | | |
| 5. The Account with the balance sheet. | | |
| Treasurers report..... | Xavier de Puytorac | |
| Auditors report..... | Pavol Müller and Silva Katutyte | |
| Approval of budget for 2020..... | Xavier de Puytorac | |
| 6. Secretary General report..... | Ralph Farquharson | |
| 7. Vice President report..... | Sandro Rossi | |
| 8. Committee Reports: | | |
| - Technical | Myriam Busselot | |
| - Law and Legislation | Tero Hyttinen | |
| - Finance....(see Auditors report)..... | Pavol Müller and Silva Katutyte | |
| - Women's | Maria Pia Moscianese | |
| - Championship Secretary | Bjørn Astad | |
| 10. Elections (no election 2020) | | |
| 11. Proposals..... | | Postponed to 2021 |
| 12. New member Applicants | | |
| 13. Action on Delinquent Nations | | |
| 14. Hall of Fame | | |
| 15. Bids and confirmation on Future Championships | | |
| 16. Any other Business | | |
| 17. Adjournment | | |

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- Technical meeting with team nominations and technical details after the General Assembly.
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3) President's report.

Welcome.

On behalf of EPF I wish delegates and guests welcome to the 2020 General Assembly. I want to thank the meet director Jan Lyhne and DPF President Klaus Brostrøm, for inviting us to Thisted! I am looking forward to a pleasant stay and a well organised championship!

General status.

The impression by the EPF board is that most of the 36 member federations have a good administration and they co-operating well with the EPF administration. We also see an increased activity of more lifters competing at European championships, which also correlate with the increased number of European championships.

I am also pleased to see an increase in the standard of the organization of European championships. The federations put a lot of work and money into the organizations to provide best possible conditions for our lifters.

Competitions of highest possible quality is one of the most important issues to bring the powerlifting sport forward.

Awarded European Powerlifters 2019.

It is a high standard on European lifters and the very best at both European and World Open championships according to IPF points are honoured **European Powerlifters of the year.**

Awarded lifters 2019:

Classic division: **Priscilla Bavoil** from France and **Anatolii Novopismennyi** from Ukraine.

Equipped division: **Ankie Timmers** from Netherlands and **Kjell Bakkelund** from Norway.

Congratulation!

European Championships 2019.

A lot of hard work and good planning created European championships of good technical and social standard in 2019. Statistics show that all together 2058 (*2138) lifters took part in European championships in year 2019.

European championships 2019 were organised in:

• Győr, Hungary	. PL	Master classic	162 (*165)	Men and	99 (72)	Women
• Pilsen, Czech Rep.	PL.	Open/Jun/SJun. equipped	164(*143)	Men and	107 (*110)	Women
• Sibiu, Romania	PL.	Masters equipped	109 (*128)	Men and	48 (*43)	Women
• Hamm, Luxembourg	BP.	O/M/Jun/SJun classic	233 (*218)	Men and	124 (*130)	Women
• Tampere, Finland	BP.	O/M/J equipped	178 (*179)	Men and	91 (*91)	Women
• Oshmiany, Belarus	PL/BP.	Classic cup	40 (*34)	Men and	27 (*20)	Women
• St. Zenone, Italy	PL.	WEC (equip./clas.)	62 (*60)	Men and	72 (*59)	Women
• Kaunas, Lithuania	PL.	Open/Jun/SJun classic	262 (*269)	Men and	204 (*199)	Women
• Mukachevo, Ukraine	PL	Danube cup Open (eq./cl)	16	Men and	6	Women
• Barcelona, Spain	PL/BP	ACE Open (eq/cl)	37	Men and	17	Women

* = numbers in 2018.

From 2021, the European Bench press championships will be combined into one championship for all age categories and both equipped and classic. This will be a championship with up to 600 participants.

The European Classic Open, Junior and Sub-juniors needs 10 days of lifting. Such a long championship means a heavy workload for the organizer. The EC has decided to split this organization in two different championships from 2023. One championship for Juniors and Sub-Juniors and another for Open.

Antidoping.

In year 2019, EPF made 142 (129 in 2018) doping tests at European championships. This means that about 7% of all lifters were tested. Unfortunately, 4 lifter tested positive - and have received suspensions from 2 month to 8 years.

IPF focus now on Out of competition testing as instructed by WADA because this kind of testing can be done at any time throughout a year independent of championships. EPF will continue to make tests at European competitions and focus on record setters, medal winners and random tests .

4 positives in 2019 is a too high number. Our member federations should focus on anti-doping if they want powerlifting to reach IOC status, but most important is to take care of the lifters health. Fair play and a healthy sport should be in focus for all our members.

I encourage lifters, coaches and officials to joint the anti-doping seminars organized in conjunction with EPF and IPF championships.

High standard of European lifters.

EPF is one Region of total 6 IPF Regions and European lifters won more than 50% of the medals in World championships in 2019. This high level is a result of hard work by the athletes but also a big credit to European coaches and training systems as well as the leadership in national clubs and federations. You should all be very proud of this success!

Strategic plan.

The Executive board have every year worked out GA proposals and made up documents and routines to improve the organisation of powerlifting in Europe and to prepare for the future.

The document named "***Strategic plan***" was introduced in 2016 and is updated regularly.

In this document the federation's views and plans for the future are included and helps us to work towards common goals. This document is our guideline for the coming years.

Marketing strategy.

The Executive members, in co-operation with Eric Rupp and Richard Haywood, work to line out all information needed to present EPF as an attractive partner for sponsors and collaborators.

A document focusing on the EPF benefits and a short video showing the powerlifting sport is worked out and is the tool to reach sponsor companies.

Such information are necessary because any sponsor must know what benefit his company will get from EPF if the company puts money or recourses into the federation. Any sponsor looks at how he can get his investments at least double back.

The most powerful arguments for EPF is the high numbers of watchers at the high quality live streaming and You Tube videos on demand and the many followers at Facebook, Twitter and Instagram.

Sponsor logos or advertising videos in connection with the streaming reached in 2019, 327 000 visitors at live and recorded streaming's and impressive 2 387 500 viewers at You Tube and Facebook.

These numbers are from only 2 European championships.

The Executive invites members to join the Marketing committee. We are sure that among all our members there are clever people with high knowledge of marketing.

Please support our efforts to grow EPF into a strong federation and contact the Executive if you are willing to help!

Sponsors.

The strong support from our sponsors in donated materials and economic contribution strongly helps EPF to support our organizers and maintain the high activity we have to bring powerlifting forward. Our goal is to bring EPF up to the level of Olympic recognized sports.

A big thank you to Eleiko, SBD, ER Equipment, Titex, Aplyft, A7, Leoko and MaxRep!

Thanks to the EPF Officials.

The administration and daily workload to run EPF are increasing from year to year. Now we run championships in both classic and equipped and the EPF officials are doing a great voluntary work to keep

up everything. Some officials have more or less a full time work with EPF matters.

No federation or company is better than the people doing the work and I am proud to state that EPF has dedicated and hardworking officials that cooperate very well in the administration team and also cooperate well with our members.

