



# EUROPEAN POWERLIFTING FEDERATION

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## Invitation

The European Powerlifting Federation  
and  
the Hungarian Powerlifting Federation  
invite

the EPF member nations to participate in the  
**European Masters Classic Powerlifting Championships 2019**  
**in Győr, Hungary**

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

**Organizers:** Hungarian Powerlifting Federation

**Meet Director:** Istvan Botka - e-mail: [mastersgyor2019@premiumzrt.hu](mailto:mastersgyor2019@premiumzrt.hu)

**Transport-accommodation:** see the Transport, Accommodation form on EPF website

**EPF Championship secr.:** Jiri Hofirek - e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com), mobil: +420 739 405 689,  
Karla Malickeho 980, 410 02 Lovosice, Czech Republic

**Host city:** Győr, Hungary

**Date:** 5 - 10 March 2019

**Venue:** Olimpiai Sportpark, address: 9025 Győr, Radnóti Miklós u. 46,

**Technical meeting:** Monday 4th March at Hotel name Hotel Rába at 20:00 hours

*All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation (see EPF By-laws 105.6).*

### Hotels:

#### 1. Hotel Rába (\*\*\*)

Address, website

Single room: 95 € per night, including breakfast

Double room: 105 € per night, (room/ night), including breakfast

Triple room: 115 € per night (room/ night), including breakfast

#### 2. Hotel Ibis (\*\*\*)

Single room: 90 € per night, including breakfast

Double room: 100 € per night, (room / night), including breakfast

#### 3. Hotel Klastrom (\*\*\*)

Single room: 90 € per night, including breakfast

Double room: 95 € per night, (room / night), including breakfast

Prices include VAT and all town charges. Payment after arrival can be done by card (VISA, Master Card) or in cash. Payment in EUR will be calculated according to the current exchange rate.

## Notes:

### Note 1:

All rooms must be booked at the latest with the deadline of the final nomination – **11 February 2019**. After the deadline the organizer cannot guarantee accommodations.

All athletes, coaches, referees and officials from each federation **MUST STAY in the official hotel for all days in their attendance of the championship. Failure to comply will have the effect that they will not receive accreditation and will be excluded from the championship.**

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay **directly their rooms** by bank transfer or at the arrival at the accreditation.

### **Federation mustn't pay the doping and the participation fees on this bank account!!!**

At all European Championships **the accommodation fees** shall be payable as follows:

1. credit card
2. cash (EUR according to the current exchange rate)
3. Bank transfer against the invoice - **on the basis of a requirements of participants only against the invoice** (EUR according to the current exchange rate). Payment must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.
4. **Accommodation fees** can also be paid by bank transfer to the bank account if the organizer writes number and other details of his bank account in the invitation:

**Bank address: Kereskedelmi & Hitelbank Zrt. 8000 Szekesfehervar Liszt Ferenc utca 1.**

**Account holder: Premium Rendezvenyszervezo Zrt**

**SWIFT code BIC: OKHBHUHB**

**Account number (EUR) IBAN: HU10 10405066-50526872-69881021**

**Account number (HUF) IBAN: HU36 10405066-50526872-69881038**

Payment must be received at the above mentioned bank account at the latest 14 days prior to the beginning of the Championship.

### Note 2:

**11 February 2019** is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms – **21 days prior to the Technical Meeting**.

If not cancelled in time, federations have to pay the reserved hotel rooms.

**If requested visa is not obtained, the hotel must be notified latest 7 days prior to the technical meeting to cancel the reservation.**

For referees **18 February 2019 (14 days prior to the Technical Meeting)** is the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

The referee's final nomination is stated at the EPF website (Referees/Jury under Upcoming Events). If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination.

***However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed technical committee member. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or €100 in fine dependant of the reason and decided by the jury in cooperation with the appointed technical committee member.***

### **Important warning for referees!!!**

At the EPF General Assembly 2015 a new rule was adopted in the Constitution 13.10.1.

**The rule states: "Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro."** (See EPF Constitution 13.10.1)

## Arrivals/Departures by plane – Airport Budapest:

Transport from Budapest airport to hotel in Győr

When arriving 1 person:	80 EUR per person/one way
When arriving 2 people:	70 EUR per person/one way
When arriving 3 people:	60 EUR per person/one way
When arriving 4 people:	50 EUR per person/one way
When arriving 5 or more people:	40 EUR per person/one way

Please send your detailed travel itinerary to address on Accommodation -Transport form at EPF website.

Use the transport-accommodation form.

Transport must be paid in advance on account of the organizer against the invoice in Euro. **Payment must be received at the bank account mentioned on the invoice at the latest 14 days prior to the beginning of the Championship.**

If you order the transport, you must pay for it even if you later decide not to use it.

**Shuttle:** Daily free shuttle will be provided from the hotels to the venue

**Scales:** Scales available at venue and at the hotels.

**Training:** Training facilities available at the Sport hall

**Medals:** Also Men of age 70 years (i.e. Master IV), are going to receive medals for placing 1st, 2nd and 3rd in their weight classes, and Women of age both 60 years (i.e. Master III) and 70 years (i.e. Master IV), are going to receive medals for placing 1st, 2nd and 3rd in their weight classes.

**Three best lifters of each age category, present at the banquet, will be rewarded.**

**Awards for Nation competition by Team points isn't available for Masters Championships.**

**Flag and anthem:** Will be provided by the organizer

**Opening ceremony:** Tuesday 5 March at 15:45 hours at Venue. One representative (either lifter or official) from each participating country shall take part at the ceremony.

