



EUROPEAN POWERLIFTING FEDERATION

Invitation

to the Western European Powerlifting Championships 2012

The European Powerlifting Federation
and
the Luxemburg Powerlifting Federation
invite
the EPF member nations to participate in the
Western European Open Championships 2012

14th – 15th September 2012 in Hamm, Luxembourg

The following EPF member nations are invited to take part in the 6th Western European Championship:
Austria, Belgium, Spain, Denmark, Finland, France, Germany, Great Britain, Greece, Iceland, Italy,
Luxembourg, Netherlands, Norway, Sweden and Switzerland.

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Meet Director: Gaston Parage, 1, rue Pasteur L-4642 Differdange, Luxembourg
Tel.: + 352 621165214, Fax: +352582696, e-mail: gparage@vo.lu

EPF Championship

Secretary: Jiri Hofirek, Malickeho 980, 410 02 Lovosice, Czech Republic.
Tel +420 739 405689, e-mail: epfsecretary@gmail.com

Host City : Hamm, Luxembourg

Date: 14th – 15th September 2012

Venue: “Centre Sportif à Hamm” sports center

Technical Meeting: Thursday 13th September at 20.00 hours at Ibis

Hotel: Hotel Ibis & Etap route de Trèves L-2632 Findel Luxembourg in front of the Airport

Hotel Rates: Prices for night per room – Hotel Ibis
Single room 65 €, including breakfast
Double room 78 €, including breakfast
Triple room 91 €, including breakfast

For room booking please contact Gaston Parage, E-mail: gparage@vo.lu

I am doing the reservations but the payment will be done directly to the Hotels

Note 1: All athletes, coaches, referees or officials from each federation must stay in the official hotel during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100,- per person to the organizer.

Failure to comply will have the effect that they will not get accreditation and will be excluded from that championship

Note 2: The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms at the arrival at the Hotel Desk. Payable by credit card or cash in EURO. All the rooms must be booked at latest with the deadline of the final nomination – **23rd August 2012.**

6th September 2012 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or change in the number of ordered banquet tickets. If not any withdrawal is made 7 days prior to the Technical Meeting of an European championships, federations are bound to pay the reserved hotel rooms (if the hotel require such payment), the participation fee, the doping and the banquet fee for all lifters and officials specified at the final nomination form.

Accommodation fees can also be paid by bank transfer to the bank account:

Hotel IBIS

Bank address: Caisse d'Epargne de l'Etat Luxembourg, Place de Metz L-2954 Luxembourg.

Account holder Hotel Ibis

SWIFT code BIC: BCEELULLXXX Account number: IBAN: LU39 0019 1106 1569 4000

Payment must be received at the above mentioned bank account at the latest 7 days prior to the beginning of the Championship.

Arrivals/Transportation:

Transport will be provided from Luxembourg airport **for free**. Please let us know the exact date, hour, flight number of your arrival. This will allow us to provide a perfect pick-up.

Shuttle Service: from hotel to venue is free.

Teams: Invited from each federation are one team for Men and one team for Women (maximum 5 lifters on each team) plus 2 Referees and 2 Officials. The best 4 lifters of each team by Wilks points will count for the Cup awards. Only organizing federation can nominate two teams Women and Men. At the Technical Meeting must be specified the members of A and B team.

Awards: In each weight category the first three lifters will receive medals. All participations will receive diploma.

Scales: Scales available at venue and at Hotel.

Training: Training at the venue in Hamm available from 14:00 – 20:00 hours

Flag and anthem: Each country must bring its flags and anthems to the Technical Meeting

Photos: Identification not necessary.

Closing Banquet: Saturday 15th September at 20.00 hours at INS (National Institute for Sport). Price EUR 25 per person.

The number of banquet tickets must be ordered at the Nomination form.

Participation Fee: 40 EUR for each lifter must be paid by bank transfer to the EPF bank account before the Technical Meeting.

The fee to be split with EUR 20 to the organiser and EUR 20 to the EPF.

Anti-Doping Fee: 50 EUR for each lifter must be paid by bank transfer to the EPF bank account before the Technical Meeting.

EPF Treasurer will send EPF invoice for all fees 7 days before the Technical Meeting.

Opening Ceremony: Friday 14th of September at 10.00 hour at the venue. Two representatives (one lifter and one official) from each participating country shall take part at the Ceremony.

Nominations: Team nomination forms must be in the hands of the Meet Director and the EPF Championship Secretary not later than:

Preliminary nomination: 15th July 2012 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

Final nomination: 23rd August 2012 later entries sent on next days will not be accepted.

Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be included in the final nomination of any nation.

The weight category of each lifter in the final nomination is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

Confirmation of referees participation

Obligation of every Federation is confirm participation of all Referees nominated in the Final nomination or cancel these referees which will not participate at the Championships.

All lifters are expected to present passports and other required documents at the weigh-in.

Correspondence: E-mails or fax messages regarding the championships must be sent to:
Gaston Parage, 1, rue Pasteur L-4642 Differdange, Luxembourg
Tel.: + 352 621165214, Fax: +352582696, e-mail: gparage@vo.lu

and a copy

to the EPF Championships Secretary Jiri Hofirek epfsecretary@gmail.cz

Preliminary timetable of the 7th Western European Championships 2012

<u>Weigh in time</u>	<u>gender</u>	<u>Classes</u>	<u>Start of competition</u>
Friday 14th September 2012			
09:00 to 10:30	Women	– 47.0 to – 63.0 kg	11:00
12:00 to 13:30	Men	– 59.0 to – 83.0 kg	14:00
16:00 to 17:30	Men	– 93.0 to – 105.0 kg	18:00
Saturday 15th September 2012			
09:00 to 10:30	Women	– 72.0 to – 84.0+ kg	11:00
12:00 to 13:30	Men	–120,0 to – 120,0+ kg	14:00

Victory Ceremonies will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Important Note: Changes may be made to the schedule of events **after the Final nomination** depending on the number of lifters finally entered at this Final nomination. Changes of the timetable are possible by the amount of nominations after the Final nomination and at the Technical Meeting. It can be happen that we must also change weight classes to different days. So it is important for your athletes that they do not book their arrivals/departures very closely to the competition days.

Health Insurance: All delegate members must have a valid health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

Arnulf Wahlstrøm
EPF President

Alain Hammang
FLHLP President

Gaston Parage
Meet Director

Jiri Hofirek
EPF Championship
Secretary