EUROPEAN POWERLIFTING FEDERATION

Invitation

The European Powerlifting Federation

and

the Czech Powerlifting Federation

invite

the EPF member nations to participate in the Open, Junior and Sub-Junior European Equipped Powerlifting Championships 2019 in Pilsen, Czech Republic

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Organizers:	Czech Powerlifting Federation
Meet Director:	Vladimir Mati - e-mail: vmati@seznam.cz
Visa requests:	Lenka Matejovska - e-mail: cpf@powerlifting.cz
Transport, banquet:	Petra Jahlova - e-mail: transport-banquet@seznam.cz GSM.: +420 775 908 593
Accommodation:	Vojtech Duraj - e-mail: powerlifting@parkhotel-czech.eu GSM: +420 608 111 727 Phone: +420 378 772 977
EPF Championship secretary:	Jiri Hofirek - e-mail: epfsecretary@gmail.com GSM: +420 739 405 689, Malickeho 980, 410 02 Lovosice, Czech Republic
Host city:	Pilsen, Czech Republic
Date:	28th April – 4th May 2019
Venue:	Parkhotel Congress Center Pilsen U Borskeho Parku 31 320 04 Pilsen
General Assembly:	Saturday 27th April at Parkhotel Congress Center Pilsen at 18:00.
Technical meeting:	Saturday 27th April at Parkhotel Congress Center Pilsen after General Assembly

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation (see EPF By-laws 105.6).

Hotel:

Parkhotel Congress Center Plzen
U Borskeho Parku 31, 320 04 Pilsen, Czech Republic, www.parkhotel-czech.eu

SUPERIOR ROOMS:

Single room:	2.250 CZK (Approx. 88 EUR)	per person/night, including breakfast
Double room:	1.400 CZK (Approx. 55 EUR)	per person/night, including breakfast
Triple room:	1.100 CZK (Approx. 44 EUR)	per person/night, including breakfast

STANDARD ROOMS - on request

Number of single rooms is limited.

Prices include VAT and all town charges. Payment after arrival can be done by card (VISA, Master Card) or in cash. Payment in EUR will be calculated according to the current exchange rate.

If the Parkhotel will be occupied, organizer will inform participants about the second official hotel.
All athletes/nations are responsible for payment of their hotel expenses.

Notes:

Note 1:
All rooms must be booked at the latest with the deadline of the final nomination – **6th April 2019**. After the deadline the organizer cannot guarantee accommodations.
All athletes, coaches, referees and officials from each federation MUST STAY in the official hotel for all days in their attendance of the championship. Failure to comply will have the effect that they will not receive accreditation and will be excluded from the championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay **directly their rooms** by bank transfer or at the arrival at the hotel reception.

They mustn't pay the doping and the participation fees on this bank account!

At all European Championships **the accommodation fees** shall be payable as follows:

1. Bank transfer against the invoice in CZK. Payment must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.
2. Credit card
3. Cash (CZK or EUR according to the current exchange rate)

Note 2:
6th April 2019 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms **– 21 days prior to the Technical Meeting.**

If not cancelled in time, federations have to pay the reserved hotel rooms..

If requested visa is not obtained, the hotel must be notifed latest 7 days prior to the technical meeting to cancel the reservation.

For referees **13th April 2019 (14 days prior to the Technical Meeting)** is the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

The referee's final nomination is stated at the EPF website (Referees/Jury under Upcoming Events). If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination.

However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed technical committee member. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or €100 in fine depandant of the reason and decided by the jury in cooperation with the oppointed tecnhnical committee member.

Important warning for referees!!!

At the EPF General Assembly 2015 a new rule was adopted in the Constitution 13.10.1.
The rule states: "Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro."

Arrivals/Departures:

Arrivals/Departures by plane – Vaclav Havel Airport Prague:

Transport from Prague airport to hotel in Pilsen

When arriving 1 person:	2.500 CZK (Approx.100 EUR) per person/one way
When arriving 2 people:	1.500 CZK (Approx. 60 EUR) per person/one way
When arriving 3 people:	1.100 CZK (Approx. 44 EUR) per person/one way
When arriving 4 people:	1.000 CZK (Approx. 40 EUR) per person/one way
When arriving 5 or more people:	650 CZK (Approx. 26 EUR) per person/one way

Please send your detailed travel itinerary to:

Petra Jahlova - e-mail: transport-banquet@seznam.cz

Use the transport-banquet form.

Transport must be paid in advance on account of the organizer against the invoice in CZK. **Payment must be received at the bank account mentioned on the invoice at the latest 14 days prior to the beginning of the Championship.**
If you order the transport, you must pay for it even if you later decide not to use it.

Scales: Scales available at venue and at the hotel.

Training: Training equipment (one training platform with approved powerlifting equipment) available at the hotel from Sunday 28th April to Friday 3rd May, every day from 8:00 to 22:00. This equipment can be used only by accredited lifters.

Flag and anthem: Will be provided by the organizer

Opening ceremony: Monday, 29th April at 15:30 at Venue. One representative (either lifter or official) from each participating country shall take part at the ceremony.