Thank you very much to the Executive Board members Xavier de Puytorac, Ralph Farquharson, Jiri Hofirek, Myriam Busselot, Sandro Rossi and Jari Rantapelkonen as well as all EPF officials in various committees - you do a great work to run and administrate EPF!

Oleksander Kopaev is our employed Computer Secretary and works tireless at every European championship. His efforts on computer programming and competition registration is a great part of running perfect organized championships. A big thank you to "Sacha"!

Anatoliy Stetsenko is the EPF Registrar and sorts out the record lists and issues record diplomas to every record setter. This is quite a comprehensive and time-consuming work. Thank you very much!

EPF's two auditors, Silva Katutyte and Pavol Müller do a great job to control the EPF accounting. Thanks to both!

Good luck.

I hope we will have useful discussions and make good decisions at this General Assembly and I wish you all a successful European Open/Junior/S.Junior Equipped Powerlifting Championships 2019!

Arnulf Wahlstrøm, EPF President

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4) Minutes of the last Congress.

The Minutes can be loaded down from the EPF web.

<http://www.europowerlifting.org/about-epf/general-assembly-congress/> .

No remarks have been received.

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5) EPF Account 2019 (All values are in Euro)

Treasurer Report 2019

First of all I want to say thank you because it was a pleasure to work with all the national federations. You paid all invoices on time and I did not make any late payment penalty invoices. For a treasurer it is perfect. Thank you.

We have a very good balance with a surplus of 24 354.84 € and we have several reasons for this good result.

- In first we controlled the expenses and they did not exceed the budget, except :
 - the doping cost but this money only passes from the EPF to go to the IPF and we paid 2 old invoices with antidoping found.
 - The computer secretary because Sacha bought some equipment to be better and better.
- For the incomes, we had 2,216 lifters instead of the 2,000 planned so we have more money. Classic Championship are in full development and it is very good for our finances.
- Also, we had more sponsors than expected and I thank all our partners who represent nearly 20% of our budget.
- And finally we charged 11 750 € with penalty for no referee or no presence at the Technical Meeting instead of 0 €.

For this last point I am very disappointed.

If we have instituted penalties for these 2 points it is not to take money from national federations but it is only **to make good conditions for lifters.**

As you can see we have enough money for the moment. Of course we need money to continue our development but we do not need more for 2020.

On the other hand we need enough referees to keep them efficient and we need to know if all the registered lifters will be there to facilitate the work of the referees and so that they can give the most score sheets quickly possible to lifters.

Please for the organizer, for EPF and **mostly for your lifters**, send referees and give all information in time at Technical Meeting.

About development we made our forecasts:

- 1- We give money for new referees and it was a success in Bulgaria, Croatia and Greece. We are waiting for Armenia and Serbia for new referees.
- 2- We ensured the streaming of very good quality on the 2 major championships.
- 3- And we help many countries to organize championship.

To finish, it remains an anti-doping fund, so do not hesitate to ask some help for educational and anti-doping actions.

Please find below 2019 accounts with details in €.

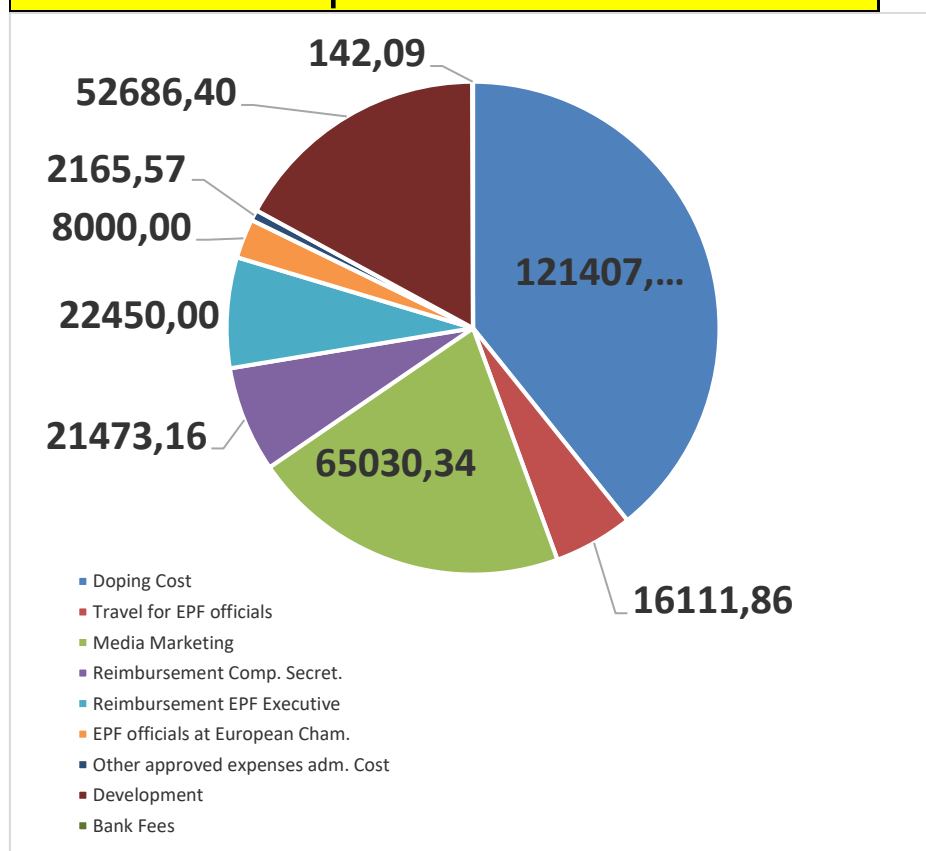
		Budget 2019	Result 2019
	Expences		
1	Doping Cost	100000,00	121407,00
2	Travel for EPF officials	18000,00	16111,86
3	Media Marketing	65000,00	65030,34
4	Reimbursement Comp. Secret.	19000,00	21473,16
5	Reimbursement EPF Executive	22400,00	22450,00
6	EPF officials at European Cham.	8000,00	8000,00
7	Other approved expenses adm. Cost	3000,00	2165,57
8	Development	55200,00	52686,40
9	Bank Fees	300,00	142,09
	TOTAL	290 900,00	309 466,42
	Income		
10	Anti Doping Fees (2000 lifters)	100000,00	110800,00
11	Membership Fees (35 country)	10500,00	10200,00
12	Participating Fees (2000 lifters)	120000,00	133020,00
13	Penalty (no Referee or late payment)	0,00	11750,00
14	Sanction Fees	7000,00	7000,00
15	Sponsors	53400,00	61051,26
	TOTAL	290 900,00	333 821,26

