

Timetable

European Classic Open, Junior and Sub-Junior Powerlifting Championships, Västerås, Sweden 2021 Opening ceremony: Friday 3 December 2021 at 15:00 hours at venue

Day	Weigh in	Categories	Start	Number of lifters	End after victory ceremony
46 (R1)					
Friday 3.12.2021	07:00-08:30	Sub Women 43,0 to 63,0 (2 groups)	09:00	27 (1R)	14:30
	-	Opening ceremony	1500		1530
	14:00-15:30	Sub Women 69,0 to 84,0+ (2 groups)	16:00	19	20:00
66 (R5)					
Saturday 4.12.2021	07:00-08:30	Sub Men 59,0 to 74,0 (2 groups)	09:00	26 (2R)	13:30
	11:30-13:00	Sub Men 83,0 to 93,0 (2 groups) & Special Olympics	13:30	19+2 (1R)	17:30
	15:30-17:00	Sub Men 105.0 – 120.0+ (2 groups)	17:30	21 (2R)	21:30
59 (R5)					
Sunday 5.12.2021	07:00-08:30	Junior Men 53,0 to 66,0 (4 – 2 groups)	09:00	23 (2R)	13:30
	11:30-13:00	Junior Women 43,0 to 52,0 (4 – 2 groups)	13:30	19 (2R)	17:00
	15:00-16:30	Junior Men 74,0 kg (2 groups)	17:00	17 (1R)	20:30
68 (8R)					
Monday 6.12.2019	07:00-08:30	Junior Women 57,0 kg +63,0 kg	09:00	33 (6R)	15:00
	13:00-14:30	Junior Women 69,0 kg	15:00	20 (2R)	18:00
	16:00-17:30	Junior Women 76,0 kg	18:00	15	21:00
61 (R9)					
Tuesday 7.12.2021	07:00-08:30	Junior Women 84,0 to 84,0+ kg	09:00	19 (3R)	13:00
	11:30-13:00	Junior Men 83,0 kg	13:30	21 (5R)	17:00
	15:30-17:00	Junior Men 93,0 kg	17:30	21 (1R)	21:00
49 (R3)					
Wednesday 8.12.2021	07:00-08:30	Junior Men 105,0 kg	09:00	20 (2R)	13:00
	11:00-12:30	Junior Men 120,0 to 120+ kg	13:00	29 (1R)	18:00
Banquet for Juniors & Sub-Juniors			20:00	xxx lifters	

OPEN WOMEN & MEN

60 (R5)

Thursday 9.12.2021	07:00-08:30	Women 47,0 kg and 52,0 kg	09:00	19 (R1)	13:00
	11:00-12:30	Women 57,0 kg	13:00	21 (R3)	17:00
	15:00-16:30	Women 63,0 kg	17:00	20 (R1)	21:00

66 (R10)

Friday 10.12.2021	07:00-08:30	Men 59,0 and 66,0	09:00	17 (R3)	12:30
	11:00-12:30	Men 74,0 and 83,0	13:00	35 (R5)	18:00
	16:00-17:30	Women 69,0	18:00	14 (R2)	21:00

52 (R6)

Saturday 11.12.2021	07:00-08:30	Women 76,0 kg	09:00	15 (R1)	12:00
	10:00-11:30	Men 93,0 kg	12:00	16 (R1)	15:00
	13:00-14:30	Men 105,0 kg	15:00	21 (R4)	19:00

54 (R3)

Sunday 12.12.2021	07:00-08:30	Women 84,0 & 84,0+ kg	09:00	22 (R1)	12:30
	11:00-12:30	Men 120, kg	13:00	19 (R2)	15:30
	13:30-15:00	Men +120, kg	15:30	13	18:00

Banquet for Open categories	20:00	xxx lifters
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Nominations are done by each federation by the IPF Electronic Nomination System. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

According to Technical Rules [Page 4, item 7] at the final nomination you must define which athletes will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination. No more change by weight class of any athlete is possible. The final nomination is valid for the competition.

Important Note:

The timetable may be changed after the final nomination. Some categories may be moved one day earlier or later than specified in the preliminary timetable.