

Timetable after final nomination European Master Equipped Powerlifting Championships 6th – 10th July 2022 in Eskilstuna, Sweden

Date: 15. June 2022

Day	Event	Start
Tuesday 5 th July 2022	Accreditation	12:00
	Technical Meeting	18:00

Day	Weight in	Categories	Lifters	Start	End
Wednesday 6 th July	09:00 - 10:30	Women M4+M3 all (1+2) Men M4 all (7)	10	11:00	13:30
	Opening Ceremony			14:00	
	12:30 - 14:00	Men M3 Group 1:74 and 83 (9) Group 2:93, 105, 120, +120 (10)	19	14:30	18:00

29

Thursday 7 th July	08:00 - 09:30	Women M2 Group 1:47, 52, 57, 69 (10) Group 2: 63, 76, 84, +84 (12)	22	10:00	14:30
	13:00 - 14:30	Men M2 Group 1: 66, 83, (9) Group 2: 74, 93 (8)	17	15:00	18:30

39

Friday 8 th July	08:00 - 09:30	Men M2 Group 1: 105, 120 and + 120 (14)	14	10:00	13:00
	12:00 - 13:30	Women M1 Group 1:47, 52, 57, 63, 76 (12) Group 2:69, 84, +84 (11)	23	14:00	18:00

37

Saturday 9 th July	08:00 - 09:30	Men M1 Group 1: 66, 74, 83 (9)	9	10:00	12:30
	11:30 - 13:00	Men M1 Group 2: 93, 105 (10) Group 1: 120 and +120 (10)	20	13:30	18:00
	Closing banquet		134	20:00	

29