BALANCE 333 541.26 – 309 186.42 = 24 354.84 €

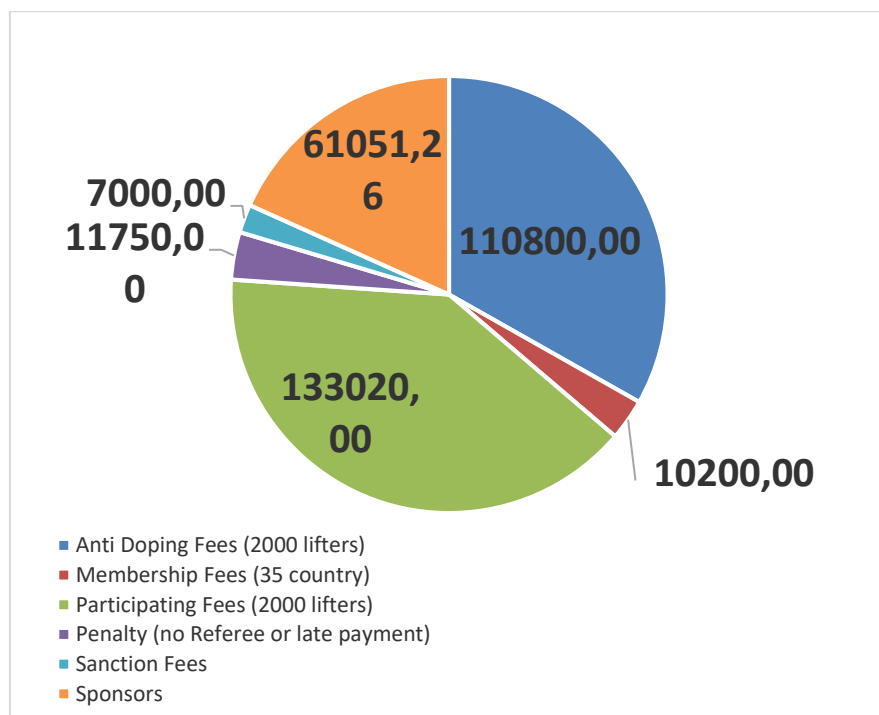
- 1 - Doping cost of AD officier, bank transfer to IPF and 2 old invoices (2016,2017)
- 2 - Travel for EPF officials
- 3 – Media team, included cost of two high quality streaming and help organizer for Wifi to have good streaming

- 4 - Contract cost for 900 EUR/month + reimbursement of additional server cost etc.
- 5 - Allowance cost of fulfilment of EPF duty (internet, phone, office support etc.)
- 6 - Daily allowance cost of 50 EUR per day for EPF representatives
- 7 - Organiser plaque, EC meeting and other administrative cost
- 8 - Funding for equipment, sponsor equipment and referee education
- 9 – Bank Fees
- 10 - Anti-doping fee 2019: 50 EUR per lifter
- 11 - Membership fee 2019: 300 € per federation (35 member fed.)
- 12 - Participation fee 2019: 90 EUR, split 60 EUR to EPF and 30 EUR to organiser
- 13 - Fees for not nominating referee or late payment (after technical meeting) or not present at the technical meeting without sending a email.
- 14 - Sanction fees 2019: 1000 € European championship, 400 € WEC, 200 € Cup
- 15 - Sponsors 2019: Eleiko, Leoko, Titex, SBD, ER-Equipment, MaxRep, White Light, A7

Expenses 2019



Income 2019



EPF Account	179 999,99 €
Anti-doping fund	-2 468,86 €
Total	177 531,13 €

And finally here is the evolution of our cash for 12 years.

2008	84 106,17 €	(EPF business account 1.906,50 + EPF savings account 82.199,67)
2009	84 144,37 €	(EPF business account 969,22 + EPF savings account 83.175,15)
2010	92 326,16 €	(EPF business account 526,26 + EPF savings account 91.799,90)
2011	97 653,30 €	(EPF business account 206,01 + EPF savings account 97.447,29)
2012	90 050,38 €	(EPF business account 53,25 + EPF savings account 89.997,13)
2013	92 155,65 €	(EPF business account 50,45 + EPF savings account 92.105,20)
2014	94 910,66 €	(EPF Business account 1713,20 + EPF savings account 93.197,46)
2015	94 085,32 €	(EPF Business account 264,87 + EPF savings account 93.037,46)
2016	111 290,01 €	(EPF Business account 18.243,56 + EPF savings account 93.046,45)
2017	140 549,22 €	(EPF Business account 26.594,67 + EPF savings account 113.954,55)
2018	155 645,15 €	(EPF Business account 5 654,02 + EPF savings account 149 991,13)
2019	179 999,99 €	(EPF Business account 30 003,49 + EPF savings account 149 996,50)

Xavier de PUYTORAC, EPF Treasurer

Provisional budget 2020 (Euro).

Previsional Budget 2020			
	Result 2019	Budget 2020	
Expenses			
Doping Cost (1450 lifters)	121 407,00	72500,00	50 € each lifter
Media Marketing	65 030,34	56450,00	
Participating Fees to organizers (1450 lifters)		43500,00	30 € each lifter
Sports Development	52 686,40	30500,00	Only 1 rack Eleiko and 1 rack ER
Reimbursement EPF Executive	22 450,00	23250,00	
Reimbursement Computer Secretary	21 473,16	12000,00	no big investment this year
Flying travel	16 111,86	11000,00	2 cup and 2 championship less
EPF officials at Championship	8 000,00	4500,00	2 cup and 2 championship less
Other expenses	2 165,57	4500,00	
Bank Fees	142,09	300,00	
TOTAL	309 466,42	258 500,00	
Income			
Participating Fees (1450 lifters)	133 020,00	130500,00	90 € each lifter instead of 60 €
Anti Doping Fees (1450 lifters)	110 800,00	72500,00	50 € each lifter
Sponsors	61 051,26	41500,00	1 rack Eleiko less
Membership Fees (36 country)	10 200,00	10800,00	300 € each country
Sanction Fees	7 000,00	3200,00	2 cup and 2 championship less
Penalty (referee etc,,)	11 750,00	0,00	I hope
TOTAL	333 821,26	258 500,00	

The Budget is based on the fact that 3 European championships are cancelled in 2020.

Xavier de Puytorac, EPF treasurer

Report from the Auditors Committee.

Mr. Xavier de Puytorac as a treasurer provided both, Mrs. Silva Katutyte and Mr. Pavol Müller as auditors, with all accounting documents and bank statements as a basis to perform the audit. Thus, through Dropbox tool used the whole accounting system was available for an accounting records evaluation and a comparison of moves on bank accounts, as well. Financial situation is presented in a simple accounting system.

No significant accounting failures affected 2019 year financial results were worked out. Anyway minor faults have been all corrected, of course.

Due to the system of issuing invoices from the preliminary nomination 6 450 EUR of anti doping fee and 7 740 EUR of participation fee have been collected from lifters who did not participate in the competitions in 2019. For this reason, the European region pays more to the IPF anti-doping fund than other regions.

On the basis of the audit we can confirm as follows:

The presented financial result is correct, it is based on accounting and it does correspond with the bank statements as in 31.12.2019. Within 31.12.2019 the current bank account status is 30 003,49 EUR and similarly, the saving account status within 31.12.2019 is 149 996,50 EUR, as well.

