

Preliminary timetable

European Bench Press Open Championships 2011

Opening Ceremony: Thursday 4th August at 15:30 at venue.

Updated to August 3, 2011

Day and date	Weigh-in time	Classes	Start of classes	Number of lifters in category	End of Victory ceremony
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Thu 4th August 2010	12:00 to 13:30	Women – 47.0 to – 52.0 kg Women – 57.0 to – 63.0 kg	14:00	4+4 5+9	15:30
	14:00 to 15:30	Men – 59.0 to – 66.0 kg	16:00	5+4	17:00

	12:00 to 13:30	Women – 72.0 to – 84.0+ kg	14:00	11+9+6	15:45
Fri 5th August 2010	14:00 to 15:30	Men – 74,0 to – 83,0 kg	16:00	9+11	17:40
	16:00 to 17:30	Men – 93.0 to – 105.0 kg	18:00	9+13	19:40

Sat 6th August 2010	12:00 to 13:30	Men –120.0 & 120.0+kg	14:00	13+12	15:30
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Victory Ceremonies: Immediately after the end of each lifting session. All lifters must be prepare in sportswear. No sportswear, no medal, no diploma!!!

Important Note: Changes of the timetable may be made to the schedule of events at the Technical Meeting depending on the number of lifters finally entered at this occasion.

Arnulf Wahlstrøm
EPF President

Vladimir Mati
Meet Director

Jiri Hofirek
EPF Championship Secretary