



European Powerlifting Federation

General Assembly 2018.

Minutes of the EPF General Assembly 2018

Updated 20/5/2018

Date: Sunday 5th May 2018

Place: Parkhotel Congress Centre, Pilsen, Czech Republic

Start: 19.00

Delegates:

Full members

Austria, Belgium, Belarus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Great Britain, Hungary, Iceland, Italy, Luxembourg, Netherlands, Norway, Poland, Russia, Slovakia, Spain, Sweden, Ukraine,

Total 22 - Hungary arrive late

EC members

Arnulf Wahlstrøm, Sandro Rossi, Linda Høiland, Jiri Hofirek

Total 4

****Total Votes 26****

Dietmar Wolf (NOR) and Pavol Müller (SLOV) count the votes.

Ralph Farquharson (ESP) write the Minute

Arnulf Wahlstrøm (EPF President) lead the GA

AGENDA.

- | | |
|---|---------------------------------|
| 1. Welcome by the President and the Meet director | Arnulf Wahlstrøm , |
| 2. Roll call of Nations and Delegates..... | Ralph Farquharson |
| 3. President's address..... | Arnulf Wahlstrøm |
| 4. Minutes of the last General Assembly. | |
| 5. The Account with the balance sheet. | |
| Treasurers report..... | Linda Høiland |
| Auditors report..... | Pavol Müller and Thomas Högberg |

- Approval of budget for 2018..... Linda Hoeiland
6. Secretary General report..... Ralph Farquharson
7. Vice President report..... Sandro Rossi
8. Committee Reports:
- Technical Myriam Busselot
 - Law and Legislation Jari Rantapelkonen
 - Finance....(see Auditors report)..... Pavol Müller and Thomas Högborg
 - Women's Maria Pia Moscianese
 - Championship Secretary Jiri Hofirek
9. Elections : Elect EPF Treasurer
10. Proposals
11. New member Applicants
12. Action on Delinquent Nations
13. Hall of Fame
14. Bids and confirmation on Future Championships
15. Any other Business
16. Adjournment

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- Technical meeting with team nominations and technical details after the General Assembly.

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3) President's report.

Welcome.

On behalf of EPF I wish delegates and guests welcome to the 2018 General Assembly.

I want to thank the meet director Vladimir Mati and CPF President Miroslav Vacek, for again inviting us to Pilsen! I am looking forward to a pleasant stay and a well organised championship - as it always use to be in the Parkhotel Plzen.

General status.

The impression by the EPF board is that most of the 34 member federations have a good administration and they co-operating well with the EPF administration. We also see an increased activity of more lifters competing at European championships, which also correlate with the increased number of European championships. I am also pleased to see an increase in the standard of the organization of European championships. The federations put a lot of work and money into the organizations to provide best possible conditions for our lifters.

Awarded European Powerlifters 2017.

It is a high standard on European lifters and the very best at European and World Open according to Wilks points are honoured **European Powerlifters of the year**.
Awarded lifters 2017:

*Equipped division: **Marte Elverum from Norway** and **Volodymyr Svistunov** from Ukraine.*

*Classic division: **Olga Golubeva from Russia** and **Krzysztof Wiebicki** from Poland.*

Congratulation!

European Championships 2017.

A lot of hard work and good planning created European championships of good technical and social standard in 2017. Statistics show that all together 1359 (*1083) lifters took part in European championships in year 2017.

European championships 2017 were organised in:

- Malaga, Spain. PL. Open/Jun/SJun. equipped 131(*125) Men and 95 (*97) Women

• Thisted, Denmark .	PL.	Open/Jun/S.Jun classic	230 (*215) Men and	140 (*143) Women
• Pilsen, Czech. Rep	PL.	Masters equipped	129 (*115) Men and	34(*37) Women
• Ylitornio, Finland	BP.	O/M/Jun/SJun classic	186 (-) Men and	89 (-) Women
• La Manga, Spain	BP.	O/M/J equipped	129 (169) Men and	34 (78) Women
• Trencin, Slovakia	PL.	Danube Cup (equip./clas.)	19 (**21) Men and	10 (11) Women
• Hamm Luxembourg	PL.	WEC (equip./clas.)	59 (*64) Men and	49 (*40) Women

* = numbers in 2016.

**= numbers in 2015

Antidoping.

In year 2017, EPF made 131 (120 in 2016) doping tests at European championships. This means that about 10% of all lifters were tested. 1 lifter tested positive - and have received a suspension of 4 years.

IPF focus now on Out of competition testing as instructed by WADA because this kind of testing can be done at any time throughout a year independent of championships. EPF will continue to make tests at European competitions and focus on record setters, medal winners and random tests .

1 positive in 2017 is a low number, but the only acceptable result in the future is 0 positive. Fair play should be in focus for all our members.

I encourage lifters, coaches and officials to join the anti-doping seminars organized in conjunction with EPF and IPF championships.

High standard of European lifters.

EPF is one Region of total 6 IPF Regions and European lifters won more than 50% of the medals in World championships in 2017 and 14 out of 24 medals at the World Games 2017. This high level is a result of hard work by the athletes but also a big credit to European coaches and training systems as well as the leadership in national clubs and federations. You should all be very proud of this success!

Strategic planning.

The Executive board has every year worked out GA proposals and made up documents and routines to improve the organisation of powerlifting in Europe and to prepare for the future.

The document named "**Strategic plan**" was introduced in 2016 and updated at the last year GA.

In this document the federation's views and plans for the future are included and helps us to work towards common goals. This document will be our guide-line for the coming years and small updates (2018-2021) are proposed at this GA as well.

Marketing strategy.

The Executive members, in co-operation with Eric Rupp and Richard Haywood, work to line out all information needed to present EPF as an attractive partner for sponsors and collaborators.

Such information are necessary because any sponsor must know what benefit his company will get from EPF if he put money or recourses into the federation. Any sponsor looks at how he can get his investments at least double back.

The most powerful arguments for EPF is the high numbers of watchers at the quality streaming and You Tube videos on demand and the many followers at Facebook and Twitter. Sponsor logos or advertising videos in connection with the streaming reached in 2017 371.000 visitors at the streaming and copies loaded down from You Tube and 17.100 face book followers.

