

**Western European Championships Classic Records (updated 09.09.2016)**

**WOMEN**

**Squat**

| <b>Cat.</b> | <b>Result</b> | <b>Name</b>       | <b>Nat</b> | <b>Place/Year</b>         |
|-------------|---------------|-------------------|------------|---------------------------|
| 47          | 92,5          | Vasilescu Andreea | FIN        | Borgaro Torinese/ITA 2016 |
| 52          | 117,5         | Walker Sophie     | GBR        | Borgaro Torinese/ITA 2016 |
| 57          | 138,0         | Murray Louise     | GBR        | Borgaro Torinese/ITA 2016 |
| 63          | 150,0         | Sune Caroline     | FRA        | Borgaro Torinese/ITA 2016 |
| 72          | 132,5         | Gras Marlindie    | NED        | Borgaro Torinese/ITA 2016 |
| 84          |               |                   |            | Borgaro Torinese/ITA 2016 |
| 84+         | 155,0         | Chester Charlie   | GBR        | Borgaro Torinese/ITA 2016 |

**Bench**

| <b>Cat.</b> | <b>Result</b> | <b>Name</b>       | <b>Nat</b> | <b>Place/Year</b>         |
|-------------|---------------|-------------------|------------|---------------------------|
| 47          | 50,0          | Jones Nora        | GBR        | Borgaro Torinese/ITA 2016 |
| 52          | 77,5          | Malcolm Danielle  | GBR        | Borgaro Torinese/ITA 2016 |
| 57          | 97,5          | Anthouard Melodie | FRA        | Borgaro Torinese/ITA 2016 |
| 63          | 87,5          | Nordskog Sunniva  | NOR        | Borgaro Torinese/ITA 2016 |
| 72          | 75,0          | Mostert Gwen      | NED        | Borgaro Torinese/ITA 2016 |
| 84          |               |                   |            | Borgaro Torinese/ITA 2016 |
| 84+         | 86,0          | Chester Charlie   | GBR        | Borgaro Torinese/ITA 2016 |

**Deadlift**

| <b>Cat.</b> | <b>Result</b> | <b>Name</b>       | <b>Nat</b> | <b>Place/Year</b>         |
|-------------|---------------|-------------------|------------|---------------------------|
| 47          | 120,0         | Jones Nora        | GBR        | Borgaro Torinese/ITA 2016 |
| 52          | 142,5         | Walker Sophie     | GBR        | Borgaro Torinese/ITA 2016 |
| 57          | 147,5         | Anthouard Melodie | FRA        | Borgaro Torinese/ITA 2016 |
| 63          | 178,0         | Graham Abi        | GBR        | Borgaro Torinese/ITA 2016 |
| 72          | 167,5         | Mostert Gwen      | NED        | Borgaro Torinese/ITA 2016 |
| 84          |               |                   |            | Borgaro Torinese/ITA 2016 |
| 84+         | 176,0         | Chester Charlie   | GBR        | Borgaro Torinese/ITA 2016 |

**Total**

| <b>Cat.</b> | <b>Result</b> | <b>Name</b>     | <b>Nat</b> | <b>Place/Year</b>         |
|-------------|---------------|-----------------|------------|---------------------------|
| 47          | 257,5         | Jones Nora      | GBR        | Borgaro Torinese/ITA 2016 |
| 52          | 327,5         | Walker Sophie   | GBR        | Borgaro Torinese/ITA 2016 |
| 57          | 380,5         | Murray Louise   | GBR        | Borgaro Torinese/ITA 2016 |
| 63          | 400,0         | Sune Caroline   | FRA        | Borgaro Torinese/ITA 2016 |
| 72          | 370,0         | Mostert Gwen    | NED        | Borgaro Torinese/ITA 2016 |
| 84          |               |                 |            | Borgaro Torinese/ITA 2016 |
| 84+         | 417,0         | Chester Charlie | GBR        | Borgaro Torinese/ITA 2016 |

