



EUROPEAN POWERLIFTING FEDERATION

Preliminary nomination

European Masters Equipped Powerlifting Championships, Sibiu, Romania 2019

MASTERS WOMEN, MEN

20190519

Day	weighin	categories	class	lifters number	grouping	start	end
Wednesday 03.07.2019	09:00 - 10:30	Women M2, 3	-47 to +84 kg	25	2 groups	11:00	15:30
	Opening ceremony					16:00	
	14:30 - 16:00	Men M4	-59 to +120 kg	13	1 group	16:30	19:30
Thursday 04.07.2019	09:00 - 10:30	Women M1	-47 to +84 kg	20	2 group	11:00	15:00
	14:00 - 15:30	Men M3	-59 to +120kg	22	2 group	16:00	20:00
Friday 05.07.2019	09:00 - 10:30	Men M2	-59 - 83 kg	15	1 group	11:00	14:00
	13:00 - 14:30	Men M2	-93 - 120+ kg	27	2 group	15:00	19:30
Saturday 06.07.2019	09:00 - 10:30	Men M1	-59 to -83 kg	13	1 group	11:00	14:00
	13:00 - 14:30	Men M1	-93 & -105 kg	15	2 group	15:00	18:00
Sunday 07.07.2019	09:00 - 10:30	Men M1	-120 & 120+ kg	17	2 group	11:00	15:00
	Closing banquet				167 lifters	20:00	

Arnulf Wahlstrøm
EPF President

Marius Raica
Meet Director

Jiri Hofirek
EPF Championship Secretary

MEN 122

WOMEN 45

ALL LIFTERS 167