Last but not least we would like to thank Mr. Xavier de Puytorac for his hard work.

We wish you all a successful Congress.

6) Secretary General Report

Dear Delegates, ladies and Gentlemen

Welcome member nations to the 2020 General Assemble, a big welcome to the EPF new family member Malta Powerlifting Federation, the European Powerlifting Federation continue to work hard in the development of Powerlifting in Europe. I'm pleased to report we had another very successful year, however this in turn increase the demand on the EC board daily duties.

European championships

Many thanks to all organizers of European Championships the standard is getting higher and higher each year. Now EPF organizer eight championships with the University Cup to come in 2020 we're finding it difficult to attract organizers, to try and reduce the number of championships and Cups the EC may have to combine some equipped and Classic championships. Due to the continue high number of athletes nominated for the European classic Open, Junior and Sub-Junior the EC decided from 2023 to split it into Junior and Sub-Junior in October and Open in December. EC will introduce a new procedure for Opening Ceremony each nation will be presented in alphabetic order by their nation flag with a representative picture on a big screen together with the speaker announcement this is because we're finding it difficult to get nations to send representative for the opening ceremony. From 2021 we will develop an EPF speaker pool to ensure each championships and Cup have good quality speakers. Addition to the victory ceremony procedure the speaker will announce each athlete with their placing the athlete will make a step forward in acknowledgment

EPF strategic plan

EPF strategy plan 2019 to 2021 has been updated as our working document to bring the sport forward. **Mission**, to Introduce European University Cup in powerlifting in 2020 achieved, seek partnership with EUSA European University Sports Association ongoing, Work to include powerlifting into European Games ongoing.

Marketing

The EPF executive in cooperation with the EPF media team Eric Rupp and Richard Haywood have been working on a strategy to attract more sponsors. We're still looking for companies to come into dialogue to try to develop a range of different sponsorship deals. All members are encouraged to help find new sponsors to enhance the development of our great sport. The EC asked all member nations to please complete their yearly National Statistics this is very important for the EPF when discussing sponsorship with potential sponsors

EPF Media

The media team is working hard to increase the EPF present on social media also work with organizers to ensure European championships are represented on social media sites. High quality livestream continued to raise the profile of the sport to the general public from 2018 to 2019 it is more than doubled. 2 387 547 load downs in 2019 is a huge number. This proves that our audience is by streaming and not in the competition venue. You Tube has in 2019 the number of 327 036 hits while Facebook has 2 060 511 hits congratulation to the EPF media for the great work they are doing to promote the sport. From 2020 Goodlift will livestream with one or two cameras with the speaker as the commenter all other championships and Cups not high-quality livestream by Viva TV.

Sponsors

My thanks to all our sponsors, our sport cannot operate without your support, I hope you will continue to support us during 2020

I would like to thank President Arnulf Wahlstrøm for his leadership to continue to make the European Powerlifting Federation the leading Region of the IPF, thanks also to my EC colleagues for their outstanding hard work during 2019.

Thanks, all Referees, Officials, Athletes, Coaches, Volunteers for your great work during 2019.
May I wish you all a very successful General Assemblé

Ralph Farquharson, EPF Secretary General

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7. Vice President Report.

Dear Members Delegates,

As Vice President I have had the honour and the privilege to cooperate with the other Members of the Executive. This cooperation has resulted in the exchange of numerous and daily email in order to optimize the operation of our sport and democratic life.

As general appointment I check the hotel rates for every European Championships.

I was present as EPF Officials in 2019 in the following European Championships:

- Open Powerlifting (Pilsen-Czech Republic);
- Masters Powerlifting in Sibiu (Romania) and I was there in charge to coordinate a meeting with the Romanian Antidoping Agency.

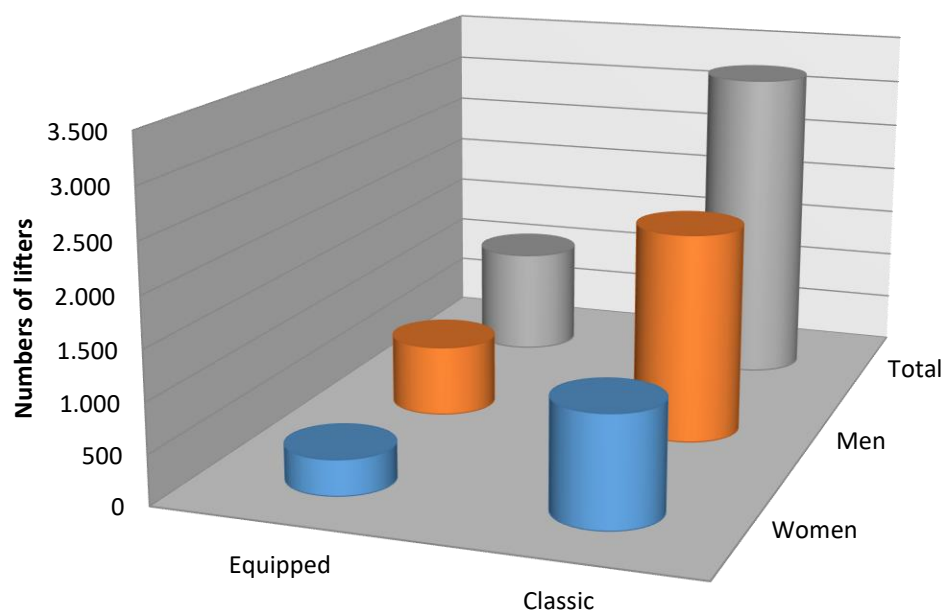
Moreover, I am collecting:

- the National Championships Reports sent by all Nations.
- the number of Members (women and men) and number of clubs report sent by all Nations;
- the monthly calendar of National championships to be published on the EPF website.

You can find the statistics below.

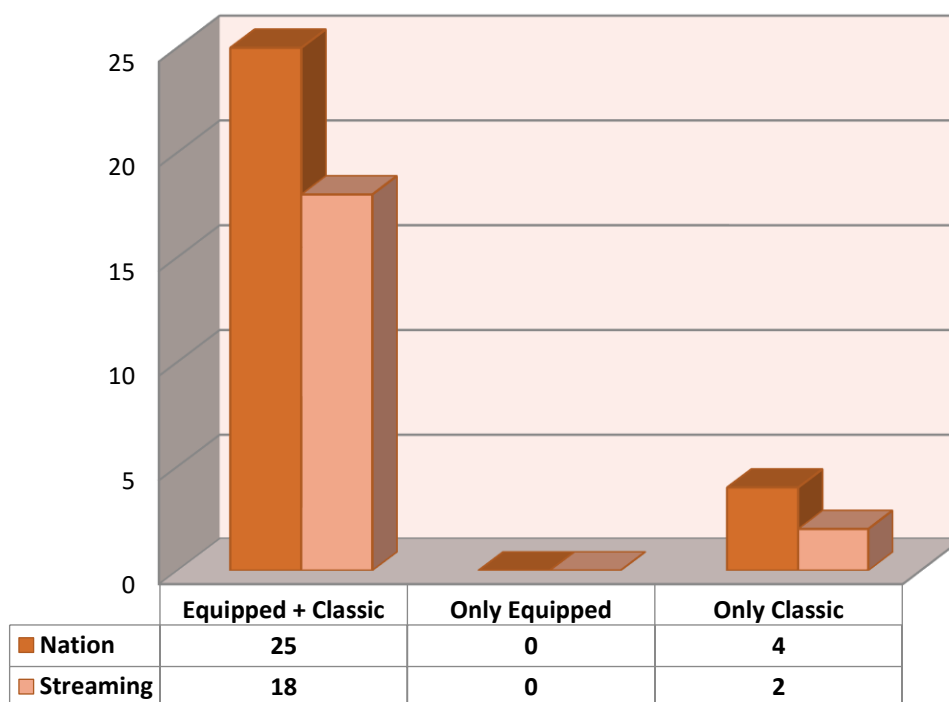
On the basis of the National Championships Report sent by 29 Nations out of 35, the EC of the EPF shows the followings statistics.

