



WEC 2026



OFFICIAL INVITATION

The European Powerlifting Federation

and

Powerlifting & Weightlifting Federation Luxembourg

invite

following the EPF member nations: France, Austria, Belgium, Cyprus, Denmark, Finland, France, Germany, Great Britain, Greece, Iceland, Ireland, Italy, Luxembourg, Malta, Netherlands, Norway, Portugal, Spain, Sweden and Switzerland to participate in the

XVII WESTERN EUROPEAN OPEN POWERLIFTING CHAMPIONSHIP

Equipped & Classic

17. – 20.9.2026

Hamm - Luxembourg

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by the EPF Member Nations, NOT by individuals.

Meet Director	Gaston Parage	email: Cell +352621165214 /+352661165214 (whats app number as well)
Correspondence	GastonParage	email: office@pwf.lu / organisation@pwf.lu Cell:+352621165214 /+352661165214 (whats app number as well)
Visa support		email: no visas needed from those countries Cell:
Nominations	Gaston Parage	email: : office@pwf.lu / organisation@pwf.lu Cell : +352621165214 / +352661165214
EPF Championship Secretary	Tero Hyttinen	email: tero@europowerlifting.org Cell: +358 44 309 2263
Accommodation	Gaston Parage	email: office@pwf.lu organisation@pwf.lu Cell: +352621165214 / +352661165214
Transport, banquet		email: Not needed as the hotel is on walking distance from the airport Cell: in urgency cases you need contact the meet director



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Technical Secretary

Gaston Parage

email: office@pwf.lu /

organisation@pwf.lu

Cell: +352621165214 /

+352661165214

Host City

Hamm-Luxembourg

Date

17th – 20th of September 2026

Venue

Hall Omnisport Hamm 157, rue de Hamm L-1713 Luxembourg-Hamm

Technical Meeting

Wednesday, 16th of September 2026, at the Hotel Ibis, at 20:00

Hotel: Ibis Aéroport

Single rooms including breakfast: 115 €

Double/twin rooms including breakfast per room: 125 €

Triple rooms including breakfast per room: 145 €

Hotel Rates Ibis Budget Aéroport

Single rooms including breakfast at the Budget Hotel per room 90 €

Double/twin rooms including breakfast at the Budget Hotel per room 100 €

Triple rooms including breakfast at the Budget Hotel per room 115 €

Breakfast will be served at the Ibis Hotel

Shuttle from the airport is not needed. If you need a shuttle from the Hotel back to airport then you can be ordered at the reception. Shuttle to the venue will be posted at the Hotel and the venue.

Public transport is free of charge in the whole country. Tram is now also available from airport directly to the City

All accredited athletes, coaches, referees, and officials from each federation must stay in the official hotel for all days they require accreditation for the event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship. For championships, to receive accreditation, each athlete, coach, official or referee must stay in the designated championship hotel(s) for **a minimum of two consecutive nights**. In exchange the athlete, coach, official and referee shall receive accreditation for a period of three days – the arrival, competition, and departure day.

All room bookings must be done by the National Federation through the official email: office@pwf.lu / organisation@pwf.lu , Cell: +352621165214 / +352661165214.

The organizer will not be responsible for any hotel bills of the participating nations.

The accommodation fees shall be payable by bank transfer against the invoice. Payment must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship (**3rd of September 2026**).

Bank account number:

All rooms must be booked at the latest with the deadline of **27th of August 2026**. After the deadline, the organizer cannot guarantee the accommodation.



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Thursday 27th August 2026 is the latest date for any removal of nominated lifters.

If not cancelled in time, the National federation must pay the reserved hotel rooms (if the hotel requires such payment), the participation fee and the doping fee for all lifters and officials specified at the final nomination form.

International Airport for Arrival/ Departures

Arrivals/ Departures/Transportation

Arrival Luxembourg Airport Findel

The hotel is within walking distance, directly opposite the airport. It's on your left side as you walk out of the airport

Scales

Scales available at the official hotel, 24 hours. The scales will be available 1 day prior to the first competition day. At the Ibis Hotel for both Hotels and one at the venue.

Training

Training will be available at the venue 1 day prior to the first competition day and then every day from 10:00 to 19:30. Public transport can be used in front of the Hotel to the venue.

