

**European Junior and Sub-junior Equipped Powerlifting Championships
3rd – 5th May 2022 in Pilsen, Czechia**

Timetable after final nomination

Day	Weigh in	Categories	Start	Number of lifters	End after victory ceremony
Tuesday 3rd May	08:00-09:30	Sub-junior women Group 1: 43, 47, 52, 57 and 63 (12) Group 2: 69, 76, 84, +84 (10)	10:00	22	14:00
		Opening ceremony	15:00		
	13:30-15:00	Men Sub-junior Group 3: 59, 66, 74 and 83 (10) Group 4: 93, 105, 120 and +120 (8)	15:30	18	19:30
Wednesday 4th May	08:00-09:30	Men Junior Group 1: 53, 59, 66 and 74 (10) Group 2: 83 (7)	10:00	17	13:30
	13:00-14:30	Women Junior: Group 3: 43, 52, 57 and 69 (12) Group 4: 63, 76, 84 and +84 (11)	15:00	23	19:00
Thursday 5th May	10:00-11:30	Men Junior Group 1: 93 and 105 (10) Group 2: 120 and +120 (8)	12:00	18	16:00
Banquet for Sub-junior and Junior lifters			20:00	98	

European Open Equipped Powerlifting Championships

6th – 8th May 2022 in Pilsen, Czechia

Timetable after final nomination

Day	Weigh in	Categories	Start	Number of lifters	End after victory ceremony
Friday 6th May	08:00-09:30	Women Open Group 1: 47 and 52 (8) Group 2: 57 (7)	10:00	15	13:00
	12:00-13:30	Men Open Group 3: 59, 66 (10) Group 4: 74 (6)	14:00	16	17:30
	16:00-17:30	Men Open Group 5: 83 B (8) Group 6: 83 A (7)	18:00	15	21:00
Saturday 7th May	08:00-09:30	Women Open Group 1: 63 (6) Group 2: 69 (10)	10:00	16	13:30
	12:30-14:00	Men Open Group 3: 93 (10) Group 4: 105 (14)	14:30	24	18:30
Sunday 8th May	08:00-09:30	Women Open Group 1: 76 (10) Group 2: 84 and +84 (8+6)	10:00	24	14:30
	13:00-14:30	Men Open Group 3: 120 (11) Group 4: +120 (9)	15:00	20	18:30
Banquet for Open lifters			20:00	130	