



# EUROPEAN POWERLIFTING FEDERATION

## Invitation

The European Powerlifting Federation and the Czech Powerlifting Federation  
Invite the EPF member nations to participate in the

### European Masters Classic and Equipped Powerlifting Championships 7<sup>th</sup> – 13<sup>th</sup> July 2021 in Pilsen, Czechia

The EPF member nations are invited to take part in the European Masters Classic and Equipped Powerlifting Championships 7<sup>th</sup> – 13<sup>th</sup> July 2021 in Pilsen, Czechia.

**Please note:** all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, **not** by individuals.

**Meet Director:** Vladimir Mati, e-mail: [vmati@seznam.cz](mailto:vmati@seznam.cz)

**Technical Secretary:** Ivan Karpisek, e-mail: [ivan.karpisek@tiscali.cz](mailto:ivan.karpisek@tiscali.cz)

**Correspondence, visa:** Lenka Matejovska, e-mail: [cpf@powerlifting.cz](mailto:cpf@powerlifting.cz)

**Accommodation:** Vojtech Duraj, e-mail: [powerlifting@parkhotel-czech.eu](mailto:powerlifting@parkhotel-czech.eu)  
Mobile Phone: +420 608 111 702  
Phone: +420 378 772 977

**Transport, banquet:** Alyona Vassilkova, e-mail: [transport-banquet@seznam.cz](mailto:transport-banquet@seznam.cz)  
Mobile Phone: +420 774 896 694

**Championship Secretary:** Bjørn Astad, e-mail: [bjorn@europowerlifting.org](mailto:bjorn@europowerlifting.org) phone: +47 91817979, Norway

**Host City:** Pilsen, Czechia

**Date:** 7<sup>th</sup> – 13<sup>th</sup> July 2021

**Venue:** Parkhotel Congress Center Pilsen, U Borskeho Parku 31, 320 04 Pilsen, Czechia

**Technical Meeting:** Tuesday 6<sup>th</sup> July at 20:00 in at the Parkhotel Congress Center Pilsen

*All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is absent at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail) a fine of 250 Euro will be imposed to the concerned national federation ( EPF By-laws 105.6). The confirmation of absence from Technical Meeting must be sent between the date of the final nomination and the start of the Technical Meeting. The confirmation must include changes in the list of referees and changes in the final nomination.*

#### Official hotels:

##### Parkhotel Congress Center Pilsen

U Borskeho Parku 31, 320 04 Pilsen, Czechia, [www.parkhotel-czech.eu](http://www.parkhotel-czech.eu)

#### COMFORT ROOMS

Single room: 2.080 CZK (Approx. 83 EUR) per person/night, including breakfast

Double room: 1.300 CZK (Approx. 52 EUR) per person/night, including breakfast

Triple room: 1.050 CZK (Approx. 42 EUR) per person/night, including breakfast

**STANDARD rooms ( annex building) - on request ( max occupancy 20 rooms)**

**Single room: 1.850 CZK (Approx. 74 EUR) per person/night, including breakfast**

**Double room: 1.125 CZK (Approx. 45 EUR) per person/night, including breakfast**

**Triple room: 933 CZK (Approx. 37 EUR) per person/night, including breakfast**

**After fully occupancy of the Hotel Parkhotel we can reserve following hotel:**

**Hotel IBIS (shuttle to the venue is provided)**

Univerzitni 65, 301 00 Pilsen, Czechia

[www.ibis.com](http://www.ibis.com)

**Single room: 1.900 CZK (Approx. 76 EUR) per person/night, including breakfast**

**Double room: 1.150 CZK (Approx. 46 EUR) per person/night, including breakfast**

**The accommodation fees can be paid as follows:**

1. Bank transfer against the invoice in CZK. Payment must be received at the bank account mentioned on the invoice at the latest 7 days prior to the beginning of the Championship.

**Note 1 :**

All rooms must be booked by the national federation via the championship organiser and **paid for Wednesday 30<sup>th</sup> June 2021 the latest ( 7 days prior to the date of the Championship)**. If the reservation of accommodation for the championship are cancelled before this date the prepaid payments will be refunded. Participants are free to book their own hotel accommodation at other hotels after the deadline, but then they must pay an administration fee of 100 € for each person (athletes, coaches, referees and officials) to the organiser to receive proper documentation to take part in the championship. The organiser will not be responsible for any hotel bills of the participating nations.

**Note 2:**

In the event of a Championships having both Classic and Equipped, a lifter has the option of competing in both Championships. The athlete shall be required pay entry fee for both championships and will be required to compete twice.

**Note 3:**

**Wednesday 16<sup>th</sup> June 2021 (21 days prior to the date of the Championship)** is the latest date for any removal of nominated lifters. If not cancelled in time, federations have to pay the participation fee and the doping fee for all lifters specified in the final nomination form.