## Western European Championships Classic Records (updated 09.09.2016)

### MEN

#### Squat

| Cat. | Result | Name                | Nat | Place/Year                |
|------|--------|---------------------|-----|---------------------------|
| 59   | 147,5  | Barton Dean         | GBR | Borgaro Torinese/ITA 2016 |
| 66   | 192,5  | Kumpulainen Eetu    | FIN | Borgaro Torinese/ITA 2016 |
| 74   | 220    | Pes Andrea          | ITA | Borgaro Torinese/ITA 2016 |
| 83   | 257,5  | Quai Joris          | FRA | Borgaro Torinese/ITA 2016 |
| 93   | 285    | Aslanidis Dimitrios | GRE | Borgaro Torinese/ITA 2016 |
| 105  | 307,5  | Siragusa Corrado    | ITA | Borgaro Torinese/ITA 2016 |
| 120  | 265    | Bless Liland Even   | NOR | Borgaro Torinese/ITA 2016 |
| 120+ | 310    | Ringoot Steve       | BEL | Borgaro Torinese/ITA 2016 |

#### Bench

| Cat. | Result | Name              | Nat | Place/Year                |
|------|--------|-------------------|-----|---------------------------|
| 59   | 82,5   | Barton Dean       | GBR | Borgaro Torinese/ITA 2016 |
| 66   | 137,0  | Gray David        | GBR | Borgaro Torinese/ITA 2016 |
| 74   | 170,0  | Pes Andrea        | ITA | Borgaro Torinese/ITA 2016 |
| 83   | 160,0  | Quai Joris        | FRA | Borgaro Torinese/ITA 2016 |
| 93   | 165,0  | Esselens Rob      | BEL | Borgaro Torinese/ITA 2016 |
| 105  | 180,0  | Rees Robert       | GBR | Borgaro Torinese/ITA 2016 |
| 120  | 207,5  | Bless Liland Even | NOR | Borgaro Torinese/ITA 2016 |
| 120+ | 222,5  | Jones Michael     | GBR | Borgaro Torinese/ITA 2016 |

#### Deadlift

| Cat. | Result | Name                | Nat | Place/Year                |
|------|--------|---------------------|-----|---------------------------|
| 59   | 190,0  | Barton Dean         | GBR | Borgaro Torinese/ITA 2016 |
| 66   | 232,5  | Gray David          | GBR | Borgaro Torinese/ITA 2016 |
| 74   | 245,0  | Forti Claudio       | ITA | Borgaro Torinese/ITA 2016 |
| 83   | 295,0  | Quai Joris          | FRA | Borgaro Torinese/ITA 2016 |
| 93   | 295,0  | Shillingford Pierre | GBR | Borgaro Torinese/ITA 2016 |
| 105  | 312,5  | Rees Robert         | GBR | Borgaro Torinese/ITA 2016 |
| 120  | 275,0  | Hakala Janne        | FIN | Borgaro Torinese/ITA 2016 |
| 120+ | 335,0  | Jones Michael       | GBR | Borgaro Torinese/ITA 2016 |

#### Total

| Cat. | Result | Name                | Nat | Place/Year                |
|------|--------|---------------------|-----|---------------------------|
| 59   | 420,0  | Barton Dean         | GBR | Borgaro Torinese/ITA 2016 |
| 66   | 554,5  | Gray David          | GBR | Borgaro Torinese/ITA 2016 |
| 74   | 635,0  | Pes Andrea          | ITA | Borgaro Torinese/ITA 2016 |
| 83   | 712,5  | Quai Joris          | FRA | Borgaro Torinese/ITA 2016 |
| 93   | 702,5  | Shillingford Pierre | GBR | Borgaro Torinese/ITA 2016 |
| 105  | 782,5  | Siragusa Corrado    | ITA | Borgaro Torinese/ITA 2016 |
| 120  | 732,5  | Bless Liland Even   | NOR | Borgaro Torinese/ITA 2016 |

120+

867,5

Jones Michael

GBR

Borgaro Torinese/ITA 2016