



## Invitation

**The European Powerlifting Federation**

**and**

**the Ukrainian Powerlifting Federation**

**invite**

**the following EPF member nations to participate in the**

**23<sup>rd</sup> Equipped & Classic Danube Powerlifting Cup 2019  
in Mukachevo, Ukraine**

**Austria, Bulgaria, Croatia, Germany, Hungary, Romania, Serbia, Slovakia, Ukraine**

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

- Meet director:** **Tetiana Melnyk** tel.: +380679992682  
e-mail: melnyk.tetiana.fpu@gmail.com
- Accommodation, transport:** **Tetiana Melnyk**, e-mail: melnyk.tetiana.fpu@gmail.com  
**Phone:** +380679992682
- Danube Cup Director:** **Pavol Muller**, A. Hlinku 39/19, 92101 Piestany, Slovakia  
e-mail: [mullerp.bp@gmail.com](mailto:mullerp.bp@gmail.com) Phone: +421 903322326
- EPF Championship secretary:** **Bjorn Astad**, e-mail: [bjorn@europowerlifting.org](mailto:bjorn@europowerlifting.org) phone: 47 91817979, Norway
- Host city:** Mukachevo, Ukraine
- Date:** Sunday, September 8, 2018
- Venue:** Mukachevo Palace of Culture
- Technical meeting:** Saturday, September 7 at Hotel „Star“ at 20:00.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation (see EPF By-laws 105.6).

### Hotel:

Hotel "Star" Address: **10-12**, Kyryla & Mephodia Sqr., Mukachevo, 89600

Single room: 50 EUR per night, including breakfast  
Double room: 35 EUR per person/night, including breakfast

Prices include VAT and all town charges. Payment after arrival at organizer's can be done by card (VISA, Master Card) or in cash. Payment in EUR will be calculated according to the current exchange rate.

All athletes/nations are responsible for payment of their hotel expenses.

### Note 1:

All rooms must be booked at the latest – **1st August 2019**. After the deadline the organizer cannot guarantee accommodations.

All athletes, coaches, referees and officials from each federation **MUST STAY** in the official hotel for all days in their attendance of the championship. Failure to comply will have the effect that they will not receive accreditation and will be excluded from the championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay **directly their rooms** by bank transfer or at the arrival at the Championship office.

**Federation mustn't pay the doping and the participation fees on this bank account!!!**

At all European Championships **the accommodation fees** shall be payable by bank transfer against the invoice or credit card as follows:

1. credit card
2. cash (EUR according to the current exchange rate)
3. Bank transfer against the invoice. Payment must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.

**If you would like pay by the bank transfer against the invoice, the organizer will send invoice with the price of accommodation.**

**Note 2:**

**17 August 2019** is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms – **21 days prior to the Technical Meeting.**

If not cancelled in time, federations have to pay the reserved hotel rooms..

**If requested visa is not obtained, the hotel must be notified latest 7 days prior to the technical meeting to cancel the reservation.**

For referees **24 August 2019 (14 days prior to the Technical Meeting)** is the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

The referee's final nomination is stated at the EPF website (Referees/Jury under Upcoming Events). If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination.

**However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed technical committee member. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or €100 in fine dependent of the reason and decided by the jury in cooperation with the appointed technical committee member.**

**Important warning for referees!!!**

**At the EPF General Assembly 2015 a new rule was adopted in the Constitution 13.10.1.**

**The rule states: "Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro."**

**Arrivals/Transportation:**

Transport from airport Lviv to hotel in Mukachevo – transport price  
200 EURO **per bus** (1-10 persons) one way

Transport if need it from railway station to the hotels is free of charge.

Please send therefore your detailed travel itinerary to Meet Director with copy to Accommodation-Transport Official so that the transfer can be provided.

