

EUROPEAN POWERLIFTING FEDERATION
European Women's Equipped Powerlifting Championships, Pilsen (Czechia), 03-08.08.2021

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPFGL	Coef	Lot	All Squat			All Bench Press			All Deadlift			Total	IPFGL Pts	Pts		
Sub-Juniors																					
-47kg																					
1.	Chernyshova Daria	2004	UKR	46,41	0,2212	1	100,0	110,0	120,0	1	45,0	57,5	57,5	1	95,0	105,0	112,5	1	290,0	64,15	12
-52kg																					
1.	Yavorska Valeriia	2003	UKR	51,88	0,2040	3	127,5	135,0	142,5	2	80,0	92,5	100,0	1	120,0	127,5	132,5	3	355,0	72,42	12
2.	Polianska Mariia	2003	UKR	49,69	0,2103	7	125,0	135,0	140,0	3	60,0	62,5	65,0	4	117,5	125,0	130,0	1	335,0	70,45	9
3.	Turkova Denisa	2003	CZE	50,54	0,2078	4	135,0	140,0	142,5	1	75,0	75,0	77,5	2	107,5	115,0	122,5	4	332,5	69,09	8
4.	Cichocka Wiktoria	2004	POL	50,84	0,2069	5	110,0	115,0	122,5	5	70,0	75,0	77,5	3	110,0	122,5	122,5	5	307,5	63,62	7
—	Oproiu Sabina	2005	ROU	50,95	0,2066	2	90,0	100,0	100,0	6	65,0	65,0	77,5	—	90,0	95,0	100,0	6	DSQ	—	—
—	Cazacu Alexandra	2003	ROU	51,65	0,2046	6	122,5	132,5	135,0	4	50,0	50,0	50,0	—	122,5	127,5	132,5	2	DSQ	—	—
-57kg																					
1.	Bordiuh Veronika	2003	UKR	56,77	0,1922	10	160,0	167,5	170,0	1	85,0	85,0	95,0	1	130,0	137,5	142,5	2	407,5	78,32	12
2.	Borowczyk Adrianna	2003	POL	56,14	0,1935	8	145,0	155,0	162,5	2	65,0	70,0	75,0	2	140,0	150,0	152,5	1	380,0	73,53	9
3.	Gryczan Emilia	2006	POL	56,47	0,1928	9	102,5	107,5	112,5	3	50,0	55,0	60,0	3	110,0	120,0	125,0	3	292,5	56,39	8
-63kg																					
1.	Kolesnyk Anita	2003	UKR	60,61	0,1846	11	150,0	162,5	180,0	1	67,5	75,0	80,0	1	145,0	155,0	165,0	1	425,0	78,45	12
2.	Bzdyr Sofiia	2003	UKR	58,70	0,1882	12	120,0	130,0	140,0	2	60,0	65,0	70,0	2	100,0	120,0	135,0	2	340,0	63,99	9
-69kg																					
1.	Artyomova Anastasia	2006	UKR	68,29	0,1728	18	160,0	170,0	177,5	1	110,0	110,0	122,5	1	130,0	140,0	147,5	2	420,0	72,58	12
2.	Lapsanska Olivia	2003	SVK	66,48	0,1753	17	140,0	150,0	157,5	2	67,5	72,5	77,5	2	135,0	140,0	150,0	1	367,5	64,42	9
-76kg																					
1.	Sieczka Wiktoria	2003	POL	72,46	0,1678	20	195,0	210,0	210,0	1	90,0	100,0	100,0	1	135,0	150,0	160,0	1	455,0	76,35	12
2.	Astapova Anastasiia	2003	UKR	74,41	0,1657	19	170,0	170,0	177,5	2	80,0	87,5	90,0	2	145,0	155,0	155,0	2	402,5	66,69	9
3.	Dziwosz Julia	2004	POL	71,60	0,1688	21	75,0	X	X	3	55,0	75,0	75,0	3	75,0	77,5	80,0	3	230,0	38,82	8
-84kg																					
1.	Eliise Mikomagi	2003	EST	76,03	0,1641	13	150,0	165,0	175,0	1	90,0	95,0	100,0	1	155,0	170,0	190,0	1	440,0	72,20	12
2.	Nikohosian Alina	2005	UKR	83,51	0,1576	14	165,0	165,0	177,5	2	92,5	92,5	92,5	2	130,0	140,0	147,5	2	397,5	62,65	9
Team (points)																					
1.	Ukraine				60	[12+12+12+12+12]	365,92	IPFGL Pts													
2.	Poland				44	[12+9+8+8+7]	308,72	IPFGL Pts													
3.	Estonia				12	[12]	72,20	IPFGL Pts													
4.	Slovakia				9	[9]	64,42	IPFGL Pts													
5.	Czechia				8	[8]	69,09	IPFGL Pts													
—	Romania				—																
Best Lifters of Subjuniors by IPF GL Formula																					
Rnk	Lifter	Team	Bwt	Total	GL Points	C.Rnk															
1.	Kolesnyk Anita	Ukraine	60,61	425,0	78,4550	1															
2.	Bordiuh Veronika	Ukraine	56,77	407,5	78,3215	1															
3.	Sieczka Wiktoria	Poland	72,46	455,0	76,3490	1															
Juniors																					
-43kg																					
1.	Holovko Dariia	2000	UKR	42,69	0,2364	2	92,5	97,5	102,5	1	42,5	47,5	50,0	2	95,0	100,0	105,0	1	255,0	60,28	12
2.	Kozmenchuk Oksana	2001	UKR	42,58	0,2369	1	92,5	100,0	100,0	2	55,0	57,5	X	1	75,0	85,0	95,0	2	252,5	59,82	9
-47kg																					
1.	Kula Zuzanna	1999	POL	46,93	0,2194	3	177,5-wj	185,0	185,0-c	1	105,0	110,5	110,5-wj	1	147,5	155,0	160,0	1	455,5 -wj	99,94	12
-52kg																					
1.	Zhydkova Tetiana	2002	UKR	47,38	0,2178	4	130,0	130,0	140,0	1	80,0	80,0	85,0	1	95,0	110,0	120,0	1	335,0	72,96	12
-57kg																					
1.	Dekermendzhy Hanna	1999	UKR	56,53	0,1927	5	165,0	165,0	165,0	1	65,0	90,0	100,0	1	135,0	142,5	162,5	1	407,5	78,53	12
2.	Kaniuka Alona	1998	UKR	56,62	0,1925	6	140,0	155,0	165,0	2	47,5	60,0	65,0	2	120,0	140,0	162,5	2	360,0	69,30	9
-63kg																					
1.	Tjelta Marthe	1999	NOR	61,21	0,1836	9	170,0	180,0	185,0	1	100,0	105,0	110,0	1	170,0	177,5	182,5	1	467,5	85,83	12
2.	Slobodian Anita	2001	UKR	62,64	0,1811	8	165,0	172,5	180,0	2	95,0	100,0	105,0	2	162,5	170,0	175,0	2	455,0	82,40	9