Distribution of lifters in type of competitions

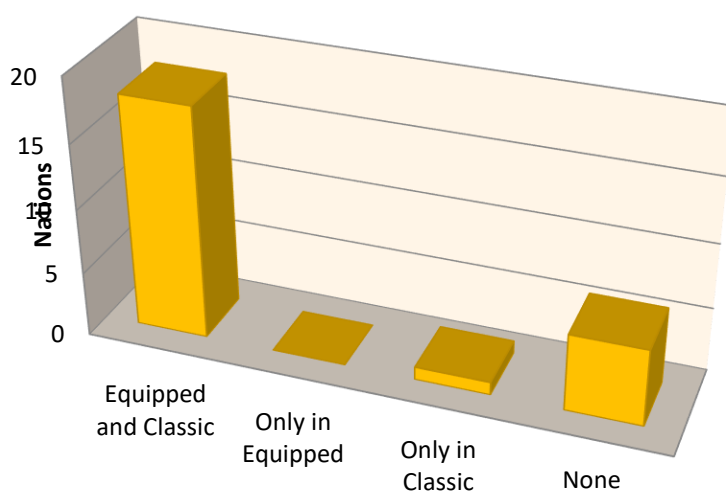


	Equipped	Classic
Women	363	1.104
Men	717	2.117
Total	1.080	3.221

Nations and Streaming



Streaming in Nations with Equipped and Classic Competitions



	Equipped and Classic	Only in Equipped	Only in Classic	None
Streaming	18	0	1	6

Clubs and Members General Report

On the basis of the National Report sent by 27 Nations out of 35, the EC of the EPF shows the followings.

TOTAL NUMBER OF MEMBERS AND CLUBS			
N°OF MEMBERS			N° OF CLUBS
N° WOMEN MEMBERS	N° MEN MEMBERS	TOTAL	
29.965	86.503	117.872	1.933

Note: the total of 117.872 does not reflect the sum of (29.965+86.503=116.468) because some Nations did not sent the distribution between women and men.

At this stage we have sufficient data to compare the years 2017-2018 and 2019.

Table 1 shows the general data regarding Clubs and Members, declared by the Nations:

Table 1

Year	N° Clubs (a)	N° Women Members	N° Men Members	Total (b)	N° Nation sending data
2017	2.301	17.703	64.164	105.748	24/34
2018	1.712	27.727	71.422	96.649	24/35

2019	1.933	29.965	86.503	117.872	27/35
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- (a) The big decrease of number of clubs is due, maybe, to a more analytic internal statistics made by each nation
- (b) Some Nation sent only the total of members without any specification

Table 2 shows the data regarding the type of competition organized by Nations and if the streaming is set up:

Table 2

Year	Nation organizing equipped and classic competition	Nation organizing only equipped competition	Nation organizing only classic competition	Streaming	N° Nation sending data
2017	21	1	5	18	27/34
2018	24	0	5	18	29/35
2019	25	0	4	20	29/35

Table 3 shows the lifters participating in National Equipped or Classic Powerlifting competition and the percentage of these total compared with the total of members indicated in Table 1:

Table 3

Year (a)	National Equipped Competition			National Classic Competition			Percentage of Total lifters/total members
	N° Women	N° Men	Total	N° Women	N° Men	Total	
2017	414	894	1.308	901	2.093	2.994	4,07%
2018	514	1.651	2.165	1.761	4.157	5.918	8,36%
2019	363	717	1.080	1.104	2.117	3.221	3,65%

- (a) In 2017 and 2018 EPF asked for the number of lifters participating in qualification and final powerlifting national championships. For 2019 only final.

As you can note these tables show a very large differences year by year, may be due:

- To a different number of Nations sending data;
- To a different system of registration by the Nations of the various data requested by the Executive of EPF.

In any case these studies could give a general overview of the status of our sport in Europe. May be in the next two years we should have a stabilization of these data.

I express my displeasure to the Danish Powerlifting Federation for the cancellation of the 2020 Europeans, but in this hard situation of the pandemic, no other solution would have been possible.

I wish to you all, to your parents all and to your Nations to be not involved in this drama.
Stay safe!

Sandro ROSSI Vice President

8. Committee Reports.

- Auditor Committee Report

See chapter no. 5

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- Technical Committee report.

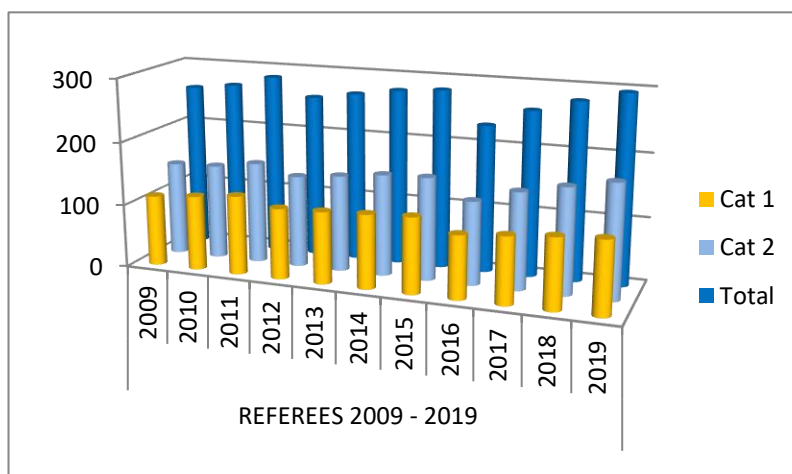
TECHNICAL COMMITTEE REPORT to Congress 2020

First of all, congratulations to the referees who passed their exams in 2019 and also thanks to the examiners. All successes have been published in the EPF Newsletter. For the EPF it is very important to have more referees participating in the championships. Without referees, no championships are possible.

In 2019, I have had the opportunity to assist at many international championships, European and World, and I have tried to accomplish my task on the best possible manner.