Banquet: ***Sub-Junior and Junior banquet:*** Wednesday 1st May at 20:00 at Parkhotel. Price **780 CZK** (Approx. 30 €) per person paid to the organizer.

Closing banquet: Saturday 4th May at 20:00 at Parkhotel. Price **900 CZK** (Approx. 35 €) per person paid to the organizer.

Tickets for the banquet please order at the transport-banquet form.

Tickets order send to:

Petra Jahlova - e-mail: transport-banquet@seznam.cz

Tickets for the banquet can be paid in advance on account of the organizer against the invoice in CZK. **Payment must be received at the bank account mentioned on the invoice prior to the beginning of the Championship.**

Participation fee: **€ 90,00** for the number of lifters nominated at the preliminary nomination, must be paid by bank transfer to the EPF bank account latest one day before the Technical Meeting.

Anti-Doping fee: **€ 50,00** for the number of lifters nominated at the preliminary nomination, must be paid by bank transfer to the EPF bank account latest one day before the Technical Meeting.

EPF Invoices: The invoice must be sent to the nominated federations by the EPF Treasurer at the latest 14 days prior to the day of the Technical Meeting for each of the European Championships (EPF BYLAWS 103.3.2.)
Federations must pay participation and doping fees from the number of lifters declared at the preliminary nomination. Nominated reserve lifters are not included.

All invoices are published at the EPF web (www.europowerlifting.org) under "SERVICES" >> "INVOICES". Every member federation may go to the EPF web-site and download their invoices.

Nominations: Team nomination forms must be in the hands of the Meet Director - e-mail: vmati@seznam.cz

and the EPF Championship secretary - e-mail: epfsecretary@gmail.com not later than:

Preliminary: **26th February 2019 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.**

Final: **6th April 2019 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!**

Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve lifters. A nominated reserve lifter may replace a preliminary nominated lifter from the same federation. If a reserve lifter do not replace any lifter, he/she must be withdrawn from the final nomination and will not take part in the championships.

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

Confirmation of the referees participation.
It is the responsibility of each Federation to validly confirm in the final nomination in which categories their referees will be available, or cancel the referees who will not participate in the Championships.

All lifters are expected to present passports and other required documents at the weigh-in.

Correspondence: E-mails regarding the championships must be sent to:

Lenka Matejovska - e-mail: cpf@powerlifting.cz

and a copy

to the EPF Championship secretary:

Jiri Hofirek - e-mail: epfsecretary@gmail.com

Indemnity and Insurance:
All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee or IPF/ EPF accountable for and against any claims for personal injury, financial loss, death or property damage in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said European Championship.
All delegate members must have a valid incident and health insurance policy. The Organizer and the IPF/ EPF will not incur any expenses for a doctor or stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flight, sickness, accidents, thefts etc."

Referees: **All nominated referees attending a championship, must be available for at least two days!** (see: IPF Technical Rules, chapter - Referees, page 31, paragraph 17).

Any nation participating in Championships with more than 3 lifters must include at least one international referee. If more than 14 lifters take part from

one nation, at least 2 referees must be included.

Referees exam: If referee's examination are arranged, the written examinations will be done on Sunday 28th May mornig, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. Oganizer will prepare a room for written examination.

Victory Ceremonies: Will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Important Note: **The time table may be changed after the final nomination. Some categories may be moved one day earlier or later than specified in the preliminary Time Table.**

Provisional timetable

Day	Events	Start
Saturday 27.04.2019	Accreditation	14:00
	General Assembly	18:00

SUB-JUNIOR, JUNIOR

Day	Weigh-In time	Classes	Categories	Start
Sunday 28.04.2019	09:00 - 10:30	Sub-Jr Women	-43 to +84 kg	11:00
	14:00 - 15:30	Sub-Jr Men	-53 to +74 kg	16:00
Monday 29.04.2019	09:00 - 10:30	Jr Women	-43 to -63 kg	11:00
	Opening ceremony			**15:30**
	14:00 - 15:30	Sub-Jr Men	-83 to +120 kg	16:00
Tuesday 30.04.2019	09:00 - 10:30	Jr Women	-72 to +84 kg	11:00
	13:00 - 14:30	Jr Men	-53 to +74 kg	15:00
Wednesday 01.05.2019	09:00 - 10:30	Jr Men	-83 & -93 kg	11:00
	13:00 - 14:30	Jr Men	-105 to +120 kg	15:00
	Sub-Junior, Junior banquet			**20:00**

OPEN WOMEN, MEN

Thursday 02.05.2019	08:00 - 09:30	Open Men	-59 to -83 kg	10:00
	13:00 - 14:30	Open Women	-47 to -63 kg	15:00
Friday 03.05.2019	08:00 - 09:30	Open Women	-72 to +84 kg	10:00
	13:00 - 14:30	Open Men	-93 & -105 kg	15:00
Saturday 04.05.2019	09:00 – 10:30	Open Men	-120 & +120 kg	11:00
	Closing banquet			**20:00**

Arnulf Wahlstrøm
EPF President

Vladimir Mati
Meet Director

Miroslav Vacek
CPF President

Jiri Hofirek
EPF Championship Secretary