

## European Bench Press Equipped Championships

Tampere / Finland, 16 - 19 October, 2019

Final nomination to 9 October 2019

### OPEN

#### WOMEN OPEN

#	Name	Born	Team	BP
<b>-47kg</b>				
1	Simoniants Karina	1977	Russia	110.0
2	Demian Zina	1997	Ukraine	87.5
<b>-52kg</b>				
1	Vedmid Oksana	1991	Ukraine	135.0
2	Nyers Monika	1978	Hungary	115.0
3	Sandvik Marcela	1974	Finland	102.5
4	Iaksterkina Anastasiia	1991	Russia	97.5
5	Petroczki Magdolna	1968	Hungary	90.0
<b>-57kg</b>				
1	Lorenz Anastasia	1985	Russia	145.0
2	Haugen Hilde	1991	Norway	135.0
3	Salamon Erika	1973	Hungary	117.5
4	Beer Monika	1974	Slovakia	112.5
<b>-63kg</b>				
1	Vilmar Matilda	1996	Sweden	165.0
2	Rames Maj	1989	Denmark	150.0
3	Yultsova Viktoria	2002	Russia	147.5
4	Tunkkari Anette	1983	Finland	135.0
5	Solbakken Linn	1992	Norway	132.5
6	Palagyi Zsanett	1986	Hungary	130.0
7	Hole Ruth	1989	Norway	127.5
8	Hakulinen Maria	1990	Finland	125.0
9	Jordan Faye	1982	Great Britain	115.0
<b>-72kg</b>				
1	Hammarstrom Andrea	1977	Sweden	160.0
2	Chistiakova Yulia	1989	Russia	152.5
3	Gulidova Maria	1989	Russia	142.5
4	Cowell Kimberley	1988	Great Britain	130.0
5	de Maaik	1994	Netherlands	127.5
6	Lindstroem Pernille	1988	Denmark	120.0
7	Steedman Rachel	1995	Great Britain	112.5
8	Svadlenkova Petra	1992	Czechia	85.0
<b>-84kg</b>				
1	Engskar Eva	1973	Norway	197.5
2	Baranova Ekaterina	1992	Russia	185.0
3	Edvall Anna	1976	Sweden	170.0
4	Kristensen Linda	1977	Norway	160.0
<b>84+kg</b>				
1	Hugdahl Hildeborg	1983	Norway	212.5
2	Rehoff Christensen Anne	1965	Denmark	207.5
3	Jensen Maria	1985	Denmark	192.5
4	Pugovkina Alla	1975	Russia	162.5
5	Berry Laura	1982	Great Britain	152.5
6	Gough Jackie	1977	Great Britain	145.0

in Women open is nominated 38 lifters

#### JUNIOR WOMEN

<b>-47kg</b>				
1	Demian Zina	1997	Ukraine	87.5
<b>-52kg</b>				
1	Smolekho Tatiana	1996	Russia	117.5
2	Goncharenko Alena	1997	Russia	105.0
3	Turkova Denisa	2003	Czechia	62.5

<b>-57kg</b>				
1	Usova Veronika	1998	Russia	117.5
2	Chashchukhina Veronika	2000	Russia	110.0
3	Sabathy Marlene	1996	Austria	92.5
<b>-63kg</b>				
1	Churilova Nadezhda	1996	Russia	130.0
2	Mikulasova Natalia	1999	Slovakia	95.0
3	Kals Carina	1996	Austria	90.0
4	Szabo Lili	2000	Hungary	75.0
<b>-72kg</b>				
1	Mikryukova Anna	1999	Russia	142.5
2	Cherkashova Ekaterina	1997	Russia	135.0
3	Johansson Emma	1996	Sweden	132.5
4	Dankova Lucie	2000	Czechia	92.5
5	Herrmannova Tereza	1999	Czechia	90.0
<b>-84kg</b>				
1	Engskar Marthe	1999	Norway	160.0
2	Okhorzina Anastasiia	1997	Russia	132.5
<b>84+kg</b>				
1	Nikolaenko Alina	1997	Russia	125.0

