

Timetable after preliminary nomination European Masters Classic Powerlifting Championships

Last updated: 12: January 2023

Day	Weight in	Categories	Lifters	Start	End
Tuesday 28 th February	08:00 - 09:30	Men M4 all	21	10:00	14:00
	Opening Ceremony			14:30	15:00
	13:30 - 15:00	Women M4+M3 all	35	15:30	20:30

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Wednesday 1 st March	07:00 - 08:30	Women M2 47 kg to 63 kg	27	09:00	14:00
	12:00 - 13:30	Women M2 69 kg to +84 kg	34	14:00	19:00
	17:00 - 18:30	Men M3 59 kg to 74 kg	14	19:00	22:00

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Thursday 2 nd March	07:00 - 08:30	Men M3 83 and 93 kg	16	09:00	12:00
	10:00 - 11:30	Men M3 105 to + 120 kg	17	12:00	15:00
	13:00 - 14:30	Men M2 59 kg to 74 kg	18	15:00	18:00
	16:30 - 18:00	Men M2 105 kg	18	18:30	22:00

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Friday 3 rd March	07:00 - 08:30	Men M2 83, 93, 120 and +120 kg	23	09:00	13:00
	11:00 - 12:30	Men M2 120 and +120 kg	18	13:00	17:00
	15:00 - 16:30	Men M1 59 to 83 kg	28	17:00	22:30

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Saturday 4 th March	07:00 - 08:30	Women M1 47 to 57 kg	22	09:00	12:30
	10:30 - 12:00	Women M1 63 kg	15	12:30	15:30
	13:30 - 15:00	Men M1 93 kg	21	15:30	18:30
	16:30 - 18:00	Men M1 105 kg	19	18:30	22:00

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Sunday 5 th March	07:00 - 08:30	Women M1 69 kg and 76 kg class	17	09:00	12:30
	10:30 - 12:00	Women M1 84 kg and +84 kg	14	12:30	15:30
	13:30 - 15:00	Men M1 120 kg and +120 kg	23	15:30	19:00
	Closing banquet		400	20:00	