European referees in 2019

2019	Category			Total
	Cat 1	Cat 2	R1	
Europe	114	180	2	296
Female	19	42	1	62
Male	95	138	1	234
Total	114	180	2	296



The Technical Meeting prior to a championship is designed to inform all of the officials, coaches, managers etc, and all the overall procedure for the forthcoming days of the meet. It plays a major part in any successful championships.

It is surprising at times when so few people turn up. Many feel that the naming of nominations, the bus timetable, and the time and price of the banquet are the only considerations. Not so !

There are many other important issues during the Technical Meeting that may be explained e.g. legality of equipment, rule anomalies, referee-jury duties...

The EPF EC has been focussed, together with the IPF EC and all TC's members, on the Technical Rules for made them more understandable and we continued to work for you all.

Any change will need to be a proposal to the IPF Congress and if past will be well published.

With thanks to everyone who has already cooperated to this.

We shall continue to take the initiative and proactive approach working for the interests of our powerlifting family.

All the best to the Danish Federation with the Men and Women's European Equipped Powerlifting Championships.

Kind regards.

Myriam Busselet, EPF Chairwoman Technical Committee

- Law & Legislation Committee report.

Dear Delegates of member federations,

The Committee consists of two members from May 2019; Tero HYTTINEN (Chairman) from Finland, and Patrik THUR (Member) from Sweden. Until end of April chairman was Jari RANTAPELKONEN from Finland.

The EPF Law and Legislation Committee duties are ordered in the EPF Constitution and By-Law documents. The four basic tasks are:

- Shall receive any proposals regarding Constitution and By-Law documents of the EPF from member nations within the proper time frame, evaluate accordingly and suggest to the EPF Executive Committee alternative courses in action
- Shall serve as the parent committee in further amending the Constitution and By-Laws
- Is responsible for updating the Constitution and the By-Laws
- Shall study the Constitutions of new applicant nations and report the results to the Secretary General.

The latest activity year has included three main events affecting to the contents of the EPF Constitution and By-Laws. They are IPF Extraordinary General Assembly held 10th June 2019 Helsingborg Sweden, IPF General Assembly held 17th November 2019 in Dubai, UAE, and EPF General Assembly held in 27th April 2019 in Pilsen, Czech Republic. Also, EPF EC held February 2019 in Alicante, Spain a fruitful meeting to discuss important issues of rules to further develop.

The co-operation between the Committee and the other EC Members and committees has been done in extremely good spirit and been very professional.

The work the current committee members have done is also based on previous, excellent work done by many. Without great humble work of these volunteers' the EPF Constitution and By-Laws should not have been in such a high standard level as it is in nowadays.

Thank you very much for the valuable work indeed. Also, the L&L Committee would like to thank all the members of EPF EC for their contribution for the taking the EPF step by step forward in making best for the current status and future of powerlifting.

The L&L Committee wishes all the best to all the organizers of the European Championships. We wish full of energy for all the lifters, coaches, referees, officials and volunteers making powerlifting forward especially in this challenging situation which we are now living with covid-19 pandemic.

We wish you all good health and better future when we can start our sport again in full speed after these restrictions we are just now having.

Tero Hyttinen (Chairman), and Patrik Thur (Member)

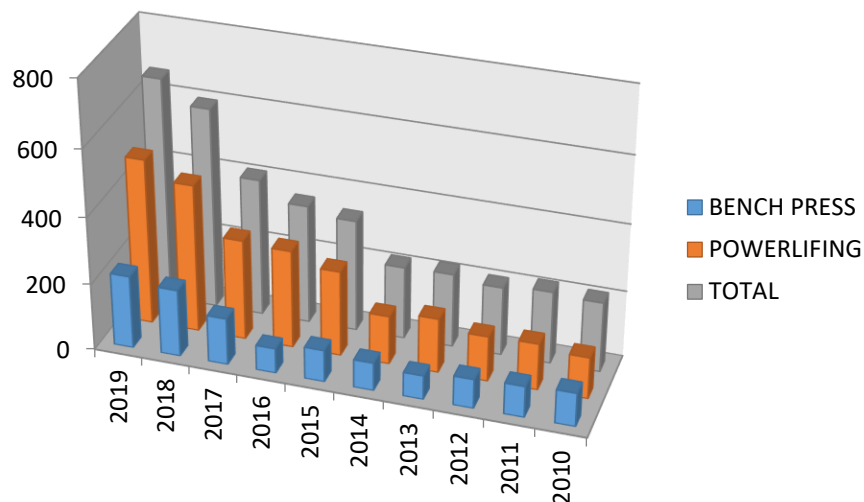
- Women's Committee Report

Dear Delegates and Member Federations,

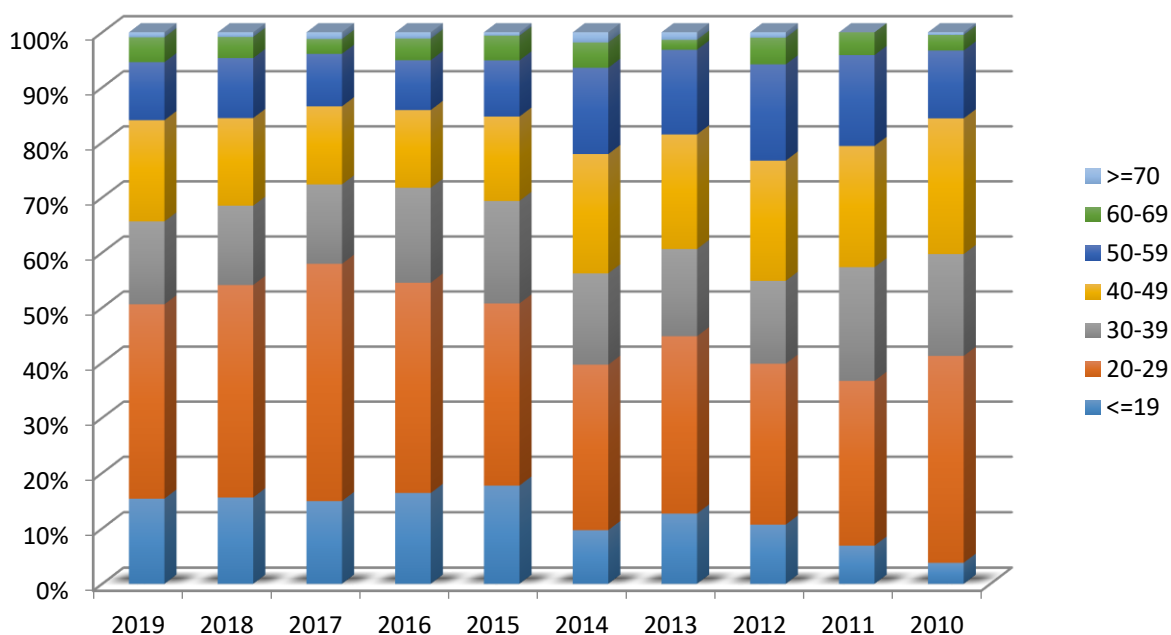
As usual in the EPF website, following the link "About EPF - Women's Powerlifting", you can find the statistics for the period 2000-2019 concerning the participation of female lifters in Powerlifting and Bench Press Competition and also the distribution by Nation, with special focus of last ten years.

