



**The International Powerlifting Federation,
and the French Powerlifting Federation
invite**

**IPF member nations to participate in the
2024 Girl Power Tournament, in St-Germain en Laye (near Paris)
19 October 2024**

Open Classic Powerlifting- Women

Prize Money

1st Place	5000€
2nd Place	3000€
3rd Place	1500€
4th Place	1000€
5th Place	500€

The results will be conducted via IPF GL points.

Please note: all information is posted on only for information purposes. All official entries for the event must be done by IPF member nation on the Goodlift program, not by individuals.

Women Classic Powerlifting Tournament - 12 lifters (8 international lifters and 4 lifters reserved for French Federation*)

*If the French Powerlifting Federation does not need all the granted slots at the end of the inscriptions, the remaining slots will be given to the international lifters. If the total of 12 lifters is not reach with the addition of the international and French athletes, the remaining slots will be provided by the French Federation.

The ranking for the slots for the international lifters will be based on their best result (IPF Points) withing the last 24 month. This result must be proofed by the national federation who is doing the inscription or inscribed in the Goodlift program (lifters profiles).

Meet Director: Xavier de Puytorac

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Technical Secretary: Fabrice Magrin

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Host City: St Germain en Laye, France

Date : 19 October 2024

Venue : **Gymnase Philippe Pivert** – 101 rue saint léger. 78100 St Germain en Laye- France

Airport: Paris

Transport : *will not be provided from and to the airports*

Hotels : All athletes and coaches are free to find their own accommodation via Booking, Airbnb...

Scale: scale available at the venue

Participation and Antidoping Fee: *Free of charge*, The French Powerlifting Federation will cover the amounts for each athlete.

Inscriptions:

The 18 of September 2024 will be end of the inscriptions on the Goodlift program.

Identification: all lifters are expected to present passport or other required document at the weigh-in.

Visa: athletes and coaches who need visas can ask an official invitation to the technical secretary.

Health insurance: all delegate members must have a valid health insurance. The organizer and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc...

Timetable

Weigh-in	Competition	Victory Ceremony
14:00 – 15:30	16:00 – 18:30	18:45

The victory ceremony will be immediately after the session.

It will be mandatory for all award winners to attend this victory ceremony, otherwise she will lose her prize money.

It is mandatory that each athlete wears her National Team Track Suit for the award.

Gaston Parage

IPF President

Xavier de Puytorac

Meet Director

Fabrice Magrin

Technical Secretary