

Timetable: European Junior and Sub-junior Equipped Powerlifting Championships 2nd – 4th May 2023 in Thisted, Denmark

14 April 2023

Day	Weigh in	Categories	Start	Number of lifters	End after victory ceremony
Tuesday 2.5	08:00-09:30	Sub-junior women Group 1: 43, 47, 52 (8) Group 2: 57, 63, 69, 76, 84, +84 (9)	10:00	17	14:00
		Opening ceremony	15:00		
	13:30-15:00	Men Sub-junior Group 3: 59, 66, 74 , 83 93, 105, 120 and +120	15:30	8	18:30
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Wednesday 3.5	08:00-09:30	Men Junior Group 1: 53, 59, 66 and 74 (6) Group 2: 83 and 93 (9)	10:00	15	14:00
	13:30-15:00	Women Junior: Group 3: 43, 52, 57 and 63 (10) Group 4: 69, 76, 84 and +84 (12)	15:30	22	19:00
15					
Thursday 4.5	08:00-09:30	Men Junior Group 1: 105 (7) Group 2: 120, +120 (8)	10:00	15	13:00
		General Assembly	16:00		
Banquet for Sub-junior and Junior lifters			20:00	77	

Timetable European Open Equipped Powerlifting Championships

5th– 7th May 2023 in Thisted, Denmark

13 April 2023

Day	Weigh in	Categories	Start	Number of lifters	End after victory ceremony
Friday 5.5	08:00-09:30	Women Open Group 1: 47 and 52 (10) Group 2: 57 (10)	10:00	20	13:30
	12:00-13:30	Men Open Group 3: 59, 66 (5) and 74 (5) Group 4: 83 (13)	14:00	23	17:30
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Saturday 6.5	08:00-09:30	Women Open Group 1: 63 and 69 (6+7)	10:00	13	13:00
	13:00-14:30	Men Open Group 2: 93 (9) Group 3: 105 (12)	15:00	21	18:30
34					
Sunday 7.5	08:00-09:30	Women Open Group 1: 76 (7) Group 2: 84 and +84 (8+4)	10:00	19	13:30
	13:00-14:30	Men Open Group 3: 120 (8) Group 4: +120 (7)	15:00	15	18:00
Banquet for Open lifters			20:00	111	