



EUROPEAN POWERLIFTING FEDERATION

Final timetable

European Open & Junior Bench Press Championships 2016

Opening ceremony: Thursday, August 18, 2016 at 18:00 at venue

Day	Weigh-in-time	Classes	Start	Lifters	End
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1. DAY

Thursday 18.08.2016	14:00 – 15:30	Junior Men 59 - 120+	16:00	13	17:30
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OPENING CEREMONY

18:00

2. DAY

Friday 19.08.2016	11:00 – 12:30	Women 47 – 63 & Jun W	13:00	13	15:00
	13:30 – 15:00	Men 59 - 83	15:30	13	17:00
	16:00 – 17:30	Men 93 - 105	18:00	13	19:00

3. DAY

Saturday 20.08.2016	10:00 – 11:30	Women 72 - 84+	12:00	17	13:30
	12:00 – 13:30	Men 120 - 120+	14:00	16	15:30

CLOSING BANQUET

20:00

Victory Ceremonies will be held at the end of each lifting session

Arnulf Wahlstrøm
EPF President

Sturla Olafsson
Meet Director EPF

Jiri Hofirek
Championships Secretary

The Entry List of Referees

#	Name	Team	Cate	Available for categories
1.	Hofirek Jiri	Czechia	Cat. I	<i>All</i>
2.	Diter Susanne	Denmark	Cat. I	<i>All</i>
3.	Hauksson Helgi	Iceland	Cat. I	<i>All</i>
4.	Karlsson Kari Rafn	Iceland	Cat. II	<i>All on Friday and Saturday</i>
5.	Oeyvind Fjeld Per	Norway	Cat. II	<i>All categories</i>
6.	Hoiland Linda	Norway	Cat. II	<i>All</i>
7.	Lukasiuk Mirosław	Poland	Cat. II	<i>Thursday except J Men 93-+120kg, Friday only Women 47-63kg</i>
8.	Kostryukov Viachesla	Russia	Cat. II	<i>Except women open 57kg, 63kg</i>
9.	Capla Michal	Slovakia	Cat. II	<i>Friday evening, Saturday men cat., not TC (because of health problems)</i>
10.	Muller Pavol	Slovakia	Cat. I	<i>Except Saturday</i>
11.	Langva Anett	Sweden	Cat. II	<i>All, except the day senior -74 group competes</i>