**in Junior women is nominated 19 Lifters**

**WOMEN MASTERS I**

<b>-47kg</b>				
1	Bergmann Vibeke	1979	Denmark	70.0
2	Ronkainen Katja	1973	Finland	55.0
<b>-52kg</b>				
1	Nyers Monika	1978	Hungary	115.0
2	Hughes Amanda	1979	Great Britain	75.0
<b>-57kg</b>				
1	Salamon Erika	1973	Hungary	117.5
<b>-63kg</b>				
1	Izindre Annelie	1972	Sweden	110.0
2	Heikkila Anne	1978	Finland	87.5
<b>-72kg</b>				
1	Johansson Ulrika	1972	Sweden	116.0
2	Kirkland Wendie	1972	Great Britain	110.0
3	Ruus Katarina	1977	Sweden	110.0
4	Voho Tiina	1973	Finland	110.0
5	Ristolainen Paivi	1970	Finland	75.0
<b>-84kg</b>				
1	Kristensen Linda	1977	Norway	160.0
2	Kudriavtceva Ellina	1975	Russia	125.0
3	Linna Joanna	1974	Finland	125.0
4	Rohr Pernilla	1972	Sweden	117.5
5	Karppinen Terhi	1976	Finland	107.5
<b>84+kg</b>				
1	Elokhova Svetlana	1971	Russia	155.0
2	Bouskill Sarah	1979	Great Britain	145.0
3	Phasey Kelly	1976	Great Britain	145.0

**in women Masters I is nominated 20 Lifters**

**WOMEN MASTERS II**

<b>-52kg</b>				
1	Petroczki Magdolna	1968	Hungary	90.0
<b>-57kg</b>				
1	Pajuharju Eira	1964	Finland	75.0
<b>-63kg</b>				
1	Cabos Marie	1967	France	92.5
2	Angenot Sophie	1966	France	80.0
3	Magazing Larisa	1965	Russia	65.0

**-72kg**  
1 Skogman Seija 1965 Finland 87.5

**84+kg**  
1 Gransard Nathalie 1964 France 120.0  
2 Jordebo Ann 1960 Sweden 102.5

**In Division there are 8 Lifters**

**WOMEN MASTERS III**

**-52kg**  
1 Roche Martine 1956 France 72.5  
2 Knutars Aira 1954 Finland 62.5

**-57kg**  
1 Kemppainen Pirjo 1951 Finland 37.5

**-72kg**  
1 Herbin Evelyne 1956 France 90.0

**-84kg**  
1 Mynttinen Merja 1958 Finland 100.0

**in women Masters III is nominated 5 Lifters**

**WOMEN MASTERS IV**

**-52kg**  
1 Kumpuniemi Eila 1942 Finland 50.0

**-57kg**  
1 Heligon Françoise 1943 France 71.0

**in women Masters IV is nominated 2 Lifters**

**a total of 92 women are nominated for the championship**

**MEN**

**MEN OPEN**

**-59kg**  
1 Smirnov Oleg 1990 Russia 192.5  
2 Wszola Dariusz 1978 Poland 180.0

**-66kg**  
1 Frasl Andreas 1983 Austria 222.5  
2 Grotkowski Mariusz 1989 Poland 221.0  
3 Urusov Stanislav 1991 Russia 220.0  
4 Savolainen Antti 1978 Finland 202.5  
5 Harashchenko Ihor 1988 Ukraine 197.5  
6 Gideon Aaron 1980 Great Britain 172.5  
7 Diva Joseph 1992 Great Britain 170.0

**-74kg**  
1 Balenkov Andriy 1981 Ukraine 260.0  
2 Luchkin Dmitrii 1986 Russia 250.5  
3 Nazarenko Aleksei 1989 Russia 237.5  
4 Balawejder Adam 1981 Poland 220.0  
5 Franklin Emmanuel 1984 Great Britain 220.0  
6 Valk Karl 1994 Estonia 185.0

**-83kg**  
1 Butsin Stanislav 1990 Russia 302.5  
2 Ivashkin Mykyta 1991 Ukraine 282.5  
3 Friche Mads 1983 Denmark 262.5  
4 Zalewski Rafal 1983 Poland 255.0  
5 Dronga Renars 1988 Latvia 245.0  
6 Hallfors Teemu 1995 Finland 233.0

**-93kg**  
1 Wegiera Jan 1965 Poland 310.0  
2 Krymov Andrii 1985 Ukraine 305.0  
3 Dahlkvist Oliver 1995 Sweden 282.5  
4 Nocek Grzegorz 1973 Poland 275.0  
5 Joakim Wang 1983 Sweden 275.0  
6 Champ Andy 1983 Great Britain 250.0  
7 Tuhacek Zdenek 1986 Czechia 220.0