The Executive invites members to join the Marketing committee. We are sure that among all our members there are clever people with high knowledge of marketing.

Please support our efforts to grow EPF into a strong federation and contact the Executive if you are willing to help!

Sponsors.

The strong support from our sponsors in donated materials and economic contribution strongly helps EPF to support our organizers and maintain the high activity we have to bring powerlifting forward. Our goal is to bring EPF up to the level of Olympic recognized sports.

A big thank you to Eleiko, SBD, ER Equipment, Titex, Leoko and MaxRep!

Thanks to the EPF Officials.

The administration and daily workload to run EPF are increasing from year to year. EPF officials are doing a great voluntary work to keep up everything. Some officials have more or less a full time work with EPF matters.

No federation or company is better than the people doing the work and I am proud to state that EPF has dedicated and hardworking officials that cooperate very well in the administration team and also cooperate well with our members.

Thank you very much to the Executive Board members Linda Hoeiland, Ralph Farquharson, Jiri Hofirek, Myriam Busselot, Sandro Rossi and Jari Rantapelkonen as well as all EPF officials in various committees - you do a great work to run and administrate EPF!

Oleksander Kopaev is our employed Computer Secretary and works tireless at every European championship. His efforts on computer programming and competition registration is a great part of running perfect organized championships. A big thank you to "Sacha"!

Anatoliy Stetsenko is the EPF Registrar and sorts out the record lists and issues record diplomas to every record setter. This is quite a comprehensive and time-consuming work. Thank you very much!

Good luck.

I hope we will have useful discussions and make good decisions at this General Assembly and I wish you all a successful European Open/Junior/S.Junior Equipped Powerlifting Championships 2018.

Arnulf Wahlstrøm, EPF President

Report Accepted: Unanimously

4) Minutes of the last Congress.

The Minutes can be loaded down from the EPF web.

<http://www.europowerlifting.org/about-epf/general-assembly-congress/>.

No remarks have been received.

No remark

5) EPF Account 2017 (All values are in Euro)

Treasurer Report 2017

05.03.2018

The summary of the last ten years of bank account movements is shown in the following listing:

The following financial evolution in the EPF accounts stands (for the last ten years):

2008	84.106,17 Euro	(EPF business account 1.906,50 + EPF savings account 82.199,67)
2009	84.144,37 Euro	(EPF business account 969,22 + EPF savings account 83.175,15)
2010	92.326,16 Euro	(EPF business account 526,26 + EPF savings account 91.799,90)
2011	97.653,30 Euro	(EPF business account 206,01 + EPF savings account 97.447,29)
2012	90.050,38 Euro	(EPF business account 53,25 + EPF savings account 89.997,13)
2013	92.155,65 Euro	(EPF business account 50,45 + EPF savings account 92.105,20)
2014	94.910,66 Euro	(EPF Business account 1713,20 + EPF savings account 93.197,46)
2015	94.085,32 Euro	(EPF Business account 264,87 + EPF savings account 93.037,46)
2016	111.290,01 Euro	(EPF Business account 18.243,56 + EPF savings account 93.046,45)
2017	140.549,22 Euro	(EPF Business account 26.594,67 + EPF savings account 113.954,55)

The EPF accounting has been done based on a double entry accounting system, which gives a good presentation of the income and cost related to the activities in year 2017. The movements of the two EPF accounts are shown in the top overview so it should still be easy to read the amount belonging to the EPF accounts at the year end. The benefit of a double entry accounting system is to separate income and cost related to one year of activities. This makes it easy to compare the actual cost and income to the budget of the specific year.

In the *Balance* below, you will find numbers for 31.12.2017 compared to 31.12.2016. The balance gives an overview of the global financial situation for the EPF by end of 2017. Here the amounts of money on the two EPF bank accounts are shown, and outstanding payments from participation fees related to 2017 are accounted for as *Total receivables* (see notes for details). No expenses related to 2018 has been paid in 2017, shown as *Total pre-paid expenses* for 2016 (see notes for details). Left over from anti-doping fees from result 2017 are transferred to the *Anti-doping fund* (see notes for details). Outstanding payments related to 2017 are listed as *Short term not interest-bearing liabilities* (see notes for details).

Balance - Global financial situation - EPF			
Note	Assets	31.12.2017	31.12.2016
	Business account LU300019205559571000	26 594,67	18 243,56
	Savings account LU430019651241234000	113 954,55	93 046,45
1	Total receivables	3 720,00	3 078,60
2	Total prepaid expenses	-	441,79
	Total assets	144 269,22	114 810,40
	Equity and liabilities	31.12.2017	31.12.2016
	EPF - capital	116 429,12	102 551,90
3	Anti-doping fund	13 675,86	11 516,50
4	Advanced payment of 2018 fees	300,00	-
5	Short-term not interest-bearing liabilities	13 864,24	742,00
	Total equity and liabilities	144 269,22	114 810,40

The income statement for 2017 is shown below. All income and cost related to the 2017 activities are included (see notes for details). The result for 2017 is compared to the budget for 2017. As agreed at the 2017 general assembly the left-over money from anti-doping fees should be set aside to future anti-doping campaigns or similar activities. For the result 2017 the left over from anti-doping fees has been transferred to the new anti-doping fund as can be seen in the balance (see also notes for explanations). This anti-doping fund can be used to cover future doping cost related to the EPF activities or to other special anti-doping campaigns according to our overall EPF strategic plan.

The income for 2017 is close to the budgeted amounts. There has been a reduction in late payment of participation fee/anti-doping fee. Please continue this positive trend and remember to pay the participation fee/anti-doping fees no later than the day before the technical meeting. The fees should be paid by bank transfer in due time to avoid the penalty fees.

In 2018 all invoices related to membership fees and participation fee/antidoping fees for the EPF championships and cups will be uploaded on the EPF website. The federations will get an e-mail with reference to the website to download the invoices. From January 2018 the participation fees will be based on preliminary nomination, and the amount will not be reduced even though the final nomination is lower than the preliminary nomination.

The EPF executive works hard to reduce cost and to get as much value as possible for the money spent on behalf of the EPF. For 2017 we see higher travel expenses and higher cost for EPF representation at the European championships than 2016. Due to increased number of competitions in 2018 and onwards, we should expect the travel costs to increase in the coming years.