Flag and anthem

Flags and Anthems will be provided

Opening Ceremony

17th of September at 15:00 at the Venue

One representative from each participating country shall take part at the Ceremony.

Closing Banquet

20th of September 2026 at 20:00 at the ???

Price per ticket for one person: **45,00 €**
(buffet, soft drinks included)

The number of banquet tickets must be ordered at the transport-banquet form.

Tickets for the banquet can be paid to the account of the organizer against the invoice or in cash at the Venue of accreditation.

Payment in advance for banquet tickets is mandatory.



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Participation Fee

90,00 EUR for each lifter must be paid by bank transfer **to the EPF bank account** before the Technical Meeting. The EPF invoice will be sent by the EPF Treasurer 14 days before the Technical Meeting.

Anti-Doping Fee

75,00 EUR for each lifter must be paid by bank transfer **to the EPF bank account** before the Technical Meeting. The EPF invoice will be sent by the EPF Treasurer 14 days before the Technical Meeting.

Coach Participation Fee

50,00 EUR for each coach must be paid by bank transfer **to the EPF bank account** before the Technical Meeting. EPF invoice will be sent by the EPF Treasurer 14 days before the Technical Meeting.

All invoices are published at the EPF web (www.europowerlifting.org) under “SERVICES” >> “INVOICES”.

Health and Travel Insurance

All delegates must have valid health insurance. The organizer and the EPF will not incur any expenses for a doctor or hospital. We recommend travel insurance for covering loss of luggage, theft, delayed planes, etc..

Anti-Doping Information:

For the *Western European Open Powerlifting Equipped and Classic Championships* each participant is **strictly liable** for any substance found in your body (or specimen). Each participant may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.

Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).

[Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All Sub-Junior & Junior athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. Each national federation must submit all the participating athletes' completed certificates from ADeL with the nomination for the registration to be complete.

Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:

- requirements for submitting whereabouts information
- rights and responsibilities during [sample collection](#)
- responsibility to avoid the use of prohibited substances and methods
- consent to the use of your information
- obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom

All athletes participating in this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters age categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are taking a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact ipfantidoping@cces.ca.



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Nominations

Team nomination forms must be sent to:
the Meet Director Gaston Parage – email: office@pwf.lu /
organisation@pwf.lu and
the EPF Championship Secretary Tero Hyttinen - email: tero@europowerlifting.org

Teams

Invited from each team both for Equipped and Classic competitions. Team nominations are done by each federation by the IPF electronic nomination system. Organizing each federation by the IPF electronic nomination system. Organizing federation can nominate two teams Women and Men. At the Technical Meeting it must be specified the members of A and B team. In each weight category, the first three lifters will receive medals for the total. All participants will receive certification and/or memory awards.

Preliminary

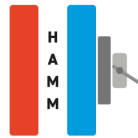
Sunday 19th of July 2026 (Preliminary nomination must be formed in each nation's personal Goodlift account and the complete filled in preliminary form must be sent to the Meet Director and EPF Championship Secretary)

Final

Thursday 27th of August 2026 (the latest date for any removal of nominated lifters or cancellation of booked hotel rooms)
National federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form



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Provisional Timetable

(Weigh in and Start time are subject to change after final nomination)

Day	Weigh In Time	Classes		Start	End	Lifters
Wednesday 16.09.2026	Technical Meeting			20:00		
Thursday 17.09.2026	09:00 – 10:30	CL Women	47 – 52 kg	11:00	15:00	7
		CL Women	57-63 kg			14
	Opening Ceremony			15:00		
	14:00 – 15:30	EQ Women	57 – 63 kg	16:00	19:30	6
EQ Women		69 – +84 kg	12			
Friday 18.09.2026	09:00 – 10:30	CL Men	59 – 74 kg	11:00	15:00	12
		CL Men	83 kg			8
	14:00 – 15:30	EQ Men	66 – 93 kg	16:00	19:30	10
		EQ Men	105 – +120 kg			9
Saturday 19.09.2026	09:00 – 10:30	CL Women	69 kg	11:00	15:00	8
		CL Women	76 kg			5
	14:00 – 15:30	CL Men	93 kg	16:00	20:00	10
		CL Men	105 kg			11
Sunday 20.09.2026	09:00 – 10:30	CL Women	84 – +84 kg	11:00	14:15	10
		CL Men	120 – +120 kg			12
	Banquet			20:00		

Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event. Best totals from National or International Championships during the previous 12 months before preliminary nomination shall be stated.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination.