**-105kg**

1	Bettiar Volodymyr	1984	Ukraine	330.0
2	Savelev Egor	1994	Russia	325.0
3	Sharp Duncan	1983	Great Britain	306.0
4	Skrib Lukas	1994	Slovakia	305.0
5	Ivarsson Mattias	1987	Sweden	302.5
6	Kuosma Petri	1979	Finland	280.0
7	Mae Hjalmar	1980	Estonia	260.0
8	Balsby Jeppe Frost	1986	Denmark	247.5
9	Gibson Michael	1987	Great Britain	245.0

**-120kg**

1	Leskovets Viktor	1990	Ukraine	355.0
2	Usov Sergey	1993	Russia	345.0
3	Hole Per	1989	Norway	340.0
4	Krejca Zbynek	1974	Czechia	310.0
5	Mikkelsen Jesper	1989	Denmark	307.5
6	Selinger Milan	1984	Czechia	300.0
7	Ovsonka Peter	1982	Slovakia	300.0
8	Marshall Martin	1987	Great Britain	220.0

**120+kg**

1	Lehto Ove	1972	Finland	365.0
2	Soukal Jaroslav	1972	Czechia	360.0
3	Pettersson Niklas	1991	Sweden	342.5
4	Sandvik Kenneth	1975	Finland	340.0
5	McCull Alastair	1981	Norway	335.0
6	Litvinenko Artem	1990	Russia	330.0
7	Kovalchuk Yuriy	1979	Ukraine	325.0
8	Spingl Milan	1980	Czechia	300.0

**in Men open is nominated 53 Lifters****JUNIOR MEN****-53kg**

1	Ezhov Aleksei	1998	Russia	85.0
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**-59kg**

1	Kinishchuk Rostyslav	1999	Ukraine	140.0
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**-66kg**

1	Hornik David	2004	Czechia	92.5
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**-74kg**

1	Pankov Sergei	1997	Russia	195.0
2	Balogh Natan	2000	Hungary	190.0
3	Kumpulainen Eetu	1998	Finland	180.0
4	Burba Rokas	2001	Lithuania	180.0

**-83kg**

1	Hladkyi Viktor	1998	Ukraine	227.5
2	Franklin Kris	1996	Great Britain	215.0
3	Foris Martin	1997	Slovakia	205.0

**-93kg**

1	Hagen Henrik	1998	Norway	250.0
2	Golovin Artem	1996	Russia	212.5

**-105kg**

1	Roenko Evgenii	1996	Russia	310.0
2	Simakhin Roman	1996	Russia	305.0
3	Vlk Vaclav	2000	Czechia	230.0

**-120kg**

1	Rakhmatullin Bulat	1998	Russia	270.0
2	Prokop Martin	1999	Czechia	215.0
3	Rimsa Eimantas	1997	Lithuania	200.0
4	Kurecka Denis	1999	Czechia	190.0

**120+kg**

1	Nemov Vladislav	1996	Russia	262.5
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**in Junior men is nominated 20 Lifters**

**MEN MASTERS I****-66kg**

1	Molnar Gabor	1978	Hungary	165.0
2	Kotwica Piotr	1975	Poland	145.0
3	Pauza Valdas	1973	Lithuania	137.5
4	Niemi Petri	1971	Finland	135.0

**-74kg**

1	Zelazko Bartosz	1973	Poland	205.0
2	Szendera Rafal	1971	Poland	200.0
3	Nosach Evgenii	1976	Russia	195.0
4	Haapamaki Jani	1979	Finland	170.0

**-83kg**

1	Vikla Tomi	1970	Finland	240.0
2	Pinguet Cyril	1972	France	235.0
3	Melekhin Sergei	1972	Russia	225.0
4	Pryakhin Stanislav	1975	Russia	195.0
5	Liimatainen Antti	1976	Finland	192.5
6	Lorentzen Ove Henning	1971	Norway	190.0
7	Zekevicius Dainius	1976	Lithuania	165.0