Income statement 2017			
Note	Category	Result 2017	Budget 2017
	Expenses:		
	Bank Fees	147,13	250,00
6	Doping Costs including IPF/OCT	70 550,00	70 000,00
7	Flight/Travel Costs	15 943,21	16 000,00
8	Media and Marketing	53 125,34	54 000,00
9	Reimbursement Comp. Secret.	8 285,09	7 900,00
10	Reimbursement EPF Executive	13 200,00	13 200,00
11	EPF officials at European champ.	4 450,00	5 000,00
12	Other approved expenses, adm. cost	2 866,88	3 500,00
13	Sports Development	38 321,63	50 900,00
	Total expenses:	206 889,28	220 750,00
	Income:		
	Credit interests - savings account	-	50,00
14	Anti Doping Fees	70 550,00	70 000,00
15	Membership Fees	10 200,00	10 200,00
16	Participating Fees	84 720,00	84 000,00
17	Penalty fee (no Referee, late payment)	4 050,00	4 000,00
18	Sanction Fees	6 600,00	6 600,00
19	Sponsors	44 650,00	45 900,00
	Total income:	220 770,00	220 750,00
	Net profit of the year 2017	13 880,72	-

Notes to the closing of the EPF accounts 31.12.2017

1 Outstanding payment, PF/ADF 2017 - France	3 220,00	EUR
1 Outstanding payment, PRF 2017	500,00	EUR
2 No pre-paid expenses for 2018	-	EUR
3 Anti-doping fund. Left over from anti-doping fees - total	13 675,86	EUR
4 Pre-paid membership fee - Ukraine	300,00	EUR
5 Outstanding travel cost 2017, and transfer of OCT to IPF	13 864,24	EUR
6 Included - Transfer to IPF for OCT	20 000,00	EUR
6 Included - cost for streaming - antidoping interviews	5 000,00	EUR
6 Transfer left over antidoping fees to anti-doping fund	2 159,36	EUR
7 Including travel cost for EC workshop in 2017	5 409,54	EUR
8 Included Cost of high quality streaming from European Open and European J EUR		
9 Contract cost for 600 EUR/month + reimbursement of additional server cost etc.		
10 Allowance cost of fulfillment of EPF duty (internet, phone, office support etc.)		
11 Daily allowance cost of 50 EUR per day for EPF representatives		
12 Organiser plaque, other administrative cost		
13 Funding of equipment, + sponsor equipment (value EUR 30.900)		
14 Anti-doping fee 2017: 50 EUR per lifter (total 1 411 lifters)		
15 Membership fee 2017: 300 EUR per federation (34 member fed.)		
16 Participation fee 2017: 90 EUR, split 60 EUR to EPF and 30 EUR to organiser		
17 Include fees for not nominating referee and cash or late payment (after technical meeting)		
18 Sanction fees 2017: 1000 EUR - European champ. 400 EUR - WEC, 200EUR - Danube cup		
19 Sponsors 2017: Eleiko, Leoko, Titex, SBD, ER-Equipment, MaxRep		

Linda Hoeiland, EPF treasurer

Report Accepted: Unanimously

Provisional budget 2018 (Euro).

EPF provisional budget 2018	
	Provisional budget 2018
Category	Expences
Bank fees	250
Travel cost	17 000
Doping costs incl. OCT	85 000
Participating Fees (x lift.) 1700	51 000
Media and Marketing	69 600
Other approved expences - Administrative cost	3 500
Sport Development	42 900
EPF officials at European championships, including Media officer	7 300
Reimbursement - EC/EPF officials	15 600
Reimbursement. Computer Secr. (600EUR/month)	10 900
SUM	303 050
	Provisional budget 2018
Category	Income
Credit Interest	50
Doping fees	85 000
Membership Fees (34 nations)	10 200
Participation fees	153 000
Penalty (Referee Fees, Late payment Fee)	5 000
Sanction Fees	6 400
Sponsors	43 400
SUM	303 050
Balance	-

Linda Hoeiland, EPF treasurer

Report Accepted: Unanimously**Report from the Auditors Committee.**

Dear members of the EPF Congress,

Mrs.Linda Hoiland as a treasurer provided both, Mr. Pavol Müller and Mr. Thomas Högberg as auditors, with all accounting documents and bank statements as a basis to perform the audit. Thus, through Dropbox tool used the whole accounting system was available for an accounting records evaluation and a comparison of moves on bank accounts, as well.

Regarding the 2017 year, as it comes up from the analysis performed, the obtained financial results revealed no significant failures, then.

On the basis of the audit we can confirm as follows:

The presented financial result is correct, it is based on accounting and it does correspond with the bank statements as in 31.12.2017. Within 31.12.2017 the current bank account status is 26 594,67 EUR and similarly, the saving account status within 31.12.2017 is 113 954,55 EUR, as well.

As it is stated in the treasurers' report, at the moment the participation fees are based on preliminary nomination and the amount is not considered to be reduced even if the final nomination is lower than the preliminary nomination. Maybe this new system had not been clear to all delegates at EPF Congress 2017 in Malaga. Anyway, a bit later, at IPF Congress 2017 in Pilsen, proposal of the concern clearly did not pass through the vote, as only 10 out of total amount of 51 delegates voted for. Anyway, a new proposal on to return back to original/former system is to be placed since the new system might be inconsistent with Article 1.2.2 of the EPF Constitution.

Last but not least we would like to thank Mrs. Linda Hoeiland for her hard and very good work.

We wish you all a successful Congress.

Pavol Müller, Thomas Högberg
EPF auditors

Report Accepted: Unanimously

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6) Secretary General Report

Dear Delegates, ladies and Gentlemen

During 2017 EPF continue to be one of the main supporter of IPF with their fight for IOC recognition. The daily workload of the EPF executives is getting more demanding each year as more championships is added to the calendar. We're also working closely with our sponsors to support organizers of European championships with discount equipment and EPF sport development fund where organizers can apply for support, this is to ensure all European Championships organize at the highest level.