**Teams competition:**

Invited from each federation is one team for Men and one team for Women equipped and classic (maximum 4 lifters on each team). The best 3 lifters of each team **by IPF points** will count for the Cup awards. Winner in Equipped and in Classic teams will receive the Danube Cup. **The organizing federation can also nominate 2 teams of Women and Men Equipped and Classic competition. The members of the different teams per nation must be specified at the Technical Meeting.**

**Individual awards: In each weight category the first three lifters will receive medals for total. All participants will receive certification.**

**Scales:** Scales available at venue and at the hotel

**Flag and anthem:** Will be provided by the organizer.

**Opening ceremony:** **Sunday 8 September** at 9:30 at venue. One representative (either lifter or official) from each participating country shall take part at the ceremony.

**Closing banquet:** Sunday 8 October 2019 at 21:00 at **medieval castle «PALANOK»**. Price **35 €** per person paid to the organizer.

**The number of banquet tickets must be ordered at the Nomination form.**

**Participation fee:** **90 €** for each lifter must be paid by bank **transfer to the EPF bank account** before the Technical meeting.

**Anti-Doping fee:** **50 €** for each lifter must be paid by bank **transfer to the EPF bank account** before the Technical meeting.

**EPF Invoices:** The invoice must be sent to the nominated federations by the EPF Treasurer at the latest 14 days prior to the day of the Technical Meeting for each of the European Championships (EPF BYLAWS 103.3.2.) Federations must pay participation and doping fees from the number of lifters declared at the preliminary nomination. Nominated reserve lifters are not included.

All invoices are published at the EPF web ([www.europowerlifting.org](http://www.europowerlifting.org)) under "SERVICES" >> "INVOICES". Every member federation may go to the EPF web-site and download their invoices.

**Nominations:** Team nomination forms must be in the hands of the:

1. Meet director
2. Dabube Cup Director Pavol Muller, e-mail: [mullerp.bp@gmail.com](mailto:mullerp.bp@gmail.com), Phone:+421 903322326
3. EPF Championship secretary Jiri Hofirek, tel.: +420 739 405689, e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com)

not later than:

**Preliminary:** **9 July 2019** complete filled in preliminary form must be sent. complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

**Final:** **17 August 2019** - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!!

**Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve lifters. A nominated reserve lifter may replace a preliminary nominated lifter from the same federation. If a reserve lifter do not replace any lifter, he/she must be withdrawn from the final nomination and will not take part in the championships.**

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

#### **Confirmation of the referees participation.**

It is the responsibility of each Federation to validly confirm in the final nomination in which categories their referees will be available, or cancel the referees who will not participate in the Championships.

All lifters are expected to present passports and other required documents at the weigh-in.

**Correspondence:** E-mails regarding the championships must be sent to:  
Meet director Tetiana Melnyk, e-mail: [melnyk.tetiana.fpu@gmail.com](mailto:melnyk.tetiana.fpu@gmail.com)

and a copy

to the Dabube Cup Director Pavol Muller, e-mail: [mullerp.bp@gmail.com](mailto:mullerp.bp@gmail.com),  
Phone:+421903322326 :

**Indemnity and Insurance:**

*All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee or IPF/ EPF accountable for and against any claims for personal injury, financial loss, death or property damage in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said European Championship.*

*All delegate members must have a valid incident and health insurance policy. The Organizer and the IPF/ EPF will not incur any expenses for a doctor or stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flight, sickness, accidents, thefts etc."*

**Referees:** All nominated referees attending a championship, must be available for at least one whole competition day! (see: IPF Technical Rules, chapter - Referees, page 31, paragraph 17).

Any nation participating in Championships with more than **3 lifters must include** at least one international referee.

### PROVISIONAL TIMETABLE DANUBE CUP 2019

**Opening ceremony: Sunday, September 8, 2019 at 9:30 hours at venue**

Day and date	Weigh in time	Classes	Start	Lifters	End
<b>Sunday 8, September 2019</b>	08:00 to 09:30	All Women classic All Women equiped	10:00	12 12	13:30 13:30
	12:30 to 14:00	Men 59 – 120+ kg classic Men 59 – 120+ kg equip.	14:30	15 15	18 18
	20:00 to 20:30	Victory ceremony all lifters			
	21:00	Closing banquet			

**Arnulf Wahlström**  
President EPF

**Jiri Hofirek**  
EPF Championships Secretary

**Pavol Müller**  
Danube Cup Director

**Tetiana Melnyk**  
Meet Director