**Closing banquet:** Sunday 10<sup>th</sup> March at 20:00. Price: 35 €

**The number of banquet tickets must be ordered at the Transport-accommodation form at the EPF website.**

**Participation fee:** € 90,00 for **the number of lifters nominated at the preliminary nomination**, must be paid by bank transfer to the EPF bank account **latest one day** before the Technical Meeting.

**Anti-Doping fee:** € 50,00 for **the number of lifters nominated at the preliminary nomination**, must be paid by bank transfer to the EPF bank account **latest one day** before the Technical Meeting.

**EPF Invoices:** **The invoice must be sent to the nominated federations by the EPF Treasurer at the latest 14 days prior to the day of the Technical Meeting for each of the European Championships (EPF BYLAWS 103.3.2.)**  
**Federations must pay participation and doping fees from the number of lifters declared at the preliminary nomination. Nominated reserve lifters are not included.**  
**All invoices are published at the EPF web ([www.europowerlifting.org](http://www.europowerlifting.org)) under "SERVICES" >> "INVOICES". Every member federation may go to the EPF web-site and download their invoices. This was informed in the letter from our treasurer sent you 11.01.2018.**

**Nominations:** Team nomination forms must post:  
– directly to Goodlift Powerlifting online program on internet

- to the hands of the Meet director
- to the EPF Championships secretary not later than:

**Preliminary:** **3 January 2019** complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

**Final:** **11 February 2019** - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!

**New text:**

**Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve lifters. A nominated reserve lifter may replace a preliminary nominated lifter from the same federation. If a reserve lifter do not replace any lifter, he/she must be withdrawn from the final nomination and will not take part in the championships.**

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

**Confirmation of the referees participation.**

**It is the responsibility of each Federation to validly confirm in the final nomination in which categories their referees will be available**, or cancel the referees who will not participate in the Championships.

All lifters are expected to present passports and other required documents at the weigh-in.

**Correspondence:** E-mails regarding the championships must be sent to:  
Meet Director Istvan Botka - e-mail: [mastersgyor2019@premiumzrt.hu](mailto:mastersgyor2019@premiumzrt.hu)  
and a copy to the  
EPF Championship secretary: Jiri Hofirek - e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com)

**Indemnity and Insurance:**

*All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee or IPF/ EPF accountable for and against any claims for personal injury, financial loss, death or property damage in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said European Championships.*

*All delegate members must have a valid incident and health insurance policy. The Organizer and the IPF/ EPF will not incur any expenses for a doctor or stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flight, sickness, accidents, thefts etc."*

**Referees:** **All nominated referees attending a championship, must be available for at least two days!** (see: IPF Technical Rules, chapter - Referees, page 31, paragraph 17).

Any nation, being a member of IPF more than 5 years and participating in the EPF Championship with more than 3 lifters as stated in the preliminary nomination, must include at least one international referee. If participating with 15 or more lifters as stated in the preliminary nomination, the nation is obliged to nominate 2 referees.

If this requirement is not met, a fine of 500€ for each missing referee will be charged ( By Laws 105.13)

**Referees exam:** If referee's examination are arranged, the **written examinations will be done on Tuesday mornig**, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. Organizer will prepare a room for written examination.

**Victory Ceremonies:** **Will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.**

**Important Note:** **The time table may be changed after the final nomination. Some categories may be moved one day earlier or later than specified in the preliminary Time Table.**

## Preliminary timetable

### European Masters Classic Powerlifting Championships 2019 in Győr, Hungary

Opening ceremony: Tuesday, 5th March at 13:45 hours at venue

*Technical Meeting: Monday, 4th March, 2019 at 20:00*

Day	Weigh in	Categories	Start	Number of lifters	End after victory ceremony
<b>Tuesday 5.3.2019</b>	08:00-09:30	<b>Women Ma 3, 4 all (10+2)</b> 1 group	10:00	<b>12</b>	13:30
	-	<b>Opening ceremony</b>	<b>13:45</b>		<b>14:00</b>
	13:00-14:30	<b>Women Ma 2</b> 47,0 to 84,0+kg 3 group	14:30	30	20:30
42					
<b>Wednesday 6.3.2019</b>	08:00-09:30	<b>Men Ma 4</b> 59,0 to 120+ kg	10:00	19	13:30
	13:00-14:30	<b>Women Ma 1</b> 47,0 to 84,0+ kg 2 group	14:00	30	20:00
36					
<b>Thursday 7.3.2019</b>	08:00-09:30	<b>Men Ma 3</b> 59,0 to 93,0 kg 2 group	10:00	21	14:00
	13:00-14:30	<b>Men Ma 3</b> 105,0 to 120,0+kg 2 group	15:00	11	19:30
32					
<b>Friday 8.3.2019</b>	08:00-09:30	<b>Men Ma 2</b> 59,0 to 93,0 kg 2 group	10:00	29	16:30
	13:00-14:30	<b>Men Ma 2</b> 105,0 to 120,0+kg	17:00	19	21:00
48					
<b>Saturday 9.3.2019</b>	08:00-09:30	<b>Men Ma 1</b> 59,0 to 83,0 kg 2 group	10:00	17	13:30
	13:00-14:30	<b>Men Ma 1</b> 83,0 to 93,0 kg 2 group	14:30	22	18:30
39					
<b>Sunday 10.3.2019</b>	08:00-09:30	<b>Men Ma 1</b> 105,0 to 120+ kg	10:00	26	15:00
<b>Banquet</b>			<b>20:00</b>		

Arnulf Wahlstrøm  
EPF President

Istvan Botka  
Meet director

Jiri Hofirek  
EPF Championships secretary