



## OFFICIAL INVITATION

The European Powerlifting Federation

and

Czech Powerlifting Federation

invite

the EPF member nations to participate in the

### EUROPEAN OPEN, SUB-JUNIOR, JUNIOR & MASTERS EQUIPPED POWERLIFTING CHAMPIONSHIP 2<sup>nd</sup> to 11<sup>th</sup> of May 2025 Pilsen, Czechia

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by the EPF Member Nations, NOT by individuals.

<b>Meet Director</b>	Vladimír Mati	email: <a href="mailto:vmati@seznam.cz">vmati@seznam.cz</a>
<b>Correspondence</b>	Zdenek Tuhacek	email: <a href="mailto:cpf@powerlifting.cz">cpf@powerlifting.cz</a> Cell: +420 774 998 195
<b>Visa support</b>	Zdenek Tuhacek	email: <a href="mailto:cpf@powerlifting.cz">cpf@powerlifting.cz</a> Cell: +420 774 998 195
<b>Nominations</b>	Vladimír Mati	email: <a href="mailto:vmati@seznam.cz">vmati@seznam.cz</a>
<b>EPF Championship Secretary</b>	Tero Hyttinen	email: <a href="mailto:tero@europowerlifting.org">tero@europowerlifting.org</a> Cell: +358 44 309 2263
<b>Accommodation</b>	Vojtech Duraj Vitezslav Panek	email: <a href="mailto:powerlifting@parkhotel-czech.eu">powerlifting@parkhotel-czech.eu</a> email: <a href="mailto:powerlifting@parkhotel-czech.eu">powerlifting@parkhotel-czech.eu</a> Cell: +420 608 111 702
<b>Transport, banquet</b>	Alyona Vassilkova	email: <a href="mailto:transport-banquet@seznam.cz">transport-banquet@seznam.cz</a> Cell: +420 774 896 694
<b>Technical Secretary</b>	Ivan Karpisek	email: <a href="mailto:karpisek42@gmail.com">karpisek42@gmail.com</a>
<b>Host City</b>	<b>Pilsen</b>	
<b>Date</b>	2 <sup>nd</sup> – 11 <sup>th</sup> of May 2025	
<b>Venue</b>	<b>Parkhotel Congress Center Pilsen</b> , U Borskeho Parku 2791/31, 320 02 Pilsen, Czech Republic	
<b>Technical Meeting</b>	Thursday, 1 <sup>st</sup> of May 2025, at the Venue, at 20:00	



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<b>Hotel 1:</b>	<b>Parkhotel Congress Center Pilsen</b> , U Borskeho Parku 2791/31, 320 02 Pilsen, Czech Republic, <a href="http://www.parkhotel-czech.eu">www.parkhotel-czech.eu</a>
<b>Hotel 1 Rates</b>	Prices for night per room - Main Building Single room: 2.390 CZK (Approx. 96 €) per night, including breakfast Double room: 2.990 CZK (Approx. 120 €) per night, including breakfast Triple room: 3.555 CZK (Approx. 144 €) per night, including breakfast <b>City tax 35 CZK (Approx. 1,5 €) per person and night</b>
<b>Hotel 1 Rates</b>	Prices for night per room - Annex Building Single room: 2.150 CZK (Approx. 86 €) per night, including breakfast Double room: 2.650 CZK (Approx. 102 €) per night, including breakfast Triple room: 3.255 CZK (Approx. 132 €) per night, including breakfast <b>City tax 35 CZK (Approx. 1,5 €) per person and night</b>

**After fully occupancy of the hotel Parkhotel we can reserve following hotel:**

<b>Hotel 2</b>	<b>Hotel Ibis Pilsen</b> , Univerzitni 65, 301 00 Pilsen, Czech Republic <a href="http://www.hotelibispilsen.cz">www.hotelibispilsen.cz</a>
<b>Hotel 2 Rates</b>	Prices for night per room Single room: 2.050 CZK (Approx. 82 €) per night, including breakfast Double room: 2.450 CZK (Approx. 98 €) per night, including breakfast Triple room: 3.000 CZK (Approx. 120 €) per night, including breakfast <b>City tax 35 CZK (Approx. 1,5 €) per person and night</b>
<b>Shuttle</b>	Free transport from the IBIS hotel to the Venue and return will be provided according to the timetable - the timetable will be published in each hotel..

All accredited athletes, coaches, referees, and officials from each federation must stay in the official hotel for all days they require an accreditation for the event. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship. For championships, to receive accreditation, each athlete, coach, official or referee must stay in the designated championship hotel(s) for **a minimum of two consecutive nights**. In exchange the athlete, coach, official and referee shall receive accreditation for a period of three days – the arrival, competition, and departure day.