My thanks to all organizers of European championships during 2017 for the professional way the sport was presented

EPF strategic plan

The EPF strategy plan 2018 to 2021 to move the sport forward need the support of all member nations to fulfil this major document this must be our major goal for the future

Marketing

Marketing has been recognised as one of the weak area of our sport, we're delighted for the professional help of Richard Haywood from Viva TV and Eric Rupp we are now in the process of developing a marketing document to attract sponsors, however to attract new sponsors we're going to need the help of all member nations.

Powerlifting is on the verge of IOC recognition and once this becomes a reality it is anticipate an explosion in the sport, we must be ready to take full advantage

EPF Media

The EPF media team continue to work closely with organizers to produce media material and press releases to ensure each event receives full media coverage. We're also looking to stimulate more activities at our social media a cash prize will be awarded for the person posting the most interesting video clip at our Facebook fan page each month

Livestream

High quality livestream continue to break viewing records both on livestream and on demand the increase of different views on EPF YouTube channel **2016:** 246.314, **2017:** 371.024, increase on EPF Facebook page **2016:** 6.318, **2017:** 17.131. Each year Viva TV try to introduce new ideas to improve the quality of the livestream, for the 2018 season they are introducing a sponsor banner behind the commentators for interviewing athletes at the completion of each session

IOC recognition

IOC recognition continue to be high on the EPF list of priority in supporting IPF with the hard work they are doing to secure recognition for the sport. This cannot accomplish by just the IPF - all member nations must be willing to support the IPF to achieve this goal

Spotters at EPF championships

As the standard of lifting continue to increase so is the danger of injury. EPF has now asked all organizers to guarantee good quality spotters for all European championships, EPF recognised they have a duty of care to all their athletes

Sponsors

My sincere thanks for the support of all our sponsors during 2017, the sport cannot operate without your help, we hope for your continuing support during 2018.

Thanks to all Referees, Officials, Athletes, Coaches, and Volunteers for your fantastic work during 2017.

I wish you all a successful General Assemble

Ralph Farquharson, EPF Secretary General

Report Accepted: Unanimously

7. Vice President Report.

Dear Members Delegates,

As Vice President I have had the honor and the privilege to cooperate with the other Members of the Executive. This cooperation has resulted in the exchange of numerous and daily email in order to optimize the operation of our sport and democratic life.

As general appointment I check the hotel rates for every European Championships.

I was present as EPF Officials in the following competition:

- 2017 Open Powerlifting European Championships (Malaga-Spain);
- 2017 first edition of European sub junior, junior, senior and master Classic bench press Championship (Ylitornio-Finland).

Following the decision taken in the last GA, I am collecting:

- the National Championships Reports sent by all Nations.

Moreover on behalf of the Executive I am collecting:

- the number of Members (women and men) and number of clubs report sent by all Nations;
- the monthly calendar of National championships to be published on the EPF website.

Moreover on behalf of the Executive I strongly invite the Nations that have the broadcast by internet of their main Championships, to send to me (fipl@libero.it) the last report that I sent to you all.

As the data base of these reports are not completed, the statistics will be shown directly to the GA.

With these initiatives, the EPF Executive wants to build up a strong marketing strategy not only for the brand of EPF but also, for every member Federations.

In fact, the member Nations could utilize this general marketing strategy for their own goals,

For all these general purposes the Executive asks for a strong cooperation of all Member Nations.

To the Member Federations I express, also my personal appreciation for their contribution to the development of our sport.

To the Czech Powerlifting Federation, I express my personal thanks for the efforts organizing the 2018 combined European Sub-Junior, Junior and Open Equipped Powerlifting Championships.

I wish to Coaches, Referees and Lifters a successful European 2018.

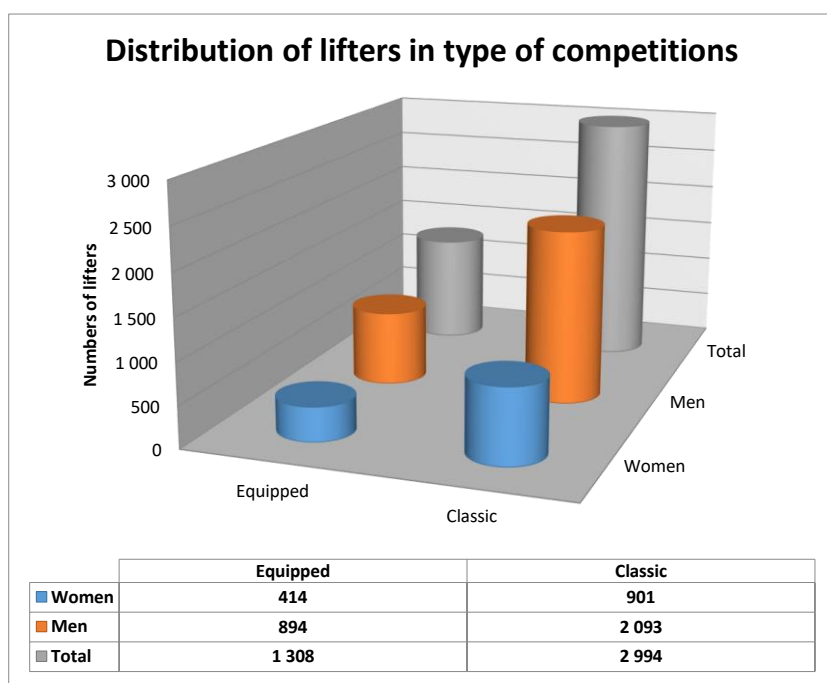
National Championships Report by Nation

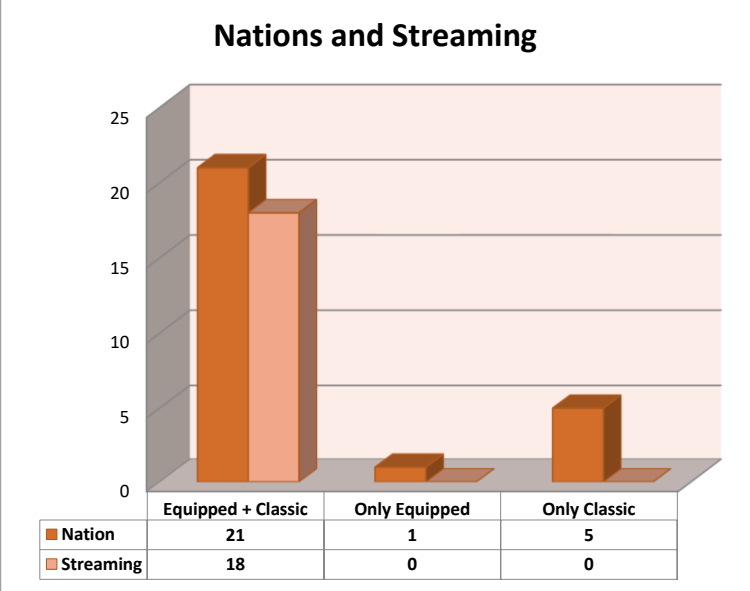
Based on the National Championships Report sent by 27 Nations out of 34, the EC of the EPF shows the followings statistics.