**For referees Wednesday 23<sup>rd</sup> June 2021 (14 days prior to the date of the Championship)** is the latest day for changes of categories for which referee has been allocated in the final nomination. All corrections must be made latest 14 days prior to the date of the technical meeting. Any changes requested by the referees after this date will cause a fine of 100 Euro! (EPF BL 105.13.2) However, federations may allocate duties between their own referees latest at the technical meeting without any fine.

Any nation, participating in European Championships with more 3 lifters, must include at least one international referee. If more than 14 lifters from one nation take part, at least 2 referees must be included. Failure to meet this specification imposes a fine of 500€ for each missing referee.

All nominated referees attending a championship, must be available for at least two days (EPF BL 105.13).

It is the responsibility of each Federation to confirm in the final nomination in which categories their referees will be available or cancel the referees who will not participate in the Championships.

All referees nominated at the time of the final nomination will be awarded referee duties by the EPF Technical Committee Chairman (TC Chairman) and the referee list will be published at the EPF website (Referees/Jury under Upcoming Events). All federations/referees must control this list and if they do not agree, they must immediately contact the TC Chairman for corrections.

## Arrivals/Departures by plane – Vaclav Havel Airport Prague:

Transport from Prague airport to hotel in Pilsen

When arriving 1 person: 1.500 CZK (Approx. 60 EUR) per person/one way

When arriving 2 people: 1.250 CZK (Approx. 50 EUR) per person/one way

When arriving 3 people: 1.000 CZK (Approx. 40 EUR) per person/one way

When arriving 4 or more people: 750 CZK (Approx. 30 EUR) per person/one way

### Please send your detailed travel itinerary to:

**Aliona Vassilkova** - e-mail: [transport-banquet@seznam.cz](mailto:transport-banquet@seznam.cz)

Use the transport-banquet form.

Transport must be paid in advance on account of the organiser against the invoice in EUR. **Payment must be received at the bank account mentioned on the invoice at the latest 7 days (Wednesday 30th June) prior to the date of the Championship.** If you order the transport, you must pay for it even if you later decide not to use it.

**Shuttle:** From the hotel Ibis to the venue is free.

**Scales:** Scales are available at the venue and at the Parkhotel Congress Center.

**Training:** Training equipment (one training platform with approved powerlifting equipment) available at the hotel from Wednesday 7th July to Saturday 16th July, every day from 8:00 to 21:00. This equipment can be used only by accredited lifters.

**Flag and anthem:** Will be provided by the organiser.

**Closing Banquet 1:** **Friday 9<sup>th</sup> July**, 20:00 at the Venue.  
Price 900 CZK (Approx. € 35) per person paid to the organizer  
Payment in advance for banquet tickets is recommended.

**Closing Banquet 2:** **Thursday 13<sup>th</sup> July**, 20:00 at the Venue.  
Price 900 CZK (Approx. € 35) per person paid to the organizer.  
Payment in advance for banquet tickets is recommended.

Tickets for the banquet please order on the transport-banquet form.

Tickets order send to:

**Alyona Vassilkova** - e-mail: [transport-banquet@seznam.cz](mailto:transport-banquet@seznam.cz)

Tickets for the banquet can be paid to the account of the organizer according the invoice in CZK. **Payment must be received at the bank account mentioned on the invoice at the latest 7 days prior to the date of the Championship.**

**Participation Fee:** 90 € for each lifter must be paid by bank transfer to the EPF bank account latest one day before the Technical Meeting. Invoice will be sent by the EPF Treasurer. Lifter competing in both Classic and Equipped, shall pay entry fee for both championships.

**Anti-Doping Fee:** 50 € for each lifter must be paid by bank transfer to the EPF bank account latest one day before the Technical Meeting. Invoice will be sent by the EPF Treasurer.

**EPF Invoices:** The invoice will be sent to the federations by the EPF Treasurer latest 14 days prior to the day of the Technical Meeting (EPF BL 103.3.2.). Federations must pay participation and anti-doping fees for the number of lifters declared at the **final** nomination.  
All invoices are published at the EPF web ([www.europowerlifting.org](http://www.europowerlifting.org)) under "SERVICES" >> "INVOICES". Every member federation may go to the EPF website and download their invoices. Payment must be at the EPF account latest one day prior to the Technical meeting.

- Nominations:** Team nomination are done by each federation by the IPF electronic nomination system. Team nomination forms must be sent to:  
Meet Director Vladimir Mati, e-mail: [vmati@seznam.cz](mailto:vmati@seznam.cz) and  
EPF Championship Secretary Bjørn Astad, e-mail: [bjorn@europowerlifting.org](mailto:bjorn@europowerlifting.org).
- Preliminary:** **Saturday 8<sup>th</sup> May 2021** (No later than 60 days before the date of the Championship. Complete filled in preliminary form must be sent. No final nomination will be accepted if complete form was not sent).
- Final:** **Wednesday 16<sup>th</sup> June 2021** (no later than 21 days before the date of the Championship. Later entries will not be accepted).  
All lifters are expected to present passports (identification) and consent form at the weigh-in.
- Technical Meeting:** **Thursday 6<sup>th</sup> July** at 20:00 at the Venue
- Opening Ceremony:** **Wednesday 7<sup>th</sup> July** at 15:30 hours at the Venue. One representative from each participating country must take part at the Ceremony.
- Victory Ceremonies:** Will be held immediately after each lifting session. It is mandatory that each athlete wears their Team Warm-up/Track Suit for the award presentation.
- Medals:** Men and Women are going to receive medals for placing 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in their weight classes.  
  