All room bookings must be done by the National Federation through the official **Vojtech DURAJ**, e-mail: [powerlifting@parkhotel-czech.eu](mailto:powerlifting@parkhotel-czech.eu) or **Vitezslav PANEK**, email: [powerlifting@parkhotel-czech.eu](mailto:powerlifting@parkhotel-czech.eu), Cell: +420 608 111 702

The organizer will not be responsible for any hotel bills of the participating nations.

**The accommodation fees shall be payable by bank transfer against the invoice.** Payment must be received at the bank account mentioned on the invoice at the latest **7 days** prior to the beginning of the Championship (**25th of April 2025**).

All rooms must be booked at the latest with the deadline of the preliminary nomination. After the deadline, the organizer cannot guarantee the accommodation.

**Friday 11th April 2025** is the latest date for any removal of nominated lifters and cancellation of booked hotel rooms.



If not cancelled in time, the National federation has to pay the reserved hotel rooms (if the hotel requires such payment), the participation fee and the doping fee for all lifters and officials specified at the final nomination form.

<b>International Airport for Arrival/ Departures</b>	Vaclav Havel Airport Prague
<b>Arrivals/ Departures/Transportation</b>	
<b>Arrivals/Departures by plane – Vaclav Havel Airport Prague:</b>	
Transport from Prague airport to hotel in Pilsen	
When arriving 1 person: 2.500 CZK (Approx. 100 EUR) per person/one way	
When arriving 2 people: 1.500 CZK (Approx. 60 EUR) per person/one way	
When arriving 3 people: 1.200 CZK (Approx. 48 EUR) per person/one way	
When arriving 4 or more people: 1.000 CZK (Approx. 40 EUR) per person/one way	
<b>Please send your detailed travel itinerary to:</b>	
Aliona Vassilkova - e-mail: <a href="mailto:transport-banquet@seznam.cz">transport-banquet@seznam.cz</a>	
Use the transport-banquet form.	
The transport order must be sent at the latest with the deadline of the final nomination – <b>Friday 11th of April 2025 (21 days prior to the date of the Championship).</b>	
<b>Transport must be paid in advance on account of the organiser against the invoice in CZK.</b> Payment must be received at the bank account mentioned on the invoice at the latest 7 days prior to the beginning of the Championship <b>(25th of April 2025)</b> . If you order the transport, you must pay for it even if you later decide not to use it.	
<b>Scales</b>	Scales available at the official hotel, 24 hours. The scales will be available 1 day prior to the first competition day.
<b>Training</b>	Training will be available at the Parkhotel 1 day prior to the first competition day and then every day from 10:00 to 22:00.
<b>Flag and anthem</b>	Flags and Anthems will be provided
<b>Opening Ceremony</b>	2 <sup>nd</sup> of May at 14:00 at the Venue One representative from each participating country shall take part at the Ceremony.
<b>Closing Banquet Junior and Sub-Junior</b> <b>Closing Banquet Open</b> <b>Closing Banquet Masters</b>	<b>4<sup>th</sup> of May 2025</b> at 20:00 at the Parkhotel <b>7<sup>th</sup> of May 2025</b> at 20:00 at the Parkhotel <b>11<sup>th</sup> of May 2025</b> at 20:00 at the Parkhotel  Price per ticket for one person: <b>1.000 CZK</b> (Approx. € 40) <b>(buffet, soft drinks, beer, wine included)</b>  The number of banquet tickets must be ordered at the transport-banquet form.  Tickets for the banquet can be paid to the account of the organizer against the invoice or in cash at the Venue of accreditation.  Payment in advance for banquet tickets is recommended.



<b>Participation Fee</b>	<b>90,00 EUR</b> for each lifter must be paid by bank transfer <b>to the EPF bank account</b> before the Technical Meeting. The EPF invoice will be sent by the EPF Treasurer 14 days before the Technical Meeting.
<b>Anti-Doping Fee</b>	<b>60,00 EUR</b> for each lifter must be paid by bank transfer <b>to the EPF bank account</b> before the Technical Meeting. The EPF invoice will be sent by the EPF Treasurer 14 days before the Technical Meeting.
<b>Coach Participation Fee</b>	<b>50,00 EUR</b> for each coach must be paid by bank transfer <b>to the EPF bank account</b> before the Technical Meeting. EPF invoice will be sent by the EPF Treasurer 14 days before the Technical Meeting.