In particular, the trend of the last ten years is shown in the following charts.

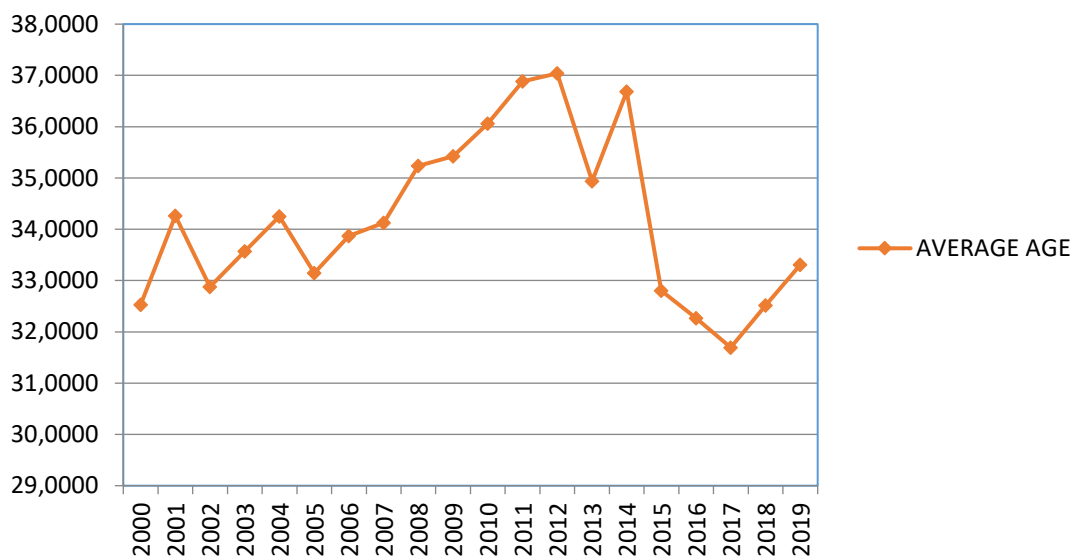
Number of female lifter:



Distribution for age class:



Trend of the average age in the period 2000-2019:



Reading these statistics we can observe an increase of female lifters for the fifth consecutive year.

We can also observe a further increase in young lifters even if the average age remains almost constant, a sign that the increase is also recorded for more mature athletes.

In this tragic period for the whole world, I hope to see you again soon, to be able to live together again the emotions that our magnificent sport can give us.

Maria Pia Moscianese – EPF Women’s Committee Chairwoman

- EPF Championship Secretary Report.

In the past years the number of European and World championships and cups have increased significantly. There are one or two European or World Championships every month, and from 2020 the European University Cup is added to the list.

The task of the Championship Secretary is to ensure that major international events do not collide. If necessary, sanction may be refused in order to achieve an orderly calendar. With the increase in international events collisions between IPF and EPF championships are difficult to avoid.

The number of participants at the competitions, coaches and above all the need for referees have increased considerably. I would like to thank all officials for their effort and willingness to participate in this demanding and important function.

Getting a sufficient number of referees at the European Junior and Master Championships have been a problem. I would like to ask representatives of all European member federations to help us solve this problem.

Willingness to organize the championships are of great importance to the sport. I would like to thank the organizers for the important job they are doing for the sport and for the cooperation with the Championship secretary in 2019 and so far in 2020.

A few nations have unfortunately missed the Technical Meetings. The championship secretary underlines the importance of participation at these meetings. If a representative of a participating nation is absent from

the Technical Meeting the Championship Secretary must be informed in advance. The confirmation of absence from the Technical Meeting must be sent between the date of the final nomination and the start of the Technical Meeting. The confirmation must also include final changes in the list of referees and the final nomination.

The nomination of lifters and officials to European championships should be received by the Championship Secretary with a copy to the Meet director. Currently this is done by sending the Team nomination forms in a Word-file to the Championships Secretary and to the organizer by mail. The same data have to be inserted into the Goodlift nomination online program on internet. This represent an unnecessary double reporting. From 2021 we plan to use the Goodlift system as the only system of nomination of lifters and officials to European championships.

Bjørn Astad Championships Secretary and Jiri Championships Secretary assistant

9) Election.

No election 2020.

10) Proposals. **All proposals are postponed to the 2021 GA.**

- **105.7. Obligatory to stay in the meet hotel.** (from EC))
All athletes, coaches, referees or officials from each federation must stay in the official hotel for all days in attendance of the championship. *Accreditation is issued in accordance with the number of hotel booking days.*
If athletes, coaches, referees or officials do not stay in the official hotel, they will be obliged to pay an administration fee of 100€ per person to the organizer. Failure to comply will have the effect they will not receive accreditation and will be excluded from that championship.
All room bookings must be done *by the National Federation* through the meet director

Reason: To follow IPF rules.

- **103.2** (from EC)
...The participating national federations shall pay a doping test fee of EUR 50 for each lifter entered and declared at the ~~preliminary~~ **final** entry form. In addition to the doping test fee, participating national federations shall pay a participation fee of EUR 90 per lifter for each lifter entered and declared at the ~~preliminary~~ **final** entry form.

Reason: To follow IPF rules.

- **105.5.2** (from Slovak PF)
A national federation taking part in European championships and cups shall pay the EPF doping test fee and the participation fee for each lifter nominated and entered on the ~~preliminary~~ **final** entry form. No such fees are to be paid for nominated reserve lifters.

Reason:

At the moment the current rule is in conflict with the IPF constitution, causing problems to both, member federations and the athletes themselves, as well.

- **105.6** (from Slovak PF)
Actual version

Representation at the Technical Meeting.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation.

New proposed version

105.6 Representation at the Technical Meeting.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation was not present at the Technical Meeting prior to the European championship and there were any changes in his/her final nomination whilst EPF Championship Secretary was not informed about any changes for his/her federation's lifters nomination (by an e-mail or a phone) then the concerned national federation is to be charge by a fine of 250 Euro.

Reason:

As any competitor's transition to a different weight class is not allowed after the final nomination, the technical meeting only deals with problem of eventual competitor's absence.

It is pointless to penalize those federations that although have no changes in the final nomination only failed to report their absence at the technical meeting to the EPF championship secretary.

- **105.6 (alternative wording from EC if Slovak PF's proposal is accepted)**

Representation at the Technical Meeting.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation **if there are any changes in the national federation's nomination.**

- **101.3 (from EC).**

To add at the end:

Constitutional and By-Law's changes accepted by the General Assembly are effective from 1. January the following year if not otherwise stated by the General Assembly or in the Constitution & By Laws.

Reason: This has been the procedure all years in EPF and IPF but not written in the Const. or BL.