Three best lifters by **IPFGL formula** of each age category, will be rewarded during victory ceremony. Awards for Nation competition by Team points isn't available for Masters Championships.
- Referees exam:** If referee's examination is arranged, the written examinations will be done on **Wednesday morning 7<sup>th</sup> July**, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. Organiser will prepare a room for written examination.
- Important Note:** **The timetable may be changed after the final nomination. Some categories may be moved one day earlier or later than specified in the preliminary timetable.**

## Timetable

**European Masters Equipped and Classic Powerlifting Championships 7<sup>th</sup> to 13<sup>th</sup> July in Pilsen, Czechia**

**Opening ceremony: at 11:30 hours at venue**

### EQUIPPED POWERLIFTING

Day	Weigh in	Categories	Start	Number of lifters	End after victory ceremony
<b>Wednesday 7.07.2021</b>		<b>Opening ceremony</b>	11:30		
	10:00-11:30	<b>Men M4 and M3</b> Group 1: M4 all and M3: 59, 66, 74 and 83 Group 2: M3: 93, 105, 120 and +120	12:00	18	16:30
<b>Thursday 8.07.2021</b>	09:00-10:30	<b>Women M3, M2 and M1</b> Group 3: M3 and M2 all Group 4: M1 all	11:00	15	14:30
	13:00-14:30	<b>Men M2 all</b>	15:00	12	19:00
<b>Friday 9.07.2021</b>	09:00-10:30	<b>Men M1</b> Group 6: 74 kg, 83 kg, 93 kg and 105 kg Group 7: 120 kg and +120 kg	11:00	24	15:30
	<b>Banquet for equipped</b>			<b>20:00</b>	<b>69 lifters</b>

## Timetable

**European Masters Equipped and Classic Powerlifting Championships 7<sup>th</sup> to 13<sup>th</sup> July in Pilsen, Czechia**

**Opening ceremony: at 11:30 hours at venue**

### CLASSIC POWERLIFTING

Day	Weigh in	Categories	Start	Number of lifters	End after victory ceremony
<b>Saturday 10.07.2021</b>	09:00-10:30	<b>Women M4, M3 and M2</b> Group 1: M4 and M3 all Group 2: M2 all	11:00	15	14:30
	13:00-14:30	<b>Men M4 all</b>	15:00	13	19:00
<b>Sunday 11.07.2021</b>	09:00-10:30	<b>Men M3</b> Group 4: 59, 66, 74 and 83 Group 5: 93, 105, 120 and +120	11:00	18	14:30
	13:00-14:30	<b>Men M2</b> Group 6: 66, 74, 93 and 105 Group 7: 83, 120 and + 120	15:00	27	20:00
<b>Monday 12.07.2021</b>	09:00-10:30	<b>Women M1</b> Group 8: 57 and 69 Group 9: 63, 76, 84 and +84	11:00	15	14:30
	13:00-14:30	<b>Men M1</b> Group 10: 66, 74 and 93 Group 11: 83	15:00	19	20:00
<b>Tuesday 13.07.2021</b>	10:00-11:30	<b>Men M1</b> Group 12: 105 and 120 Group 13: +120	12:00	17	15:30
<b>Banquet for Classic</b>			<b>20:00</b>	<b>124 lifters</b>	

**Important Items to Remember:**

Preliminary nominations are done by each federation by the IPF Electronic Nomination System. In additions, preliminary nomination forms must be sent to the Meet director and the EPF Championship Secretary not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

According to Technical Rules [Page 4, item 7] at the final nomination you must define which athletes will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination. No more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Changes may occur to the timetable of events. All changes will take place at the technical meeting.

If the organiser does not receive a confirmed cancellation of hotel rooms by the given deadline all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws 105.5.2).

All athletes, coaches, referees and officials from each federation must book their rooms by the organiser and must stay in the official hotel during the entire time in attendance of the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the entire time in attendance of the championship, they will be obliged to pay an administration fee of € 100 per person to the organiser. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (IPF By-laws 105.4.4).

**Indemnity & Insurance:** All participating federations and its delegated athletes and officials agree to indemnity and not hold the organising committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

All delegate members must have a valid **incident and health insurance policy**. The Organiser and the IPF/ EPF will not incur any expenses for a doctor or stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flight, sickness, accidents, thefts etc.”

Arnulf Wahlstrøm  
EPF President

Vladimir Mati  
Meet Director

Bjorn Astad  
EPF Championships Secretary