All invoices are published at the EPF web ([www.europowerlifting.org](http://www.europowerlifting.org)) under “SERVICES” >> “INVOICES”.

<b>Health and Travel Insurance</b>	All delegates must have valid health insurance. The organizer and the EPF will not incur any expenses for a doctor or hospital. We recommend travel insurance for covering loss of luggage, theft, delayed planes, etc..
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#### **Anti-Doping Information:**

##### *For the **European Open, Sub-Junior, Junior and Masters Equipped Powerlifting Championships***

Each participant is **strictly liable** for any substance found in your body (or specimen). Each participant may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.

Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).

[Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All Sub-Junior & Junior athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. Each national federation must submit all the participating athletes' completed certificates from ADeL with the nomination for the registration to be complete.

Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:

- requirements for submitting whereabouts information
- rights and responsibilities during [sample collection](#)
- responsibility to avoid the use of prohibited substances and methods
- consent to the use of your information
- obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom

All athletes participating in this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters age categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are taking a medication that



contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact [ipfantidoping@cces.ca](mailto:ipfantidoping@cces.ca).

**GENERAL DATA PROTECTION**

Under the GDPR, processing special categories of data, such as racial or ethnic origin, political opinions, religious or philosophical beliefs, trade union membership, genetic data, biometric data, or data concerning health, is generally prohibited.

Taking photographs of people in public is allowed and is qualified for the household exemption under Article 2(2)(c) of the GDPR.

All the participants of the EPF events are aware of and agree to be taken photos and videos of. In case of disagreement the participant must notify the EPF about it before the start of the event.

Photographs and videos taken at the EPF events is the sole property of the EPF and can be published at all EPF internet platforms including but not restricted to EPF web, social media accounts in Instagram, Facebook and TikTok. All the participants of the EPF events agree on their personal data to be collected, processed, saved and displayed in the electronic system for competition run GoodLift, at the webs: <https://goodlift.info/> and <https://www.europowerlifting.org/>.

<b>Nominations</b>	Team nomination forms must be sent to: the Meet Director Vladimir Mati – email: <a href="mailto:vmati@seznam.cz">vmati@seznam.cz</a>  and the EPF Championship Secretary Tero Hyttinen - email: <a href="mailto:tero@europowerlifting.org">tero@europowerlifting.org</a>
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<b>Preliminary</b>	<b>Monday 3<sup>rd</sup> of March 2025</b> (Preliminary nomination must be formed in each nation’s personal Goodlift account and the complete filled in preliminary form must be sent to the Meet Director and EPF Championship Secretary)
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<b>Final</b>	<b>Friday 11<sup>th</sup> of April 2025</b> (the latest date for any removal of nominated lifters or cancellation of booked hotel rooms) National federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form
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**Provisional Timetable**

(Weigh in and Start time are subject to change after final nomination)

Day	Weigh In Time	Classes		Start	End	Lifters
<b>Thursday</b> <b>01.05.2025</b>	<b>Technical Meeting</b>			<b>20:00</b>		
<b>Friday</b> <b>02.05.2025</b>	08:00 – 09:30	Women	Sub-Junior 43 – 52 kg	10:00	13:30	10
		Women	Sub-Junior 57 – 63 kg			8



		Opening Ceremony		14:00		
	13:00 – 14:30	Men	Sub-Junior 53 – 74 kg	15:00	19:00	13
		Women	Sub-Junior 69 – 84+ kg			9
<b>Saturday</b> 03.05.2025	08:00 – 09:30	Men	Sub-Junior 83 – 93 kg	10:00	13:30	8
		Men	Sub-Junior 105 – 120+ kg			9
	12:30 – 14:00	Women	Junior 43 – 63 kg	14:30	19:30	12
		Men	Junior 59 – 83 kg			13
<b>Sunday</b> 04.05.2025	08:00 – 09:30	Women	Junior 69 – 76 kg	10:00	13:30	8
		Men	Junior 93 – 105 kg			9
	12:00 – 13:30	Women	Junior 84 – 84+ kg	14:00	18:00	9
		Men	Junior 120 – 120+ kg			12
		<b>Sub-Junior and Junior Banquet</b>		<b>20:00</b>		
<b>Monday</b> 05.05.2025	09:00 – 10:30	Women	Open 47 – 52 kg	11:00	14:30	10
		Men	Open 59 – 66 kg			8
	13:30 – 15:00	Women	Open 57 kg	15:30	19:30	10
		Men	Open 74 – 83 kg			12
<b>Tuesday</b> 06.05.2025	09:00 – 10:30	Women	Open 63 kg	11:00	15:00	10
		Men	Open 93 kg			13
	14:00 – 15:30	Women	Open 69 – 76 kg	16:00	20:15	14
		Men	Open 105 kg			10
<b>Wednesday</b> 07.05.2025	08:00 – 09:30	Women	Open 84 kg	10:00	13:00	9
		Women	Open +84 kg			6
	12:00 – 13:30	Men	Open 120 kg	14:00	17:30	13
		Men	Open 120+ kg			6
			<b>Open Banquet</b>		<b>20:00</b>	
<b>Thursday</b> 08.05.2025	09:00 – 10:30	Women	M4 all, M3 all, M2 47 – 52 kg	11:00	14:00	8
		Men	M4 all			9
	13:00 – 14:30	Women	M2 57 – 63 kg	15:00	19:30	7
		Men	M3 59 – 83 kg			13
<b>Friday</b>	09:00 – 10:30	Men	M3 93 – 120+ kg	11:00	14:30	11