According to the IPF Technical Rules [Page 4, item 7] on the submitted Final Nomination Form you must send the finalized list of the athletes that will take part in the championship. At the Technical Meeting you can only delete athletes from your final nomination form, and no one can change weight classes.



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Changes may occur to the timetable of events. All changes will take place at the Technical Meeting that will be held on **Wednesday, 16th of September 2026** at 20:00 at the Hotel. Information regarding A and B group will be given at the Technical Meeting.

A federation participating with more than four (4) lifters is obliged to nominate at least one referee and a nation with more than 14 lifters is obliged to nominate at least two referees. If a referee(s) from the nation is not present or, if present, is not available to act in the capacity of either referee or member of jury at least two days during the event, the lifters are allowed to take part, but a fine of Euro 1000 must be paid by the nation for each missing referee (EPF By-laws 105.13). Each nominated referee must be available minimum two days.

For referee's **3rd September 2026** is the last day for changes of categories for which referee has been allocated in the final nomination which his national federation indicated in the Goodlift system.

Referee duties, specified by the Technical Committee, are mandatory 14 days prior to the championships. Any changes, withdrawal or no show by a referee regarding the allocated duty at or after the Technical Meeting, may impose a warning or Euro 100 fine dependent of the reason. However, federations may allocate duties between their own referees at the latest at the Technical Meeting upon agreement by the appointed Technical Committee member (EPF By-Laws 18.6).

If the referee's examination is arranged, the written examinations will be done on **Thursday 17th September**, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. The organizer will prepare a room for written examination.

Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their national team tracksuit for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same shall apply to participation and Anti-Doping fees.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is absent at the Technical Meeting prior to the European championship or has not informed about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail) a fine of 250 Euro will be imposed to the concerned national federation (EPF By-Laws 18.2).

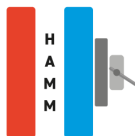
The confirmation of absence from Technical Meeting must be sent between the date of the final nomination and the start of the Technical Meeting to the EPF Championship Secretary Tero Hyttinen, email: tero@europowerlifting.org with a copy to the EPF Treasurer Xavier de Puytorac, email:

xavier@europowerlifting.org. The confirmation must include changes in the list of referees and changes in the final nomination.

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnify and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of this European Championships.



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GENERAL DATA PROTECTION

The European Powerlifting Federation (EPF) is committed to protecting the privacy and personal data of all athletes, officials, volunteers, and attendees at our events.

During the organization and conduct of EPF events, we may collect and process the following personal data:

- Full name
- Date of birth
- Nationality
- Federation affiliation
- Sport category and results
- Photographs and video recordings taken during the event

Personal data is processed to manage event entries, schedules, results, and records, to comply with sport governance regulations, to publish competition results, records, rankings, and statistics, to promote EPF events through photos, videos, and media publications, to ensure the safety, fairness, and integrity of competitions, and to preserve the historical and sporting archive of European powerlifting.

The EPF processes personal data based on:

- Article 6(1)(f) GDPR — for the legitimate interests of organizing and promoting powerlifting events, preserving sports records, and promoting public interest in sport.
- Article 6(1)(e) GDPR — for the performance of a task in the public interest under recognized sport governance mandates.
- Article 6(1)(c) GDPR — to comply with legal and regulatory obligations.

We implement appropriate organizational and technical measures to safeguard your data against unauthorized access, loss, misuse, or alteration.

All the participants of the EPF events are aware of and agree to be taken photos and videos of. In case of disagreement the participant must notify the EPF about it before the start of the event.

Photographs and videos taken at EPF events is the sole property of the EPF and can be published at all EPF internet platforms including but not restricted to EPF web, social media accounts in Instagram, Facebook and TikTok.

All the participants of the EPF events agree on their personal data to be collected, processed, saved and displayed in the electronic system for competition run GoodLift, at the webs: <https://goodlift.info/> and <https://www.europowerlifting.org/>.

Bjørn Astad

EPF President

Gaston Parage

Meet Director

Tero Hyttinen

EPF Championships Secretary