It is not possible to compare the data of 2016 with the data of 2017 because of the different number of Nation that sent the report (33 on 2016 and 27 on 2017).

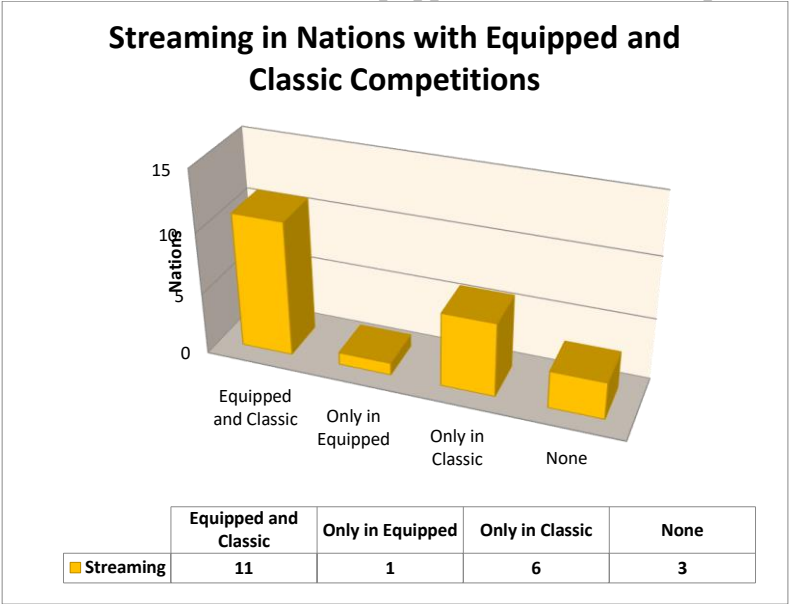
On behalf of EC of EPF the Vice President

Sandro Rossi





Special focus on Nations with Equipped and Classic Competitions:



Clubs and Members General Report

On the basis of the National Report sent by 24 Nations out of 34, the EC of the EPF shows the followings.

NUMBER OF MEMBERS AND CLUBS PER NATION			
N° OF MEMBERS			N° OF CLUBS
N° WOMEN MEMBERS	N° MEN MEMBERS	TOTAL	
17.703	64.164	105.748	2.301

Note: the total of 105.748 does not reflect the sum of (17.703+64.164=81.867) because some Nations did not send the distribution between women and men.

Sandro ROSSI Vice President

Report Accepted: Unanimously

8. Committee Reports.

- Auditor Committee Report

See chapter no. 5

- Technical Committee report.

As EPF Chairwoman of the Technical Committee, I am proud to report to the Congress that all the EC members worked in close cooperation one with the other. We can certainly be proud of all the results of their work.

Many exams were done, but not enough women!

Please be advised that EPF need also more referees available during all championships and certainly women.

No referees, no championships.

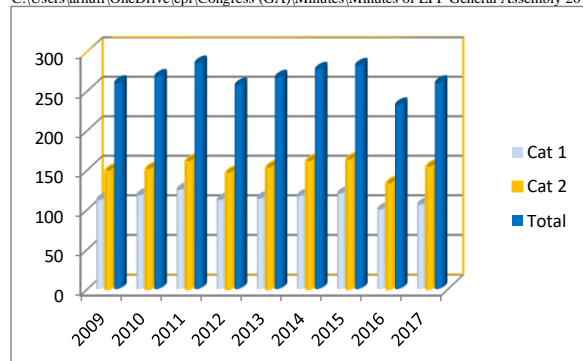
Congratulations to the referees who passed their exams. Thanks to the examiners and Johnny Wiklund, member of the EPF Technical Committee, for their cooperation at the EPF championships.

All successes have been published in the EPF Newsletter.

Total number of European Referees 2017:

260 referees; only 45 of them are women, 16 Cat 1 and 29 Cat 2

European Referees 2009-2017



Reminder for all referees.

Each national federation must specify on the nomination form the weight categories in which their referees are available for refereeing at least 2 days. After the final nomination date, the EPF Technical Committee Chairman issues a Referee duty list for the whole Championship. Any changes of a Referees duty may be reported to the Technical Committee Chair until 14 days prior to the Championship. After that date the referees cannot expect to officiate in other duties than specified on the Referee duty list.

Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or 100 EUR in fine dependant of the reason and decided by the jury in cooperation with the appointed technical committee member.

Any referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro (EPF Constitution 13.10.1).

All the best to the Czech powerlifting Federation with the "European Equipped Open, Junior and Sub-Junior Powerlifting Championships 2018".

Kind regards.

Myriam Busselot, EPF Chairwoman Technical Committee

Report Accepted: Unanimously

- Law & Legislation Committee report.

Dear Delegates,

The Committee consists of two members; Jari RANTAPELKONEN (Chairman) from Finland, and Patrik THUR (Member) from Sweden.

The EPF Law and Legislation Committee duties are ordered in the EPF Constitution and By-Law documents. The four basic tasks are:

- Shall receive any proposals regarding Constitution and By-Law documents of the EPF from member nations within the proper time frame, evaluate accordingly and suggest to the EPF Executive Committee alternative courses in action
- Shall serve as the parent committee in further amending the Constitution and By-Laws
- Is responsible for updating the Constitution and the By-Laws
- Shall study the Constitutions of new applicant nations and report the results to the Secretary General.

