



**The International Powerlifting Federation,
and the French Powerlifting Federation
invite**

**IPF member nations to participate in the
2023 Girl Power Tournament, in Cenon, France
22 October 2023**

Open Classic Powerlifting- Women

Prize Money

1st Place	5000€
2nd Place	3000€
3rd Place	1500€
4th Place	1000€
5th Place	500€

The results will be conducted via IPF GL points.

Please note: all information is posted on only for information purposes. All official entries for the event must be done by IPF member nation on the Goodlift program, not by individuals.

Women Classic Powerlifting Tournament - 12 lifters (8 international lifters and 4 lifters reserved for French Federation*)

*If the French Powerlifting Federation does not need all the granted slots at the end of the inscriptions, the remaining slots will be given to the international lifters. If the total of 12 lifters is not reach with the addition of the international and French athletes, the remaining slots will be provided by the French Federation.

The ranking for the slots for the international lifters will be based on their best result (IPF Points) withing the last 24 month. This result must be proofed by the national federation who is doing the inscription or inscribed in the Goodlift program (lifters profiles).

Meet Director: Xavier de Puytorac

Xavier.depuytorac@ffforce.fr

Technical Secretary: Fabrice Magrin

Fabrice.magrin@ffforce.fr

Host City: Cenon, France

Date : 22 October 2023

Venue : **Le Rocher de Palmer** – 1 rue Aristide Briand, 33152 Cenon, France

Airport: Bordeaux Airport (BDX)

Transport : ***will not be provided***

Hotels :

Hotel Kyriad Bordeaux Lormont – 1 avenue de Paris, 33310 Lormont

Holiday Inn Express Bordeaux Lormont – rue Marcel Fourbet, 33310 Lormont

(Please note that the hotel list is only a recommendation. All athletes and coaches are free to find their own accommodation)

Scale: scale available at the venue

Participation and Antidoping Fee: *Free of charge*, The French Powerlifting Federation will cover the amounts for each athlete.

Inscriptions:

The 22 of September 2023 will be end of the inscriptions on the Goodlift program.

Identification: all lifters are expected to present passport or other required document at the weigh-in.

Visa: athletes and coaches who need visas can ask an official invitation to the technical secretary.

Health insurance: all delegate members must have a valid health insurance. The organizer and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc...

Timetable

Weigh-in	Competition	Victory Ceremony
15:00 – 16:30	17:00 – 19:30	19:45

The victory ceremony will be immediately after the session.

It will be mandatory for all award winners to attend this victory ceremony, otherwise she will lose her prize money.

It is mandatory that each athlete wears her National Team Track Suit for the award.

Gaston Parage

IPF President

Xavier de Puytorac

Meet Director

Fabrice Magrin

Technical Secretary