**-93kg**

1	Wetzstein Thomas	1974	Austria	270.0
2	Cherkasheninov Viktor	1977	Ukraine	232.5
3	Pidanic Lubomir	1978	Slovakia	230.0
4	Vahl Mirko	1977	Germany	220.0
5	Dawidowicz Robert	1972	Sweden	215.0
6	Goldhahn Thomas	1978	Germany	205.0
7	Kangasjarvi Aki	1977	Finland	200.0

**-105kg**

1	Ghazal Khaled	1972	Czechia	275.0
2	Tiensuu Mikko	1978	Finland	255.0
3	Green Martin	1974	Great Britain	250.0
4	Vinogradov Vasili	1979	Russia	247.5
5	Beyon Frederic	1975	France	242.5
6	Kyntaja Jari	1971	Finland	235.0
7	Smelstorius Zydrunas	1970	Lithuania	190.0

**-120kg**

1	Pavlikov Ruslan	1978	Russia	345.0
2	Kulaviir Andres	1973	Estonia	235.0
3	Mattila Kaj	1970	Finland	222.5
4	Herder Sandrino	1975	Germany	220.0

**120+kg**

1	Pinc Jan	1973	Czechia	290.0
2	Dahl Orjan	1970	Sweden	267.5
3	Parna Tarmo	1978	Estonia	262.5
4	Salbeck Guenther	1978	Germany	237.5
5	Brincat-Smith James	1975	Great Britain	230.0

**in men Masters I is nominated 38 Lifters**

**MEN MASTERS II****-59kg**

1	Kolsovsky Stefan	1961	Slovakia	140.0
2	Sakeris Rimantas	1963	Lithuania	67.5

**-66kg**

1	Baublys Vidmantas	1965	Lithuania	122.5
2	Kryzevicius Nodaras	1968	Lithuania	102.5
3	Perasalo Hannu	1962	Finland	100.0

**-74kg**

1	Cucuzzella Alphonse	1966	France	200.0
2	Leminen Timo	1968	Finland	160.0
3	Grizibek Mike	1966	Germany	152.5

4	Siltanen Jukka	1965	Sweden	145.5
5	Bastien Bruno	1965	France	140.0
<b>-83kg</b>				
1	Miftakhov Niiaz	1967	Russia	215.0
2	Ring Tomas	1960	Sweden	212.5
3	Neveykov Alexey	1966	Russia	180.0
4	Berndt Roy	1966	Germany	162.5
<b>-93kg</b>				
1	Hellerud Alf Ivar	1969	Norway	230.0
2	Laurikainen Petteri	1969	Finland	227.5
3	Jensen Henrik	1967	Denmark	215.0
4	Dabeski Mio	1965	Sweden	200.0
5	Hoglander Lars	1964	Sweden	190.0
<b>-105kg</b>				
1	Pohjonen Juha	1966	Finland	207.5
2	Green Mats	1964	Sweden	200.0
3	Norpila Seppo	1963	Finland	182.5
4	Macionis Arturas	1968	Lithuania	167.5
<b>-120kg</b>				
1	Blomgren Conny	1968	Sweden	270.0
2	Havnen Bjarne	1968	Norway	237.5
3	Laitala Tapani	1963	Finland	225.0
<b>120+kg</b>				
1	Leesmann Kaido	1969	Estonia	310.5
2	Jaldefors Mikael	1966	Sweden	275.0
3	Blom Robert	1966	Sweden	270.0
4	Haug Georg	1965	Germany	235.0
5	Suomalainen Seppo	1967	Finland	215.0
6	Lumijarvi Raimo	1962	Finland	182.5

**in men Masters II is nominated 32 Lifters**

### **MEN MASTERS III**

<b>-66kg</b>				
1	Leino Timo	1958	Finland	122.5
2	Flink Seppo	1953	Finland	105.0
<b>-74kg</b>				
1	Motovilnik Vasilii	1957	Russia	185.0
2	Lasmanis Janis	1955	Latvia	155.0
<b>-83kg</b>				
1	Synstad Bjarne	1951	Norway	200.0
<b>-93kg</b>				
1	Deconinck Erick	1956	France	180.0
2	Ahopelto Voitto	1956	Finland	152.5
3	Belsher Glyn	1958	Great Britain	152.5
4	Eimstad Steinar Ostensta	1959	Norway	140.0
<b>-105kg</b>				
1	Mentel Stanislaw	1954	Poland	240.0
2	Iversen Bjorn	1955	Sweden	210.0
3	Seitz Josef	1956	Germany	195.0
4	Skogberg Olli	1959	Finland	180.0
<b>-120kg</b>				
1	Ringvold Vidar Alexander	1955	Norway	223.0
2	Kovalskis Vladimirs	1958	Latvia	210.0
3	Lindblad Roland	1954	Sweden	200.0
4	Tirronen Harri	1953	Finland	197.5
<b>120+kg</b>				
1	Korhonen Risto	1958	Finland	203.5
2	Horvath Tibor	1955	Hungary	160.0