09.05.2025	13:30 – 15:00	Men	M2 59 – 93 kg	15:30	19:30	13
		Men	M2 105 – 120+ kg			11
		Women	M2 69 – 84+ kg			13
Saturday 10.05.2025	09:00 – 10:30	Men	M1 66 – 83 kg	11:00	13:30	9
	12:30 – 14:00	Women	M1 47 – 63 kg	14:30	18:00	7
		Men	M1 93 – 105 kg			12
Sunday 11.05.2025	09:00 – 10:30	Women	M1 69 – 84+ kg	11:00	14:30	9
		Men	M1 120 – 120+ kg			8
	<b>Masters Banquet</b>				<b>20:00</b>	



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### Important Items to Remember

Nomination of athletes and officials to International Events shall be received by the Championship Secretary with a copy to the Meet Director within the following time limits:

- Preliminary nomination not later than 60 days prior to an International Event. Best totals from National or International Championships during the previous 12 months before preliminary nomination shall be stated.
- Final nomination, submitted not later than 21 days prior to an International Event, must be made from those nominated in the preliminary nomination.

According to the IPF Technical Rules [Page 4, item 7] on the submitted Final Nomination Form you must send the finalized list of the athletes that will take part in the championship. At the Technical Meeting you can only delete athletes from your final nomination form, and no one can change weight classes.

Changes may occur to the timetable of events. All changes will take place at the Technical Meeting that will be held on **Thursday, 1<sup>st</sup> of May 2025** at 20:00. Information regarding A and B group will be given at the Technical Meeting.

A federation participating with more than 3 lifters is obliged to nominate at least one referee and a nation with more than 14 lifters is obliged to nominate at least two referees. If a referee(s) from the nation is not present or, if present, is not available to act in the capacity of either referee or member of jury at least two days during the event, the lifters are allowed to take part, but a fine of Euro 1000 must be paid by the nation for each missing referee (EPF By-laws 105.13). Each nominated referee must be available minimum two days.

For referees **18<sup>th</sup> of April 2025** is the last day for changes of categories for which referee has been allocated in the final nomination which his national federation indicated in the Goodlift system.

Referee duties, specified by the Technical Committee, are mandatory 14 days prior to the championships. Any changes, withdrawal or no show by a referee regarding the allocated duty at or after the Technical Meeting, may impose a warning or Euro 100 fine dependent of the reason. However, federations may allocate duties between their own referees at the latest at the Technical Meeting upon agreement by the appointed Technical Committee member (EPF By-Laws 18.6).

If referee's examination is arranged, the written examinations will be done on **Friday 2<sup>nd</sup> May**, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. The organizer will prepare a room for written examination.

Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their national team tracksuit for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same shall apply to participation and Anti-Doping fees.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is absent at the Technical Meeting prior to the European championship or has not informed about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail) a fine of 250 Euro will be imposed to the concerned national federation (EPF By-Laws 18.2).

The confirmation of absence from Technical Meeting must be sent between the date of the final nomination and the start of the Technical Meeting to the EPF Championship Secretary Tero Hyttinen, email: [tero@europowerlifting.org](mailto:tero@europowerlifting.org) with a copy to the EPF Treasurer Xavier de Puytorac, email:





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[xavier@europowerlifting.org](mailto:xavier@europowerlifting.org). The confirmation must include changes in the list of referees and changes in the final nomination.

**Indemnity & Insurance:** All participating federations and its delegated athletes and officials agree to indemnify and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of this European Championships.

Bjørn Astad  
EPF President

Vladimir Mati  
Meet Director

Tero Hyttinen  
EPF Championships Secretary