- **105.13.(from EC)**

. If a referee(s) from that nation is not present or, if present, is not available to act in the capacity of either referee or member for jury at least two days during the championship/cup, the lifters are allowed to take part, but a fine of Euro ~~500~~ **1000** has to be paid by the nation for each missing referee...

Reason: EPF needs referees to attend European championships. The level of the fine should stimulate the federations to send referees instead of paying the fine.

11) New Member Applicant

Malta PA. Accepted by IPF.

EPF Member Nations

	Full Members		Full Members		Suspended members
1	Armenia	20	Latvia		**Azerbaijan
2	Austria	21	Lithuania		**Moldavia
3	Belarus	22	Luxembourg		**Montenegro
4	Belgium	23	Malta		**Portugal
5	Bulgaria	24	Netherlands		
6	Croatia	25	Norway		
7	Czech Republic	26	Poland		
8	Denmark	27	Romania		
9	Estonia	28	Russia		
10	Finland	29	Serbia		
11	France	30	Slovakia		
12	Germany	31	Slovenia		New Applicants:
13	Georgia	32	Spain		
14	Great Britain	33	Sweden		
15	Greece	34	Switzerland		* = Not paid membership
16	Hungary	35	Turkey		
17	Iceland	36	Ukraine		** = Suspended
18	Ireland				
19	Italy				

12) Action on Delinquent Nations

None.

13) Hall of Fame.

Appointed by EPF EC:

Inna Orobets, UKR

Antti Savolainen, FIN

Klaus Brostrøm, DEN

Congratulation!

EPF Hall of Fame history.

Year	Official	Female lifter	Male lifter
1993	Heiner Köberich, GER	Claudine Cognac, FRA	Jarmo Virtanen, FIN
1994	John Moody, GB	Judy Oakes, GB	Eddy Pengelly, GB
1995	Arnulf Wahlstrøm, NOR	-	Victor Naleikin, UKR
1996	Vic Mercer, GB	Audhild Hansen, NOR	-
1997	Arnold Boström, SWE	-	-
1998	George Legget, GB	Dagmar Wang, AUS	Kenneth Mattsson, SWE
1999	Kalevi Sorsa, FIN	Anna-Liisa Prinkala, FIN	-
2000	Henk Kaiser, NET	Natalia Rumyantseva, RUS	Leopold Krendl, AUS
2001	-	-	Wym Elin; BEL
2002	Ralph Farquharson, GB	-	-
2003	Jiri Hofirek, Czech Rep.	Cecile Jamin, France	-
2004	Myriam Busselot, Belgium	-	-
2005	Pavol Müller, Slovakia	-	Andy Kerr, GBR

2006	-	Inger Blikra, Norway	-
2007	-	Antonietta Orsini, ITA	-
2008	-	Raija Jurkko, Finland	-
2009	-	-	Jaroslav Olech, Poland
2010	Dietmar Wolf, NOR	-	-
2011	Alain Hammang, Lux	Ielja Strik, NET	Anibal Coimbra, Lux
2012	-	-	-
2013	-	-	Jan Wegiera, POL, Dariusz Wszola, POL
2014	-	-	-
2015	Sandro Rossi, ITA	Märvi Särkiä, FIN	Kenneth Sandvik, FIN
2016	-	Riitta Sundvall Liimatainen, SWE	Patrik Turesson, SWE
2017		Eila Kumpuniemi, FIN	Ruso Karel, CZE
2018	-	Heidi Hille Arnesen NOR	Phillip Richard GBR
2019	Gaston Parage, LUX	Valentina Nelyubova RUS DSQ	Hassan El Belghitti FRA
2020	Klaus Brostrøm, DEN	Inna Orobets, UKR	Antti Savolainen, FIN

14) Bids and confirmation on Future Championships.

2020 (given)

European University Cup	Classic	PL	25-29 February	Merignac, France
European Masters	Classic	PL	9-14 March	Albi, France
European Open/Jun./S.Jun.	Equipped	PL	4-9 May	Thisted, Denmark Cancelled
European Masters	Equipped	PL	1-5 July	Pornainen, Finland Cancelled
European O/M/J/SJ	Classic	BP	6-9 August	Vilnius, Lithuania Cancelled
Western European	Equ/Clas	PL	11-13 September	Njardvik, Iceland
Arnold Classic Europe	Equ/Clas	PL/BP	September	Sevilla, Spain
European Open/Masters/Jun.	Equipped	BP	15-18 October	Ekaterinburg, Russia
European Open/Jun./S.Jun.	Classic	PL	27 Nov.- 6 Dec.	Warsaw, Poland

2021 (given)

European Masters	Classic	PL	9-14 March	Kaunas Lithuania
European University Cup	Classic	PL	24-28 March	
European Open/Jun./S.Jun.	Equipped	PL	3-9 May	Minsk, Belarus
European Masters	Equipped	PL	7-11 July	Pilsen Czech Republic
European O/M/J/SJ	Equ/Clas	BP	3-8 August	Pilsen, Czech Rep.
Deadlift Cup	Classic	DL	20-22 August	St. Zenone al Lambro, Italy
Western European	Equ/Clas	PL	9-12 September	Hamm, Luxembourg
Arnold Classic Europe	Equ/Clas	PL/BP	September	
Danube cup	Equ/Clas	PL	25-26 September	
European Open/Jun./S.Jun.	Classic	PL	3-12 December	

2022. (given)

European Masters	Classic	PL	8-13 March	
European University cup	Classic	PL	23-27 March	Hamm, Luxembourg
European Open/Jun./S.Jun.	Equipped	PL	2-8 May	Bratislava, Slovakia
European Masters	Equipped	PL	6-10 July	
European Open/Mast/Jun./Sj	Equ/Clas	BP	2-7 August	Győr, Hungary
Deadlift Cup	Classic	DL	19-21 August	St. Zenone al Lambro, Italy
Western European	Equ/Clas	PL	9-11 Sept.	Aulnat, France
Arnold Classic Europe	Classic	PL/BP	September	
European Open/Jun./S.Jun.	Classic	PL	2-11 Dec.	Pilsen, Czech Republic

2023. (bid) Please send bids to the GS Ralph Farquharson ralph@europowerlifting.org

European Masters	Classic	PL.	7-12 March	
European University cup	Classic	PL	16-19 March	
European Open/Jun./S.Jun.	Equipped	PL	1-7 May	
European Masters	Equipped	PL	5-9 July	
European Open/Masters/Jun.	Equ/ Clas	BP	1-6 August	
Deadlift Cup	Classic	DL	18-20 August	
Western European	Equ/Clas	PL	8-10 Sept.	
Arnold Classic Europe	Classic	PL/BP	September	
European Jun./S.Jun.	Classic	PL	10-15 Oct.	
European Open	Classic	PL	6-10 Dec.	

PL = Powerlifting Championships BP= Bench Press Championships DL = Deadlift

15) Any other Business.

16. Adjournment.

To all member federations:

Please send “YES” or “NO” if you accept or not this GA agenda/report to SG Ralph Farquharson ralph@europowerlifting.org

within 28 May 2020.