**in men Masters III is nominated 19 Lifters**

**MEN MASTERS IV****-66kg**

1	Kemppainen Markku	1949	Finland	120.0
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**-74kg**

1	Maka Boleslaw	1942	Poland	145.0
2	Kauranen Antero	1948	Finland	142.5
3	Selin Lasse	1949	Finland	120.0

**-83kg**

1	Lorenz Horst	1940	Germany	127.5
2	Huchet Marc	1938	France	117.5
3	Bjaaland Peer	1942	Norway	110.0

**-93kg**

1	Komppa Seppo	1945	Finland	165.0
2	Malmberg Goran	1943	Sweden	140.0
3	Reybrouck Daniel	1942	Belgium	135.0
4	Puhakka Tapani	1944	Finland	105.0

**-105kg**

1	Bjerk Finn	1949	Norway	150.5
2	Hornik Jiri	1948	Czechia	150.0
3	Kahari Tapio	1946	Finland	125.0
4	Mannisto Veikko	1940	Finland	117.5

**-120kg**

1	Maliniemi Niilo	1946	Sweden	230.0
2	Nakciunas Edvardas	1944	Lithuania	122.5

**120+kg**

1	Randmae Raul	1948	Estonia	145.0
2	Sandelin Raimo	1940	Finland	100.0

**in men Masters IV is nominated 19 Lifters**

**a total of 181 Lifters are nominated for the championship**

**a total of 273 lifters are nominated, including 92 women and 181 men**

**The Entry List of Referees**

#	Name	Category	Nation	Available for categories/days
1	Zangerle Sabine	Cat. I	Austria	
2	Hofirek Jiri	Cat. I	Czechia	Wed:Wom Ma,Thu:Jun M, Fri:Wom, Sat: Men 59-93kg
3	Svadlenkova Petra	Cat. II	Czechia	Only Thursday, Saturday
4	Diter Susanne	Cat. I	Denmark	All 18 and 19 October
5	Hyttinen Tero	Cat. I	Finland	
6	Kvist Helena	Cat. II	Finland	From Wednesday to Saturday
7	Laine Jari	Cat. II	Finland	Friday 18.10. and Saturday 19.10. only.
8	Lillbacka Timo	Cat. II	Finland	
9	Sohlman Seppo	Cat. II	Finland	
10	De Puytorac Xavier	Cat. I	France	All
11	Nohales Bernard	Cat. II	France	16th only for M3-M4
12	Weiss Josef	Cat. I	Germany	
13	Giles Marc	Cat. II	Great Britain	when GB not lifting-W Ma 2-4 Jun Men or Jun W
14	Springett Carole	Cat. I	Great Britain	Wednesday/Thursday
15	Mayer Eva	Cat. I	Hungary	All
16	Ronaszeki Andras	Cat. I	Hungary	All
17	Petrauskas Erlandas	Cat. II	Lithuania	16th M1 and M2 women, 17th jun women
18	Parage Gaston	Cat. I	Luxembourg	from THU to SAT for Referee and Jury duty
19	Christensen Carl Yngvar	Cat. II	Norway	17/10: All,19/10: Open 59-93, Not 18/10
20	Tangen Vidar	Cat. I	Norway	Thursday 17/10 and Friday 18/10
21	Nocek Grzegorz	Cat. I	Poland	17th Men M2 - only jury, 18th all
22	Churilova Nadezhda	Cat. II	Russia	the 17th Oct. for 3rd session and all 18/10
23	Derevyanko Igor	Cat. I	Russia	
24	Gajdos Vladimir	Cat. II	Slovakia	
25	Bjork Patrik	Cat. I	Sweden	All
26	Lakso Joakim	Cat. I	Sweden	All
27	Bazaiev Sirazhutdin	Cat. I	Ukraine	All, except 16/10