



European Powerlifting Federation

Invitation

to the 19th Danube Powerlifting Cup 2011

The European Powerlifting Federation
and
the Bulgarian Powerlifting Federation
invite

the following EPF member nations to participate
in the Danube Cup in Gorna Oryahovica, Bulgaria 2011:

**Austria, Bulgaria, Czech Republic, Slovakia, Germany, Hungary, Slovenia, Romania,
Serbia, Ukraine**

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Meet Director: Evgeni Buzov tel:+359885326123
e-mail: buzov_powerliftingbg@abv.bg

Technical Secretary: Emil Ivanov tel :+359878342233

EPF Championship Secretary: Jiri Hofirek, Malickeho 980, 410 02 Lovosice, Czech Republic.
Tel +420 739 405689, e-mail: epfsecretary@gmail.com

Host City : Gorna Oryahovica, Bulgaria.

Date: 18th – 19th March 2011.

Venue: „Nikola Petrov” Gorna Oryahovica

Technical Meeting: Friday 18th March at 19:00 hours at hotel „Ambaritsa”

Hotel:

„Ambaritsa”

address: street „Vicho Gryncharov” number 12

Single room: 30,- EUR per person / night, including breakfast

Double room: 50,- EUR per room / 25 EUR per person / night, including breakfast

Apartment : 100,- EUR for two person / night, including breakfast

Note 1 : *All athletes, coaches, referees or officials from each federation must stay in the official hotel during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100,- per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship.*

Note 2: All Hotel costs must be covered by all nominated lifters and officials if we have not received information about a cancellation at the latest 7 days prior to the date of the Championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms at the arrival at the Championship office. Payable by credit card or cash (EURO – according to the actual currency rate). All the rooms must be booked at latest with the deadline of the final nomination – **25th February 2011**. Deadline for any changes in the booking is **11th March 2011**.

Accommodation fees can also be paid by bank transfer to the bank account:

SWIFT code BIC: BPBIBGSF **IBAN:** BG67 BPBI 7942 1067 3862 01

Bank address: „Eurobank EFG” Group , Bulgaria
Bulgarian Powerlifting Federation

Payment must be received at the above mentioned bank account at the latest 7 days prior to the beginning of the Championship.

Arrivals/Transportation: Organizer will arrange transport from Sofia airport or from Varna airport to hotel in Gorna Oryahovica. The price of the transportation from both airports to the Hotel in Gorna Oryahovica will be 20.-EURO per person / one way.

Price of transport must be paid at arrival at the Championships Office. Any national team will not be accredited until the reserved transportation has been paid.

Please send therefore your detailed travel itinerary to Meet Director, so that the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it.

Teams: competition: Invited from each federation is one team for Men and one team for Women (maximum 5 lifters on each team) The best 4 lifters of each team by Wilks points will count for the Cup awards. Winner will receive the Danube Cup. **Only the organizing federation can nominate two teams of Women and Men. The members of the A and B team must be specified at the Technical Meeting.**

Individual awards: In each weight category the first three lifters will receive medals for total. All participants will receive certification.

Technical Meeting: Friday, 18th March 2011 at 20:00 at the Hotel

Closing Banquet: Saturday, 19th March 2011 20:00, entrance 25,-€ per person

Anti-doping Fee: 50,- € for each nominated lifter, must be paid to EPF account latest 7 days before Technical Meeting

Participation Fee: 40,- € for each nominated lifter, must be paid to EPF account latest 7 days before Technical Meeting. The fee to be split with EUR 20 to the organiser and EUR 20 to the EPF
EPF treasurer will send EPF invoice for bank transfer to the EPF bank account to all Federations 7 days before the Championships!!!

NOMINATION

Preliminary nominations: 17th January 2011 latest to 20:00 hours (complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time). **No new nominations after the 17th January 2011 will be accepted!!!**

Final nominations: 25th February 2011 - latest to 20:00 hours (later entries sent in the night or on next days will not be accepted).
Sending of the final nomination is obligatory!!!

Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be included in the final nomination.

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final selection (final nomination) no changes in the weight category in which the lifter is nominated will be allowed.

Confirmation of the referees participation.

It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Championships.

Health Insurance: All participants of Championship must have a valid health insurance. The organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, theft, delayed planes etc.

PROVISIONAL TIMETABLE DANUBE CUP 2011

Opening ceremony: Saturday 19th March 2011 at 10:30 hours at venue

Day and date	Weigh in time	Classes	Start of competition
Saturday 19th March 2011	09:00 to 10:30 11:30 to 13:00 20:00	All Women all weight categories All Men all weight categories Closing banquet	11:00 13:30

Victory Ceremonies: All lifters dressed in correct sportswear immediately after the end of each lifting session.

PLEASE NOTE: Changes of the timetable are possible by the amount of nominations after the Final nomination and at the Technical Meeting. This year we have reduced the weight classes and we can only finalise the time table after the nominations. It can be happen that we must also change weight classes to different days. So it is important for your athletes that they do not book their arrivals/departures very closely to the competition days.

Victory Ceremonies: All lifters dressed in correct sportswear immediately after the end of each lifting session.

Arnulf Wahlström
President EPF

Jiri Hofirek
Competition Secretary EPF

Pavol Müller
Danube Cup Director

Evgeni Buzov
Meet Director