The latest activity year has included two main events affecting to the contents of the EPF Constitution and By-Laws. They are IPF General Assembly held 12th November 2017 in Pilsen, Czech Republic, and EPF General Assembly held in 7th May 2017 in Malaga, Spain. Also, EPF EC held February 2017 in Alicante, Spain a fruitful meeting to discuss important issues of rules to further develop.

The co-operation between the Committee and the other EC Members and committees has been done in extremely good spirit, and been very professional.

The work the current committee members have done is also based on previous, excellent work done by many. Without great humble work of these volunteers' the EPF Constitution and By-Laws should not have been in such a high standard level as it is in nowadays.

Thank you very much for the valuable work indeed. Also, the L&L Committee would like to thank all the members of EPF EC for their contribution for taking the EPF step by step forward in making best for the current status and future of powerlifting.

The L&L Committee wishes all the best to all the organizers of the European Championships. We wish full of energy for all the lifters, coaches, referees, and volunteers making powerlifting forward.

Jari Rantapelkonen (Chairman), and Patrik Thur (Member)

Report Accepted: Unanimously

- Women's Committee Report

Dear Delegates and Member Federations,

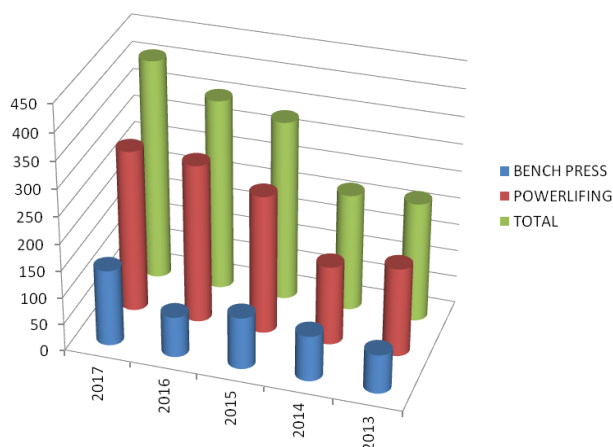
As usual in the EPF website, following the link "About EPF - Women's Powerlifting" (<http://www.europowerlifting.org/about-epf/womens-powerlifting/>), you can find the statistics for the period 2000-2017 concerning the participation of female lifters in Powerlifting and Bench Press Competition and also the distribution by Nation, with special focus of last ten years.

Reading these statistics we can observe that the increase of female lifters in respect previous year is confirmed. This is surely due to the introduction of Classic Competitions.

Moreover we can observe new participating Nations in European competitions.

In particular, the trend of the last five years is shown in the following chart:

Numbers of women lifters period 2017-2013



I wish you all a successful General Assembly and European Championships.

Maria Pia Moscianese – EPF Women's Committee Chairwoman

Report Accepted: Unanimously

- EPF Championship Secretary Report.

Dear sports friends,

in the last two years there have been significant changes in the composition and number of European Championships. There was a fundamental division on competitions to the classic and equipped competitions, which has led to a significant increase in the number of lifters at European competitions in the year. As a result of the division into classic and equipped, the number of European Championships and cups has increased considerably from some 5-6 championships in one year to the current 10-11 competitions in the year. This puts increased demands on the EPF officials, the activities of the organizers of the championship and, last but not least, all participants in the competitions, lifters, coaches and above all the referees.

And the constant absence of referees, especially at the European Masters Championships and European Junior Championships, is a big and serious problem that we can not solve. That is the duty of all the European member states to ensure that adequate numbers of referees are available for these championships so that our competitions have the best standard of refereeing possible.

I am very happy we have a nomination electronic Goodlift system that makes it easy for me to do my job. I am happy to say that all European member nations handle very well the nominations on the Goodlift system. But there is one very serious problem here: in my last annual report, I pointed out that national federal officials must send their lifters nominations not only electronically to the Goodlift system on the internet but I wrote, that they must send their nominations also to me and take to the Meet Director via e-mail to addresses that are always listed on the Invitations also in the Nomination forms for each European Championship.

Nominations received by email can help solve some problems that may arise either by server failure or unwanted deleting some sportsmen from the Goodlift system or some other unwanted incidents. If the official of this Federation asks me to

re-add their sportsmen into the nomination, I can check all the data in my e-mail nomination and if I find out that the sportsmen have been nominated in good time, I can re-add these lifters into system Goodlift nomination.

Now we have one and sometimes two European Championships in year, which is why I can not personally take part in all the European Championships as it was in previous years. This puts higher demands on all members of the EPF Executive and members of all EPF committees who must participate in some European Championships as EPF officials. I would like to thank all of these officials for their work and willingness to take part in this demanding and important function.

Last years brought also some positive aspects. Like last year's report, I want to pick up the fact that there is a continual increase in the level of organizing the European Championships. I thank all organizers for their very good work. I wish all of you and all the members of your National Federations much success in your meritorious work for the development of the sport of powerlifting.

I wish you a peaceful and successful General Assembly meeting and the excellent achievements of your lifters at the European Championships.

With kind regards

Jiri Hofirek, EPF Championship Secretary

Report Accepted: Unanimously

9) Election.

Election of new EPF Treasurer for one year replacing Linda Hoeiland, NOR.

Candidates: M. Xavier de Puytorac, France
Tero Hyttinen, Finland
Bjørn Astad, Norway

Votes first round:

Tero Hyttinen 4 Votes

Xavier de Puytorac 11 votes

Bjørn Astad 10 Votes

Votes second round:

Xavier de Puytorac 13 votes

Bjørn Astad 12 Votes

Decision: Xavier de Puytorac, France elected new Treasurer

10) Proposals.

- **10.0. EPF Strategic Plan.** (From EC)

The EPF Strategic Plan was distributed to all member nations prior to the GA. Some minor corrections were discussed and implemented.

Votes: All in favour

- **10.1. By Law 105.7.** (From EC)

Obligatory to Stay in the Meet Hotel

105.7. All athletes, coaches, referees or officials from each federation must stay in the official hotel for all days in attendance of ~~during their participation in~~ the championship. ~~If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100 per person to the organizer.~~ Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship.

All room bookings must be done through the Meet director of the championship, unless otherwise specified on the entry form.

Reason: Organizers of European championships are bound to reserve adequate number of hotel rooms for the expected participants. Today, many federations cancel their reserved rooms after the final nomination, but the hotel cannot resell these rooms at short notice and the organizer are bound to pay for the reserved rooms.