-69kg

1. Slettnes Juliane	2001	NOR	68,11	0,1731	13	200,0-cj	215,5-wj	217,5	1	120,0	125,0	130,0	2	170,0-cj	180,0-cj	182,5	1	523,0	90,53	12
2. Antoniuk Anastasiia	2002	UKR	65,75	0,1763	15	185,0	195,0	202,5	2	130,0	140,0-cj	145,0	1	150,0	160,0	170,0	2	512,5	90,35	9
3. Pinionzh Kateryna	1998	UKR	68,86	0,1721	14	155,0	167,5	177,5	3	110,0	120,0	120,0	3	145,0	157,5	172,5	3	455,0	78,31	8

-76kg

1. Sitko Agata	1999	POL	74,57	0,1655	16	200,0	210,0	225,0	1	165,0	173,0	173,0	1	200,0-wj	215,0-wj	225,0	1	590,0	97,64	12
2. Rybak Paulina	1999	POL	69,35	0,1715	17	150,0	150,0	190,0	2	85,0	95,0	100,0	2	65,0	67,5	67,5	2	315,0	54,02	9

-84kg

1. Borshchevska Alona	1999	UKR	78,72	0,1615	10	160,0	172,5	185,0	1	115,0	115,0	130,0	1	150,0	162,5	175,0	1	477,5	77,12	12
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84+kg

1. Kolata Karolina	1999	POL	91,36	0,1524	12	195,0	195,0	205,0	1	130,0	137,5	140,0	1	150,0	165,0	170,0	1	502,5	76,58	12
2. Januszewska Izabella	2002	POL	84,09	0,1572	11	125,0	135,0	145,0	2	70,0	75,0	80,0	2	135,0	145,0	165,0	2	370,0	58,16	9

Team (points)

1. Ukraine	57	[12+12+12+12+9]	379,24	IPFGL	Pts
2. Poland	54	[12+12+12+9+9]	386,35	IPFGL	Pts
3. Norway	24	[12+12]	176,36	IPFGL	Pts

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	GL Points	C.Rnk
1.	Kula Zuzanna	Poland	46,93	455,5	99,9367	1
2.	Sitko Agata	Poland	74,57	590,0	97,6450	1
3.	Slettnes Juliane	Norway	68,11	523,0	90,5313	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUT = Austria
 CZE = Czechia
 DEN = Denmark
 EST = Estonia
 FRA = France

GER = Germany
 ISL = Iceland
 NED = Netherlands
 NOR = Norway
 POL = Poland

ROU = Romania
 SVK = Slovakia
 UKR = Ukraine