



EUROPEAN POWERLIFTING FEDERATION

Preliminary timetable

European Open, Masters, Junior Equipped Bench Press Championships 2018

Opening ceremony: Tuesday, 9 October at **11:30** hours at venue

Day	Weight-in time	Classes	Start	Lifters after Final	Grouping	Supposed end of category
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MASTERS & JUNIORS CHAMPIONSHIPS

		OPENING CEREMONY	11:30			
	1000-1130	Women Ma 2,3,4	1200	15 7	I. -52,0 - 84,0+ II. Ma 3+4 all	1330
Tuesday 09.10.2018	1230-1400	Women Ma1 52,0 to 84,0+ kg	1430	17	I -52,0 - 84,0+	1600
	1500-1630	Jun Women 52,0 to 63,0 kg	1700	11	I -52,0 - 63,0	1900

	1200-1330	Jun Women 72,0 to 84,0+ kg	1400	10	I -72,0 - 84,0+	1500
Wednesday 10.10.2018	1400-1530	Jun Men 53,0 to 83,0 kg	1600	9	I -53,0 - 83,0+	1700
	1600-1730	Jun Men 93,0 & 120,0+ kg	1800	12	I -93,0 - 120,0+	1930

	0900-1030	Ma 3, 4 men 59,0 & 120,0+ kg	1100	19 15	I. Ma 3 II. Ma 4	1300
Thursday 11.10.2018	1130-1300	Ma2 men 59,0 & 120,0+ kg	1330	16 14	I. 59,0-93,0 kg II. 105,0-120,0+	1530
	1400-1530	Ma1 men 66,0 & 120,0+ kg	1600	18 19	I. 66,0-93,0 kg II. 105,0-120,0+	1800
BANQUET MASTERS & JUNIORS			20:00			

OPEN CHAMPIONSHIPS

	1200-1330	Women open 47,0 & 63 kg	1400	18	One groupe	1530
Friday 12.10.2018	1400-1530	Women open 72,0 to 84,0+ kg	1600	17	One groupe	1730
	1600-1730	Men open 59 - 93,0 kg	1800	18 14	I. 59,0 - 74,0 kg II. 83,0 - 93,0 kg	2000

Saturday 13.10.2018	1100-1230	Men open 105,0 kg & 120+ kg	1300	13 16	I. 120,0 kg II. 105,0-120,0+	1500
BANQUET OPEN			20:00	278 lifters		

Arnulf Wahlstrøm
EPF President

Frank Klein
FLHLP President

Gaston Parage
Meet Director

Jiri Hofirek
EPF Championships Secretary