The EC experience great concerns from organizers of European championships regarding the issue of cancelled hotel bookings. The rule as proposed above will help the organizer to make better planning.

Hungary arrives late.

22 Nations, 4 EC member = 26 votes

Vote: Yes. 14 / No. 9 / Abstain. 3.

Accepted.

10.2 By Law 104.3 (From EC).

Proposal to amend 104.3:

.....achieved Wilks point.

A "Best Team " award is given to teams placed first, second and third based on the Technical Rules score system. Awards for Master teams are optional.

Awards are handed out at the championship banquet if at least one representative from the lifters nation is present to receive the awards.

Reason: Team awards must be received at the banquet. If not received, the organizer should not feel obliged to post them or bother representatives from other nations to bring them.

To receive trophies are personal highlights connected to the championship.

Votes: All in favour.

Accepted

• **10.3. By Law 104.11.1 (From the EC)**

104.11.1 *European records will only be accepted from international competitions where doping testing is carried out according to the IPF Anti-Doping Rules 5.1 and lifter **breaking the record is available for** tested returns a negative doping test. ~~This must be done strictly in accordance with the IPF Anti-Doping Rules including the analysis of samples in a laboratory accredited at the time of analysis by WADA. European records broken at World Championships may be accepted without doping test. Ref. IPF Anti-doping Rules 5.1.1.2.~~*

Reason: Today, we do not obligatory test European record breakers in Master cat. 2, 3 and 4 but still recognize the records.

Besides, WADA has required IPF to do a higher rate of OCTs compared to ICTs. The policy is to do smarter testing.

Proposal Withdrawn

• **10.4. Bylaws 105.13 (From the EC).**

105.13:

*Any nation, being a member of IPF more than 5 years, **should include at least one international referee among** participating with more than 3 lifters in EPF championships or EPF cups, as ~~nominated at the final entry form must include at least one international referee among~~ its team officials available for refereeing or being a member of the jury at least two days. The host federation can nominate six referees. **A federation participating with more than 3 lifters, as stated in the***

preliminary nomination, is obliged to nominate at least one referee and a nation with more than 14 lifters, as stated in the preliminary nomination, is obliged to nominate at least two referees. In combined championships/cups (men and women) the 3 lifters and the 14 lifters include the total number of lifters from one nation. If a referee(s) from that nation is not present or, if present, is not available to act in the capacity of either referee or member for jury at least two days during the championship/cup, the lifters are allowed to take part, but a fine of Euro 500 has to be paid by the nation for each missing referee. The EPF treasurer must receive such payment before lifters.....

Reason. The change above is that if a nation send 15 or more lifters to a championship they are obliged to send at least 2 referees instead of 1 referee. This will help with the referee situation especially at Master championships and it is reasonable that nations with many lifters contribute with more referees.

Discussions:

- *It was pointed out by the IPF President the importance to send referees to international competitions. This is part of our application to be IOC recognition.*
- *Ukraine proposed to use the collected fine to pay for additional referees.*
- *It was proposed that a future rule should be that nations nominating lifters must nominate referee(s) as well if the lifters should be allowed to compete.*

After discussions the proposal was changed to:

105.13:

*Any nation, being a member of IPF more than 5 years, participating with more than 3 lifters in EPF championships or EPF cups, **should include international referee(s) among** its team officials available for refereeing or being a member of the jury at least two days. The host federation can nominate six referees. **A federation participating with more than 3 lifters, as stated in the preliminary nomination, is obliged to nominate at least one referee and a nation with more than 14 lifters, as stated in the preliminary nomination, is obliged to nominate at least two referees.** In combined championships/cups (men and women) the 3 lifters **and the 14 lifters** include the total number of lifters from one nation. If a referee(s) from that nation is not present or, if present, is not available to act in the capacity of either referee or member for jury at least two days during the championship/cup, the lifters are allowed to take part, but a fine of Euro 500 has to be paid by the nation **for each missing referee**. The EPF treasurer must receive such payment before lifters.....*

Vote: Yes. 23 / No. 2 / Abstain. 1

Accepted.

- **10.5. Bylaws 105.3.1. Number of coaches(From the EC)**

105.3.1 ~~For the first three competing lifters, one official or coach shall be permitted access .~~**For the first competing lifter, 3 officials or coaches shall be permitted access per nation.**

105.3.2 **For 2-3 athletes, 5 coaches or officials shall be permitted access and for 4 athletes or more, 6 coaches or officials shall be permitted access which is the maximum number of coaches or officials allowed per competing group. For every additional three competing lifters, one additional official or coach shall be permitted access to maximum of three per nation.**

105.3.4 The courtesy of free access shall also be extended to all officiating referees and jury members ~~to a maximum of three per nation.~~

Reason: To update the By Laws to what is specified in the Coach directive (which specifies the number of coaches allowed to enter the warm up area).

Accepted: Unanimously

- **105.6. Bylaws 103.2. Subscription and Fees.**
....Furthermore the maximum banquet fee is EUR ~~30~~ **35** for each lifter and official, which participates at the banquet.

Reason: To reflect that the inflation has raised the general cost in most European countries.

Accepted: Unanimously

.....

11) New Member Applicant

* None

EPF Member Nations

	Full Members		Full Members		Suspended members
1	Armenia	19	*Israel		**Azerbaijan
2	Austria	20	Italy		**Moldavia
3	Belarus	21	Latvia		**Montenegro
4	Belgium	22	Lithuania		
5	Bulgaria	23	Luxembourg		
6	Croatia	24	Netherlands		
7	Czech Republic	25	Norway		
8	Denmark	26	Poland		
9	Estonia	27	Romania		
10	Finland	28	Russia		
11	France	29	Serbia		
12	Germany	30	Slovakia		New Applicants:
13	Georgia	31	Slovenia		
14	Great Britain	32	Spain		
15	Greece	33	Sweden		* = Not paid membership
16	Hungary	34	Switzerland		2015, 2016, 2017
17	Iceland	35	Ukraine		** = Suspended
18	Ireland				

12) Action on Delinquent Nations

None.

13) Hall of Fame.

Awarded: Heidi Hille Arnesen, NOR
Phillip Richard, GBR.

Congratulation!

EPF Hall of Fame history.

Year	Official	Female lifter	Male lifter
1993	Heiner Köberich, GER	Claudine Cognac, FRA	Jarmo Virtanen, FIN
1994	John Moody, GB	Judy Oakes, GB	Eddy Pengelly, GB
1995	Arnulf Wahlstrøm, NOR	-	Victor Naleikin, UKR
1996	Vic Mercer, GB	Audhild Hansen, NOR	-

1997	Arnold Boström, SWE	-	-
1998	George Legget, GB	Dagmar Wang, AUS	Kenneth Mattsson, SWE
1999	Kalevi Sorsa, FIN	Anna-Liisa Prinkala, FIN	-
2000	Henk Kaiser, NET	Natalia Rummyantseva, RUS	Leopold Krendl, AUS
2001	-	-	Wym Elin; BEL
2002	Ralph Farquharson, GB	-	-
2003	Jiri Hofirek, Czech Rep.	Cecile Jamin, France	-
2004	Myriam Busselot, Belgium	-	-
2005	Pavol Müller, Slovakia	-	Andy Kerr, GBR
2006	-	Inger Blikra, Norway	-
2007	-	Antonietta Orsini, ITA	-
2008	-	Raija Jurkko, Finland	-
2009	-	-	Jaroslav Olech, Poland
2010	Dietmar Wolf, NOR	-	-
2011	Alain Hammang, Lux	Ielja Strik, NET	Anibal Coimbra, Lux
2012	-	-	-
2013	-	-	Jan Wegiera, POL, Dariusz Wszola, POL
2014	-	-	-
2015	Sandro Rossi, ITA	Märvi Särkiä, FIN	Kenneth Sandvik, FIN
2016	-	Riitta Sundvall Liimatainen, SWE	Patrik Turesson, SWE
2017	-	Eila Kumpuniemi, FIN	Ruso Karel, CZE
2018	-	Heidi Hille Arnesen NOR	Phillip Richard. GBR

14) Bids and confirmation on Future Championships.

2018 (given)

European Masters	Classic	PL.	6-10 March	Helsingborg, Sweden
European Open/Jun./S.Jun.	Equipped	PL	6-12 May	Pilsen, Czech Rep.
European Masters	Equipped	PL	3-7 July	Pilsen, Czech Rep.
European Open/Masters/Jun.	Classic	BP	9-12 August	Merignac, France
Western European	Equ/Clas.	PL	14-16 September	Hamar, Norway
Arnold Classic Europe	Equ/Clas	PL/BP	28-30 September	Barcelona, Spain
European Open/Masters/Jun.	Equipped	BP.	9-13 October	Hamm, Luxembourg
European Open/Jun./S.Jun.	Classic	PL	24 Nov.- 2 Dec.	Kaunas, Lithuania

2019 (given)

European Masters	Classic	PL.	5-10 March	Budapest, Hungary
European Classic Cup	Classic	PL/BP	22-24 March	Oshmiany, UKR
European Open/Jun./S.Jun.	Equipped	PL	28 April – 4 May	Pilsen, Czech Rep.
European Masters	Equipped	PL	3-7 July	Sibiu, Romania
European O/M/J/SJ	Classic	BP	8-11 August	Hamm, Luxembourg
Western European	Equ/Clas	PL	13-15 September	St. Zenone al Lambro, Italy
Arnold Classic Europe	Equ/Clas	PL/BP	September	Barcelona
European Open/Masters/Jun.	Equipped	BP	9-12 October	Tampere, Finland
Danube Cup	Equ/Clas	PL	19-20 October	Mukachevo, Ukraine
European Open/Jun./S.Jun.	Classic	PL	30Nov.- 8 Dec.	Kaunas, Lithuania

2020 (given)

European Masters	Classic	PL	11-15 March	Venue requested (Free)
European Classic Cup	Classic	PL/BP	20-22 March	Oshmiany, Belarus
European Open/Jun./S.Jun.	Equipped	PL	4-10 May	Thisted, Denmark
European Masters	Equipped	PL	2-6 July	Helsinki, Finland
European O/M/J/SJ	Classic	BP	5-9 August	Kaunas, Lithuania
Western European	Equipped	PL	11-13 September	Iceland
Arnold Classic Europe	Equ/Clas	PL/BP	September	Barcelona
European Open/Masters/Jun.	Equipped	BP	15-18 October	Ekaterinburg, Russia
European Open/Jun./S.Jun.	Classic	PL	28 Nov.- 6 Dec.	Warsaw, Poland -

2021 (given)

European Masters	Classic	PL	10-14 March	Kaunas, Lithuania
European Classic Cup	Classic	PL/BP	19-21 March	
European Open/Jun./S.Jun.	Equipped	PL	3-9 May	
European Masters	Equipped	PL	7-11 July	
European O/M/J/SJ	Classic	BP	4-8 August	
Danube Cup	Classic	PL	26 September	
Western European	Equipped	PL	11-13 September	
Arnold Classic Europe	Equ/Clas	PL/BP	September	
European Open/Masters/Jun.	Equipped	BP	14-17 October	
European Open/Jun./S.Jun.	Classic	PL	27 Nov.- 5 Dec.	Riga, Latvia

PL = Powerlifting Championships BP= Bench Press Championships

15) Any other Business.

It was pointed out that EU has removed the 5% tax when paying hotel bills by credit card.
EPF must correct all invitations accordingly.

Statement by the IPF President Gaston Parage:

1. In the future all nations must attend Anti-doping seminars
2. From 2018, all anti-doping fees must be paid to the IPF by all Regions and IPF pay all doping costs at regional level.
3. IPF is given an extra 16 athletes for the next World Games making a total of 96 athletes
4. IPF to bid for organizing future FISU championships. Sanction fee to FISU is €15000
5. IPF spend so far this year €55000 on Robert Wilks case
6. IPF accept all member nations to take part in the Pacific Games independent of the situation in Australia and the Oceania region.

16. Adjournment.**Appendix 1. EPF Strategic plan 2018-2021.**

C:\Users\arnulf\OneDrive\epf\Congress (GA)\Minutes\Minutes of EPF General Assembly 2018.docx
Enclosed as separate document.

Updated 20.05.2018